

# TRANSFORMATION

# essential fatty acids

## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	13	
Calories from Fat	11	
Total Fat	1 g	1%**
Marine Lipid Concentrate	1.2 g	†
Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	240 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

OTHER INGREDIENTS: GELATIN, GLYCERIN, PURIFIED WATER, MIXED TOCOPHEROLS (TO MAINTAIN FRESHNESS).

### RECOMMENDED USAGE:

Take one (1) softgel with meals. Usage may be increased according to need as directed by health care practitioner. Take with adequate liquid.

Available in bottles of 60 softgels.

NO FILLERS/NON-ALLERGENIC

## Promotes cardiovascular, joints, and skin health\*



A diet rich in essential fatty acids has been found to help maintain a healthy heart and vascular system and may assist with joint support and maintenance of skin. This is a formulation of Omega-3 fatty acids from fish oil concentrate.\*

- **Omega-3 EFAs.** Transformation's essential fatty acids are manufactured from a highly purified fish oil concentrate from anchovy, sardine, and mackerel caught wild off the coast of South America with a 1.5:1 ratio of EPA and DHA Omega-3 fatty acids.\*
- **Safe and Effective.** All Transformation™ formulas are carefully prepared to assure maximum quality and nutritional effectiveness.\* This product contains absolutely no fillers.
- **Did You Know?** EFAs are best tolerated when taken along with food and a digestive support formula with lipase enzymes for fat digestion such as Digest™, LypoZyme™, or Lypo™. People taking any medicines that thin the blood (including aspirin) should talk to their doctor before taking fish oil supplements.

**Health Benefits:** Transformation's Professional Protocol Essential Fatty Acids™ is an EPA/DHA Dietary Supplement with 1200 mg fish oil concentrate for supporting a healthy cardiovascular system and a healthy neurological system along with vision health and skin health.\*

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.