

**Recommended Dose: Adults and Children (4 years and older):** Take one teaspoon daily with a meal or as recommended by your healthcare practitioner. **Infants and Children (0 - 3 years):** Take ½ teaspoon daily with a meal or as recommended by your healthcare practitioner. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **Quality Assurance:** Vacuum-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Refrigerate after opening. Like extra virgin olive oil, Cod Liver Oil Forte may occasionally become cloudy in cold conditions. This is perfectly normal and in no way affects the quality of the oil. Keep out of reach of children.

V1.0 **428**

**Seroyal**

Made in Canada for  
Seroyal USA  
Pittsburgh, PA 15275  
1-888-737-6925

BARCODE LOCATION  
883196 10740

Spot UV Location



GENESTRA BRANDS

# Cod Liver Oil Forte

VITAMIN + ESSENTIAL FATTY ACID SUPPLEMENT



**10.1** fl oz (300 ml)

## Supplement Facts

Serving Size 0-3 years: ½ Teaspoon (2.5 ml); 4+ years: 1 Teaspoon (5 ml)  
Servings per Container 0-3 years: 120; 4+ years: 60

Each Teaspoon Contains	% DV for Adults and Children 4+ Years (1 Teaspoon)		% DV for Children 1-3 Years (½ Teaspoon)		% DV for Infants 0-12 Months (½ Teaspoon)	
Calories	40					
Calories from Fat	40					
Total Fat	4.5 g	7%♦	*	*	*	*
Saturated Fat	1 g	5%♦	*	*	*	*
Cholesterol	25 mg	8%	*	*	*	*
Vitamin A (vitamin A palmitate/ cod liver oil)	2667 IU	53%	53%	89%		
Vitamin D (cholecalciferol/ cod liver oil)	300 IU	75%	38%	38%		
Cod Liver Oil	4440 mg	*	*	*		
<b>Yielding</b>						
DHA (Docosahexaenoic acid)	466 mg	*	*	*		
EPA (Eicosapentaenoic acid)	377 mg	*	*	*		
Total Omega-3 Fatty Acids	1110 mg	*	*	*		

♦ Percent Daily Values (DV) are based on a 2,000 calorie diet

\* Daily Value not established

Other ingredients: Natural lemon oil, natural orange oil, natural mixed tocopherols