

SORE THROAT

Most sore throats are mere viral infections of the pharynx, or less commonly, an infection with group A β -hemolytic strep (strep throat). Treatment is generally symptomatic but should also include immune support. Antibiotics have not been shown to have any effect on the intensity or duration of strep throat symptoms, though there is weak evidence that they may reduce the risk of developing rheumatic fever as a complication. More obscure causes of tonsillitis include diphtheria, measles, Coxsackie virus, Vincent's angina, and mononucleosis. A peritonsillar or retropharyngeal abscess may occur as a rare but potentially life-threatening complication and should be considered a medical emergency.

Homeopathics

BAC HP™- high-potency formula indicated for symptoms of bacterial infections, such as chronic swelling and inflammation of the lymph nodes.**

Bactestat™- homeopathic detoxifier for bacterial infections, indicated for relief of fever and irritated throat.**

Belladonna- single homeopathic remedy indicated for fever, swollen tonsils, and acute onset throat pain.**

EBV Stat™- homeopathic detoxifier for Epstein-Barr virus, indicated for fever with indigestion, muscular aches, and weakness.**

Immunopar™- glandular homeopathic for immune system support, indicated for relief of sore throat, earache, and minor bronchial irritation.**

Infect HP™- high-potency formula indicated for the symptoms of most common infections, including fever, sore throat, and infectious cough.**

* **Infectistat™**- homeopathic detoxifier for most common infections, indicated for relief of fever, sore throat, and infectious cough.**

Infectone™- tonifier for acute infections, indicated for relief of fever, sore throat, and cough.**

Lymphapar™- glandular homeopathic indicated for swollen tonsils, irritated throat, and to promote lymphatic drainage.**

Merc Sol- single homeopathic remedy indicated for sore throats with profuse salivation.**

* **Throat Spray**- homeopathic throat spray indicated for symptoms of throat pain, swollen sensation, and burning in throat.**

V HP™- high-potency formula indicated for symptoms of recurring viral infections, such as chronic fatigue, headache, and sore throat.**

Virustat™- homeopathic detoxifier for viral infections, indicated for fever, sore throat, and muscle aches.**

Herbals

Allercom™- fortifier for the immune and respiratory systems, indicated for lowered immune response, inflammation, sinus problems, hay fever, flu, bronchitis, cough, and viral infections.

* **Echinacom™** or **Echinacom CT™**- fortifier for the immune system, indicated for bacterial or viral infections, strep throat, lymphatic congestion, tonsillitis, catarrh, and fever.

**Denotes primary remedies*



THERAPEUTIC GUIDE

SORE THROAT (CONTINUED)

Lapachocom™- fortifier for the immune system, indicated for lowered immune response and recurrent viral infections.

* **Mulleincom™**- fortifier for the respiratory system and mucolytic, indicated for bacterial and viral infections, lung disorders, colds, cough, sore throat, and chronic catarrh.

Myrrhcom™- fortifier for the sinuses, indicated for sinus problems, chronic catarrh, fever, and sore throat.

Propolicom™- fortifier for the immune system, indicated for swollen lymph nodes, bacterial and viral infections, fever, and sore throat.

The Cold Season Support- Rainforest Botanical cold and flu formula that soothes throat and mucus membranes, calms cough, and fights fever and chills.

Nutritionals

C-TR 1500- time-released, high-dose vitamin C to support the immune system.

Immunique™- a balanced supplement providing vitamins, minerals, and other nutrients for immune support.

Immunique™ Silver- high-potency colloidal silver, indicated for immune support.

Additional Considerations

Herbal teas with honey and hot soups help thin mucus and soothe the throat. Gargling with salt water is also useful for thinning mucus and relieving swelling.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*Denotes primary remedies