

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

**Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

**Keep out of the reach of children.**



Use only if safety seal is intact.  
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)

Scan to learn about our hypoallergenic supplements



## B<sub>12</sub> Folate

With Metafolin® L-5-MTHF.  
Supports red blood cell function, energy metabolism and neurological health\*

Gluten-free, Non-GMO  
& Hypoallergenic  
Dietary Supplement

60 CAPSULES



### Supplement Facts

Serving size: 1 capsule  
Servings per container: 60

	Amount Per Serving	%DV
Folate (as Metafolin®, L-5-MTHF)	1,333 mcg DFE (800 mcg L-5-MTHF)	333%
Vitamin B <sub>12</sub> (as methylcobalamin)	800 mcg	33,333%

\* Daily value (DV)

Other ingredients: hypoallergenic plant fiber (cellulose), vegetable capsule (cellulose, water), acacia/palmitate

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured by: **Pure Encapsulations**  
4500 West Road, Sudbury, MA  
1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com)

code: **B12**

17