

HEPATITIS

Hepatitis refers to inflammation of the liver. This generally happens as a result of an infection, drug or toxin exposure, or in some cases an autoimmune disorder. Hepatitis can be acute or chronic, and results in damage to the liver with a consequent decrease in liver function. This decrease in liver function can produce symptoms such as fatigue, weakness, nausea, appetite changes, headaches, joint pain, abdominal pain, changes in bowel function, yellow-tinged eyes or skin, and fever. Chronic hepatitis may not cause symptoms until it is advanced. Treatment strategies for hepatitis include supporting the regeneration of damaged liver cells, supporting liver function generally, and reducing the body's toxic burden. If an infection is the cause, the treatment strategy may address this also. The most common infectious cause of hepatitis is chronic viral infection with hepatitis B or C, hence immune support and anti-virals may be useful. Alcoholism remains the most common non-infectious cause, though fatty liver disease resulting from inactivity along with high sugar and fat consumption is also becoming more common.

Homeopathics

- Alcostat**TM- detoxifier for the effects of alcohol, should the hepatitis be due to chronic alcohol consumption.**
- Bactestat**TM- detoxifier for bacterial infections, should the hepatitis be of bacterial origin.**
- Drainpar**TM- glandular homeopathic for liver, lymph, and kidney support.**
- * **Genstat**TM- homeopathic detoxifier with magnesium chloride to stimulate detoxification of the elimination centers.**
- * **Hepapar**TM- glandular homeopathic indicated for liver support.**
- Hepastat**TM- detoxifier for the liver, indicated for dyspepsia, flatulence, exhaustion, nausea, and constipation.**
- Hepatone**TM- tonifier for the liver, indicated for relief of flatulence, constipation, and salty or bitter taste in the mouth.**
- Liver Gallbladder HP**TM- high-potency formula for the liver and gallbladder, indicated for relief of flatulence, constipation, indigestion, belching, and abdominal discomfort due to liver and gallbladder problems.**
- * **Virustat**TM- detoxifier for viral infections, should the hepatitis be of viral origin.**

Herbals

- Burdocom**TM- fortifier for the smooth muscles, skin, and liver, indicated for liver disease.
- Cascaracom**TM- fortifier for the colon and liver, indicated for indigestion, liver disease, and bile stasis.
- * **Dandecom**TM- fortifier and detoxifier for the liver, indicated for liver problems, fatty liver, gallbladder congestion, hepatitis, jaundice, and migraine headaches.
- Echinacom**TM- fortifier for the immune system, indicated for bacterial or viral infections.
- * **Environmental Formula**- Rainforest Botanical detox formula that improves bile production and secretion, relieves liver congestion, dispels uric acid, promotes liver and gallbladder health, and enhances the elimination of environmental toxins.

**Denotes primary remedies*

HEPATITIS (CONTINUED)

Gencom™- fortifier for the blood and general detoxifier, indicated for liver problems, gallbladder problems, constipation, and lead poisoning.

Gingercom™- fortifier for the pancreas, liver, and adrenals, indicated for indigestion and liver problems.

Hydrangeacom™- fortifier for the biliary tract and gallbladder, indicated for gallbladder congestion, jaundice, hepatitis, and dyspepsia.

Inflamacom™- fortifier for the immune system, indicated for chronic inflammatory conditions.

Jambulcom™- fortifier for the pancreas and liver, indicated for indigestion, gallbladder congestion, and liver disease.

Lapachocom™- fortifier for the immune system, indicated for lowered immune response, chronic viral infections, and hepatitis.

* **Milk Thistle**- single herbal used for liver disorders, specifically to encourage hepatocyte regeneration. Recommended for cirrhosis, hepatitis, jaundice, kidney congestion, liver congestion, and liver damage.

Nettlecom™- fortifier for the blood and natural source of iron, indicated for inflammation and liver problems.

Paracom™- fortifier for the colon, indicated for flatulence, constipation, gallstones, jaundice, and parasite infections.

Regencom™- fortifier for the immune system and general system detoxifier, indicated for viral infections.

Scrophularicom™- fortifier for the lymph, spleen, and liver, indicated for lymphatic congestion, liver and skin diseases.

Trifolocom™- fortifier for the lymphatic system and spleen, indicated for fatigue, inflammation, fever, hepatitis, jaundice, gallbladder problems, lymphatic drainage.

Nutritionals

* **B-Complex**- the B vitamins are essential for maintaining liver function.

C-TR 1500- time-released vitamin C to support the immune system and tissue regeneration.

D-3 1,000 and 5,000 I.U.- vitamin D supplement to support the immune system. Vitamin D deficiency has been increasingly recognized in association with chronic hepatitis C infection.

Enervimin™ Stress Focus- full-spectrum vitamin and mineral supplement, high in B vitamins needed for proper liver function.

* **Hepa-Detox**- nutritional detoxification program for the liver.

Immunique™ Silver- 10 parts per million of silver nanoparticles indicated for bacterial and viral infections.

Intact Liver- freeze-dried liver concentrate, supplies nutrients to promote liver regeneration.

Lipoic Acid- important antioxidant to help protect the liver from free radical damage.

L-Taurine- this single amino acid has been shown to ameliorate liver damage in chronic hepatitis patients.

Mag-Chlor- highly absorbable form of magnesium, an essential nutrient for proper liver function and detoxification. If Genstat™ recommended above is not used, Mag-Chlor should be part of the protocol.

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THERAPEUTIC GUIDE

HEPATITIS (CONTINUED)

Additional Considerations

Life Choice- Energique's "green drink" powder that is a nutritious formulation that can aid in removing toxins and boosting one's immunity...also available in capsule form.

Recommending complete abstinence from alcohol is a must, as well as conscientiously reducing toxic exposures generally. A diet high in vegetables and low in sugars and unhealthy fats, with protein and healthy fats kept in moderation, may be helpful for easing the dietary burden on the liver. Beets and artichokes are particularly beneficial vegetables for the liver.

Blood tests for hepatitis B/C infection should be recommended to everyone with a history of IV drug abuse or sexual contact with a partner who used IV drugs.

Castor oil packs are recommended by many. Begin by warming the castor oil on the stove. Saturate a square of white cotton or pure wool material. Apply to the upper right abdominal area. Cover with a piece of plastic, topped with a hot water bottle or heating pad. Leave the pack in place for approximately two hours.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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