

Human MicroFlora (HMF) probiotics are proprietary, non-pathogenic, human-sourced microflora bacterial strains that exhibit strong epithelial adherence and a naturally high tolerance to stomach acid.

Recommended Adult Dose: Take 1/4 sachet four times daily or as recommended by your healthcare practitioner. Take with food or immediately after meals. Completely dissolve powder in 1/4 glass of cold water or juice. Allow fizzing to stop before drinking. Take at least two to three hours before or after taking antibiotics. **Risk Information:** To be taken only on the advice of your healthcare practitioner. Not to be used following vigorous exercise or acute dehydration (unless administered with an appropriate balance of other mineral salts). Do not use with other potassium-containing supplements or with potassium containing salt-substitutes. If you experience numbness of the extremities, muscle weakness, paralysis, cardiac arrhythmias, low blood pressure or confusion, discontinue use and consult your healthcare practitioner immediately. If you have adrenal insufficiency or uncontrolled diabetes mellitus, an immune-compromised condition, or if you are taking any prescription medications especially those which increase serum potassium such as potassium-sparing diuretics or angiotensin converting enzyme (ACE) inhibitors, do not use. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. May cause nausea, vomiting, diarrhoea and abdominal cramps; discontinue use and consult your healthcare practitioner if these symptoms are severe. **Guaranteed** to contain no added wheat, gluten, soy, sodium, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store under refrigeration (below 46 °F).

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Barcode Location
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V1.0 **413**



GENESTRA BRANDS

HMF Cystgen

PROBIOTIC SUPPLEMENT

6-0.3 oz (7.5 g) Sachets of Powder [Net Weight 1.6 oz (45 g)]

Supplement Facts

Serving Size 1/4 Sachet (1.9 g)
Servings per Container 24

Each Serving Contains		% DV
Vitamin C (ascorbic acid)	150 mg	250%
Potassium (potassium citrate/ bicarbonate)	379 mg	11%
Probiotic Consortium	2.5 billion CFU	*
<i>Lactobacillus acidophilus</i> (CUL-60)		
<i>Lactobacillus acidophilus</i> (CUL-21)		
Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Juice Concentrate (36:1) 7.5 g Fresh Equivalent	208 mg	*

◆ Percent Daily Values (DV) are based on a 2,000 calorie diet

*Daily Value not established

Other ingredients: Cellulose, citric acid