



THERAPEUTIC GUIDE

PARKINSON'S DISEASE

Parkinson's disease is a chronic, degenerative disease of the nervous system characterized by bradykinesia, muscular rigidity, resting tremor, and postural instability. Classic signs include a "pill rolling" tremor of the hand at rest which improves with movement; a staring, mask-like appearance of the face from rigidity of the muscles of expression; and a shuffling or festinating gait in which the stooped patient may break into a run to prevent falling forward. Depression and dementia are possible accompanying symptoms. The pathogenesis of Parkinson's disease involves a progressive loss of dopaminergic neurons in the substantia nigra. The cause of this deterioration is unknown but is believed to involve a genetic susceptibility combined with environmental triggers. A number of environmental toxins have been implicated, including mercury and pesticides, and various antioxidants seem to be protective.

Homeopathics

* **Addastat™**- homeopathic detoxifier for insecticides and pesticides, indicated for relief of debility, exhaustion after slight exertion, and nausea.**

Cerebrapar™- glandular homeopathic to support the brain and nervous system, may temporarily relieve nervous twitch, confusion, and forgetfulness.**

CO Q 10- single homeopathic remedy indicated for poor memory and to enhance cellular detoxification.**

Dentastat™- homeopathic detoxifier for mercury and dental toxins, indicated for the effects of mercury amalgams.**

Envirostat™- homeopathic detoxifier for major air and water pollutants, indicated for relief of head congestion and general exhaustion as a consequence of exposure to smog, dust, or industrial agents.**

Induistrat™- homeopathic detoxifier for major industrial pollutants, indicated for relief of cough, sensation of looseness in the chest, rhinitis, and hoarseness with rough scraped feeling of the throat.**

* **L-Dopa Phenolic** or **Dopamine Phenolic**- phenolics that are indicated for Parkinsonism and may relieve some of the symptoms.**

* **Metalstat™**- homeopathic detoxifier for heavy metals, indicated for relief of vomiting, exhaustion, and metallic taste.**

* **Neuralgia HP™**- high-potency formula for relief of neuralgia symptoms, including numbness, tingling, and irritation of the nerves.**

Neuropar™- glandular homeopathic to support the nervous system, indicated for relief of stiffness in the nape of the neck with shooting pains, and tingling and burning pain with numbness.**

Neurostat™- homeopathic detoxifier for the nervous system, indicated for relief of dizziness when riding or sitting, weak memory, and feelings of indifference or confusion.**

Psychypar™- glandular homeopathic to support healthy moods, indicated for irritability, anger, confusion, and disorientation.**

Syphilitic Miasm- homeopathic miasm formula indicated for chronic, degenerative conditions with symptoms of weakness, irritability, heaviness, numbness, and staggering.**

**Denotes primary remedies*

PARKINSON'S DISEASE (CONTINUED)

Herbals

Ashwagandha- single spagyric herbal known for its neuroprotective and antioxidant properties. Evidence shows this herb may protect dopaminergic neurons.

Calming Formula- Rainforest Botanical calming formula that breaks the insomnia cycle, relaxes hyperactive nerves, eases jitters, and relieves palpitations.

* **Dandecom**TM- fortifier and detoxifier for the liver, indicated to support the liver during a pesticide detox program (including AddastatTM).

Environmental Formula- Rainforest Botanical herbal detox formula that improves bile production and secretion, retards aging by enhancing cellular regeneration, releases liver congestion, dispels uric acid, promotes liver and gallbladder health, and enhances the elimination of environmental toxins.

GencomTM- fortifier for the blood and detoxifier for the general system, indicated for conditions resulting from chronic exposure to toxins.

GinkgocomTM- fortifier for the circulatory system, indicated for depression, fatigue, and to enhance peripheral and cerebral circulation.

* **Gotacom**TM- fortifier for the brain and endocrine system, indicated for nervous system and circulatory disorders, fatigue, depression, and symptoms of age-related neurodegeneration.

RegencomTM- fortifier for the immune system, indicated as a general system detoxifier.

* **Solidagocom**TM- fortifier for the kidneys, indicated to support the kidneys during a heavy metal detoxification program (including MetalstatTM or DentastatTM).

Uña de Gato- single herb from the Amazon Rainforest known for its immune-supporting, antioxidant, antimicrobial, antiviral, and anti-inflammatory benefits. Also known as cat's claw and available in liquid or capsules.

* **Valericom**TM- fortifier for the nervous system and detoxifier of the nervous system, indicated for convulsions, restlessness, neuralgia, pain, palsy, nervous disorders, spasms, and tremors.

Nutritionals

CO Q-10 30 mg, CO Q-10 C, or CO Q-10 Chews 100 mg- this important fat-soluble antioxidant supports healthy energy production in the central nervous system.

C-TR 1500- time-released vitamin C. Studies show that this antioxidant may slow the progression of Parkinson's.

D-3 25 mg, or 5,000 I.U.- deficiency of this vitamin is common in individuals with Parkinson's.

EnerviminTM **Stress Focus**- full-spectrum vitamin and mineral supplement high in B vitamins to support the nervous system.

Initial-ETM - vitamin E, an antioxidant, may slow the progression of Parkinson's.

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Lipoic Acid- powerful antioxidant that protects and supports the nervous system.

Mag-Chlor- liquid magnesium chloride, a highly absorbable form of magnesium to aid the body in flushing out toxins.

Marine Omega 3 Pro- natural source of EPA and DHA, essential fatty acids critical for brain health. DHA deficiency is believed to be a risk factor for Parkinson's.

Methylfol- methyl forms of B12 and folate that may support nerve function and detoxification.

N-Acetyl Cysteine Plus- N-acetyl cysteine plus trace minerals to support glutathione production in the brain.

Zinc- zinc supplementation may increase levels of superoxide dismutase, the main antioxidant system which protects the substantia nigra.

Additional Considerations

* **Life Choice** – our “green drink” powder is a nutritious formulation that aids in removing toxins and boosting one's immunity. Also available in capsule form.

Exposure to environmental toxins should be minimized. The patient should cook in stainless steel or glass, not aluminum pans. Rubber gloves should be worn whenever handling any chemicals, even everyday household cleaners. Your patient may want to consider a visit to a dentist who specializes in the removal of dental amalgams.

Several studies suggest that coffee and tea have neuroprotective benefits in models of Parkinson's disease.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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