

EAR INFECTIONS

The majority of children have at least one ear infection by the age of six. There are two basic types of ear infections, external otitis and otitis media. The symptoms of external otitis, or outer ear infection, may include slight fever, discharge from the ear, and shooting pain. With otitis media, or inner ear infection, the infection is behind the eardrum. Symptoms include earache, sharp or throbbing pain, pressure in the ear, and fever. Both bacteria and viruses can be the cause, as well as food sensitivities. You may wish to refer to the Food Sensitivities (Allergies), Bacterial Infections or Viral Infections pages of this guide.

Homeopathics

- Bactestat™**- detoxifier of bacterial infections, indicated for fever, irritated throat, and acute irritation of the bladder.**
- BAC HP™**- high potency formula for bacterial infections, indicated for chronic swelling and inflammation of the lymph nodes.**
- Chamomilla**- single homeopathic remedy indicated for ear pain with quarrelsome disposition.**
- Belladonna**- single homeopathic remedy indicated for ear pain with fever and redness.**
- Infect HP™**- high potency formula for temporary relief of symptoms associated with bacterial and viral conditions such as chronic fever and cough.**
- Kali Mur**- single homeopathic remedy indicated for chronic ear discomfort and conditions with thick white mucus.**
- * **Ototone™**- tonifier for ear inflammation, indicated for mild ear disorders with swelling, sticking pain in ear, minor swelling of the ear with redness.**
- Otoflam HP™**- high potency formula for relief of symptoms due to inflammation and pain of ears.**

Herbals

- * **Echinacom™** or **Echinacom C™**- supports the body's immune balance which is often compromised by viral or bacterial conditions.**
- Inflamacom™**- fortifier for the immune system, supports a healthy inflammation response.**
- Lapachocom™**- fortifier for the immune system, supports healthy microflora balance.**
- * **Otocom™**- fortifier for the middle ear, provides comfort to the middle ear. For external use only.**
- Propolicom™**- supports the body's immune balance which is often compromised by viral or bacterial conditions.**
- Scrophularicom™**- fortifier for the lymph, spleen, and liver, supports healthy lymphatic and immune functions.**
- Una de Gato**- single herb from the Amazon rainforest known for its immune supporting, microflora balancing, and anti-inflammatory benefits. Also known as Cat's Claw and available in liquid or capsules.**
- Yeast Formula**- Amazon Rainforest formula featuring Pau d'Arco, which is well known for supporting microflora balance.**

***Denotes primary remedies**



THERAPEUTIC GUIDE

EAR INFECTIONS (CONTINUED)

Nutritionals

D-3 1,000 I.U.- deficiency in this vitamin may be associated with recurrent infections.**

* **H.D.A. (High Delivery Acidophilus)**- friendly bacteria to support microflora balance during and after antibiotic usage.**

Immunique™- essential nutrients for tissue healing and immune support.**

N-Acetyl Cysteine Plus- sulfur-containing amino acid that may help the body eliminate mucus.**

Orange Chew C 500- orange-flavored chewable Vitamin C to support the immune system.**

* **Vita-Tot Chews™**- chewable full spectrum vitamin and mineral supplement for children.

Zinc- important mineral to promote a healthy immune system.**

Additional Considerations

Have the patient avoid common allergenic foods such as wheat, corn, peanuts, sugars, fruit juices, and dairy. Children with frequent ear infections should be tested for food allergies.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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