Recommended Dose: Adults (19 years and older): Take one teaspoon daily with a meal or as recommended by your healthcare practitioner. Children and Adolescents

(1-18 years): Take ½ teaspoon daily with a meal or as recommended by your healthcare practitioner. Guaranteed to contain no added wheat, starch, yeast, gluten, corn, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Quality Assurance: Vacuum-sealed for your protection and for product freshness. Do not use if outer seal is V10 469 missing or broken. Refrigerate after opening.

Spot UV Location

Seroyal

RARCODE LOCATION 883196 13390



Omega EFA Liquid

High Triglyceride ESSENTIAL FATTY ACID SUPPLEMENT **Natural Orange Flavor**

5.1 fl oz (150 ml)

Supplement Facts

Serving Size 1-18 years: ½ Teaspoon (2.5 ml); 19+ years: 1 Teaspoon (5 ml)

Each Teaspoon Contains		% DV for Adults 19+ Years (1 Teaspoon)	% DV for Children and Adolescents 4-18 Years (½ Teaspoon)	% DV for Children 1-3 Years (½ Teaspoon)
Calories	40			
Calories from Fat	40			
Total Fat	4.5 g	7%◆	4%◆	*
Saturated Fat	0.5 g	196♦	1%◆	*
Cholesterol	<5 mg	2%◆	1%◆	*
Fish Oil (Anchovy)	4569 mg		*	
Yielding				
EPA (Eicosapentaenoic Acid)	1915 mg		*	
DHA (Docosahexaenoic Acid)	1005 mg	*	*	*
Total Omega-3 Fatty Acids	3425 mg			

Other ingredients: Orange oil, natural mixed tocopherols

* Daily Value not established