





Inflama-Complete™ Maintains a healthy whole body inflammatory response*

- 750 mg of turmeric (95% curcuminoids) enhanced with BioPerine® for systemic use*
- Synergistic combination of holy basil and ginger root*
- Black cherry extract and FoodState® cranberry are high in anthocyanins*

40154 - 90 tablets

A Healthy Response

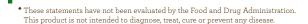
Healthy inflammation is necessary for the body to function properly and facilitating a healthy inflammatory response is key to maintaining optimal health. Inflama-Complete is a comprehensive botanical supplement designed to maintain already normal inflammation levels.

Complete Formula For Optimal Health

In order to provide the best supplement to support a healthy inflammatory response, the key ingredient to include is turmeric.

Inflama-Complete features 750 mg of turmeric, standardized to 95% curcuminoids, while also featuring two additional botanical ingredients - holy basil and ginger. These three ingredients work synergistically to support healthy levels of key enzymes and inflammation in the body. In order to stay true to our

commitment to whole food, we've included black cherry and FoodState cranberry extract to round out this complete formula.







A Look At Key Ingredients:

Turmeric/Ginger: A 2011 study outlined the multiple mechanisms by which turmeric and ginger support healthy inflammatory levels in the body.

Source: Al-Suhaimi EA, et al. Physiological and therapeutical roles of ginger and turmeric on endocrine functions. Am J Chin Med. 2011;39(2):215-31.

Holy Basil: A study published in 2012 outlined Ursolic Acid's anti-inflammatory activity.

Source: Checker R, Sandur SK, Sharma D, Patwardhan RS, Jayakumar S, et al. (2012) Potent Anti-Inflammatory Activity of Ursolic Acid, a Triterpenoid Antioxidant, Is Mediated through Suppression of NF- B, AP-1 and NF-AT. PLoS ONE 7(2): e31318. doi:10.1371/journal.pone.0031318

Cranberry: Cranberry constituents demonstrate the capacity to support healthy inflammatory levels

Source: Seeram NP, Momin RA, Nair MG, Bourquin LD. Cyclooxygenase inhibitory and antioxidant cyanidin glycosides in cherries and berries. Phytomedicine.2001;8:362–9.

Supplement Facts

Serving Size 3 Capsules

Amount per Serving % D	aily Value	_
Vitamin C (as Ascorbyl Palmitate)	6 mg	10
Turmeric (<i>Curcuma longa</i>) Rhizome Extract (95% curcuminoids)	750 mg	**
FoodState* Cranberry (Vaccinium macrocarpon)	200 mg	**
Ginger (<i>Zingiber officinale</i>) Root Standardized Extract (5% gingerols)	200 mg	**
Holy Basil (<i>Ocimum tenuiflorum</i>) Leaf Extract (Standardized to min. 2% Ursolic Acid)	200 mg	**
Black Cherry Extract	150 mg	**
Bioperine® Black Pepper Fruit		
Extract (Piper nigrum)	3 mg	**
* FoodState® Nutrients ** Daily Value not established		

Other Ingredients: Cellulose, Vegetable Lubricant, Silica, Guar Gum. **Suggested Use:** 3 capsules daily, or as directed by your healthcare practitioner.

Bioperine® is a Trademark of the Sabinsa Corperation. U.S. Patents #5,536,506,#5,744,161,#5,972,382, and #6,054,585



For more information, please call 888.309.5222 www.anovahealth.com

These statements have not been evaluated by the Food and Drug Administration.
 This product is not intended to diagnose, treat, cure or prevent any disease.

