

MUMPS

Mumps is an acute, contagious, generally benign viral infection characterized by inflammation of the parotid and other salivary glands. It is usually contracted during childhood and was considered endemic prior to widespread routine vaccination. Symptoms include chills, moderate fever, malaise, headache, and pain on chewing or swallowing related to the characteristic swelling of the parotid and sometimes the other salivary glands. Mumps has the potential to involve numerous other organs, including the pancreas, ovaries, and testes. Gonadal involvement is uncommon and generally only occurs in postpubertal patients, with permanent sterility being a rare complication. The course of the illness usually runs five to seven days. You may wish to refer to the Viral Infections section of this guide.

Homeopathics

Drainpar™- glandular homeopathic for liver, lymph, and kidney support.**

Elimitone™- tonifier for the lymphatics and immune system, indicated for relief of swollen glands, inflammation, and sore throat.**

Endopar F™- glandular homeopathic indicated for cases with ovarian symptoms.**

* **Immunopar™**- glandular homeopathic for immune system support, indicated for relief of sore throat, earache, and minor bronchial irritation, with yellow expectoration.**

Infectistat™- homeopathic detoxifier for infectious conditions, indicated for relief of fever, sore throat, and cough.**

Infectone™- tonifier for acute or chronic infections, indicated for relief of fever, sore throat, cough, bronchial irritation, and irritation of the bladder.**

Lymphapar™- glandular homeopathic for the lymphatics, indicated for relief of swollen tonsils and irritated throat.**

Prostex HP™- high-potency formula indicated for cases with testicular symptoms.**

Scrophularitone™- tonifier for the lymphatics, indicated for relief of sore throat, tender breasts, bronchial irritation with cough, and sinus congestion.**

Scrophulous HP™- high-potency formula indicated for relief of glandular swelling and lymphatic congestion.**

* **V HP™**- high-potency formula for symptoms due to viral infection.**

Virustat™- homeopathic detoxifier indicated for viral conditions.**

Herbals

Anacom A.M.™ or **P.M.™**- fortifiers for the central nervous system, indicated for pain relief.

Echinacom™ or **Echinacom C™**- fortifier for the immune system, indicated for viral infections, swollen glands, and fever.

Gencom™- fortifier for the blood and general detoxifier, indicated for inflammation, swollen glands, sore throat, fevers, headaches, and viral infection.

**Denotes primary remedies*



THERAPEUTIC GUIDE

MUMPS (CONTINUED)

Lapachocom™- fortifier for the immune system, indicated for lowered immune response and viral infections.

Myrrhcom™- fortifier for the sinuses, indicated for fever, inflammation, swollen glands, and sore throat.

Olive Leaf- single spagyric herbal with antiviral properties.

* **Propolicom™**- fortifier for the immune system, indicated for viral infection with fever and swollen glands.

Regencom™- fortifier for the immune system, indicated for lowered immune response, viral infections, and as a general system detoxifier and blood purifier.

Scrophularicom™- fortifier for the lymph, spleen, and liver, indicated for swollen glands and to promote lymphatic drainage.

* **Trifolocom™**- fortifier for the lymphatic system and spleen, indicated for fatigue, inflammation, fevers, swollen glands, and to promote lymphatic drainage.

Nutritionals

C-TR 1500- time-released vitamin C, to support the immune system during viral infection.

H.D.A. (High Delivery Acidophilus)- encapsulated live probiotic bacteria specially processed to deliver the greatest amount of beneficial cultures to the intestines, indicated to support the immune system.

Immunique™- balanced nutritional formula indicated to support the immune system.

* **Vita-Tot Chews™**- tasty, chewable full-spectrum vitamin and mineral supplement for children.

Additional Considerations

While the glands are swollen, sour foods and drinks should be avoided as these tend to stimulate salivary secretion and may cause additional discomfort.

As with any viral condition, bed rest is essential.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*Denotes primary remedies