Recommended Adult Dose: Take three capsules daily with a meal or as recommended by your healthcare practitioner. Risk Information: If you are allergic to plants of the Lamiaciae/Labiatae/Mint family, do not use. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. Guaranteed to contain no added wheat, starch, yeast, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

Seroyal USA Pittsburgh, PA 15275 1-888-737-6925

BARCODE LOCATION 883196 10491 434

Perilla EFA ESSENTIAL FATTY ACID SUPPLEMENT

GENESTRA BRANDS™



| Supplement Fact Serving Size 3 Capsules Servings per Container 30 | ts | |
|---|-------------------|------|
| Each Serving Contains | | % DV |
| Calories | 30 | |
| Calories from Fat | 25 | |
| Total Fat | 3 g | 4% 🔶 |
| Protein | < 1 g | 2% 🔶 |
| Perilla (Perilla frutescens) Seed Oil | 3000 mg | * |
| Yielding | - | |
| ALA (Alpha-Linolenic Acid) | 1650 mg | * |
| LA (Linoleic Acid) | 450 mg | * |
| OA (Oleic Acid) | 390 mg | * |
| Percent Daily Values (DV) are based on a * Daily Value not established | 2000 calorie diet | |
| Other ingredients: Bovine gelatin, glycerin, | , purified water | |