



## Inflama-Complete<sup>™</sup>

Maintains a healthy whole body inflammatory response♦

- 750 mg of turmeric (95% curcuminoids) enhanced with BioPerine<sup>®</sup> for systemic use\*
- Synergistic combination of holy basil and ginger root\*
- Black cherry extract and FoodState<sup>®</sup> cranberry are high in anthocyanins\*

**40154 - 90 tablets**

### A Healthy Response

Healthy inflammation is necessary for the body to function properly and facilitating a healthy inflammatory response is key to maintaining optimal health.♦ Inflama-Complete is a comprehensive botanical supplement designed to maintain already normal inflammation levels.♦

### Complete Formula For Optimal Health

In order to provide the best supplement to support a healthy inflammatory response, the key ingredient to include is turmeric.♦

Inflama-Complete features 750 mg of turmeric, standardized to 95% curcuminoids, while also featuring two additional botanical ingredients - holy basil and ginger. These three ingredients work synergistically to support healthy levels of key enzymes and inflammation in the body.♦ In order to stay true to our commitment to whole food, we've included black cherry and FoodState cranberry extract to round out this complete formula.



Inflama-Complete<sup>™</sup>

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## A Look At Key Ingredients:

**Turmeric/Ginger:** A 2011 study outlined the multiple mechanisms by which turmeric and ginger support healthy inflammatory levels in the body.♦

**Source:** Al-Suhaimi EA, et al. Physiological and therapeutical roles of ginger and turmeric on endocrine functions. Am J Chin Med. 2011;39(2):215-31.

**Holy Basil:** A study published in 2012 outlined Ursolic Acid's anti-inflammatory activity.♦

**Source:** Checker R, Sandur SK, Sharma D, Patwardhan RS, Jayakumar S, et al. (2012) Potent Anti-Inflammatory Activity of Ursolic Acid, a Triterpenoid Antioxidant, Is Mediated through Suppression of NF- $\kappa$ B, AP-1 and NF-AT. PLoS ONE 7(2): e31318. doi:10.1371/journal.pone.0031318

**Cranberry:** Cranberry constituents demonstrate the capacity to support healthy inflammatory levels.

**Source:** Seeram NP, Momin RA, Nair MG, Bourquin LD. Cyclooxygenase inhibitory and antioxidant cyanidin glycosides in cherries and berries. Phytomedicine.2001;8:362-9.

## Supplement Facts

Serving Size 3 Capsules

Amount per Serving	% Daily Value ▼
Vitamin C (as Ascorbyl Palmitate).....	6 mg 10
Turmeric ( <i>Curcuma longa</i> ) Rhizome Extract (95% curcuminoids) .....	750 mg **
FoodState® Cranberry ( <i>Vaccinium macrocarpon</i> ) ..	200 mg **
Ginger ( <i>Zingiber officinale</i> ) Root Standardized Extract (5% gingerols) .....	200 mg **
Holy Basil ( <i>Ocimum tenuiflorum</i> ) Leaf Extract (Standardized to min. 2% Ursolic Acid) .....	200 mg **
Black Cherry Extract .....	150 mg **
Bioperine® Black Pepper Fruit Extract ( <i>Piper nigrum</i> ) .....	3 mg **

\* FoodState® Nutrients

\*\* Daily Value not established

**Other Ingredients:** Cellulose, Vegetable Lubricant, Silica, Guar Gum.

**Suggested Use:** 3 capsules daily, or as directed by your healthcare practitioner.

Bioperine® is a Trademark of the Sabinsa Corporation. U.S. Patents #5,536,506, #5,744,161, #5,972,382, and #6,054,585

## Place your order now!

ITEM#	PRODUCT	SIZE	RETAIL	QTY	TOTAL
CARDIOVASCULAR SUPPORT					
40154	Inflama-Complete™	90	45.95		

For more information,  
please call 888.309.5222  
[www.anovahealth.com](http://www.anovahealth.com)

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

