Recommended Dose: Adults and Children (4 years and older): Take one capsule daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. Risk **Information**: Some people may experience constipation, diarrhea, and/or vomiting. Guaranteed to contain no

added wheat, starch, yeast, gluten, corn, soy, sodium,

sugar, artificial coloring or flavoring, antimicrobial

preservatives, dairy or animal products, Ideal for yegans.

The capsules are made from 100% pure vegetable sources. free of preservatives and additives. Quality Assurance:



90 Vegetable Capsules

Iron MINERAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule Servings per Container 90

Each Capsule Contains % DV³ Iron (carbonyl iron) 222% 40 ma * Daily Value (DV)

Other ingredients: Hypromellose, cellulose, magnesium stearate, silica

Seroyal USA Pittsburgh, PA 15275 1-888-737-6925

RARCODE LOCATION

883196 11250

Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.