

## PNEUMONIA

Pneumonia is an inflammation of the lung parenchyma, often confined to a single lobe or section of a lobe. Bacterial, viral, or fungal infection may be the cause. Pneumonia is a leading cause of death in the U.S. (and worldwide), though overall mortality is low and most fatalities occur in infants, the elderly, hospitalized patients, and the immunocompromised. It typically begins with flu-like symptoms which develop into fever, productive cough, painful breathing, and dyspnea, possibly to the extent of hypoxia and cyanosis. Numerous causative pathogens have been identified and can often be predicted based on patient characteristics, such as age and immune status, as well as whether the infection was community- or hospital-acquired. Though severe cases require hospitalization, mild cases can be treated on an outpatient basis; the CURB-65 tool can be used to assess severity and help determine whether hospitalization is warranted. You may also wish to refer to the Bacterial Infections, Bronchitis, Fungal Infections, or Viral Infections sections of this guide.

### Homeopathics

**Bio-Immune™**- homeopathic nosode combination indicated for symptoms of bacterial and viral conditions, such as fever, chills, and cough.\*\*

\* **Infect HP™**- high-potency formula indicated for symptoms associated with bacterial and viral infections, such as chronic fever and cough.\*\*

**Infectistat™**- homeopathic detoxifier for bacterial and viral infections, indicated for symptoms of fever, irritated throat, and cough with chronic tickle in the throat.\*\*

\* **Pneumo HP™**- high-potency formula for relief of symptoms due to chronic lung disorders and lung inflammation.\*\*

**Pneumopar™**- glandular homeopathic for the lungs, indicated for relief of wheezing, shortness of breath, constrictive feeling in the chest, and cough.\*\*

**Pneumostat™**- homeopathic detoxifier for the lungs, indicated for relief of symptoms associated with exposure to pollutants, such as cough with expectoration.\*\*

**Pneumotone™**- homeopathic tonifier for the lungs, indicated for dry hacking cough, hoarseness, bronchial congestion, and difficulty breathing from tightness or constriction of the chest.\*\*

### Herbals

\* **Cough Calm™**- natural herbal cough syrup.

**Echinacom™** or **Echinacom C™**- fortifier for the immune system, indicated for bacterial and viral infections.

**Gencom™**- detoxifier for the general system and lymph cleanser.

**Inflamacom™**- fortifier for the immune system, indicated for inflammation.

**Lapachocom™**- fortifier for the immune system, indicated for lowered immune response, viral and fungal infections.

\* **Mulleincom™**- fortifier for the respiratory system and expectorant, indicated for asthma, bronchitis, lung diseases, bronchial spasms, cough, emphysema, lung congestion, pneumonia, and pleurisy.

*\*Denotes primary remedies*



## THERAPEUTIC GUIDE

### PNEUMONIA (CONTINUED)

**Myrrhcom™**- fortifier for the sinuses and respiratory tract, indicated for inflammation, lung congestion, cough, lung diseases, bronchial infections, and emphysema.

**Propolicom™**- fortifier for the immune system, indicated for swollen glands, fevers, bacterial and viral infections.

**Regencom™**- fortifier for the immune system, indicated for lowered immune response, infections, and as a general system detoxifier.

**Scrophularicom™**- fortifier for the lymph, spleen, and liver, indicated for lymphatic congestion.

**Trifolocom™**- fortifier for the lymphatic system and spleen, indicated for inflammation, fevers, swollen lymph glands, and lymphatic congestion.

\* **Uña de Gato**- single herb from the Amazon Rainforest known for its immune-supporting, antioxidant, antimicrobial, antiviral, and anti-inflammatory benefits. Also known as cat's claw and available in liquid or capsules.

**Yeast Formula**- Rainforest Botanical herbal formula with antimicrobial properties.

#### Nutritionals

\* **C-TR 1500**- time-released vitamin C to boost immunity.

**Enervite™ Plus Zinc**- full-spectrum vitamin and mineral supplement with zinc for added immune support.

**Immunique™**- a balanced multivitamin supplement to support the immune system.

**Intact Lung**- vacuum-dried lung concentrate, indicated to provide nutritional support for tissue healing.

**N-Acetyl Cysteine Plus**- amino acid and glutathione precursor, indicated as a mucolytic.

**Orange Chew C 500**- chewable, natural orange-flavored vitamin C tablet to boost immunity.

**Physician's Choice**- full-spectrum vitamin and mineral supplement with immune-boosting herbs.

**Vitamin A 25,000 I.U.**- supports the immune system and mucous membrane integrity.

**Zinc**- zinc is essential for proper immune system function.

#### Additional Considerations

The patient should drink plenty of fluids (fresh juices, herbal teas, and homemade soups). The Revitalized Water Concentrate sold by Energique® would be an excellent addition. Cigarette smoke and other airborne pollutants should be avoided.

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*Denotes primary remedies