Recommended Adult Dose: Take one capsule two times daily with meals or as recommended by your healthcare practitioner. **Risk Information:** Consult your healthcare practitioner prior to use if you are pregnant, breastfeeding, taking any medication, or have any health condition. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring or dairy products. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

Seroyal

Made in Canada for Seroyal USA Pittsburgh, PA 15275 1-888-737-6925 Certified organic by Pro-Cert



Flax Oil Capsules

(made with organic flax seed oil)

ESSENTIAL FATTY ACID SUPPLEMENT

90 Softgel Capsules

Supplement Facts

Serving Size 1 Capsule Servings per Container S

Each Capsule Contains		% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%♦
Organic Flax (<i>Linum usitatissimum</i>) Seed Oil	1000 mg	×
Yielding		
ALA (Alpha-Linolenic Acid)	550 mg	*
LA (Linoleic Acid)	150 mg	*
OA (Oleic Acid)	160 mg	*

Other ingredients: Bovine gelatin, glycerin, purified water

v2 **416-90U**

