



**SIMPLY FORMULATED  
TO DELIVER MORE.**

# NEURO BENEFITS™

**Neuro Benefits™** is a dietary supplement to support healthy neurological functions and memory.\*

This innovative formula includes ingredients that serve as the best nutrients and botanicals to support healthy neurological function and memory.\* The formula provides broad support through various mechanisms of action, including those of novel ingredients, such as Chocamine® and Sharp-PS®, which have neurologically centered data to support their safety and efficacy.\*

## About the ingredients:

### Phosphatidylserine (PS)

**Phosphatidylserine (PS)** is a fatty acid that affects the neurotransmitters that affect memory, is a component of the cell's membrane, and is a major phospholipid in the brain and nervous system. It supports nerve cells, releases neurotransmitters (acetylcholine and dopamine) in the brain to support cognition and memory.\* PS has a positive impact on behavior and is needed for proper metabolism of fatty acids and to maintain a healthy immune system.\*

**Sharp-PS® Green Phosphatidylserine** in **Neuro Benefits™** supports various aspects of metabolism and support acetylcholine production and neuronal health.\*

### Chocamine®

To support neurotransmitter balance, **Neuro Benefits™** includes theobromine-containing Chocamine®. Theobromine supports normal regulation of dopamine and glutamate neurotransmitters.\*

In **Neuro Benefits™**, Chocamine®, a branded cocoa extract, acts to support focus and reaction time.\* A 2009 clinical study of 40 volunteers taking Chocamine® found significant improvement in tests assessing short-term memory and visual-motor response speed (up to 39% when assessed using IMPACT™ Cognitive Assessment) ("RFI – Chocamine® clinical studies," n.d.).

### Bacopa

We've also included Bacopa to support the normal cleansing of the nervous system, through its constituents bacosides A and B, which support protein synthesis and subsequently normal nerve signal transmission.\* Bacosides support the health of neurons by balancing kinase activity, neuronal synthesis, and synaptic activity\*

### Curcumin and Acetyl-L-Carnitine

In certain brain areas, neurons can multiply and increase in number. The growth hormone known as Brain-Derived Neurotrophic Factor, or BDNF, is a main component of that process. Decreased levels of BDNF have been linked to common brain disorders, like depression and Alzheimer's (Hall, O'Bryant, Johnson, & Barber, 2011). Both Curcumin and Acetyl-L-Carnitine support normal levels of BDNF in the brain.\* Each of these nutrients also has other, similarly important supportive functions that address multiple aspects of brain health.\*

## SUPPLEMENT FACTS

### Serving Size 3 Capsules

### Servings Per Container 30

Chocamine® [Cocoa Low Fat Powder Extract, Theobromine, Tapioca Starch, natural vanilla flavor, and spices (ginger, allspice, cinnamon)]	500 mg
Acetyl L-Carnitine	500 mg
Bacopa monnieri Leaf Extract (std. to 20% bacosides)	200 mg
Meriva® Curcumin Phytosome™ (Curcuma longa root extract/Phosphatidylcholine complex)	150 mg
Ginkgo biloba Leaf 20:1 Extract	200 mg
Sharp-PS® Green Phosphatidylserine	50 mg

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Caution:** Discontinue use 2 weeks prior to surgery.

**Suggested Use:** As a dietary supplement, take 3 capsules daily, or as directed by your healthcare practitioner.



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Sharp-PS® is a registered trademark of Enzymotec Ltd.

Sold Exclusively Through Healthcare Practitioners.

022153F.090 (90 Vegetarian Capsules)



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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