

DERMATITIS

Dermatitis refers to inflammation of the skin, often characterized by redness and itching. Additionally there may be scaling, desquamation, induration, or eruptive lesions present. There are several types of dermatitis, the most common being atopic dermatitis (eczema) and contact dermatitis. Atopic dermatitis is an inherited condition of unknown etiology, and more commonly afflicts children. Contact dermatitis can be further divided into two types, allergic and irritant. Plants like poison ivy, metals such as nickel, and the chemicals in cosmetics and cleaning products are common sources of contact dermatitis. In many cases, the exact cause cannot be determined. Most holistic traditions emphasize the importance of systemic treatment to address skin disease, as symptoms appearing on the skin may be merely the manifestations of an internal imbalance. Holistic treatments for skin conditions generally emphasize supporting the liver and emunctories to promote natural detoxification processes.

Homeopathics

Contact Allergy Antigens™ - homeopathic antigen formula for relief of symptoms associated with poison ivy, poison oak, poison sumac, and stinging nettles.**

* **Cort Sym™ Gel** - topical gel indicated for itchy skin irritations, inflammation, and rashes due to eczema, dermatitis, swelling and rash with small blisters, red, inflamed skin; genital and anal itching.**

Coxsackie Cord - homeopathic nosode blend of several coxsackie virus serotypes.**

Dermapar™ - glandular homeopathic for relief of itching, burning, weeping, cracks, and skin eruptions.**

Drainpar™ - glandular homeopathic for liver, lymph, and kidney support and drainage.**

* **Eczema HP™** - high potency formula indicated for eczema, skin irritation, and chronic skin eruptions.**

Elimitone™ - tonifier for lymphatic drainage and immune system support.**

Histamine Phenolic - isopathic phenolic remedy, for relief of symptoms associated with allergic reactions.**

Psora Miasm - homeopathic miasm formula indicated to treat illnesses associated with the psoric miasm. According to classical homeopathic theory, the psoric miasm is a widely inherited predisposition to developing skin disease.**

Psoriasis Gel™ - topical gel to relieve burning, scaling, and dryness of skin.**

Psoriasis HP™ - high potency formula to relieve burning, scaling, and dryness of skin.**

Scrophularitone™ - tonifier for stimulating detoxification and lymphatic drainage.**

Scrophulous HP™ - high potency formula for stimulating detoxification and lymphatic drainage.**

Sulphur - single homeopathic remedy indicated for red, burning, itching skin, aggravated by heat and/or bathing.**

**Denotes primary remedies*



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DERMATITIS (CONTINUED)

Herbals

Burdocom™ - fortifier for the smooth muscles, skin, and liver, indicated for eczema and chronic skin eruptions.

Dandecom™ - fortifier and detoxifier for the liver, indicated for chronic skin eruptions.

Echinacom™ or **Echinacom C™** - fortifier for the immune system, indicated for eczema and allergic skin symptoms.

Gencom™ - fortifier for the emunctories, promotes detoxification.

Inflammax™ - fortifier for the immune system, indicated for inflammatory skin conditions.

* **Lomacom™** - soothing topical herbal ointment for eczema and dry, cracked skin.

Rejuvederm™ - topical herbal skin cream formulated to nourish and stimulate the rejuvenation of damaged skin tissue.

Srophularicom™ - fortifier for the lymph, spleen, and liver to support detoxification.

Trifolocom™ - fortifier for the lymphatic system and spleen, indicated for impetigo and eczema.

Nutritionals

B-Complex - B vitamin supplement to help maintain healthy skin and proper circulation.

C-TR 1500 - vitamin C may promote skin healing and stabilize mast cell membranes to reduce allergic response.

* **D-3 1,000 I.U.** or **5,000 I.U.** - correcting a vitamin D deficiency may eliminate eczema.

Enervimin™ Stress Focus - full-spectrum vitamin and mineral formula designed for those under stress, high in the B vitamins to support skin health.

* **G.L.A. Borage** - rich in essential fatty acids to help maintain healthy skin.

Hepa-Detox - vitamin formula with herbs to support the liver and promote detoxification.

High Delivery Acidophilus (HDA) - probiotic blend to support internal balance, immune function, and skin health.

Immunique™ - essential nutrients for tissue healing and immune support.

Initial-E 450™ or **Natural-E 400** - vitamin E can alleviate skin itching and dryness.

Mineral Magic Concentrate - highly concentrated natural source of minerals and colloidal trace minerals needed for healing of tissues.

Primrose Oil - essential fatty acid supplement for maintaining healthy hair and skin.

Vitamin A - promotes skin healing and helps maintain the epithelial barrier.

Zinc - zinc aids skin healing and enhances immune function.

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Additional Considerations

Applying a mixture of vitamin E and raw honey topically can relieve itching and promote healing of the tissue. The patient should minimize the use of chemicals on the skin, such as bubble bath, detergents, and perfumed skin lotions. Encourage your patient to wear rubber gloves when using harsh detergents or chemicals.

Food sensitivities may exacerbate skin conditions. A gluten-free and dairy-free diet has proven beneficial in controlling dermatitis in some patients. Consider additional testing for other food sensitivities. If food allergies are suspected, please refer to the Allergies (Food Sensitivities) page of this guide.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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