



THERAPEUTIC GUIDE

KIDNEY ABNORMALITIES

Our kidneys filter the blood, excrete urine, and help in regulating water, electrolytes, and acid-base content of the blood. Kidney function can be impaired by infections, autoimmune conditions, elevated blood sugar, cardiovascular disease, some medications, and toxins. Symptoms that the kidneys may be overwhelmed include chills or fever, urinary abnormalities such as blood in the urine, edema, pain in the area of the kidneys, nausea, or vomiting. You may wish to refer to the Cystitis section of this guide. Should toxicity be suspected, such as heavy metals that are very harmful to the kidneys, please refer to the Detoxification section of this guide.

Homeopathics

Drainpar™ - glandular homeopathic for liver, lymph, and kidney support, indicated for sudden desire to urinate and fatigue.**

Enuresis HP™ - high potency formula indicated for bedwetting and abnormal bladder activity. **

Hypert HP™ - high potency formula indicated for fluid retention and anxiety.**

Renapar™ - glandular homeopathic for kidney support, indicated for relief of sudden desire to urinate, urination difficult or scanty, and frequent urging on urination.**

Renastat™ - detoxifier for the kidneys, indicated for pain in the abdomen extending around to the back, pain in the thighs and loins on urinating and frequent urination.**

* **Renatone™** - tonifier for kidneys, indicated for urine that is scanty, dark and offensive, pain in the back, and sensation as if some urine remains after urinating.**

Herbals

* **Astragalus** - this adaptogenic herb may help protect the kidneys and support normal kidney function through its antioxidant and anti-inflammatory actions.

Bayberrycom™ - fortifier for the kidney and herbal diuretic.

Diuretic Formula - Amazon rainforest diuretic formula for kidney and bladder support. May help eliminate excess body fluid and discourage inflammation.

Echinacom™ or **Echinacom C™** - provides immune system support during infection.

Ginkgo - may protect normal kidney function through circulatory and antioxidant support.

Hydrangeacom™ - fortifier for the biliary tract and gallbladder, featuring gravel root to support the body's natural cleansing processes and indicated for kidney stones.

Inflammacom™ - fortifier for those with inflammation.

Milk Thistle - supports the body's glutathione production to help protect the kidneys.

KIDNEY ABNORMALITIES (CONTINUED)

**Denotes primary remedies*



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- * **Quebra Pedra** - also known as Stone Breaker, this herb has been traditionally used for pain and kidney stones.
- * **Renacom™** - fortifier for the kidneys, indicated for kidney stones and to support healthy kidney function.
- * **Solidagocom™** - fortifier for the kidneys, featuring gravel root, hydrangea, and diuretic herbs to promote urination and reduce inflammation.

Nutritionals

- B Complex** - balanced blend of B vitamins to support energy production and help reduce oxalate production.
- C-TR 1500** - time-released Vitamin C to help the body have a long term supply of this antioxidant and immune supporter.
- H.D.A. (High Delivery Acidophilus)** - combination of eight different cultures to support healthy digestion through internal flora balance. Especially important if taking antibiotics.
- Immunique™** - blend of vitamins, minerals, and glandulars to support healthy immune function.
- * **Intact Kidney** - freeze-dried kidney concentrate for optimal kidney nourishment and support.
- L-Carnitine** - this important amino acid for mitochondrial health and energy production may be deficient in patients with kidney abnormalities.
- Mag-Chlor** - highly absorbable form of magnesium, which may increase the solubility of calcium oxalate.
- Marine Omega 3 Pro**— contaminant-free source of EPA and DHA to support a healthy inflammation response and help protect the kidneys.
- * **N-Acetyl Cysteine Plus**- sulfur-containing amino acid to support glutathione production and helps protect the kidneys.

Additional Considerations

Parsley, celery, and watermelon are natural diuretics and can help reduce the uric acid levels that may be high from the consumption of purine rich foods. Consumption of natural, unsweetened cranberry juice may inhibit bacterial adhesion to help prevent urinary tract infections. The patient should drink plenty of purified water to aid in flushing the system. Lemon juice and apple juice may help alleviate kidney pain.

These suggestions are very general and do not apply to all cases. Depending on the severity, consult with a nutritionist who has experience with the dietary demands of the specific condition and stage.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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