

HERPES VIRUS INFECTIONS

There are numerous illnesses associated with the eight known human herpes viruses. The most common of these include chicken pox and shingles (HHV-3), herpes labialis (HHV-1), genital herpes (HHV-2), mononucleosis (HHV-4), cytomegalovirus infection (HHV-5), roseola infantum (HHV 6 and 7), Kaposi's sarcoma (HHV-8), and certain cancers (HHV-4 and 8). Hepatitis, pneumonia, and numerous varied complications are also possible, especially in immunocompromised hosts. Herpes viruses are ubiquitous and infection generally persists for life, although prolonged latency is common and in many cases, symptoms may only appear during times of increased stress or decreased immune function. Latent infection is maintained in nerve cells, where the virus evades immune surveillance. In addition to the classic disease associations mentioned above, it has been theorized that conditions such as chronic fatigue syndrome, multiple sclerosis, and numerous other types of cancer may be associated with chronic herpes infection especially with the Epstein-Barr virus (HHV-4), though firm evidence is lacking. You may wish to refer to the Viral Infections section of this guide.

Homeopathics

* **CMV Stat™**- homeopathic detoxifier for cytomegalovirus infection, indicated for relief of fever with dyspepsia, muscle aches, and weakness.**

* **EBV Stat™**- homeopathic detoxifier for mononucleosis and Epstein-Barr virus infection, indicated for relief of fever with dyspepsia, muscle aches, and weakness.**

HZ HP™- high-potency formula indicated for chronic or severe symptoms of herpes infections including pain, rashes, and cold sores.**

HZ Neurapain HP™- high-potency formula indicated for shooting pain, itching, burning, and sensitivity to touch, accompanied by or persisting after skin eruptions and blisters.**

* **HZ Stat™**- homeopathic detoxifier for herpes simplex and herpes zoster infections, indicated for relief of aches, pains, fever, and painful vesicular skin lesions.**

Infect HP™- high-potency formula for relief of systemic symptoms associated with common viral infections, such as chronic fever and cough.**

Infectistat™- homeopathic detoxifier for various bacterial and viral conditions.**

Shingles Pain Relief- homeopathic topical spray, indicated for pain and inflammation of the skin with symptoms of itching, sensitivity, eruptions, and/or blisters.**

V HP™- high-potency formula indicated for relief of symptoms due to lowered immune response, including fatigue associated with chronic viral infections.**

Virustat™- homeopathic detoxifier indicated for chronic viral infections.**

**Denotes primary remedies*



THERAPEUTIC GUIDE

HERPES VIRUS INFECTIONS (CONTINUED)

Herbals

- * **Echinacom™** or **Echinacom C™**- fortifier for the immune system, indicated for herpes, Epstein-Barr virus, cytomegalovirus, and other viral infections.
- Lapachocom™**- fortifier for the immune system, indicated for chronic viral infections and lowered immune response.
- Lemon Balm**- single herbal known for its anti-herpes virus activity.
- Lomacom™**- topical ointment to fortify the skin, indicated for blisters and cold sores.
- * **Propolicom™**- fortifier for the immune system, indicated for fevers, Epstein-Barr virus, cytomegalovirus, and other herpes virus infections.
- St. John's Wort**- single herbal recommended as an antiviral and fortifier for the nerves.
- Trifolocom™**- fortifier for the lymphatic system and spleen.

Nutritionals

- C-TR 1500**- time-released vitamin C to support the immune system.
- H.D.A. (High Delivery Acidophilus)**- encapsulated live “friendly” bacteria specially processed to deliver the greatest amount of beneficial cultures to the intestines where it rehydrates, multiplies and implants. Supports healthy intestinal flora and immune system function.
- * **Immunique™**- a balanced supplement providing vitamins, minerals, and other nutrients for immune support.
- Intact Thymus**- freeze-dried thymus gland concentrate to support the adaptive immune system.
- * **L-Lysine**- amino acid that aids in the production of antibodies, known to play a role in inhibiting herpes virus outbreaks.
- Methylfol**- folate and B12 supplementation may help to control herpetic lesions and support nerve health.
- Natural E-400**- vitamin E has been shown to effectively control the pain of post-herpetic neuralgia.

Additional Considerations

Citrus, melons, sugar, and caffeine are all elements of the diet which may exacerbate herpes outbreaks. L-Arginine supplementation, or a diet high in L-Arginine, may also exacerbate herpes outbreaks. Stress reduction techniques will likely also be beneficial in controlling herpes outbreaks.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*Denotes primary remedies