



## CoEnzyme B Complex

### Therapeutic B Vitamin Formula

- FoodState Nutrients™
  - Active forms of vitamin B6 and vitamin B12
  - Higher potencies for therapeutic needs♦
- 43000 - 60 capsules**

# CoEnzyme B Complex

CoEnzyme B Complex is a comprehensive blend of both active and FoodState® forms of B vitamins that contain the inherent cofactors naturally found in food. B vitamins are essential for a foundational regimen as insurance against nutrient gaps in the diet and are crucial for the health of the nervous system, cardiovascular system and neurological system.♦ Further enhancing this formula is methylated B12, essential for various functions in the body including cognitive function and energy production.♦ CoEnzyme B Complex blends the best of FoodState B vitamins with the most biologically active forms for a therapeutic B complex ideal for maintaining overall health.

### Essential for Wellness

Many functions of the body require B Complex vitamins, both for energy as well as for the nervous and endocrine systems. These powerful vitamins provide fuel for the body by turning carbohydrates and fatty acids into energy.

### Stress Support

Chronic stress increases our need for B vitamins. CoEnzyme B Complex can help meet this demand during stressful times by supporting appropriate neurological and adrenal hormone responses.♦ B vitamins are also involved in the synthesis of neurotransmitters, myelin and adrenal hormones.



## A Look at the Key Ingredients

- **FoodState® Folate:** This innovative form of folate is delivered in broccoli.
- **Choline:** Important to support cognitive function. Choline is also a precursor to acetylcholine, which is a neurotransmitter that promotes a healthy mood and relaxation. Choline may also support healthy levels of homocysteine.♦
- **Inositol:** Provides nutritional support for the liver, as well as supporting a healthy mood and neurologic function.♦ Inositol works in conjunction with other nutrients to support proper homocysteine metabolism.♦

## Supplement Facts

Serving Size 1 Capsules  
Servings per Container 60

Amount per Serving	% Daily Value ▼
Thiamine B1... (as thiamine HCl, FoodState*)	100 mg 6667
Riboflavin B2.... (as 5-phosphate, FoodState*)	20 mg 1176
Niacin..... (as niacinamide, FoodState*)	50 mg 250
Vitamin B6 ..... (as pyridoxal-5-phosphate)	20 mg 1000
Folate ..... (as FoodState*)	200 mcg 50
Vitamin B12 ..... (as methylcobalamin)	500 mcg 8333
Biotin ..... (as FoodState*)	300 mcg 100
Pantothenic Acid (as d-calcium pantothenate)	50 mg 500
Choline..... (as choline bitartrate)	100 mg **
TMG (trimethylglycine).....	100 mg **
Inositol.....	40 mg **

\* FoodState® nutrients \*\* Daily Value not established

**Other Ingredients:** Cellulose, Ascorbyl Palmitate.

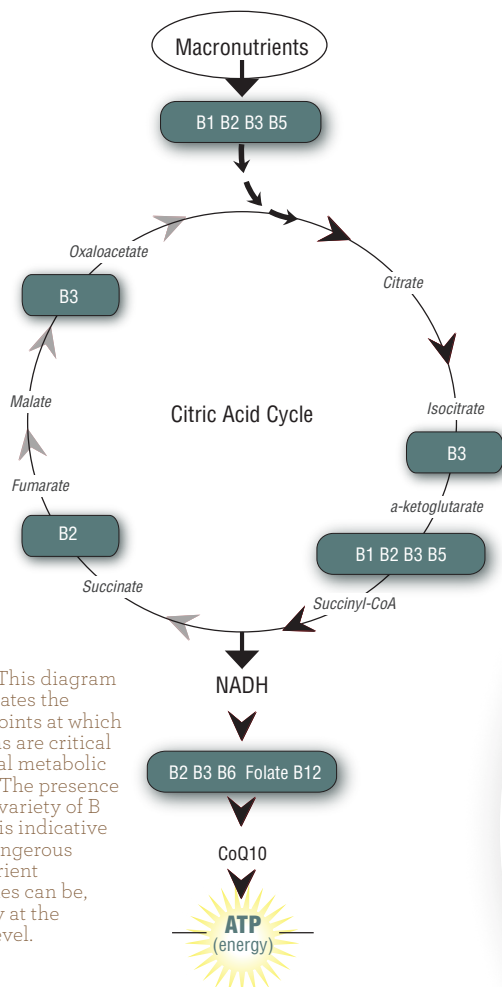


Figure 1: This diagram demonstrates the various points at which B vitamins are critical for optimal metabolic function. The presence of such a variety of B vitamins is indicative of how dangerous micronutrient deficiencies can be, especially at the cellular level.



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