

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

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MethylAssist

*Supports neurological, cardiovascular, and emotional health**

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

90 CAPSULES



Supplement Facts

Serving size: 1 capsule
Servings per container: 90

	Amount Per Serving	%DV*
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	16 mg	911%
Folate (as Metafolin®, L-5-MTHF)	1,067 mcg DFE	417%
Vitamin B ₁₂ (as methylcobalamin)	11,000 mcg (L-5-MTHF)	41,667%
Biotin (Pure Biotinamine)	1,000 mcg	41,667%
Biotin (Pure Biotinamine)	75 mcg	-

* Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose), vegetable capsule cellulose, water



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This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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code: **MASS**