



One Daily Cap

Comprehensive multivitamin with CoQ10

- 50 mg CoQ10 for cardiovascular support♦
- Antioxidants - lutein, zeaxanthin and astaxanthin
- One capsule daily for increased compliance

43004 - 60 capsules

Foundational Multivitamin

One Daily Cap is crafted exclusively with INNATE Response™'s select FoodState® whole-food nutrients, which have been combined with biologically active forms of vitamins and minerals. It is complimented with a clinically studied dose of Coenzyme Q10. One Daily Cap also contains the most well regarded amino acid, chelated minerals in the industry as well as an antioxidant profile containing lutein, zeaxanthin and astaxanthin.

This complete once daily formula is easily incorporated into a healthy diet as insurance against nutritional gaps. With its broad spectrum nutrient profile, FoodState whole-food nutrients, antioxidant profile and therapeutic dose of Coenzyme Q10, this dynamic formula is ideal for adults of all ages.

Nutrient Deficiency Epidemic

Despite the abundance of foods in North America, nutritional deficiencies are still common. One can no longer rely upon the average standard American diet (SAD) as a means of achieving optimal vitamin and mineral intake. Besides the standard American diet, other reasons for nutritional inadequacies may stem from:

- malabsorption
- reduced intake
- less variety
- soil depletion from over farming
- increased demands from multiple stressors
- lower nutritional values in food from over processing

The Simple Solution

This nourishing once daily formula by INNATE Response is designed to promote general health & wellbeing of adults spanning from childbearing age to centenarians by providing critical vitamins and minerals with additional antioxidant protection.♦



One Daily Cap

A Look At Key Ingredients:

One Daily Cap provides all the vitamins and minerals as well as CoQ10 and the following nutrient profile.

Lutein: Linked with optimal skin and eye health, this antioxidant helps maintain skin elasticity and hydration associated with aging and UV damage.♦

Zeaxanthin: Like lutein, this is concentrated in the macula and is strongly linked to supporting vision health.♦ Zeaxanthin is a carotenoid providing a powerhouse of macular support.♦ Both Lutein and zeaxanthin also promote the natural filtration of the sun's UV light.

Astaxanthin: This bright red carotenoid with a large appetite for scavenging free radicals is found in marine algae. Studies reveal that astaxanthin may support healthy cholesterol levels and inflammatory responses as well as promote skin & vision, and support the immune system.♦¹

CoQ10: A natural antioxidant that maintains circulatory health and supports optimal functioning of the heart muscle.♦

TRAACS: This complex amino acid chelated mineral combination supports bone and muscle health and immune system function.♦

Sources:

1. P Kidd. Astaxanthin, cell membrane nutrient with diverse clinical benefits and anti-aging potential. Altern Med Rev. 2011 Dec;16(4):355-64.

MM Ciccone MM, et al. Dietary intake of carotenoids and their antioxidant and anti-inflammatory effects in cardiovascular care. Mediators Inflamm. 2013;782137.

H Yoshida H, et al. Administration of natural astaxanthin increases serum HDL-cholesterol and adiponectin in subjects with mild hyperlipidemia. Atherosclerosis. 2010 Apr;209(2):520-3.

S Ishida. Lifestyle-related diseases and anti-aging ophthalmology: suppression of retinal and choroidal pathologies by inhibiting renin-angiotensin system and inflammation. Nihon Ganka Gakkai Zasshi. 2009 Mar;113(3):403-22; discussion 423.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% Daily Value	
Vitamin A	2500 IU	50
(as betacarotene with mixed carotenoids & FoodState®)		
Vitamin C	100 mg	167
(as calcium ascorbate)		
Vitamin D3	1000 IU	250
(as cholecalciferol)		
Vitamin E (contains tocopherols d-alpha,d-beta, d-gamma, d-delta and tocotrienols, FoodState®)	30 IU	100
Thiamine B1	6 mg	400
(as thiamine HCl)		
Riboflavin B2	5.5 mg	324
(as riboflavin-5-phosphate)		
Niacin	10 mg	50
(as niacinamide)		
Vitamin B6	6 mg	300
(as pyridoxal-5-phosphate)		
Folate	400 mcg	100
(as FoodState®)		
Vitamin B12	500 mcg	8333
(as methylcobalamin)		
Biotin	300 mcg	100
(as FoodState®)		
Pantothenate	10 mg	100
(as d-calcium pantothenate)		

Amount per Serving	% Daily Value	
Iodine	150 mcg	100
(kelp)		
Zinc	15 mg	100
(as bisglycinate complex)		
Selenium	100 mcg	143
(as glycinate complex)		
Copper	500 mcg	25
(as TRAACS® glycinate chelate)		
Manganese ...	2.5 mg	125
(as TRAACS® glycinate chelate)		
Chromium	250 mcg	208
(as TRAACS® nicotinate glycinate chelate)		
Molybdenum	100 mcg	133
(as TRAACS® glycinate chelate)		
Boron	500 mcg	**
(as glycinate complex)		
CoEnzyme Q10	50 mg	**
(ubiquinone)		
Choline	25 mg	**
(as choline bitartrate)		
Astaxanthin	25 mcg	**
Lutein	25 mcg	**
Zeaxanthin	25 mcg	**

* FoodState® nutrients ** Daily Value not established

Other Ingredients: Cellulose, Ascorbyl Palmitate

FoodState Nutrient Sources: Broccoli, Brown Rice, Carrot,

Albion and TRAACS trademarks are used under license from Albion Laboratories, Inc.

