

Recommendations: As a dietary supplement, take 1 capsule, 1-3 times daily, before meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use. Do not use concurrently with antidepressants.

Keep out of the reach of children.



Scan to learn about our hypoallergenic supplements Certification Organization, www.gluten.org





5-HTP (5-hydroxytryptophan) 100 mg

Supports brain serotonin levels‡

Gluten-free, Non-GMO & Hypoallergenic

**Dietary Supplement** 

**180 CAPSULES** 





'This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations** 490 Boston Post Road, Sudbuy, MA 1-800-753-2277 www.PureEncapsulations.c