

## RINGWORM

Ringworm refers to a variety of dermatophyte (fungal) infections of the skin. It has a predilection to affect the chest, back, feet, intertriginous areas, and in children typically the scalp. Ringworm produces characteristic red, pruritic, spreading annular lesions that heal from the center, resulting in the appearance of a red ring on the skin. Ringworm occurs when lipophilic fungi on the skin, which normally exist as commensal flora, enter a pathogenic mycelium stage. This seems to be triggered by a combination of two factors: an increase in sebum production due to hormonal fluctuations, paired with a decrease in immune function due to stress, malnutrition, etc. Topical anti-fungals with the addition of hormonal and immune support are indicated as treatments.

### Homeopathics

- Cancordistat™**- homeopathic detoxifier indicated for candida infections.\*\*
- Candida Albicans Phenolic**- homeopathic allersode to diminish allergic response to candida. Especially indicated for identity (id) reactions to fungal infections.\*\*
- Candida Cord**- homeopathic cord that enhances the immune system against candida.\*\*
- Cort Sym™ Gel**- topical homeopathic gel formulated to relieve skin redness and itching without suppressing immune function.\*\*
- \* **Fungostat I™**- homeopathic detoxifier indicated for fungal infections.\*\*
- Psora Miasm**- homeopathic antipsoric formula, indicated for a tendency toward chronic skin infections.\*\*
- \* **Sepia**- single homeopathic remedy indicated for ringworm and to help balance hormones.\*\*

### Herbals

- Chaste Tree**- single spagyric herbal indicated for hormone balance.
- Echinacom™** or **Echinacom C™**- fortifiers for the immune system.
- \* **Lapachocom™**- fortifier for the immune system, especially indicated to enhance resistance to fungal infections.
- \* **Lomacom™**- topical antifungal ointment to fortify the skin, indicated for fungal and bacterial infections.
- Pau D'Arco**- single herb from the Amazon Rainforest renowned for its antifungal properties.
- \* **Yeast Formula**- Rainforest Botanical formula combining antifungal herbs. Indicated for candidiasis and other fungal infections.

### Nutritionals

- B-6 250 MG**- vitamin B6 may help modulate sebum production and balance hormones.
- \* **Caprylic Acid Plus**- immune support supplement with additional antifungal herbs.
- \* **Enervimin™ Candida/Yeast Focus**- full-spectrum vitamin and mineral supplement for individuals with a tendency toward candidiasis and fungal conditions.

*\*Denotes primary remedies*



## THERAPEUTIC GUIDE

### RINGWORM (CONTINUED)

**H.D.A. (High Delivery Acidophilus)**- encapsulated live probiotic bacteria specially processed to deliver the greatest amount of beneficial cultures to the intestines, indicated to balance commensal flora and the microbiome.

**Immunique™**- a balanced supplement providing vitamins, minerals, and other nutrients for immune support.

#### Additional Considerations

Keep the area dry and clean. Applying unprocessed honey or raw garlic to a fungal infection can be beneficial, as can tea tree oil or cotton balls saturated with pau d'arco.

Have your patient reduce sugar consumption and emphasize whole foods high in zinc, vitamin A, and vitamin C to support the immune system.

Fungal infections of the skin are more common in tropical and humid areas. Wearing cotton or linen as opposed to synthetic fabrics may help keep skin dry and free of excess moisture.

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*\*Denotes primary remedies*