

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement take 1 scoop, 1-2 times daily, in a beverage, with meals.

**Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

**Keep out of the reach of children.**



Use only if safety seal is intact.

Packaged by weight, not volume.

Settling may occur.

Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)

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MSM powder

OptiMSM®

Supports healthy connective tissue†

Gluten-free, Non-GMO & Hypoallergenic

**Dietary Supplement**

net wt. 8 oz (227 g)



**Supplement Facts**

Serving size 1 rounded scoop (approximately 3 g)

Servings per container approximately 75

	Amount Per Serving	%DV
Methylsulfonylmethane	3 g	*

\* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water)

OptiMSM® is a registered trademark of Bergstrom Nutrition.

**†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured by: **Pure Encapsulations**  
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1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com)

code: **MSMP**  
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