

Complete Multi Powder

Comprehensive multi with CoQ10

- 200 mg arabinogalactan for immune support♦
- 50 mg CoQ10 for cardiovascular support♦
- Easy to mix and tastes great

44018 - 195 G

Foundational Nourishment

Complete Multi Powder is crafted with a blend of FoodState Nutrients™ as well as USP vitamins and minerals to provide increased potency. This formulation of vitamins and minerals is complimented with a clinically studied dose of Coenzyme Q10.♦ In addition it contains amino acid chelated minerals and immune support in the form of the multidimensional prebiotic, arabinogalactan.

This is a great tasting formula that is easily incorporated into a healthy daily routine as insurance against nutritional gaps that may occur. With its broad spectrum nutrient profile, FoodState® whole food nutrients, therapeutic dose of Coenzyme Q10 and added immune support, this dynamic formula is ideal for adults of all ages and exemplifies foundational nourishment.

Figure 1

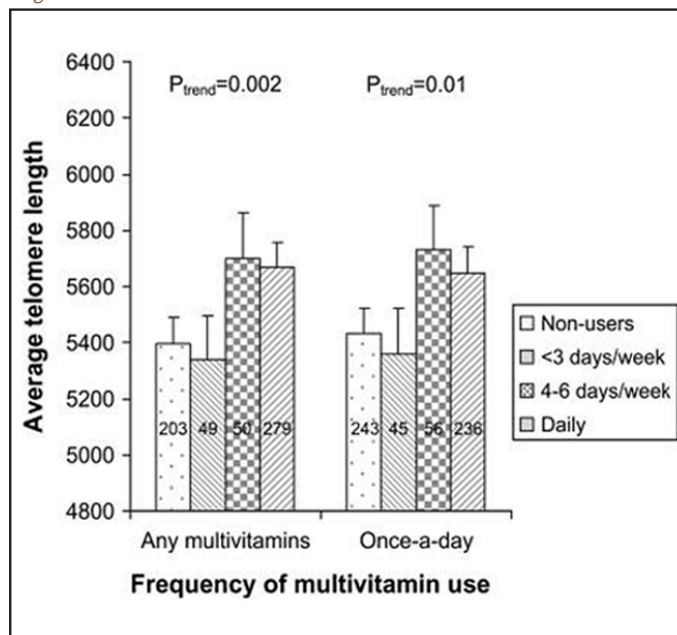


Figure 1: This study provides the first epidemiologic evidence that multivitamin use is associated with longer telomere length among women, which may be an accurate marker of biological aging.



Complete Multi Powder

A look at key ingredients

- Arabinogalactan:** A soluble fiber that can support the vital presence of healthy bacteria in the gastrointestinal tract such as Bifidobacteria and Lactobacillus.♦ By supporting the microbiome in the intestines, this also has a positive impact on the immune system.♦
- CoQ10:** Exhibits potent antioxidant properties within cells and cellular membranes.♦ As an antioxidant, CoQ10 has a direct role in inhibiting the oxidation of important membrane lipids and of LDL-cholesterol.♦ Several studies have demonstrated a strong correlation between the proportional relationship of adequate CoQ10 levels and the health of the and immune system.♦

Supplement Facts

Serving Size 6.5 grams (1 scoop) Servings per Container 30

Amount per Serving	% Daily Value	Amount per Serving	% Daily Value
Vitamin A 5000 IU	100	Magnesium (as magnesium glycinate complex) 300 mg	75
(as FoodState® & betacarotene with mixed carotenoids)		Zinc (as zinc bisglycinate complex) 15 mg	100
Vitamin C (as calcium ascorbate) 200 mg	333	Selenium (as Albion® selenium glycinate complex) 25 mcg	36
Vitamin D (as cholecalciferol) 2000 IU	500	Copper (as TRAACS® copper glycinate chelate) 500 mcg	25
Vitamin E (contains tocopherols d-alpha, d-beta, d-gamma, d-delta, and tocotrienols, FoodState®)	30 IU	Manganese (as TRAACS® manganese glycinate chelate) 1 mg	50
Vitamin K1 (as FoodState®) 50 mcg	63	Chromium ... (as chromium glycinate complex) 50 mcg	42
Vitamin B1 (as thiamine HCl) 5 mg	333	Molybdenum (as TRAACS® molybdenum glycinate chelate) 20 mcg	27
Vitamin B2 (as riboflavin 5-phosphate) 5 mg	294	Potassium 10 mg	<1
Niacin (as niacinamide) 20 mg	100	Boron (as boron glycinate complex) 200 mcg	**
Vitamin B6 (as pyridoxal-5-phosphate) 6 mg	300	Vanadium (as vanadium glycinate complex) 25 mcg	**
Folate (as FoodState®) 400 mcg	100	Arabinogalactan 200 mg	**
Vitamin B12 (as methylcobalamin) 1000 mcg	16667	Citrus Bioflavonoid Peel 50 mg	**
Biotin (as FoodState®) 300 mcg	100	CoEnzyme Q10 (ubiquinone) 50 mg	**
Pantothenic acid (as d-calcium pantothenate) 10 mg	100	Choline (as choline bitartrate) 25 mg	**
Calcium (as Albion® calcium citrate malate) 300 mg	30		
Iodine (as kelp) 150 mcg	100		

* FoodState® nutrients
** Daily Value not established

Other Ingredients: Citric Acid, Natural Flavors, Beet Root (for color), Stevia Leaf.

FoodState Nutrient Sources: Brown Rice, Carrot, Broccoli, Cabbage

Albion and TRAACS trademarks are used under license from Albion Laboratories, Inc.

© FoodState, Inc. 20142

