Recommended Adult Dose: Take 30 drops three times daily, a few hours before or after taking other medications or health products, or as recommended by your healthcare practitioner. Risk Information: If you are pregnant or breastfeeding; if you have heart disease, high or low blood pressure, kidney or liver disorder, diabetes or edema (swelling of hands, face and feet) or are taking products containing diuretics; or if you have abnormal constrictions of the gastrointestinal tract, potential or existing intestinal blockage, atonic bowel, appendicitis, inflammatory colon disease such as Crohn's disease or ulcerative colitis, abdominal pain of unknown origin, undiagnosed rectal bleeding, severe dehydration with depleted water or electrolytes or diarrhoea, do not use. Rare cases of severe allergic reactions have been known to occur. Stop use and seek medical attention immediately if you experience dizziness, confusion, muscle weakness or pain, abnormal heart beat and/or difficulty breathing. Laxative effect may occur. Discontinue use if you experience abdominal pain, cramps, spasms and/or diarrhoea. Guaranteed to contain no added starch, soy, sodium, sugar, artificial coloring or flavoring, dairy or animal products. Ideal for vegans. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. V10 706

Spot UV Location

BARCODE LOCATION 883196 14020



Yellow Dock Combination #1 HERBAL SUPPLEMENT



Supplement Facts

Serving Size 30 Drops (1.5 ml) Servings per Container 40

Each Serving Contains	
Yellow Dock (<i>Rumex crispus</i>) Root Extract (1:4) 71.3 mg Dried Equivalent	0.29 ml*
Figwort (Scrophularia marilandica) Whole Herb Extract (1:4) 67.5 mg Dried Equivalent	0.27 ml*
Echinacea (Echinacea purpurea) Root Extract (1:4) 63.8 mg Dried Equivalent	0.26 ml*
Dandelion (<i>Taraxacum officinale</i>) Root Extract (1:4) 48.8 mg Dried Equivalent	0.20 ml*
Spikenard (Aralia racemosa) Root Extract (1:4) 45.0 mg Dried Equivalent	0.18 ml*
Red Clover (Trifolium pratense) Flower Extract (1:4) 41.3 mg Dried Equivalent	0.17 ml*
Cleavers (<i>Galium aparine</i>) Whole Herb Extract (1:4) 37.5 mg Dried Equivalent	0.15 ml*

* Daily Value not established

Other ingredients: Purified water, ethanol (grain)

