

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, 1/2 to 1 hour before bedtime.

Warning: See side panel

Keep out of the reach of children.



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



Melatonin
0.5 mg

*Supports the body's natural
sleep cycle**

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement

60 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Melatonin	0.5 mg	*

*Daily value (DV) not established

Other ingredients: hypo-allergenic plant fiber (cellulose),
vegetarian capsule (cellulose, water)

WARNING: Check with your physician if you are pregnant, planning to become pregnant, or breastfeeding. Do not use in children, before or during surgery, or while taking medication. Do not drive or operate machinery while taking melatonin. This product may be contaminated by residual drug products.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by: **Pure Encapsulations**
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code: **ME56**