

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1 capsule daily, with a meal.

**Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

**Keep out of the reach of children.**



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)

Scan to learn about our hypoallergenic supplements



Folate  
1,000

With Metafolin® L5-MTHF;  
Universally metabolized form of folate\*

Gluten-free, Non-GMO  
& Hypoallergenic  
Dietary Supplement

90 CAPSULES



**Supplement Facts**

	Amount Per Serving	%DV
Serving size 1 capsule Servings per container 90		
Folate (as Metafolin®, L5-MTHF)	1,000 mcg L5-MTHF	417%
	(1,000 mcg L5-MTHF)	
	% Daily value (DV)	

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
4500 Peachtree Industrial Blvd., Atlanta, GA 30327  
1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com) code: **FOI-19**