Recommended Adult Dose: Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. Risk Information: If you are pregnant or breastfeeding; if you have hypokalemia, high blood pressure, kidney or cardiovascular disorder. diabetes, glycosuria, vascular disease, hyperadrenia, hyperthyroidism, bile duct obstruction, acute liver diseases or cancers, septic gall bladder inflammation, intestinal spasm, or an allergy to plants of the Dioscorea family: if you have hormone sensitive conditions such as uterine, endometrial, breast or ovarian cancer, as well as endometriosis and uterine fibroids; or if you are taking thiazide diuretics, cardiac glycosides, corticosteroids, immunosuppressants. stimulant laxatives or other medications which may aggravate electrolyte imbalance, do not use. As wild vam may increase the risk of thrombosis, do not use if you have protein S deficiency. Guaranteed to contain no added wheat. yeast, gluten, soy, artificial coloring or flavoring or dairy products. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. v10 301





RARCODE LOCATION 883196 11422

Seroyal Seroval USA Pittsburgh, PA 15275 1-888-737-6925

60 Tablets

VITAMIN-MINERAL SUPPLEMENT

## Supplement Facts Serving Size 1 Tablet

	% D
3333 IU	679
166 mg	2779
8 mg	5339
6.6 mg	3889
50 mg	2509
16.6 mg	8309
8 mg	809
65 mg	79
8 mg	539
175 mg	
175 mg	
15 mg	
15 ma	
	166 mg 8 mg 6.6 mg 50 mg 16.6 mg 8 mg 65 mg 8 mg 175 mg 175 mg

Other ingredients: Cellulose, croscarmellose sodium, silica, magnesium stearate, hypromellose, alycerin