# **Kidz Probiotic**

Easy to mix powdered formula perfect for kids

Normal microflora can be easily disrupted by cesarean section delivery, formula feedings, antibiotics, toxin exposure, and/or a poor diet. This beneficial blend of probiotics plays a vital role in supporting a child's healthy intestinal environment.

## **Product Highlights**

- A blend of 4 Lactobacillus and 4 Bifidobacterium species providing over
  20 billion cfu per serving
- 30 servings per container (1/8 tsp for children)
- Includes FOS (fructooligosaccharide, a "prebiotic," i.e., food for the probiotics) in the form of Jerusalem artichoke, a source of inulin
- No fillers

#### SUPPLEMENT FACTS

Serving Size 418.3 mg (app 1/8 tsp)

Amount Per Serving	% Daily Value
Tzyme™ Probiotic Blend	397 mg *
Bifidobacterium infantis	3 billion cfu *
Lactobacillus acidophilus	3.37 billion cfu *
Lactobacillus bulgaricus	1 billion cfu *
Lactobacillus plantarum	3 billion cfu *
Bifidobacterium breve	3 billion cfu *
Bifidobacterium lactis	3 billion cfu *
Lactobacillus salivarius	2 billion cfu *
Bifidobacterium bifidum	2.5 billion cfu *
Jerusalem Artichoke tuber	21 mg *
* Daily Value not established	

THIS PRODUCT HAS NO ADDED SUGAR OR ARTIFICIAL COLORS

#### **Clinical Applications**

- Difficulty swallowing pills
- Constipation
- Diarrhea
- Gas
- Cramping
- Digestive discomfort
- Bloating during meals
- Gl discomfort
- Lactose intolerance

### For Your Information

- Easily dissolves with little to no taste. Powder can be mixed with water, expressed breast milk, formula, juice, or solid food at room temperature as appropriate for the child. Mixing with a small amount of water, a paste can be created that can be put on the tongue or gums or dissolved in water and swallowed or administered with a medicine syringe.
- Store in the refrigerator to maintain potency (when traveling, pack only the amount needed; non-refrigeration is acceptable for this short period of time)
- Un-refrigerated probiotics do not go "bad," but they may lose some of their potency over time
- FOS may cause gas in some individuals

#### Dosage

- 1/8 tsp (1/2 scoop) mixed in a small amount of water or liquid in the morning or at bedtime
- More may be taken as needed for discomfort
- May be taken with antibiotics to help maintain healthy balance

