

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 1-2 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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pure
encapsulations®

Black Currant Seed Oil

Provides GLA for skin, musculoskeletal health, and prostaglandin production†

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

250 SOFTGEL CAPSULES

Supplement Facts

Serving size: 2 softgel capsules
Servings per container: 125

	Amount Per Serving	%DV
Calories	10	
Total Fat	1 g	1% [^]
Vitamin E (as d-alpha-tocopherol)	13 mg	89%
Black currant (<i>Ribes nigrum</i>) oil (seed) providing:	1,000 mg	*
18:3 gamma linolenic (GLA)	140 mg	*

* Daily value (DV) not established

[^] Percent daily values are based on a 2,000 calorie diet

Other ingredients: gelatin capsule (gelatin, glycerin, water)

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for: **Pure Encapsulations**
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code: **BL2**