

STORE IN A COOL, DRY PLACE.

**Recommendations:** As a dietary supplement, take 1 capsule daily, 1/2 to 1 hour before bedtime.

**Warning:** See side panel.

Keep out of the reach of children.



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)



Melatonin  
3 mg

*Supports the body's natural sleep cycle\**

Gluten-free, Non-GMO  
& Hypoallergenic

Dietary Supplement

60 CAPSULES



### Supplement Facts

Serving size 1 capsule  
Servings per container 60

	Amount Per Serving	% DV*
Melatonin	3 mg	*

\*Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

**WARNING:** Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking any medications. This product may be contraindicated for individuals taking antidepressants.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
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