

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, 1/2 to 1 hour before bedtime.

Warning: See side panel.

Keep out of the reach of children.



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Use only if safety seal is intact. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization. www.gluten.org



Melatonin

0.5 mg

*Supports the body's natural sleep cycle**

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement

180 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 180

	Amount Per Serving	%DV
Melatonin	0.5 mg	*

*Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

WARNING: Consult a healthcare professional if you are experiencing low iron, iron deficiency, or iron deficiency anemia before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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v6
code: **ME51**