



THERAPEUTIC GUIDE

HEMORRHOIDS

A hemorrhoid is a varicosity of a rectal vein, often accompanied by thrombosis, inflammation, and bleeding. Hemorrhoids may be external and easily visualized or they may be internal and less obvious. Though hemorrhoids are an extremely common and generally benign cause of rectal bleeding, any patient with rectal bleeding should be thoroughly examined to rule out other causes. The most common symptoms are bleeding and pain with defecation, though occasionally strangulated hemorrhoids may ulcerate and cause debilitating pain. Many factors can potentially contribute to the development of hemorrhoids, including general venous laxity, frequent straining at stool, lack of physical activity, and pregnancy. Portal stagnation due to liver problems is a very important but often overlooked cause, and any holistic approach to treatment should include liver support. While surgical treatment is often recommended by conventional practitioners, this will not address the root cause of the problem and it is possible for even existing hemorrhoids to resolve with natural treatments.

Homeopathics

Colostat™- detoxifier for the colon, indicated for relief of constipation.**

Cort Sym™ Gel- topical gel indicated for inflammation and anal itching.**

Hepastat™- detoxifier of the liver, indicated for relief of dyspepsia, flatulence, exhaustion, and nausea as a consequence of constipation.**

Hepatone™- tonifier for the liver and gallbladder, indicated for relief of flatulence, constipation, and salty or bitter taste in the mouth.**

Liver Gallbladder HP™- high-potency formula for relief of symptoms including flatulence, constipation, belching, abdominal discomfort, and hemorrhoids.**

* **Varico HP™**- high-potency formula for relief of symptoms due to hemorrhoids, varicosities, swelling of veins, and prolapses.**

Herbals

Anacom A.M.™ and P.M.™- fortifiers for the nervous system, indicated for pain relief.

Burdocom™- fortifier for the smooth muscles, skin, and liver, indicated for liver and gallbladder disorders.

Cascaracom™- fortifier for the colon and liver.

* **Dandecom™**- fortifier and detoxifier for the liver, indicated for liver and gallbladder congestion.

Diuretic Formula- Rainforest Botanical formula for kidney and bladder support, helps eliminate excess body fluid and discourages inflammation and infection.

Environmental Formula- Rainforest Botanical detox formula that improves bile production and secretion, relieves liver congestion, dispels uric acid, promotes liver and gallbladder health, and enhances the elimination of environmental toxins.

* **Gencom™**- fortifier for the blood and general system cleanser, indicated for liver and gallbladder disorders.

**Denotes primary remedies*



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HEMORRHOIDS (CONTINUED)

InflammaCom™- fortifier for persons with inflammatory conditions, reduces swelling of hemorrhoidal tissue.

Scrophularicom™- fortifier for the lymph, spleen, and liver, indicated for lymphatic congestion, liver congestion, and liver disease.

Nutritionals

* **Arteriozyme™**- enzyme formula designed for plaque removal and to enhance circulation.

C-TR 1500- time released vitamin C, aids in healing and normal blood clotting.

Colo-Cleanse™- nutritional formula designed to cleanse pockets in the colon.

Colo-Ease™- nutritional laxative and probiotic.

Digestizyme- tableted digestive enzymes, indicated to facilitate digestion.

Hepa-Detox- nutritional detoxification program for the liver.

H.D.A. (High Delivery Acidophilus)- encapsulated live “friendly” bacteria specially processed to deliver the greatest amount of beneficial cultures to the intestines where it rehydrates, multiplies and implants. Supports healthy intestinal flora.

Additional Considerations

Irritant laxatives should be avoided as they may aggravate the condition, instead bulk laxatives for constipation and stool softeners should be recommended. Drinking plenty of purified water can prevent constipation and the formation of hardened stools. Exercise is encouraged to improve circulation and reduce the formation of blood clots. Warm baths are beneficial to help cleanse the area and ease discomfort. The homeopathic remedies Hypericum and Staphysagria are useful for relieving pain after hemorrhoid surgery.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*Denotes primary remedies