Recommended Adult Dose: Take one capsule three times daily with meals, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. Risk Information: If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. Zinc supplementation can cause copper deficiency. Guaranteed to contain no added wheat, starch, yeast, gluten, corn, soy, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. The capsules are made from 100% pure vegetable sources, free of preservatives and additives, Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a V1.0 118 cool, dry place.



BARCODE LOCATION 883196 12250



Orti C

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90 Vegetable Capsules

Supplement Facts Serving Size 1 Capsule

Servings per Container 90

	% DV
500 mg	833%
5 mg	1%
5 mg	1%
5 mg	33%
5 mg	<1%
50 mg	*
22.5 mg	*
17.5 mg	*
10 mg	*
	5 mg 5 mg 5 mg 5 mg 50 mg 22.5 mg

Other ingredients: Hypromellose, magnesium stearate, silica