Recommended Adult Dose: Take two tablets daily with a meal or as recommended by your healthcare practitioner. Risk **Information:** If you are pregnant or breastfeeding; if you have liver or gall bladder disorders and/or bowel obstruction; if you are taking any medications contraindicated for people with liver disease or a history of liver disease or in cases of concomitant intake of other liver damaging products, do not use. If you develop symptoms of liver trouble, discontinue use immediately and consult your healthcare practitioner. Guaranteed to contain no added wheat, starch, yeast, gluten, corn, soy, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. Quality Assurance: Safety-sealed for

your protection and for product freshness. Do not use if outer seal

is missing or broken. Store in a cool, dry place.



Ichol

DIGESTIVE SUPPLEMENT

Supplement Facts Serving Size 2 Tablets

Servings per Container 45

Each Serving Contains % DV Calcium 121 mg 12% Choline (choline bitartrate) 500 ma Inositol 300 ma I-Methionine 200 ma Beet (Beta vulaaris) Root 100 ma Dandelion (Taraxacum officinale) Root 50 ma Green Tea (Camellia sinensis) Leaf 50 ma Celandine (Chelidonium majus) Herb Extract (4:1) 50 mg 200 mg Dried Equivalent

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Seroval Pittsburgh, PA 15275

1-888-737-6925

BARCODE LOCATION 883196 10321

V1.0 113

^{*} Daily Value (DV) not established