



Physician's Reference Manual

with

Product Guide & Repertory

Now with bonus sections

Mind & Body

and

C.H.E.S.S.

Contemporary Homeopathic
Enhancement Systems & Solutions

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What Is Homeopathy?

Homeopathy is a scientific system of health care that activates the body's own healing processes to cure disease naturally, gently, and promptly. Homeopathy is a natural pharmaceutical science that uses very small or infinitesimal doses of substances from the plant, mineral, and animal kingdoms to activate the body's healing response.

The word *homeopathy* is derived from the Greek "*homoios*," meaning similar, and "*pathos*," meaning suffering.

"Homeopathy is a highly developed health practice that uses a systematic approach to the *totality* of a person's health. Anyone seeking a fuller understanding of health and healing will find homeopathy extremely important and applicable."

~ Gay Gaer Luce, Ph.D., Two-time Recipient of The National Science



German physician and chemist Dr. Samuel Hahnemann founded the science of homeopathy in the late 1700s. While performing research on the toxicological effects of the medicines of his time, Dr. Hahnemann discovered that a specific dilution of a substance would remove the symptoms the same substance was capable of evoking. Through numerous experiments, he advanced the theory that "likes are cured by likes," and established what has become a verified law of pharmacology, the *Law of Similars*.

For example, if one drinks too much coffee, the mind races and prevents sleep, the nervous system becomes hypersensitive, and trembling may result. A specifically prepared dilution of coffee will gently and promptly reverse these types of symptoms.

Another example is seen in the symptoms caused by being exposed to sliced onions. The eyes may burn and water profusely, and the nose may run and sneezing may occur. These symptoms produced by sliced onions are very similar to those of hay fever. *Allium cepa*, Latin for red onion, is a powerful remedy when diluted and prepared using homeopathic principles.

You will also find application of the Law of Similars in genetics, physics, chemistry, and immunology. In physics, opposite poles of a magnet attract, while similar poles repel. By placing similar poles next to each other, a weakened magnet will be regenerated or restored through the Law of Similars.

A basic principle of solvent chemistry states that a substance will be a solvent to another substance when it has a similar type of molecular bond. It has to be either similarly polar or similarly apolar, for a substance to dissolve another substance. Immunology, of course, crudely applies the Law of Similars to activate antibody responses with small doses of allergenic substances.

“Homeopathy cures a larger percentage of cases than any other method of treatment, and is beyond all doubt safer, more economical, and the most complete medical science.” ~Mahatma Gandhi

Homeopathic Principles

Homeopathic remedies focus on the *whole* person and the body's own natural defense systems. Homeopathy recognizes the body's built-in capability to heal itself and maintain a healthy, vibrant state of well-being. Homeopathy teaches how disease symptoms represent the body's own intelligence, communicating via the sensory nervous system that it needs help. We can reinforce the body's efforts by administering very small or infinitesimal doses of a substance, which if taken in large quantities over a period of time, would produce the same symptoms as the disease.

The Law of Potentization - refers to the specific dilution procedure of homeopathic formulas. These specific dilution ratios with succussions or shaking are continued to various levels, called *potencies*. The lesser dilutions are known as low potencies, and the greater dilutions are known as high potencies. Higher potencies act deeper into the nervous system, therefore creating a more potent effect upon the body's natural healing responses.

Hering's Law of Cure - The Father of American homeopathy, Constantine Hering, M.D., was one of the first to observe specific ways that the healing process develops. He made three observations of the true healing process, which have been called “Hering's Law of Cure.” His three observations are as follows:

- 1) ***The human body seeks to externalize disease.*** One of the miraculous functions of the body is to move disease from more serious, internal levels, to more superficial, external levels. For example, during the homeopathic treatment process, a patient treated for allergies or asthma may develop a skin rash during the curative process. Someone with a deeper mental or emotional condition may commonly notice an improvement in their mental or emotional condition when physical symptoms occur. Most conventional medical treatments control or suppress the physical symptoms, thus possibly reactivating the patient's original condition. The human body is closely interconnected mentally, emotionally, and physically, and must be managed in this way.
- 2) ***Healing progresses from the top of the body to the bottom.*** A person with a skin rash or arthritis over their entire body may notice relief in the upper body before the lower body. Understanding this law of healing helps the physician differentiate a true cure from temporary relief, suppression, or a placebo response.
- 3) ***Healing proceeds in reverse chronological order of the appearance of symptoms.*** As healing progresses, a patient may sometimes re-experience symptoms that he or she previously suffered. This may occur when symptoms were conventionally suppressed and not treated with natural therapies.

In the past, many had difficulty understanding these laws; however, the power of minute quantities is all too well established in this nuclear age. Note: See the references in our *Research in Homeopathy* chapter for documentation of this and other phenomenon.

What Types of Diseases Does Homeopathy Address?

Homeopathy does not *treat* diseases: it activates the body's own healing processes at the physical, mental, and emotional levels. The range of problems homeopathy can be effectively used for is extensive and includes, first aid, acute illnesses, and all types of chronic conditions.

Research in Homeopathy

Whenever critics say that homeopathy has not been thoroughly researched, we can confidently inform them that they are not familiar with the scientific literature. The following summarizes a number of double-blind studies, including laboratory and clinical research. Homeopathy also has a most impressive accumulation of statistics acquired during the past 220 years.

In an age when allopathic medicines have a rapid turnover rate due to harmful side effects or ineffectiveness, homeopathy has withstood the test of time. As basic truths will always exist, so have the remedies of homeopathy. It should be known that in 1975, the U.S. Congress Office of Technology Assessment estimated that only 10-20% of all conventional medical practices have been shown to be efficacious in controlled trials.

Early Research

To the surprise of most, the first double-blind crossover study ever performed was done in 1906 by homeopaths. This impressive study was done concurrently in eleven different cities on 51 subjects. This particular experiment consisted of 665 pages, which contained research provings of Belladonna.

In addition, at the turn of the century, a book called *The Logic of Figures or Comparative Results of Homeopathic and Other Treatments* was published. This book provides dozens of charts comparing disease and death rates in homeopathic versus allopathic hospitals. This also included the epidemic diseases of scarlet fever, yellow fever, typhoid, etc. The homeopathic hospitals usually had 50-80% fewer deaths, depending on the disease compared.

The British government sponsored another early double-blind study during World War II. The experiment demonstrated that those who experienced mustard gas burns and were given homeopathic remedies experienced significant improvement, in comparison to those given a placebo. A 1982 review provided further substantiation of the statistical significance of this research.

Laboratory Evidence

The number one criticism of the scientific community has been the "infinitesimal" nature, or the dilution principle of homeopathy. Homeopaths do agree that once a remedy is diluted beyond 24X or 12C potencies, they are diluted beyond Avogadro's Number, 6.02×10^{23} , which theoretically indicates that no molecules of the original substance are present in the final remedy. However, both laboratory and clinical results over the last 200 years have demonstrated definite effectiveness with remedies beyond this dilution.

A recent Nuclear Magnetic Resonance NMR study of 23 different homeopathic remedies showed that all 23 remedies and potencies tested had distinctive readings of sub molecular activity, while the placebos did not. This demonstrates that homeopathy's function is not so much chemical as energetic.

Antiviral - A recent double-blind study has shown the antiviral effects of homeopathic remedies. Eight of the ten remedies tested inhibited viruses in chicken embryos from 50 to 100 percent, depending on the potencies used.

Heavy Metals - The respected journal, *Human Toxicology*, published a study showing homeopathic doses of arsenic eliminated crude doses of trapped arsenic previously fed to rats.

Lowered Serum Cholesterol - Four German scientists at a veterinary college showed homeopathic *Chelidonium* lowered serum cholesterol when given twice a day to rabbits on a cholesterol-rich diet.

Reduced Labor Problems - British veterinarian, Christopher Day, conducted several pilot studies demonstrating how homeopathic remedies reduced labor and mastitis problems in cattle, and stillbirths in pigs.

Pain Control - Scientists at a British school of pharmacy found rodents given *Hypericum* were able to inhibit pain response by remaining on a hot plate longer than the control group. When given Naloxone, which inhibits pain-killing endorphins, the protective effects of *Hypericum* were reduced, showing homeopathic *Hypericum* activates endorphins when needed. These rodents were free to walk off the hot plate whenever discomfort was noticed.

Allergies - Homeopathic *Apis* and *Histamine* have a significant effect on reducing the release of certain allergy-causing chemicals from basophiles, which demonstrate one reason for homeopathy's positive effects on allergies.

In 1994, the internationally respected medical journal, *The Lancet*, published a study by David Reilly, M.D., demonstrating effective homeopathic treatment of allergic asthma.

Improved Immune Function - A respected pharmacology journal showed that homeopathic *Silica* had a significant effect on stimulating macrophages in mice, which destroy foreign particles, bacteria, and old cells.

Rheumatoid Arthritis - The British *Journal of Clinical Pharmacology* published a double-blind experiment on patients with rheumatoid arthritis. An impressive 82% of those given a homeopathic medicine experienced some relief of symptoms, while only 21% of those given a placebo experienced some similar degree of improvement.

Dental Neuralgia - Another double-blind trial was conducted on patients with dental neuralgic pain following tooth extraction. An impressive 76% of those given the homeopathic medicine *Arnica* and *Hypericum* experienced pain relief.

Vertigo and Nausea - The respected German *Pharmacological Journal* demonstrated a statistically significant improvement in reducing vertigo and nausea with a homeopathic combination formula.

Reduced Labor Times and Complications - French researchers recently completed a double-blind trial using a homeopathic formula to treat pregnant women. The study found this homeopathic formula reduced labor time and decreased abnormal labor. The average labor time of the women given the homeopathic formula was 5.1 hours, while the placebo group was 8.5 hours. Only 11.3 % of the women given the homeopathic formula had any abnormal labor, while 40% of the placebo group had an abnormal labor.

Childhood Diarrhea - A study published in the May 1994 issue of *Pediatrics* showed the effectiveness of homeopathy in treating childhood diarrhea. The study, conducted by Jennifer Jacobs, M.D., was a randomized double-blind clinical trial comparing homeopathic medicine with placebo in treating acute childhood diarrhea.

Homeopathic Growth Statistics

The F.D.A. Consumer, one of our government's magazines, reported the sales of homeopathic medicines increased 1000% from the late 1970s to early 1980." March 1985.

A recent survey of French doctors revealed approximately 11,000 physicians use homeopathic medicines. As of the last official count, 20,000 French pharmacies now sell homeopathic medicines. This survey also stated six medical schools offer courses in homeopathy leading to a degree. Homeopathy is also taught in all pharmacy schools and four veterinary schools.

Homeopathy is growing so rapidly in France that a recent cover story of *Le Nouvel Observateur*, one of France's leading magazines, noted that President Mitterrand and six medical school deans called for more research on homeopathy.

Homeopathy has received much attention in the popular and scientific press. *Newsweek*, *Time*, "The Today Show," "CBS Morning News," *New York Times*, *Los Angeles Times*, *Boston Globe*, UPI, AP, and National Public Radio are some of the media who have recently done one or more stories on homeopathy.

In 2006, the Swiss government concluded a multi-year, meta-study of the effectiveness and safety of homeopathy. Their findings verified homeopathic treatment has proven to be one of the safest and most cost-effective forms of health care known. They have since included homeopathic coverage in their national health insurance program.

The Washington Post, April 28, 1983, reported the number of physicians practicing homeopathy doubled from 1980 to 1983.

The New York Times, January 9, 1985, reported the number of visits to homeopathic physicians in England is growing at an incredible 39% per year. *The London Times* March 13, 1985, noted 48% of the physicians in England recommend homeopathy to some of their patients.

Homeopathy is experiencing widespread popularity in Europe, but is even more popular in Asia, especially India, Pakistan, and Sri Lanka. Homeopathy has spread like wildfire in India due to its effectiveness in treating acute infectious conditions and chronic maladies on the subcontinent. Presently, there are more than 120 four to five-year homeopathic medical schools, and 100,000 homeopathic practitioners in India.

Homeopathy is also growing in South America, Mexico, Greece, Belgium, Italy, Australia, South Africa, Nigeria, and the Soviet Union.

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Solving Contemporary Health care Problems

Homeopathy is the second most widely used system of medicine in the world, the first being Chinese herbal medicine, due to China's large population. The growth in popularity of homeopathy in the United States has been around 25 to 50 percent per year for the last decade. This success is fueled by several factors:

- Homeopathy is extremely effective. When the correct remedy is taken, results can be rapid, complete, and permanent.
- Homeopathy is completely safe. Homeopathic remedies can also be taken with any other medication or supplements without producing unwanted side effects.
- Homeopathy works in harmony with your immune system, unlike most allopathic medicines, which suppress the immune system. For example, cough medicines suppress the cough reflex, which is your body's attempt to clear the lungs.
- Homeopathic remedies are not addictive – once relief is felt, you should scale back on the dosage until you no longer need the product. If no relief is felt, you are probably taking the wrong homeopathic remedy.
- Homeopathy is wholistic. It treats all the symptoms as one, which in practical terms means that it addresses the cause of imbalance, not just symptoms. This often means symptoms tackled with homeopathy do not recur.

The Difference Between Homeopathic, Herbal and Nutritional Products

Homeopathy functions very differently from other remedies such as herbs, vitamins, and minerals. Foods, herbs, vitamins, and minerals all need to be broken down by digestion, and require tremendous energy for their conversion into micronutrients the body can use. For many who are ill or nutritionally depleted, this expenditure of energy on the cellular level is either impaired or impossible.

To apply highly concentrated nutritional supplements or herbs under such circumstances may create complications, such as toxicity or hypersensitivity associated with overburdening stressed organs. Homeopathy avoids all possible complications, since homeopathic medicines provide their effect through highly diluted micro-constituents and pure energy, referred to as "**bioenergetic**."

The Bioenergetic Paradigm

While herbs, vitamins, and minerals work on a biochemical level to change or support body chemistry, homeopathy works on a bioenergetic level to balance our higher communication networks.

All body functions are controlled and coordinated through energetic communication networks, such as our nervous system. Every chemical within our body has a particular charge, which responds very specifically to our energetic control networks. By balancing our energetic communications with homeopathy, the roots of our biochemical functions can also be restored. The *bioenergetic* realm of life controls the *biochemical* realm of life.

We have found the easiest and most effective way to rebuild health is to first restore communication networks within the body. The deeper workings of homeopathy can make our other efforts to enhance health much simpler. In fact, homeopathy will empower the body to respond much more effectively to our efforts in building health. As the inner integrity of our health is restored with

homeopathy:

- ◆ Recurring health patterns will stabilize and correct.
- ◆ Good eating habits become more effective.
- ◆ Herbal and nutritional supplements become more effective.
- ◆ Exercise efforts become more effective.
- ◆ Our efforts to manage stress and think more positively become more effective.

As we grasp more completely the power of these healing principles, we are able to take on a greater level of authority and control in our health and become more successful stewards of our bodies. Thus, we will become more effective in our efforts to attain and maintain optimal health.

Bioenergetic principles in homeopathic medicines provide quick results – often within 30 seconds or just a few minutes. Once a homeopathic medicine is sprayed in the mouth, it is picked up by sublingual nerve pathways under the tongue. The unique healing powers of homeopathy are then transmitted at the average nerve speed of 200 mph throughout the body. Within 5 to 7 seconds, the healing and restorative messages of the homeopathic remedy reach all 100 trillion cells of the body!

Homeopathy works so deeply within the inner fabric of the human body, actual cures have taken place. Even inherited problems and weaknesses, called *miasms* in homeopathy, have well-documented cures. With homeopathy, we possess another tool to help stop the inheritance of genetic problems and weaknesses from being passed on to our offspring.

Summary

Homeopathy is a time-tested, safe, and effective form of health care. By incorporating it into your practice, your patients will benefit and your practice will grow as they spread the word. The King Bio® staff is here to answer your questions. We also offer training programs to help you become more proficient in using our advanced contemporary homeopathy formulas in your practice. We look forward to working in partnership with you!



The Powerful Benefits of SafeCareRx

SafeCare®Rx formulas are uniquely created to meet the needs of today's more complex and perplexing health care problems. Due to dramatic changes in disease patterns and our environment, **SafeCareRx** formulas offer effective solutions to these challenges. These formulations are designed for the majority of health problems you see in contemporary practice.

√ **Comprehensive, Quality Homeopathics - SafeCareRx** formulas are the result of the accumulated knowledge and research of many respected homeopaths and doctors who have many years of clinical experience.

The quality ingredients in our formulas are prepared from substances belonging to all three realms of nature - plant, mineral, and animal. The plant kingdom is the source of more than half of our remedies. Qualified specialists harvest plants in their natural habitat after passing a thorough botanical examination. All components are prepared in strict accordance with the Homeopathic Pharmacopoeia of the United States (HPUS) and current good manufacturing practices (cGMP) standards of excellence. Worldwide, Latin names are used for the specific identification of each homeopathic ingredient. Components from the plant kingdom are gathered according to specific procedures, such as harvesting a specific part of the plant at a specific season of growth (budding, flowering and so forth). This process is essential to provide the therapeutic quality of our formulas. The remaining substances come from the mineral kingdom, and a small number come from the animal kingdom.

√ **High-potency, broad-spectrum homeopathics -** In our **SafeCareRx** formulas, there are equal volumes of high-potency, broad-spectrum potencies or strengths in most ingredients: 10X, 30X, 100X, 1M, LM1, LM2 and LM3. In general, the lower 10X potency works at the more superficial levels of bodily function, such as skin and hair health. The middle potencies 30X and 100X work more in the realm of our glands and organs. The mental and emotional functions – even our genetic predispositions – are best enhanced with the higher 1M, LM1, LM2 and LM3 potencies. These potency ranges have been clinically proven to provide a higher percentage of results, faster results, and a higher percentage of actual cures with minimal aggravations or healing crises. Many companies only offer low potencies.

Making a homeopathic remedy is a very labor-intensive process. It actually takes 90 times the labor to make our 100X strength as it does to make a 10X strength, and a remarkable 990 times the labor to make 1M strength. **King Bio** finds it well worth this extra effort to provide superior results.

√ **Multiple Ingredients - SafeCareRx** formulas, on average, contain more than 16 different ingredients, each made in 5 to 7 high potencies (mentioned above), totaling more than 100 individually made ingredients in a single formula. This progressive formulating process provides a broader therapeutic spectrum that delivers powerful results. The **SafeCareRx** multi-ingredients, combined with the high, multiple potency process, provide faster, more effective results.

√ **Pure Water Base** - Working with hypersensitive people for nearly three decades we have developed the least allergenic base: WATER.



Our pure, water-based homeopathic line has **no alcohol, sugar, dairy, gluten or glycerin**. **King Bio®** has developed a proprietary method of ultra-purification we call Bio-Energetically Enhanced™ water. In Dr. King's experience, this water is crucial to the advanced success of **SafeCareRx**, because it:

- Enables our formulas to be more resistant to possible antidotes such as low-level radiation, X-rays at airports, strong aromatics, and chemicals;
- Allows us to include more ingredients and more potencies in our formulas, resulting in a broader therapeutic spectrum; and
- Provides better absorption, utilization and therapeutic potential.

√ **Safety** - Especially important to SafeCareRx is the safety of our clients and patients. Everyone from newborns to the elderly can safely use these medicines. They complement any procedural system, nutritional and herbal remedies, or conventional drugs and medical procedures.

There are:

- ◆ No known negative side effects
- ◆ No contraindications
- ◆ No known reactions with other drugs
- ◆ No known allergic reactions
- ◆ No toxic chemical poisoning potentials
- ◆ No addictive or habit-forming properties

√ **Fast Acting** - Symptomatic improvement can often be noticed within **30 seconds** or just a few minutes. Homeopathy's unique absorption into the sublingual nerve pathway is the fastest delivery known.

√ **Easy-to-Use** - Our one-handed, medically metered pump spray is the fastest, easiest, and most accurate dosage delivery system available. SafeCareRx bottles conveniently fit into a pocket or purse for easy travel. No more opening and closing bottles, no measuring, no spilling, no more fumbling with blister packs or eyedroppers, no touching, no contamination, no antidoting, and no problems taking SafeCareRx formulas.

√ **Long Shelf Life** - All SafeCareRx formulas will retain full potency for a period of at least three years.

√ **Environmentally Friendly** - **King Bio** uses recyclable bottles that are made of the highest quality, BPA-free, PET #1 plastic, which is not associated with potential leaching into the product. SafeCareRx formulas are ecologically designed for our health, as well as our environment. PET plastics require less energy and are more economical and ecological to make and recycle than glass.

√ **Credibility** - Natural homeopathic medicines have become the first of all natural remedies to be recognized by the FDA as a drug product. SafeCareRx formulas offer a safe and natural solution

backed by science, clinical experience, and most importantly, the tests of time and adversity. All **SafeCare®Rx** formulas are carefully prepared according to the quality standards of the Homeopathic Pharmacopoeia of the United States (HPUS). The federal Food, Drug, and Cosmetic Act (FDCA), the U.S. legislation that officially classifies and defines all drugs and recognizes the HPUS. Since 1989, **King Bio®** has operated as an FDA-registered natural pharmaceutical manufacturer, operating in accordance with current FDA good manufacturing practices (cGMP). A National Drug Code (NDC) number has been assigned to each SafeCareRx formula.

√ **Synergy** – Our unique formulation process allows us to offer products with a greater degree of effectiveness than ordinary homeopathic remedies. Our proprietary research has allowed us to develop synergistic formulas where the total effect is truly greater than the sum of the parts.

SafeCareRx formulas work on the whole person at all levels of life: physically, mentally, and emotionally. Other benefits your clients or patients may experience include:

- ◆ Increased vitality and alertness
- ◆ Better sleep and peacefulness
- ◆ Increased sense of physical, mental, and emotional well-being

Finding the Right Formulas

Homeopathy is a highly individualized healing art, and to discover its broad spectrum of therapeutic potentials, you need a way of discerning which remedies support the healing process. The practitioner must have an insightful and open approach that seeks to deeply explore all possible causes, or *simillimums*, and the corresponding products which match those symptoms. Diligence in seeking and finding all the necessary homeopathic remedies is the key to optimal success.

Our **Physician's Reference Manual** has a **Product Listing**, **Product Descriptions**, and **Repertory** to help you discover the potential formulas for each individual case.

The individual product descriptions display therapeutic actions on the body in the “**Indications for Use**” and “**Remarks**” sections. While you are reviewing specific symptomatic patterns with the patient/client, specific formulas will come to mind to test or try. Each product description also has a “**Complementary Formulas**” section. This section lists the formulas in descending order of importance based on the amount of positive responses Dr. King and other physicians have found in their practices. The **Repertory** offers a thorough A-Z listing of health problems/conditions with a priority list of SafeCareRx formulas to consider. In addition, the **Contemporary Homeopathic Enhancement Systems & Solutions (C.H.E.S.S.)** chapter, with accompanying forms, will teach you how to use a Personal Health Appraisal and History along with various testing techniques for finding the correct formulas.

Indications for use on each SafeCareRx bottle may suggest the obvious formula for symptoms; however, because our bodies are unique, the underlying causes of the same health condition between two individuals with similar symptoms may be different, requiring different SafeCareRx formulas.

For example, Dr. Johnson has two patients, John and Rick. Both have congestion, sneezing, and headaches. In reading the indications for use, both are given **Allergy/Hay Fever Reliever**. John

receives quick relief and his symptoms greatly diminish within 12 hours, suggesting that healing is taking place. Rick, however doesn't make the same improvement. Dr. Johnson then looks at the SafeCareRx **Complementary Formulas** listed under **Allergy / Hay Fever Reliever**. **Constitutional Enhancer is listed first**, since 60% of the population has responded favorably to that formula. **Sinus Relief** is listed next in order of priority. Dr. Johnson gives Rick the **Sinus Relief formula**, and substantial relief is gained within hours.

Following through with this procedure is key to finding the missing pieces to your patient's health. The degree to which you follow through will determine your level of success in overcoming the difficult or resistant problems. In addition, Bio Response Testing (BRT), covered in the **C.H.E.S.S.** chapter, provides powerful tools for discerning the appropriate formulas that your patient may require.

The SafeCareRx **Constitutional Enhancer and miasm formulas** can also enhance the body's inner healing abilities. Always consider **Constitutional Enhancer** or one of the miasm formulas as a foundational base to enhance the symptom-specific formulas for optimal results. *(For more detailed information about Miasms see the "Constitution" category of products and the accompanying article by Dr. King.)*

The formulas in the Cleansing & Detox category are often used to alleviate common roadblocks to health. SafeCareRx formulas should be checked regularly during the treatment process. The practitioner that focuses on the whole person will commonly apply between 5 to 15 formulas during a 12-month period treatment time frame to maximize their patient's healing process.

Between the **Physician's Reference Manual**, our comprehensive **Personal Health Appraisal (P.H.A.)**, and our testing procedures, you will be well-equipped to manage the great majority of chronic recurring health problems perplexing our society today. In addition, the procedures covered in the **C.H.E.S.S.** chapter will assist you in developing the knowledge and experience for gaining optimal success. These contemporary approaches include breakthroughs in protocols and procedures to dynamically equip you with the ability to communicate directly with the body. When you can discern which homeopathic formulas to choose for your patients or clients, you can bring an enhanced level of care to them and your practice.

DOSAGE: Be Flexible to Be Successful!

Since the body has unique requirements, optimal dosages can vary with each individual. In general, using **3 sprays, 3 times per day (one adult dose), is a 35-day supply in a single bottle**. Although patients may start with a dosage more frequent than 3 times a day, they will lessen the dosage as symptoms improve, and finish with a dosage of less than 3 times a day. There is no need to be concerned about excess dosing producing any toxic side effects. The important thing is to establish the appropriate dose until results occur and vary the dose according to symptomatic change.

If there are no results, gradually increase the dose **frequency** until symptoms begin to clear. As symptoms do begin to clear, reduce the frequency accordingly.

SafeCareRx formulas are **designed to correct the underlying causes** behind the health problems.

Depending on the conditions, if no changes occur within a few days to a few weeks:

- Try another related SafeCareRx formula. Related formulas can be found in this manual's Product Listing under each formula and in the Repertory section near the back of the book, alphabetically.
- **King Bio** offers free consultation services that are available from 8:30 a.m. – 5:00 p.m. EST to **health care professionals at 866-298-2740.**

For best results, take doses anytime between meals, at least 10 minutes or more before or after eating, drinking, or brushing teeth. Whenever possible, allow a few minutes between doses when taking more than one SafeCareRx formula at a time. Bio Response Tests (BRT) can help you to discern which formulas can be taken together and which products to take separately. Please refer to our C.H.E.S.S. Chapter for more information on Bio Response testing. There is no risk of overdosing.

Note: Taking more than the recommended dosage at one time will not add additional therapeutic value. Increasing the frequency of the dosage will add therapeutic value.

How Soon Can Results Be Expected?

In acute conditions, the appropriate remedy can act within minutes. It is common to see a child who is screaming in pain with an earache drop off to sleep one to two minutes after a dose of the appropriate remedy. Results can be slower in chronic conditions.

Roughly, for every year of illness, it may take a month of treatment and multiple formulas to receive maximum results.

Though astounding improvements often take place, do not be discouraged if instant improvements do not occur in chronic or long-term conditions. In the chronically ill and hypersensitive patient, the vitality of a person needs to be first strengthened. There may even be a slight chance of temporary worsening of symptoms. This is usually short-lived and followed by improvement.



Usage Chart

Dr. King has worked with thousands of patients, and in his clinical experience, has found the following usages helpful for SafeCareRx products.

<p>Standard (mild, long-term, or chronic symptoms)</p> <p>3 times daily</p>	<p>Acute (intense symptoms)</p> <p>4-8 times daily</p>	<p>Crisis or First Aid (severe symptoms)</p> <p>Every 10 minutes for the first hour</p>
<p>Child's daily dosage (age 2-12) is 2 pump sprays, 3 times a day.</p> <p>Adult's daily dosage is 3 pump sprays, 3 times a day.</p> <p>Symptomatic improvement may be noticed within 30 seconds to just a few minutes.</p>	<p>Child's daily dosage (age 2-12) is 2 pump sprays, 4-8 times a day.</p> <p>Adult's daily dosage is 3 pump sprays, 4-8 times a day.</p> <p>Long-term problems may display acute flare-ups that require more frequent dosages. Once symptoms subside, return to the standard daily dose as needed.</p> <p><i>(If no change is noticeable within 1-2 days, consider other related remedies.)</i></p>	<p>Child's daily dosage (age 2-12) starts at 2 pump sprays, every 10 minutes, until symptoms improve.</p> <p>Adult's daily dosage starts at 3 pump sprays, every 10 minutes for the first hour, until symptoms improve. <i>(If no change occurs seek another remedy.)</i></p> <p>Slowly reduce frequency as symptoms continue to clear.</p> <p>Example: one dose every 10 minutes, then every 30 minutes, then every hour or two.</p> <p>Once symptoms subside, return to the standard daily dose as needed.</p>
<p>Examples of symptoms: Arthritis pain, allergies, backaches, detox, miasms, general recurring problems, and constitutional support.</p>	<p>Examples of symptoms: Hay fever, sinus pain, back pain, colds, flu, cough, mood changes, smoke control, appetite control, and stress.</p>	<p>Examples of symptoms: Injury with severe pain, migraines, minor asthma attacks, colic, fever, earaches, insect bites, emotional traumas, minor burns, and bee stings.</p>

PRODUCT DESCRIPTIONS

by category

ALLERGY

Allergies/Hay Fever Reliever

Indications for Use: For fast relief of allergy and hay fever symptoms: nasal and sinus congestion, runny nose, sneezing, cough, sore throat, red, itchy or watery eyes, bronchial irritation, postnasal drip.

Remarks: Helpful in a broad range of allergies and allergy associated conditions.

Complementary Formulas: Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Allergy/Hay Fever Reliever Ingredients: Allium cepa • Ambrosia • Arsenicum album • Arum triphyllum • Arundo mauritanica • Euphrasia offinalis • Naphthalinum • Natrum muriaticum • Sabadilla • Wyethia helenioides. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Allergies: Animal Hair & Dander

Indications for Use: For relief of symptoms associated animal hair, feathers and dander such as: skin irritations, respiratory difficulties, congestion, sinusitis, runny nose, itchy, watery eyes and sneezing.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Animal Hair & Dander Ingredients: Aralia racemosa • Arsenicum album • Histaminum hydrochloricum • Nux vomica • Oleum animale • Phosphorus • Silicea • Sulphur. *Each ingredient is in 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Dairy

Indications for Use: For fast relief of symptoms from dairy allergies cow & goat or lactose intolerance: mucous congestion, sinusitis, runny nose, heartburn, earaches, skin irritations, diarrhea, fatigue, mood swings, and constipation.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Dairy Ingredients: Aethusa cynapium • Anacardium orientale • Apium graveolens • Calcarea carbonica • Gambogia • Histaminum hydrochloricum • Hydrastis • Lac defloratum • Lac vaccinum • Pulsatilla • Sepia • Sulphur. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Dust, Mite & Roach

Indications for Use: For temporary relief of symptoms related to dust mites and roaches: skin irritations, congestion, sneezing, minor respiratory difficulties, itchy, watery eyes, muscle and joint pain, coughing.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies Dust, Mite & Roach Ingredients: Aralia racemosa • Blatta americana • Blatta orientalis • Chelidonium majus • Hydrastis canadensis • Linum usitatissimum • Phosphorus • Sulphur • Trifolium pratense. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Eggs & Meats

Indications for Use: For symptoms of exposure from eggs and meats: eczema, hives, minor respiratory difficulties, nausea, diarrhea, and headache.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Eggs & Meats Ingredients: Calcarea carbonica • Causticum • Chloramphenicol • Colchicum • Gambogia • Histaminum hydrochloricum • Hydrastis • Ichthyolum • Lecithin • Ova tosta • Ovi gallinae pellicula • Pulsatilla • Pyrogenium (14X, 24X, 30C). *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies, except as otherwise noted.*

Allergies: Food Chemicals

Indications for Use: Temporarily relieves symptoms of food & chemical allergies: gas & bloating, headaches, mucous congestion, mild swelling, sensitivity to smell, mood swings, difficulty thinking, irritability, itchiness.

Remarks: When dealing with environmental problems, this product may be only one piece of the health puzzle requiring a number of other formulas.

Complementary Formulas: Constitutional Enhancer • Chronic Viro Reliever • Acute Viro Reliever • Bacterio Reliever • Acid Clenz • ICV Clenz • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Swollen Glands Relief • Addictaplex • Smoke Control

Allergies: Food Chemicals: Allium sativum • Anacardium orientale • Apis mellifica • Gambogia • Mercurius solubucus • Natrum carbonicum • Nitricum acidum • Nux vomica • Phosphorus • Pulsatilla • Sulphur. *Each ingredient is in 10X, 30X, 100X, 1M, LM1, LM2, and LM3.*

Allergies: Fragrances & Phenolics

Indications for Use: For temporary relief of symptoms from fragrances, spices and phenolics: respiratory irritations, irritation of skin, eyes and mucous membranes, headache, mild depression, lethargy, nausea, and mood swings.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Fragrances & Phenolics Ingredients: Arsenicum album • Acetaldehyde • Balsamum peruvianum • Calcarea carbonica • Carboolicum acidum • Conium maculatum • Coumarinum • Crocus sativus • Histaminum hydrochloricum • Lachesis mutus • Lycopodium clavatum • Phosphorus • Sepia. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Fruits & Vegetables

Indications for Use: For symptoms from fruits and vegetables: respiratory difficulties, skin irritations, congestion, headache, nausea, diarrhea or constipation, mood swings.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Fruits & Vegetables Ingredients: Aluminum metallicum, Arsenicum album, Bryonia, Colocynthis, Helleborus niger, Histaminum hydrochloricum, Hydrastis, Lachesis mutus, Lycopodium, Magnesia carbonica, Petroleum, Pulsatilla. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Grains & Gluten

Indications for Use: For symptomatic relief of exposure to grains and gluten: abdominal cramps, diarrhea or constipation, headache, skin irritations, nausea, indigestion, congestion, and sinusitis.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Grains & Gluten Ingredients: Arsenicum album • Bryonia • Histaminum hydrochloricum • Hydrastis • Lycopodium • Natrum muriaticum • Pulsatilla • Sabadilla • Secale cornutum • Sulphur. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Mold

Indications: For symptoms of: sinus congestion, muscle and joint pain, temporary anxiety and depression, difficulty breathing, skin irritations, fatigue, headaches, and watery eyes.

Remarks: Prolonged exposure to molds has been shown to increase the chances of developing asthma, type 1 diabetes, and chronic fatigue syndrome. This formula may be helpful in cases of candida overgrowth.

Complementary Formulas: Allergies: Regional Formulas • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Head Colds Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief

Allergies: Mold Ingredients: Arsenicum album • Baptisia tinctoria • Chloramphenicolium • Echinacea • Elaeis guineensis • Hydrastis canadensis • Mercurius solubilis • Myrrha • Nasturtium aquaticum • Nux vomica • Phosphorus • Phytolacca decandra • Pulsatilla • Ricinus communis • Sepia • Xanthoxylum fraxineum. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Nightshades

Indications for Use: For symptoms from potatoes, tomatoes, peppers and other nightshade foods: joint pain and stiffness, headaches, dizziness, diarrhea, mild depression, nausea, skin irritations.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Nightshades Ingredients: Aluminium metallicum • Arsenicum album • Belladonna • Histaminum hydrochloricum • Hydrastis canadensis • Mandragora • Nux vomica • Phosphorus • Pulsatilla • Solaninum • Solanum mam • Solanum nigrum. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Nuts & Seeds

Indications for Use: For temporary relief of symptoms from nuts and seeds: minor respiratory difficulties, diarrhea, indigestion, headache, and sinus congestion.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Nuts & Seeds Ingredients: Adrenalinum • Chelidonium majus • Cucurbita pepo, seed • Histaminum hydrochloricum • Hydrastis canadensis • Ricinus communis • Sabadilla. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Allergies: Shellfish & Seafood

Indications for Use: For temporary relief of symptoms from shellfish and seafood: indigestion, diarrhea, nausea, sinus congestion, headaches, skin irritations, and abdominal cramps.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, Immune, Cleansing & Detox categories should be considered.

Allergies: Shellfish & Seafood Ingredients: Adrenalinum • Belladonna • Bromium • Carbo animalis • Colchicum autumnale • Colocynthis • Histaminum hydrochloricum • Hydrastis canadensis • Kali carbonicum • Lycopodium • Mercurius solubilis • Pulsatilla • Urtica urens. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Asthma Clear*

Indications for Use: For temporary relief of: minor shortness of breath, wheezing, tightness in chest, mucous congestion, bronchial irritation, pain due to cough.

Remarks: ***NOT a rescue inhaler and not intended as a substitute for standard medical care: intended to complement prescribed medication.** Can be helpful for adult or child onset asthma, as well as some allergies.

Complementary Formulas: Constitutional Enhancer • Allergy/Hay Fever Reliever • Fears & Nightmares • Lungs & Bronchial Relief • Stress Control • Allergies: Food Chemicals • Fear & Phobia • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Cough Control • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Sinus Relief • Smoke Control • Grief • Guilt

Asthma Clear Ingredients: Adrenalinum • Antimonium tartaricum • Aralia racemosa • Arsenicum album • Eriodictyon californicum • Eucalyptus globulus • Grindelia robusta • Ipecacuanha • Lobelia inflata • Natrum sulphuricum • Quebracho. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3.*

Regional Allergies: Desert U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For allergy symptoms commonly experienced in AZ, NM, and the desert areas of CA, NV and UT. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever •

Chronic Viro Reliever • Bactero Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Desert U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Alfalfa • Allium cepa • Ambrosia artemisiaefolia • Cortisone aceticum • Erechites hieracifolia • Erigeron canadensis • Euonymus atropurpureus • Euphrasia officinalis • Galphimia glauca • Histaminum hydrochloricum • Kali muriaticum • Mucosa nasalis suis • Natrum muriaticum • RNA • Sabadilla • Stramonium • Triticum repens. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Great Lakes U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For IL, IN, MI, OH, and WI. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Great Lakes U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Allium cepa • Ambrosia artemisiaefolia • Chelidonium majus • Chenopodium vulvaria • Cichorium intybus • Cortisone aceticum • Euphrasia officinalis • Galphimia glauca • Hedera helix • Histaminum hydrochloricum • Juglans cinerea • Kali muriaticum • Mucosa nasalis suis • Natrum muriaticum • Pulsatilla nuttalliana • RNA • Sabadilla • Teucrium scorodonia. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Hawaii U. S.

Indications for Use: For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, sinus, congestion, cough, stuffy nose, fatigue, itchy, irritated skin, hoarseness, and headache.

Remarks: In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergy & Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy Red Eye Relief • Allergy, Food & Chemical Relief • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Hawaii U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Allium cepa • Cortisone aceticum • Euphrasia officinalis • Galphimia glauca • Histaminum hydrochloricum • Kali muriaticum • Mucosa nasalis suis • Natrum muriaticum • RNA • Sabadilla. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Northeast U.S.

Indications for use: For temporary relief of symptoms: red, itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For CT, DC, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Northeast U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Agraphis nutans • Allium cepa • Collinsonia canadensis • Cortisone aceticum • Euphrasia officinalis • Galphimia glauca • Histaminum hydrochloricum • Kali muriaticum • Mucosa nasalis suis • Natrum muriaticum • RNA • Rumex crisp • Sabadilla • Salvia officinalis • Tanacetum vulgare • Trifolium pratense • Vinca minor. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Pacific U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For CA, NV, OR, WA. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz

Allergies Pacific U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Alfalfa • Allium cepa • Bellis perennis • Conium maculatum • Cortisone aceticum • Euphrasia officinalis • Equisteum hyemale • Fagopyrum esculentum • Galphimia glauca • Histaminum hydrochloricum • Kali muriaticum • Millefolium • Prunus spinosa • Mucosa nasalis suis • Natrum muriaticum • RNA • Sabadilla • Solidago virgaurea. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Plains U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For CO, IA, MN, MO, MT, NM, and WY. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Free... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Plains U.S. Ingredients: Absinthium • Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Allium cepa • Ambrosia artemisiaefolia • Caulophyllum thalictroides • Conium maculatum • Cortisone aceticum • Euphrasia officinalis • Fagopyrum esculentum • Galphimia glauca • Histaminum hydrochloricum • Kali muriaticum • Melilotus officinalis • Mucosa nasalis suis • Natrum muriaticum • RNA • Rumex crispus • Sabadilla • Secale cornutum. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Rocky Mountains U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For AZ, CO, ID, MT, NM, NV, OR, UT, WA, WY. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Freee... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Rocky Mountains U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Agrimonia eupatoria • Agrostemma githago • Allium cepa • Ailanthus glandulosus • Cortisone aceticum • Cynodon dactylon • Equisetum hyemale • Euphrasia officinalis • Galphimia glauca • Histaminum hydrochloricum • Kali muriaticum • Mucosa nasalis suis • Natrum muriaticum • Platanus • Populus candicans • RNA • Sabadilla • Solidago virgaurea. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Southern U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For AL, AR, DC, DE, FL, GA, KY, LA, MD, MS, NC, SC, TN, VA, WV. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy & Red Eye Relief • Allergies: Food Chemicals • Yeast Freee... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Southern U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Allium cepa • Alnus serrulata • Carduus benedictus • Cichorium intybus • Cortisone aceticum • Dolichos pruriens • Euphrasia officinalis • Galphimia glauca • Histaminum hydrochloricum • Juglans cinerea • Kali muriaticum • Mucosa nasalis suis • Nasturtium • Natrum muriaticum • Rhus tox • RNA • Sabadilla • Sassafras officinale. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Regional Allergies: Southwest U.S.

Indications for use: For temporary relief of symptoms: itchy, watery eyes, sore throat, cough, runny nose, sneezing, congestion, headaches, hoarseness, and fatigue.

Remarks: For OK and TX. In some cases regional mixes from outside a patient's region may test positive.

Complementary Formulas: Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Sinus Relief • Allergy Red Eye Relief • Allergies: Food Chemicals • Yeast Freee... • Asthma Clear • Lungs & Bronchial Relief • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Cough Control • Acid Clenz • Snore Control

Regional Allergies: Southwest U.S. Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Adrenocorticotrophin • Allium cepa • Asarum canadense • Cortisone aceticum • Eupatorium aromaticum • Euphrasia officinalis • Fraxinus americana • Galphimia glauca • Helianthus annuus • Histaminum hydrochloricum • Juniperus virginiana • Kali muriaticum • Mucosa nasalis suis • Natrum muriaticum • Plantago major • RNA • Rumex crispus • Sabadilla • Senecio jacobaea. *Each ingredient is in equal volumes of 12X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

CANCER SUPPORT (CS)

CS-Bone

Indications for Use: For symptomatic relief of: headaches, vertigo, aversion to light, forgetfulness and confusion, brain fatigue, mental weakness, anxiety and fear, weight loss due to impaired nutrition.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to bone disease or bone cancer. This product is best used as a support for the relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • M3: Metabolic Mineral Metabolizer • Bone Strengthener • Calcium Metabolizer

CS-Bone Ingredients: Angustura vera • Asafoetida • Aurum metallicum • Calcarea fluorica • Calcarea phosphorica • Hydrofluoricum acidum • Kali iodatum • Mercurius vivus • Mezereum • Silicea • Symphytum officinale. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies in a pure water base.*

CS-Brain

Indications for Use: For symptomatic relief of: headaches, vertigo, aversion to light, forgetfulness, confusion, brain fatigue, mental weakness, anxiety and fear, weight loss due to impaired nutrition.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to brain disease or brain cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Sluggish Mind • Mood Changes • Burnout • Headache Freee... • Migraine Freee...

CS-Brain Ingredients: Arsenicum album • Arsenicum iodatum • Baryta carbonica • Calcarea carbonica • Carbo animalis • Kreosotum • Lachesis mutus • Phosphorus • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies in a pure water base.*

CS-Breast

Indications for Use: A natural aid for the relief of breast pain and swelling, enlarged glands, sore and inflamed nipples, lymphatic support, loss of strength, breast hardening, dull aching, sadness, discouragement, and indifference.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to breast cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Sluggish Mind • Mood Changes • Breast Cyst & Discomforts • Swollen Glands

CS-Breast Ingredients: Asterias rubens • Baryta iodata • Bellis perennis • Bromium • Carbo animalis • Clematis erecta • Conium maculatum • Graphites • Hydrastis canadensis • Phytolacca decandra • Plumbum iodatum • Silicea • Sempervivum tectorum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies in a pure water base.*

CS-General Support

Indications for Use: A natural aid for impaired nutrition, exhaustion, weakness, degenerative changes, nausea and vomiting, open wounds and parts that will not heal, enlarged glands, organ and tissue support, and fear and restlessness associated with cancer.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • Wounds Recovery

CS-General Support Ingredients: Arsenicum album • Asterias rubens • Calendula officinale • Cistus canadensis • Condurango • Conium maculatum • Galium aparine • Hoang-Nan • Hydrastis • Kreosotum • Mercurius vivus • Radium bromatum (12X) • Thiosinaminum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies in a pure water base, except as otherwise noted.*

CS-Lung

Indications for use: A natural aid for chronic cough, chest pain, bleeding of the lungs, shortness of breath, difficult respiration, hoarseness, recurring pneumonia.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to lung cancer. This product is best used as a support for the relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Blood & Kidney Detox • Chemo Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Egotistical • Grief • Guilt • Cough Control • Smoke Control

CS-Lung Ingredients: Acalypha indica • Aranea diadema • Arsenicum iodatum • Bromium • Bryonia • Chelidonium majus • Conium maculatum • Euphorbium officinarum • Methylene blue • Phosphorus • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CS-Lymph Hodgkin's

Indications for Use: A natural aid for the relief of general malaise, swollen and painful glands, a feeling of heaviness, swollen abdomen, nausea and vomiting, vertigo, and recurrent fever and sweats associated with lymphatic cancer or Hodgkin's.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to lymphatic cancer or problems with lymphatic health. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • Swollen Glands

CS-Lymph Hodgkin's Ingredients: Aconitum lycoctonum • Arsenicum iodatum • Aurum muriaticum • Baryta iodata • Calcarea iodata • Carbo animalis • Cistus canadensis • Conium maculatum • Hoang-Nan • Hydrastis canadensis • Iodium • Kali muriaticum • Mercurius iodatus flavus • Mercurius iodatus ruber • Natrum muriaticum • Phosphorus • Phytolacca decandra • Plumbum iodatum • Scrophularia nodosa. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CS-Ovary

Indications for Use: A natural aid for relief of painful ovaries and uterus, swollen glands, abdominal pain and pressure, cramping, delayed or scanty menses, digestive weakness, anxiety and fear, restlessness and irritability associated with ovarian disease or cancer.

Remarks: Consider for patients who are genetically predisposed to ovarian cancer or those who have recurrent problems with menstruation. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • FertiCare • GynePlex • Menstrual Cramps & Irregularities • Menopause

CS-Ovary Ingredients: Apis melifica • Arsenicum album • Aurum iodatum • Baryta muriatica • Colocynthis • Conium maculatum • Iodium • Lachesis mutus • Lycopodium clavatum • Oophorinum • Platinum metallicum • Podophyllum peltatum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CS-Pain Reliever

Indications for Use: For the relief of pain associated with cancer.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes

CS-Pain Reliever Ingredients: Apis mellifica • Arsenicum album • Calcarea acetica • Calcarea oxalica • Cedron • Conium maculatum • Echinacea purpurea • Euphorbium • Hydrastis • Ova tosta • Phosphoricum acidum • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CS-Rectal Bowel

Indications for Use: A natural aid for contractions and spasms, shooting pains, mucus, constipation, diarrhea, inflammation, burning and itching caused by rectal bowel problems or cancer.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to rectal cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • Constipation Relief • Diarrhea Relief • GallPlex • Heartburn Relief • Hemorrhoid Relief • Indigestion Relief • Nausea & Motion Sickness • ParaClenz • UlcerPlex

CS-Rectal/Bowel Ingredients: Alumina • Condurango • Hydrastis canadensis • Kali carbonicum • Nitricum acidum • Phytolacca decandra • Ruta graveolens • Sepia • Spigelia anthelmia. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CS-Skin

Indications for Use: A natural aid for the relief of itching, dry, rough, scaly skin, eczema and psoriasis, sensitive skin, wasting and weakness, poor digestion, anxiety and nervousness.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to skin cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • Skin Irritations & Itch Relief • Wart Freee...

CS-Skin Ingredients: Aceticum aceticum • Arsenicum album • Arsenicum iodatum • Condurango • Conium maculatum • Hydrastis canadensis • Kali arsenicosum • Kreosotum • Lycopodium clavatum • Phytolacca decandra • Silicea • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies in a pure water base.*

CS-Stomach

Indications for Use: A natural aid for abdominal pain and burning, nausea and vomiting, gas cramping and diarrhea, stomach distention, exhaustion and restlessness, impaired nutrition, and aversion to food.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to stomach cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • Constipation Relief • Diarrhea Relief • GallPlex • Heartburn Relief • Hemorrhoid Relief • Indigestion Relief • Nausea & Motion Sickness • ParaClenz • UlcerPlex

CS-Stomach Ingredients: Aceticum acidum • Arsenicum album • Cadmium sulphuricum • Condurango • Graphites • Hydrastis canadensis • Kali bichromicum • Magnesia phosphorica • Ornithogalum umbellatum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CS-Uterus

Indications for Use: A natural aid for the relief of abdominal distension, burning in uterus and ovaries, changes in menses, nausea and vomiting, apprehension and fear, loss of appetite, muscular weakness, and mental fatigue.

Remarks: Intended to complement, not replace, standard medical care. Consider for patients who are genetically predisposed to uterine cancer. This product is best used as a support for relief from pain during times of disease or malignancy.

Complementary Formulas: CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • Stress Control • Fear & Phobia • Good Mood Enhancer • Grief • Guilt • Sluggish Mind • Mood Changes • Feticare • GynePlex • Menstrual Cramps & Irregularities • Menopause

CS-Uterus Ingredients: Arsenicum iodatum • Aurum muriaticum • Bufo rana • Carbo animalis • Conium maculatum • Graphites • Hydrastis canadensis • Kreosotum • Lachesis mutus • Lapis albus • Murex purpurea • Phosphorus • Phytolacca decandra • Terebinthina. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CHILDREN

Attention & Learning Enhancement

Indications for Use: A natural aid for: slow or difficult comprehension, writing wrong words or syllables, over sensitivity, forgetfulness, lack of assertiveness, shyness, apprehension.

Remarks: Adults can commonly test on this product.

Complementary Formulas: Constitutional Enhancer • Sluggish Mind • Children's Growth • First Aid for Mind & Body • Stress Control • Sugar Metabolizer • Burnout • Appetite Enhancer • Acute Viro Reliever • Bactero Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • VaccinoClenz • Yeast Free...

Attention & Learning Enhancement Ingredients: Baryta carbonica • Calcarea carbonica • Ignatia amara • Lycopodium clavatum • Magnesia carbonica • Natrum carbonicum • Natrum muriaticum • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Bed Wetting Prevention

Indications for Use: For temporary relief of involuntary urination during sleep, urinary disturbances, and restless sleep.

Remarks: Can be helpful for adults with incontinence.

Complementary Formulas: Constitutional Enhancer • Urinary Tract Infections • Attention & Learning Enhancement • Children's Growth • Bladder Incontinence • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sugar Metabolizer

Bed Wetting Prevention Ingredients: Belladonna • Bellis perennis • Benzoicum acidum • Causticum • Equisetum hyemale • Lycopodium clavatum • Phosphorus • Plantago major • Rhus aromatica • Sepia. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Chicken Pox Symptom Relief

Indications for Use: For temporary relief of multiple symptoms: intense itching from skin rash and vesicles blisters, headache, fever, swollen glands, cough, sore throat, tummy ache, irritability, fatigue, restlessness, and loss of appetite.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • Yeast Free... • Allergy/Food and Chemical Symptom Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Chicken Pox Symptom Relief Ingredients: Aconitum napellus • Antimonium tartaricum • Apis mellifica • Belladonna • Croton tiglium • Echinacea • Graphites • Hepar sulphuris calcareum • Mentha piperita • Mezereum • Pulsatilla • Ranunculus bulbosus • Rhus toxicodendron • Silicea • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Children's Appetite & Weight Control

Indications for Use: Temporarily relieves symptoms contributing to: excess appetite, food cravings, slow metabolism, constitutional tendency to gain fat, cravings for sweets and starches, empty feeling in stomach, overeating.

Remarks: This is a very powerful and broad acting product for the multiple causes of obesity and general weight gain: stress eating, extreme voracious hunger, peculiar cravings, inherited/genetic causes of obesity, and a wide range of associated mental and emotional factors, such as: indifference to the way one looks or how they take care of themselves, aversion to work, exertion or exercise.

Complementary Formulas: Constitutional Enhancer • Burnout • Water Retention • AddictaPlex • Yeast Free... • Indigestion Relief • Appetite Enhancer • Jet Lag & Shift Change • Good Mood Enhancer • Mood Changes • Anxiety & Nervousness • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy, Food & Chemical Relief

Children's Appetite & Weight Control Ingredients: Adrenalinum • Adrenocorticotrophin • Agrimonia eupatoria flos • Anacardium orientale • Antimonium crudum • Calcarea carbonica • Castanea sativa flos • Cortisone aceticum • Fucus vesiculosus • Hypothalamus • Kali bichromicum • Oleander • Pituitarum posterium • Sabadilla • Staphysagria • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Children's Appetite Enhancer

Indications for Use: For temporary relief of: loss of appetite, no desire to eat, aversion to foods, inability to bear the sight or smell of food.

Remarks: Can help adults.

Complementary Formulas: Constitutional Enhancer • Attention & Learning Enhancement • Indigestion Relief • Colic Relief • Yeast Free... • Allergy/Food and Chemical Symptom Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Children's Appetite Enhancer Ingredients: Alumina • Antimonium crudum • Arsenicum album • Asarum europaeum • Baptisia tinctoria • Carboolicum acidum • Chininum arsenicosum • Coccus indicus • Lecithin • Picricum Acidum • Pulsatilla • Rhus toxicodendron • Silicea • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Children's Cough

Indications for Use: For temporary relief of minor cough symptoms from the common cold or inhaled irritants: dry or hoarse cough, tickling cough, cough from mucus drainage or throat irritation. **Note:** A persistent cough may be a sign of a serious condition. If cough persists for more than one week, tends to recur, or is accompanied by fever, rash or persistent headache, consult a health care professional.

Remarks: Some practitioners have found chronic coughs in children to be stress or emotionally related, so check those remedies when that may be a possibility. We received a testimonial from a doctor that the formula cleared his young child's chronic cough.

Complementary Formulas: Constitutional Enhancer • Cough Control • Colds & Flu • Sore Throat & Laryngitis • Swollen Glands Relief • Sinus Relief • Allergies: Food Chemicals • ParaClenz • Attention & Learning Enhancement • Allergy/Hay Fever Reliever • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Children's Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Influenza Multi-Strain Flu Medicine • Allergies Regional Formulas • Allergies: Mold

Children's Cough Ingredients: Aconitum napellus • Bromium • Coccus cacti • Corallium rubrum • Cuprum metallicum • Drosera rotundifolia • Hepar sulphuris calcareum • Iodium • Mephitis mephitica • Spongia tosta. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Children's Earache Relief

Indications for Use: For temporary relief of earache symptoms: ear pain, inflammation, fever, discharge, congestion, sensitivity to noise, throbbing, ringing, buzzing and humming.

Remarks: Can also help adults.

Complimentary Formulas: Constitutional Enhancer • Colds & Flu • Children's Fever Reliever • Swollen Glands Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy & Hay Fever Reliever • Allergies: Food Chemicals • Attention & Learning Enhancement • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • VaccinoClenz • Teething

Children's Earache Relief Ingredients: Aconitum napellus • Allium cepa • Apis mellifica • Belladonna • Calcarea carbonica • Capsicum annum • Causticum • Chamomilla • Dulcamara • Ferrum phosphoricum • Hepar sulphuris calcareum • Kali muriaticum • Mercurius dulcis • Mercurius solubilis • Plantago major • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Children's Fever Reliever

Indications for Use: For temporary relief of fever, sweats, chills, aches, nausea, lethargy, irritability, oversensitivity and restlessness.

Remarks: Does not contain aspirin or acetaminophen. Remember, homeopathy does not suppress symptoms. Although this product commonly works very quickly to eliminate fever, it does so by quickly activating the body's inner ability to more effectively correct the underlying causes behind the fever.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Chronic Viro Reliever • Acute Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • LymePlex • No Sweat Anti-Perspirant • Swollen Glands Relief • Influenza Multi-Strain Flu Medicine

Children's Fever Reliever Ingredients: Aceticum acidum • Aconitum napellus • Aesculus hippocastanum • Agaricus muscarius • Baptisia tinctoria • Belladonna • Bryonia • Chamomilla • Eupatorium perfoliatum • Ferrum phosphoricum • Gelsemium sempervirens • Pulsatilla • Rhus toxicodendron • Sambucus nigra • Sulphur • Veratrum viride. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Children's Growth

Indications for Use: A natural aid for: impaired growth weak muscular strength, loss of appetite, poor mineral absorption, nervousness, lack of focus, mental weakness, loss of confidence.

Remarks: May complement mental and emotional development.

Complementary Formulas: Constitutional Enhancer • Sporting Edge • Arthritis & Joint Relief • Male Strengthener • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Appetite Enhancer • Bone Strengthener • Calcium Metabolizer • Anti-Aging & Wrinkles for Men or Women • M3: Metabolic Mineral Metabolizer

Children's Growth Ingredients: Alfalfa • Avena sativa • Baryta carbonica • Baryta iodata • Baryta muriatica • Calcarea carbonica • Calcarea fluorica • Calcarea phosphorica • Lycopodium clavatum • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Colic Relief

Indications for Use: For temporary relief of: abdominal discomfort, pressure, and distention, spitting up, gas and bloating, cramping, pain, irritability, desire to be held constantly, weak digestion, and restless sleep.

Remarks: Can be helpful for adults. Can be emotional sensitivity, stress perceived from the environment or family members.

Complementary Formulas: Constitutional Enhancer • Tummy Aches • Indigestion Relief • Nausea & Motion Sickness • Blood & Kidney Detox • Liver Detox • Lymph Detox • UlcerPlex • Allergies: Food Chemicals • Diarrhea Relief • VaccinoClenz • ICV Clenz • First Aid for Mind & Body • Birth Ease • Newborn Tonic

Colic Relief Ingredients: Aethusa cynapium • Alumina • Belladonna • Borax • Chamomilla • Colocynthis • Dioscorea villosa • Ipecacuanha • Magnesia phosphorica • Natrum phosphoricum • Nux vomica • Plumbum metallicum • Pulsatilla • Senna • Silicea • Valeriana officinalis. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Newborn Tonic

Indications for Use: For temporary relief of symptoms: skin rashes, discoloration and minor skin problems.

Remarks: Can also help adults. If symptoms persist for more than 7 days, consult your health care professional.

Complementary Formulas: Constitutional Enhancer • VaccinoClenz • Skin Irritations & Itch Relief • GallPlex • ParaClenz • Acne Clear • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox • Poison Ivy & Oak Relief

Newborn Tonic Ingredients: Aconitum napellus • Bovista • Bryonia • Chamomilla • Cinchona officinalis • Lupulinum • Mercurius vivus • Myrica cerifera • Natrum sulphuricum • Phosphorus • Sepia. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Teething

Indications for Use: For temporary relief of teething pain, swelling gums, delayed teething, low grade fever, restlessness, heavy salivation, irritability, and the desire to be held constantly.

Remarks: Can help adults with minor tooth or gum problems.

Complementary Formulas: Constitutional Enhancer • Children's Fever Reliever • Teeth & Gum Formula • Children's Growth • Colic Relief • Calcium Metabolizer • First Aid for Mind & Body

Teething Ingredients: Agaricus muscarius • Belladonna • Calcarea carbonica • Calcarea phosphorica • Chamomilla • Ferrum phosphoricum • Kreosotum • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

TonsilCure

Indications for Use: For temporary relief of sore throat, inflammation, swollen glands, difficulty swallowing, associated fever, redness and burning, sensation of a lump in the throat, congestion, and mucus.

Remarks: May be used by adults.

Complementary Formulas: Constitutional Enhancer • Sore Throat & Laryngitis • Colds & Flu • Swollen Glands Relief • Children's Fever Reliever • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Attention & Learning Enhancement • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • VaccinoClenz • Yeast Free...

TonsilCure Ingredients: Ammonium muriaticum • Belladonna • Baryta carbonica • Calcarea phosphoric • Ferrum phosphoricum • Guaiacum • Kali muriaticum • Lycopodium clavatum • Mercurius solubilis • Phytolacca decandra • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Tummy Aches

Indications for Use: For symptomatic relief of: nausea, vomiting, faintness, aversion to food, stomach cramps, headaches, empty or sinking feeling, pale or sweaty skin.

Remarks: Can help adults.

Complementary Formulas: Constitutional Enhancer • Colic Relief • Nausea & Motion Sickness • Morning Sickness • Indigestion Relief • Appetite Enhancer • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • ParaClenz • Children's Fever Reliever • First Aid for Mind & Body • Swollen Glands Relief • Yeast Free... • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox

Tummy Aches Ingredients: Argentum nitricum • Bryonia • Cocculus indicus • Glonoinum • Lac defloratum • Petroleum • Staphysagria • Tabacum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CIRCULATION

ApoPlex

Indications for Use: A natural aid for symptoms associated with apoplexy: spastic muscles or confusion, red face, twitching and convulsions, spasms, paralysis of facial nerves, and numbness of limbs.

Remarks: Consider for stroke symptoms, or stroke recovery.

Complementary Formulas: Constitutional Enhancer • Artery/Cholesterol/BP • Stress Control • Nosebleed Relief • TremorPlex • Arthritis & Joint Relief • Sluggish Mind • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox

ApoPlex Ingredients: Arnica montana • Belladonna • Calendula officinalis • Causticum • Cocculus indicus • Glonoinum • Lachesis mutus • Plumbum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Artery/Cholesterol/BP

Indications for Use: For temporary relief of: rapid, feeble, or irregular pulse, palpitations, stiffening of arteries, dilated blood vessels, throbbing, cardiac weakness, irregular heartbeats.

Remarks: May be helpful for regulating blood pressure, and symptoms associated with common heart conditions.

Complementary Formulas: Constitutional Enhancer • Urinary Tract Infections • ApoPlex • Nosebleed Relief • Sluggish Mind • Heart Regularity • VeinoPlex • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Burnout • Attention & Learning Enhancement • Bio Reset/Jet Lag • Appetite Control • Weight Control • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • M3: Metabolic Mineral Metabolizer

Artery/Cholesterol/BP Ingredients: Aurum metallicum • Aurum muriaticum natronatum • Baryta carbonica • Baryta muriatica • Calcarea fluorica • Ceanothus americanus • Cholesterinum • Glonoinum • Plumbum iodatum • Strophanthus hispidus. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Heart Regularity

Indications for Use: A natural aid for cardiovascular nerve impulses.

Remarks: Can be helpful with lifelong arrhythmias.

Complementary Formulas: Constitutional Enhancer • Artery/Cholesterol/BP • ApoPlex • VeinoPlex • Stress

Control • Calcium Metabolizer • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Attention & Learning Enhancement • M3 Metabolic Mineral Metabolizer

Heart Regularity Ingredients: Apocynum cannabinum • Baryta carbonica • Cactus grandiflorus • Convallaria majalis • Digitalis purpurea • Gelsemium sempervirens • Glonoinum • Naja tripudians • Phosphorus • Spigelia anthelmia • Spongia tosta. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Nosebleed Relief

Indications for Use: For relief of nosebleeds commonly associated with irritations or strains, colds, coughing, sneezing or menses.

Remarks: Can be helpful for both children and adults. Also for nighttime nosebleeds.

Complementary Formulas: Constitutional Enhancer • VeinoPlex • Artery/Cholesterol/BP • Yeast Free... • ApoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox

Nosebleed Relief Ingredients: Ambrosia artemisiaefolia • Arnica montana • Bovista • Bryonia alba • Carbo vegetabilis • Ferrum phosphoricum • Hamamelis virginiana • Ipecacuanha • Mercurius vivus • Nitricum acidum • Phosphorus • Trillium pendulum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

VeinoPlex

Indications for Use: For temporary relief of discomforts associated with varicose veins: cramping in lower extremities, aching or soreness in limbs, enlarged veins, congested veins, and tiredness in legs.

Remarks: Consider for vascular headaches, hemorrhoids and general cardiovascular conditions.

Complementary Formulas: Constitutional Enhancer • Nosebleed Relief • Artery/Cholesterol/BP • ApoPlex • Back, Neck, Muscle & Joint Injuries • Heart Regularity • Hemorrhoid Relief • M3 Metabolic Mineral Metabolizer

VeinoPlex Ingredients: Aesculus hippocastanum • Arnica montana • Calcarea fluorica • Carduus marianus • Carbo vegetabilis • Collinsonia canadensis • Echinacea purpurea • Hamamelis virginiana • Lachesis mutus • Pulsatilla • Secale cornutum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

CLEANSING & DETOX

Acid Clenz

Indications for Use: A natural aid for symptoms of acid accumulations: headaches, numbness, sleeplessness, swelling joints, sensitivity to cold, swollen glands, exhaustion, burning pain in bones, leg cramps, acid stomach.

Remarks: Consider as a general pH balancer in both acid and alkaline imbalances.

Complementary Formulas: Constitutional Enhancer • M3: Metabolic Mineral Metabolizer • Calcium Metabolizer • Arthritis & Joint Relief • Headache Freee... • Migraine Freee... • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sporting Edge

Acid Clenz Ingredients: Argentum nitricum • Calcarea carbonica • Calcarea silicata • Calcarea sulphurica • Carbo vegetabilis • Natrum carbonicum • Natrum phosphoricum • Nux vomica • Robinia pseudoacacia • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Aller-Detox: Caffeine

Indications for Use: For temporary relief of symptoms of caffeine allergy, sensitivity or withdrawal: mood changes, hyperactivity, irritability, weak memory and concentration, anxiety, headaches, fatigue, muscle pain.

Remarks: Associated allergies and toxicities as a result of caffeine can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help potential allergy sensitivity.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories.

Aller-Detox: Caffeine Ingredients: Adenosinum cyclophosphoricum • Adrenalinum • Caffeinum • Chamomilla • Coffea cruda • Coffea tosta • Ephedra vulgaris • Ferrum metallicum • Ilex paraguariensis • Kali phosphoricum • Paullinia sorbilis • Saccharum officinale • Sterculia acuminata • Sulphuricum acidum • Thea sinensis. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Aller-Detox: Cosmetics & Household

Indications for Use: For temporary relief of symptoms from cosmetics and household chemicals: headaches, skin irritations, respiratory difficulties, body aches and pains, fatigue, difficulty sleeping, dizziness and nausea.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories.

Remarks: Associated allergies and toxicities as a result of cosmetics and household toxicity can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help eliminate potential allergy sensitivity.

Aller-Detox: Cosmetics & Household Ingredients: Adrenalinum • Anacardium orientale • Blatta orientalis • Formalinum • Fumaria • Glycerinum • Graphites • Magnesia muriatica • Natrum pyruvicum • Nitricum acidum • Pituitarum posterium • Phosphorus • Phytolacca • Pulsatilla • Sulphur. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Aller-Detox: Food Additives & Preservatives

Indications for use: For relief of symptoms from food additives and preservatives: gastrointestinal upset, hives, itching, nasal congestions, hyperactivity, muscle weakness, headaches, difficulty sleeping, irritability.

Remarks: Associated allergies and toxicities as a result of food additives and preservatives toxicity can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help eliminate potential allergy sensitivity as well as help eradicate possible toxicity.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories.

Aller-Detox: Food Add & Preservatives Ingredients: Formicum acidum • Gambogia • Natrum bicarbonicum

• Natrum nitricum • Natrum nitrosum 16X, 28X, 32C, LM1, LM2, LM3, LM5 • Natrum sulphuricum 16X, 28X, 32C, LM1, LM2, LM3, LM5 • Nux vomica • Phosphoricum acidum • Phytolacca decandra • Rosa canina • Saccharinum. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies, except as otherwise noted.*

Aller-Detox: Herbicides & Pesticides

Indications for use: For relief of symptoms associated with herbicide and pesticide exposure: headaches, physical or mental weakness, nausea, diarrhea, dizziness, respiratory difficulties.

Remarks: Associated allergies and toxicities as a result of pesticide and herbicide toxicity can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help eliminate potential allergy sensitivity as well as help eradicate possible toxicity.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories should be considered.

Aller-Detox: Herbicides & Pesticides Ingredients: Arsenicum album • Belladonna • Boricum acidum • Calcarea caustica • Carduus marianus • Chelidonium majus • Lycopodium clavatum • Nitricum acidum • Nux vomica • Phosphoricum acidum • Phytolacca decandra • Taraxacum officinale • Trifolium pratense. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies, except as otherwise noted.*

Aller-Detox: Indoor Pollution Control

Indications for Use: For relief of symptoms due to indoor air pollutants: breathing difficulties, eye, throat and lung irritation, mild depression, body aches and pains, fatigue, nausea, headaches.

Remarks: Associated allergies and toxicities as a result of indoor pollution can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help eliminate potential allergy sensitivity as well as help eradicate possible toxicity.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories should be considered.

Aller-Detox: Indoor Pollution Control Ingredients: Acetaldehyde • Ammonium causticum • Carboneum oxygenisatum • Chloroformum • Formalinum • Hydrastis canadensis • Glycyrrhiza glabra • Kali bichromicum • Lycopodium clavatum • Plumbum metallicum • Petroleum • Taraxacum. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Aller-Detox: Outdoor Pollution Control

Indications for Use: For relief of symptoms from outdoor air pollutants: headaches, eye, throat and lung irritation, nausea, breathing difficulties, fatigue, body aches and pains, mild depression.

Remarks: Associated allergies and toxicities as a result of outdoor pollution can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help eliminate potential allergy sensitivity as well as help eradicate possible toxicity.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories should be considered.

Aller-Detox: Outdoor Pollution Control Ingredients: Arsenicum album • Benzinum • Calcarea carbonica • Carbo vegetabilis • Carboneum oxygenisatum • Chlorinum • Chloroformum • Chromium oxydatum • Formalinum • Hekla lava • Hydrastis canadensis • Lycopodium clavatum • Manganum aceticum •

Manganum carbonicum • Mercurius vivus • Nitricum acidum • Phosphoricum acidum • Phytolacca decandra • Plumbum iodatum • Plumbum metallicum • Sulphur • Taraxacum. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Aller-Detox: Water Chemicals

Indications for use: For temporary relief of symptoms from pollutants and water treatment by-products: back and limb pain, headaches, constipation, dry mouth, swollen glands, colic, confusion, restlessness, indigestion, itchy skin, pain in eyes, ears, nose and throat.

Remarks: Associated allergies and toxicities as a result of water chemical toxicity can cause a broad spectrum of symptoms that may be difficult to connect. This product can be safely taken and/or tested to help eliminate potential allergy sensitivity as well as help eradicate possible toxicity.

Complementary Formulas: Check SafeCareRx products related to the specific symptomatic expressions. All products in the Constitution, and Cleansing & Detox categories should be considered.

Aller-Detox: Water Chemicals Ingredients: Alumina • Alumina silicata • Baryta carbonica • Bromium • Calcareo phosphorica • Chimaphila umbellata • Chlorinum • Ferrum phosphoricum • Hydrofluoricum acidum • Lemna minor • Nitricum acidum • Plumbum metallicum • Strychninum • Symphytum. *Each ingredient is in equal volumes of 12X, 24X, 30C, LM1, LM2, LM3, and LM5 potencies.*

Blood & Kidney Detox

Indications for Use: For symptoms associated with blood and kidney toxicity such as: exhaustion, restlessness, muscular soreness, sick feeling, bad breath, lack of appetite, mental confusion, desire for water, joint pains, dizziness, weak digestion.

Remarks: Detox products can trick you. Consider all the detox products for testing.

Complementary Formulas: Constitutional Enhancer • Urinary Tract Infections • All Cleansing & Detox Formulas can be complementary to all **SafeCareRx** homeopathics.

Blood & Kidney Ingredients: Arsenicum album • Baptisia tinctoria • Carbo vegetabilis • Chininum sulphuricum • Cinchona officinalis • Conium maculatum • Echinacea purpurea • Ferrum metallicum • Hydrastis canadensis • Kali chloricum • Mercurius corrosivus • Serum anguillae. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Chemo Clenz

Indications for Use: For relief of symptoms associated with chemotherapy or radiation therapy: nausea, vomiting, fatigue, reduced appetite, dry mouth, coated tongue, sensitivities to odor, light or noise.

Remarks: This formula is not a replacement for chemotherapy. It is designed to be used in conjunction with the best therapy determined by you, your prescribing physician and/or healthcare practitioner concerning your condition. This product is specifically designed to address the negative side effects of chemotherapy. Also consider for negative side effects of radiation therapy. Consider this product for sensitivities to electricity, cell phones, and other low level radiations, and for geopathic stress.

Complementary Formulas: Constitutional Enhancer • Nausea & Motion Sickness • Morning Sickness • Blood & Kidney Detox • Liver Detox • Lymph Detox • Arthritis & Joint Relief • Indigestion Relief • Fever Reliever

ChemoClenz Ingredients: Arsenicum album • Cadmium sulphuricum • Ipecacuanha • Nux vomica • Phosphoricum acidum • Phosphorus • Strontium carbonicum • Tabacum • Uranium nitricum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

EMF Detox

Indications for use: For temporary relief of fatigue, headaches, nausea, vomiting, skin and eye irritations, rashes, ulcerations, loss of hair, reduced appetite, coated tongue, toxic or metallic taste, lung congestion, weakness, difficulty breathing, anxiety, aches and pains, burning and itching of ears nose or throat.

Remarks: Check this product with everyone, both children and adults, because of the broad exposure to electromagnetic frequencies in our environment, the elusiveness of the symptoms, and the ability to accurately test for the toxic effects from that exposure.

Complementary Formulas: Constitutional Enhancer • M3: Metabolic Mineral Modulator • All Cleansing & Detox formulas can be complementary to all SafeCare®Rx formulas, especially in chronic conditions.

EMF Detox Ingredients: Adrenalinum • Argentum iodatum • Cadmium sulphuricum • Capsicum • Fucus vesiculosus • Iodium • Kali iodatum • Ledum palustre • Lycopodium clavatum • Phosphoricum acidum • Phosphorus • Pulsatilla • Radium bromatum 12X • Strontium carbonicum • Thyroidinum • Uranium nitricum • X-Ray (8X). *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies, except as otherwise noted.*

Heavy Metal Detox

Indications for use: For symptomatic relief of heavy metal toxicity, such as: fatigue, metallic taste in mouth, poor digestion.

Remarks: Check this product with everyone both children and adults because of the broad exposure to metals the elusiveness of the symptoms, and the ability to accurately test for toxic levels.

Complementary Formulas: Constitutional Enhancer • M3: Metabolic Mineral Modulator • All Cleansing & Detox formulas can be complementary to all SafeCare®Rx formulas.

Heavy Metal Detox Ingredients: Alumina • Arsenicum album • Arsenicum iodatum • Berber vulgaris • Cadmium sulphuratum • Chelidonium majus • Chromium oxydatum • Cuprum metallicum • Cysteinum • Glycerinum • Glycyrrhiza • Kali muriaticum • Magnesia sulphurica • Mercurius corrosivus • Mercurius cyanatus • Mercurius dulcis • Mezereum • Natrum muriaticum • Niccolum metallicum • Oleum morrhuae • Phytolacca decandra • Plumbum metallicum • Plumbum iodatum • Selenium metallicum • Solidago virgaurea • Stannum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, LM3 and LM5 potencies.*

ICV Clenz

Indications for Use: For fast relief of ileocecal valve symptoms: sensitivity, pain or pressure in lower right abdomen, dark circles around eyes, bad breath, toxic taste in mouth, ringing in the ears, toxic intestinal irritations.

Remarks: ICV stands for Ileo-Cecal Valve. This valve is between the small and large intestine. When irritated or inflamed the valve spasms open causing toxins and waste product to back up into the small intestine and absorb into the body. This can cause a broad spectrum of symptoms including immune problems, low back pain and reproductive problems. Note: Consult a physician for any severe abdominal pain.

Complementary Formulas: Constitutional Enhancer • Constipation Relief • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Heartburn Reliever • Allergies: Food Chemicals • GallPlex

ICV Clenz Ingredients: Antimonium crudum • Arsenicum album • Cinchona officinalis • Colocynthis • Gambogia • Gentiana lutea • Magnesia phosphorica • Natrum sulphuricum • Nux vomica • Phosphorus. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Liver Detox

Indications for Use: Aids the normal processes of liver detoxification and drainage. For temporary relief of: bloated abdomen, sore, painful, swollen liver, jaundiced skin, listlessness, constipation often alternating with diarrhea, hard, yellow or pasty-colored stools, lactose intolerance, pain and griping in the umbilical region, lack of appetite, emaciation, dull headache, bitter or bad taste in mouth.

Complementary Formulas: Constitutional Enhancer • All Cleansing & Detox Formulas can be complementary to all SafeCare®Rx formulas.

Remarks: Detox products can trick you. Consider testing all the detox products to find the ones needed.

Liver Detox Ingredients: Arsenicum album • Baptisia tinctoria • Berberis vulgaris • Bryonia • Carduus marianus • Chelidonium majus • Chionanthus virginica • Cinchona officinalis • Lycopodium clavatum • Magnesia muriatica • Natrum sulphuricum • Nux vomica • Phosphorus • Sulphur • Taraxacum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Lymph Detox

Indications for Use: For temporary relief of symptoms such as swelling, tenderness and redness of the glands of the neck, stiff neck, enlarged, inflamed tonsils, cough, sore throat, stuffed nose, rattling, hacking cough, hawking up of much mucus, profuse sweat with stickiness and offensive odor, glandular swellings at ear, bad breath, difficulty swallowing with stitches into ear, fever with chilliness and exhaustion, stuffed ears with difficult hearing, loss of smell, loose cough in morning, vertigo and buzzing in the ears, great drowsiness, and runny nose.

Complementary Formulas: All Detox & Drainage Formulas can be complementary to all SafeCare®Rx formulas, especially in chronic conditions • Constitutional Enhancer • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • TonsilPlex • Lungs & Bronchial Relief • Heart Regularity • VeinoPlex • ApoPlex • Colds & Flu • Sore Throat & Laryngitis • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox

Lymph Detox Ingredients: Belladonna • Calcarea iodata • Conium maculatum • Echinacea purpurea • Hepar sulphuris calcareum • Kali iodatum • Kali muriaticum • Mercurius vivus • Phytolacca decandra • Pulsatilla • Ricinus communis • Scrophularia nodosa • Solidago virgaurea • Sulphur iodatum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Total Body Detox

Indications for Use: For temporary relief of symptoms: fatigue, headaches, diarrhea, indigestion, mental fogginess, insomnia, urinary tract dysfunctions.

Remarks: See Complementary Formulas.

Complementary Formulas: Constitutional Enhancer. All Cleansing & Detox formulas can complement all SafeCare®Rx products, especially in chronic conditions.

Total Body Detox Ingredients: Alumina • Bryonia alba • Calcarea iodata • Cantharis • Carduus benedictus • Carduus marianus • Chelidonium majus • Cinchona officinalis • Cynara scolymus • Dioscorea villosa • Hepar sulphuris calcareum • Iris versicolor • Juniperus communis • Kali iodatum • Mercurius corrosivus • Mercurius vivus • Natrum carbonicum • Nux vomica • Plumbum metallicum • Ptelea trifoliata • Ricinus communis • Pseudoacacia • Robinia pseudoacacia • Serum anguillae • Solidago virgaurea • Sulphur • Sulphuricum acidum • Taraxacum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

VaccinoClenz

Indications for Use: For symptomatic relief of ill effects from vaccinations: inflammations, irritations, reactions to puncture, fever, fear, anxiety.

Remarks: Consider for anyone who has had life long chronic conditions that may have stemmed from a vaccination.

Complementary Formulas: Constitutional Enhancer • Newborn Tonic • Fever Reliever • Attention & Learning Enhancement • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox

VaccinoClenz Ingredients: Aconitum napellus • Apis mellifica • Chamomilla • Hypericum perforatum • Ledum palustre • Pulsatilla • Silicea • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

CONSTITUTION

(*Note: For a greater understanding of miasms and how to manage them, please refer to the end of this section for a detailed article by Dr. King.*)

CA Miasm

Indications for Use: For fatigue, difficulty sleeping, flu symptoms, fears of unknown origin, childhood disorders.

Remarks: Consider as a support for cancer, not a replacement for standard treatment procedures. CA Miasm can be commonly connected to ailments associated with nursing a sick or dying loved one over time, fears of getting cancer, juvenile arthritis, juvenile diabetes, learning disorders, mongolism Down's Syndrome, repeating pneumonias, chronic fatigue syndrome, chronic viral infections, AIDS, moles, birthmarks, chronic insomnia with unknown cause, difficulty thinking and making decisions, stroke, whooping cough, obesity, sinus, allergies, swollen lymph glands, cysts, tumors, panic attacks, agoraphobia, low self-esteem, pernicious anemia, diabetes, tics, pale skin, blue sclera of the eyes, mononucleosis, sensitive to criticism, excessive sense of duty. Special cravings for ice cream and chocolate commonly exist.

The CA Miasm has two sides emotionally. On one side they feel low-spirited, hopeless, overwhelmed, over serious, irritable, victims of circumstances, and that their conditions will never improve. On the other side, a bipolar manic type has a martyr complex where they find themselves taking care of everyone but themselves.

A unique aspect of the Cancer Miasm is its connection to ones personal finances, and feeling like there is never enough money to meet ones needs. The poverty complex can be significantly helped with the CA Miasm remedy. The CA Miasm patient may have difficulty thinking or making decisions.

Complementary Formulas: Any formulas associated with specific symptomatic expressions.

CA Miasm Ingredients: Aconitum napellus • Arsenicum album • Cadmium sulphuricum • Conium maculatum • Gelsemium sempervirens • Hydrastis canadensis • Phytolacca decandra. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Constitutional Enhancer

Indications for Use: For a broad spectrum of symptoms related to the functions of the immune, nervous, digestive, cardiovascular, respiratory, reproductive, musculoskeletal, and lymphatic systems.

Remarks: **This is a foundational formula for the immune system.** The majority of people will test positive for this product. Consider when patient progress stalls or plateaus. Can be effective for those who are chronically ill, or for those seeking to attain a higher level of health and life.

Complementary Formulas: Use with **ALL SafeCare®Rx Medicines** to activate the body's inner healing abilities.

Constitutional Enhancer Ingredients: Aconitum napellus • Arsenicum album • Baryta carbonica • Bryonia • Calcarea carbonica • Cantharis • Gelsemium sempervirens • Graphites • Hydrastis canadensis • Kali iodatum • Lachesis mutus • Lycopodium clavatum • Mercurius vivus • Natrum muriaticum • Nux vomica • Phosphorus • Phytolacca decandra • Pulsatilla • Rhus toxicodendron • Sepia • Silicea • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Environmental Adaptation: Cold/Damp

Indications for Use: A natural aid for symptoms related to cold, damp environments: back, neck, & joint pain, fatigue, swollen, cold & numb extremities, difficult respiration, internal coldness, cough, sore throat, swollen glands, weakness, drowsiness, runny nose.

Remarks: Consider for individuals having difficulty adapting to the climate in which they live or are visiting, as well as indoor environments. Use preventively and for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Any formulas associated with specific symptomatic expressions.

Environmental Adaptation: Cold/Damp Ingredients: Aranea • Calcarea carbonica • Carbo animalis • Dulcamara • Formica • Hypericum • Hypothalamus • Nux moschata • Oleum morrhuae • Phytolacca • Polygonum punctatum • Sanguinaria • Thyroidinum • Urtica urens • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Environmental Adaptation: Cold/Dry

Indications for Use: A natural aid for symptoms related to cold, dry environments: cold, numb, stiff extremities, cough, hoarseness, dry nose, lips, difficult respiration, teeth and head pain, blotchy skin, fatigue.

Remarks: Consider for individuals having difficulty adapting to the climate in which they live or are visiting, as well as indoor environments. Use preventively and for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Any formulas associated with specific symptomatic expressions.

Environmental Adaptation: Cold/Dry Ingredients: Aconitum napellus • Agaricus muscarius • Asarum europaeum • Aurum metallicum • Bryonia • Camphora • Causticum • Hepar sulphuris calcareum • Hypothalamus • Kali carbonicum • Petroleum • Secale cornutum • Sepia • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Environmental Adaptation: Hot/Dry

Indications for Use: A natural aid for symptoms related to hot, dry environments: dry lips, throat, dry, itchy skin, thirst, excessive perspiration, dizziness, body weakness.

Remarks: Consider for individuals having difficulty adapting to the climate in which they live or are visiting, as well as indoor environments. Use preventively and for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Any formulas associated with specific symptomatic expressions.

Environmental Adaptation: Hot/Dry Ingredients: Antimonium crudum • Baptisia • Chamomilla • Fagopyrum esculentum • Glonoinum • Hypothalamus • Natrum carbonicum • Natrum muriaticum • Podophyllum • Populus candicans • Selenium metallicum • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Environmental Adaptation: Hot/Humid

Indications for Use: A natural aid for symptoms related to warm, damp environments: drowsiness, fatigue, nausea and loss of appetite, internal heat and external chill, inflamed mucous membranes, headaches, limb pain, headache.

Remarks: Consider for individuals having difficulty adapting to the climate in which they live or are visiting, as well as indoor environments. Use preventively and for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Any formulas associated with specific symptomatic expressions.

Environmental Adaptation: Hot/Humid Ingredients: Aloe socotrina • Bromium • Carbo vegetabilis • Carboneum sulphuratum • Colchicum autumnale • Elaterium • Gelsemium sempervirens • Hamamelis virginiana • Hypothalamus • Iodium • Ipecacuanha • Natrum sulphuricum • Piper nigrum • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Environmental Adaptation: Weather Changes

Indications for Use: A natural aid for symptoms related to changing environments and weather changes: stiff, painful limbs, fatigue, restlessness, runny nose, dry lips and mouth, headaches, foggy mind.

Remarks: Consider for individuals having difficulty adapting to the climate in which they live or are visiting, as well as indoor environments. Use preventively and for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Any formulas associated with specific symptomatic expressions.

Environmental Adaptation: Weather Changes Ingredients: Alumen • Benzoicum acidum • Cadmium sulphuricum • Chelidonium majus • Colchicum autumnale • Dulcamara • Hypothalamus • Manganum aceticum • Mercurius solubilis • Natrum muriaticum • Nitricum acidum • Phosphorus • Ranunculus bulbosus • Rhododendron chrysanthum • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, LM3, and LM5 potencies.*

PSOR Miasm

Indications for Use: For symptomatic relief of: skin eruptions, itching, eczema, acne, food sensitivities, minor breathing difficulties, fears, anxiety, nervousness.

Remarks: Psora means “itch” and is considered the miasm of deficiency, affecting the bowel and skin primarily. Psora is the oldest known miasm and is referred to as the “mother of chronic disease.” Approximately 80% of the population has some component of Psora affecting them. It is the oldest and deepest acting of the miasms. As the name implies, psoriasis is connected with most skin disorders. Breathing difficulties, such as asthma, bronchitis, environmental allergies, and hay fever are also associated. In addition, cardiovascular disorders, and blood sugar imbalances, such as hypoglycemia and diabetes are also involved.

Consider for people who may be highly susceptible to bad news, shock or fear. This miasm is associated with individuals who suffer from a fear of death and a generally negative personality or belief system. These individuals have unusual beliefs about food, they suffer from food allergies, growth problems, mal-assimilation, failure to thrive, skin eruptions related to digestion, pustules, burning or stinging eruptions. Other symptoms include nausea headaches, sensitivity to cold and drafts, colitis, ringing and roaring in ears, and muscle spasms.

Psora types are timid, reserved, indifferent, intelligent, apprehensive, oversensitive, restless, easily fatigued, and may feel bottled up inside, unable to express themselves and feel as though they are living in a self-imposed prison. Psorics can experience anxiety and fear of criticism. They can be stubborn, independent, afraid to take chances and are inhibited. They may often times fail to finish what they start. They feel better lying down, scratching, and can be constantly hungry with a craving for hot foods. They have tendency to have an unkempt appearance.

Psorics may worry about money even though they have plenty of it. Psora makes one worry and even dream about losing money. The cancer miasm can create financial hardship, but psora simply creates the worry.

Complementary Formulas: Any formulas associated with specific symptomatic expressions.

PSOR Miasm Ingredients: Alumina • Baryta carbonica • Borax • Calcarea carbonica • Graphites • Hepar sulphuris calcareum • Lycopodium • Natrum muriaticum • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

SYC Miasm

Indications for Use: A natural aid for warts, allergies, musculoskeletal aches, rheumatism, candida, yeast, vaginal irritations, herpes, general inflammations of the mucous membranes, sexual excesses.

Remarks: This, as with all miasms, does not necessarily indicate that one has acquired this disease in their lifetime. As with other miasms, the probability is that you have inherited the miasm from generations ago. Sycotic means “fig wart.” Dr. Hahnemann, the founder of homeopathy and this miasm, observed the common connection of infectious gonorrhoea with small warts over the body. Although pronounced the same as “psychotic,” it is not related.

The Sycotic Miasm is the miasm of excess relating to conditions such as drug abuse, alcoholism, greed, diabetes, and auto-immune responses. Other growths may include condylomata lata, cysts, tumors or sclerosing of organs. Consider for excess mucus secretions, whether vaginal, sinus, lung, stool or ear. Mold allergies. Negative effects from living in damp climates. Pathological growths such as warts, birthmarks, moles, ovarian cysts, fibroid tumors, etc. This is the main miasm responsible for rheumatoid arthritis, multiple sclerosis, fibromyalgia, herpes, impotence, and sterility. Peptic ulcers, colitis, early graying of hair and general slow recovery is associated with this miasm.

Mentally and emotionally, this miasm produces a skeptical, mistrustful, suspicious, non-believer. Jealousy, selfishness, exploitiveness, and careless pleasure seeking are characteristic of the miasm. Individuals suffering from this miasm can be very hard to convince of a new viewpoint or that life will ever improve.

Complementary Formulas: Any formulas associated with specific symptomatic expressions.

SYC Miasm Ingredients Aconitum napellus • Cantharis • Gelsemium sempervirens • Natrum sulphuricum • Picricum acidum • Pulsatilla • Sepia • Staphysagria. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

SYC Miasm

Indications for Use: A natural aid for mental and emotional sensitivities, mood changes, cardiovascular weaknesses, alcoholism, paranoia, obsessive attachments to a person or idea, family history of mental disorders.

Remarks: The Syphilitic Miasm is the miasm of destruction. The brain, nervous system, blood, and bone are targeted. Osteoarthritis and other degenerative deforming conditions of the body are associated. Consider for depression and suicidal tendencies, incest - desire for or as a result of; birth defects, cleft palate, nerve diseases, heart diseases, emaciation, skin, mouth or stomach ulcers, intractable pain, hepatitis, shingles, laryngitis, rapid heartbeat, craving for alcohol, and ovarian disorders.

The Syphilitic Miasm patient will have difficulty following directions for cure due to their self-sabotaging and destructive behavior. They could be cold, ruthless, and unfeeling. They bear little conscience or regard for life. They can be spiteful, hateful, revengeful, cruel, jealous, and judgmental toward others with a quick temper. Use for all forms of obsessive behavior, such as anorexia, self-criticism, and addictions. Hypochondria is not uncommon.

Complementary Formulas: Any formulas associated with specific symptomatic expressions.

SYP Miasm Ingredients: Arsenicum album • Aurum metallicum • Baryta carbonica • Hydrofluoricum acidum • Kali iodata • Lachesis mutus • Mercurius vivus • Nitricum acidum • Nux vomica • Phytolacca decandra. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

TUBR Miasm

Indications for Use: A natural aid for: respiratory weakness, swollen glands, sore throat, night sweats, fearfulness, hyperactive children, restlessness.

Remarks: The TUBR Miasm person will commonly feel exhausted, find it difficult getting out of bed in the morning and feel like catnapping during the day. Then at night, they may spring to life and find it difficult to sleep, experience nervousness or restlessness. The TB patient is very changeable, tired one minute and restless and ready to go the next minute. Consider for children with two personalities: one sweet and loving; the other mean, hurtful, and destructive.

Chest and lung problems, such as chronic respiratory problems and pneumonia are common. Wandering pains such as neuralgias, especially of the head, and arthritis can be experienced (especially with changes in weather). Kidney problems, psoriasis, cravings for alcohol, weight loss, excess hunger, eating disorders, Tourette's Syndrome, epilepsy, phobias, fear of animals, milk cravings, milk allergies and cat allergies are common. Sensitivity to air pollution, thunderstorms, barometric and ospheric changes are common.

The changeable nature of the TB Miasm assures that most symptoms don't last long or move to another area of the body. They can be generally weaker and susceptible to seasonal ailments, usually catching whatever is going around. Although they tire with excess activity, they feel better when moving about. History of TB in the family is a good clue the miasm exists.

Mentally and emotionally, the changeable nature of TB also exists. They can get bored very easily. They like to travel. They have changeable moods and can quickly change from good-tempered to disagreeable and angry. They can be very opinionated, even on subjects they know little about and do not care if they are correct or not. The TB patient enjoys swearing and likes to get even or set people straight on matters. They may also have an aversion to work.

Complementary Formulas: Any formulas associated with specific symptomatic expressions.

TUBR Miasm Ingredients: Antimonium tartaricum • Arsenicum album • Belladonna • Bromium • Calcareo phosphorica • Chlorinum • Lobelia inflata • Phosphoricum acidum • Phosphorus • Silicea • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 200X, 1M, LM1, LM2, and LM3 potencies.*

Contemporary Approach to Correcting Miasms

Dr. Frank King

What are miasms?

Science has shown us that we are designed to be healthy. We all possess mechanisms resident within us to attain and maintain great health. Dr. Samuel Hahnemann, the "father of homeopathy," discovered that susceptibilities and tendencies toward disease occur when our normal healthy mechanisms break down. The sicknesses we suffer from today are not just what we have acquired from this lifetime, but from thousands of years of inheritance passed on to us in genomic or genetic code. The remarkable restorative powers of homeopathy can actually clear and correct the inherited negative tendencies toward disease within ourselves and our offspring.

The term "miasm" was used by Hahnemann to describe the trans-generational causes of disease. The word "miasm" is defined as an obstacle to cure. Hahnemann asserted that unless the "obstacle to cure" is dealt with, the cure of disease will always be incomplete. In modern terminology, "miasm" means *diathesis or constitutional susceptibility or predisposition to a particular disease*. The deeper roots of diseases can be traced back through generations to 5 primary diseases he called *miasms*. The good news is that these miasms can be corrected and cleared with homeopathy.

The five miasms are Cancer, Gonorrhoea Sycotic, Syphilis, Tubercular TB, and Psora. Miasms alter the ideal genetic blueprint for our health, affecting our entire being, physically, mentally, and emotionally. The deeper we go in building and restoring our health to its highest levels, the greater our chances to discover the probability that we may actually have multiple miasms, and perhaps, all five miasms.

Miasms can be either acquired or inherited. One can acquire a miasm, for example, by contacting gonorrhoea at the age of 18 years. When treated with antibiotics, this form of suppressive therapy can cause the disease to go dormant and become active or show up later in life in the form of allergies, sinus, herpes, vaginitis, warts, tumors, jealousy, selfishness, or uncontrolled sexual desires. Hence, acquired miasms are acquired during our life.

The majority of miasms, however, are inherited. The chances of acquiring miasms from thousands of years into our family tree are much greater than what we may have acquired in our own lifetime.

Inherited miasms can be active or dormant. An active miasm is when the miasm is causing a present symptomatic picture or expression related to the symptoms associated with that miasm. (See the symptoms listed under each of the following SafeCareRx miasm formulas as a good general guideline.) A person does not have to have all the symptoms to have the miasm. The best time to consider using a miasm formula is when the symptoms are present. A dormant miasm is one hidden deep within the body that is not expressing any of its possible symptoms. It is recommended not to attempt treating dormant miasms unless other testing procedures such as electro diagnostic or reflex response tests indicate the need for a specific miasm formula.

Miasms are not hard to treat with homeopathy. They will, however, show up throughout our lives, especially as we go through the healing and restorative processes during homeopathic treatment. Most people have more than one miasm. The same or different miasms can show up periodically throughout the healing process. Homeopaths have experienced how miasms exist in various layers within the body and understand that as we work at correcting disease and building health, it is like peeling away the layers of an onion. Regular homeopathic formulas work to strengthen and restore health to the body according to the symptomatic expressions of the body. When these conditions tend to recur or be non-responsive, a deeper acting remedy - like a miasm formula - may be needed to more completely correct the condition. As we continue to peel away the disease layers impairing our normal healthy expressions, we will usually discover various miasms along the way.

Each of the miasms has particular homeopathic ingredients that are synergistic to their complete elimination. **SafeCare®Rx** miasm formulas use combinations of these synergistic ingredients to most effectively correct and cleanse these miasms from our bodies. Using our triple potency approach, we mix each one of the ingredients into equal volumes of 10X, 30X, 200X, and 1M, LM1, LM2, LM3 potencies. These high potency formulas work deeply, to more completely help cleanse both ourselves and our future generations of these underlying causes of susceptibility to disease.

The eradication of miasms is essential to both the restoration of our health and the eradication of disease from our planet. I have practiced homeopathy long enough myself to see the genetic disease patterns in children corrected and to observe the liberation of those diseases in their offspring as well. I have witnessed this remarkable healing phenomenon in cases such as childhood obesity, allergies, breathing disorders, skin disorders, certain behavioral disorders, and in anxious or nervous people. What a wonderful reward not only to see both children and adults healed of devastating genetic or life-long health problems, but to also see their children grow up free from inherited family health problems and weaknesses.

How do you treat miasms?

Miasms are deeply matrixed – or integrated – into our innermost being from our family tree over thousands of years. Although they are not difficult to correct with homeopathy, they are not always wiped out in a single blow.

Homeopaths have shown how disease patterns from the lives of our ancestors are trapped in and throughout the layers of our lives. These layers are like clear overlays seen on global maps demonstrating how global shifts and changes in boundaries of countries have taken place over time.

SafeCare®Rx miasm formulas are best used as intermediary remedies. While applying standard homeopathic and other health enhancement therapies, the need for the **SafeCare®Rx** miasm formulas will arise at various times. Treating miasms can cause remarkable changes in one's health. Commonly, these changes can cause both wonderful, enlightening, euphoric experiences as well as times when more intense cleansing crises may occur, creating temporary discomfort of the

eliminative or cleansing processes. Some of the commonly experienced symptoms may include emotional releases, skin breakouts, itching, fever, fatigue, bowel movement changes, breathing changes, and various forms of pain. These symptoms can be severe at times but they are also temporary and non-damaging to the body. Remember, the body is orchestrating the healing crisis and will not harm or cause any permanent damage, even though it may feel like it at times. Although the healing crisis is not always comfortable or convenient, it *is* essential to our optimal healing and restoration!

It is best to monitor patients closely when using the miasm formulas, and explain that there is a 60% chance of experiencing some form of cleansing response. Explaining ahead of time makes a big difference in your patient's attitude when going through a healing crisis. When enduring these uncomfortable times, it is much better to be praised for your wisdom than to be cursed in distrust!

Because of the possible volatility of symptoms when treating miasms, I don't recommend starting a new patient on a miasm treatment who has not had experience with natural healing or detoxification. They may not be strong enough to handle the elimination of the miasms in the most graceful of ways, especially if the patient is in a weakened state of health. I recommend addressing the primary symptoms with **SafeCare®Rx** symptom-specific formulas first, along with any of the **SafeCare®Rx** detox and drainage formulas. These products will help strengthen and restore the natural healing and eliminative functions of the body.

As the patient gets stronger during basic homeopathic treatment, they will be better equipped to deal with miasm treatment. Miasm formulas are great to use when people don't respond to homeopathic treatment or reach plateaus where they seem to level off and get stuck in their health enhancement. Miasms have a tendency to show up periodically over years throughout the healing processes. Even miasms that didn't show up previously in testing may show up later during the treatment program, as more of the layers of disease have been peeled away. Either the same miasm or different miasm formulas will commonly be needed periodically over our lives. Almost everyone has at least one miasm; many people have more than one. Very ill patients can have many miasms.

Treatment with a **SafeCare®Rx** miasm formula may last for a few days to a few months at a time. Dosages can vary from 2 to 6 times per day. Again, any forms of biofeedback or reflex response tests are the best guide to dosage and length of treatment and when to repeat treatment.

SafeCare®Rx Constitutional Enhancer should be utilized similarly to the miasm formulas. The functions of the **SafeCare®Rx Constitutional Enhancer** are very similar and complementary to the miasm formulas.

For more information on miasms and the miasmatic types, see the SafeCare®Rx miasm formulas listed in this *Physician's Reference Manual, Hahnemann's Chronic Diseases, Taberts's Art of Cure by Homeopathy, Kent's Lectures on Homeopathic Philosophy, Allen's Chronic Miasms, or Ortega's Notes on the Miasms* or contact us at 866-298-2740.

As practitioners, we have focused on correcting the underlying causes of disease. Using homeopathy, we can now dynamically expand this focus in the most significant applications. Homeopathy, with its vast accumulation of research and proven clinical data, can empower you to make a more significant healing impact on society.

DIGESTION

Candida

Indications for use: Temporarily relieves symptoms due to overgrowth of *Candida albicans* yeast: yeast infections, thrush, nail fungus, constipation, headache, nausea, itchy skin, fatigue, diarrhea, flatulence, bloating, forgetfulness, sleeplessness, and cravings.

Remarks: Candida overgrowth can be a pervasive condition affecting virtually every organ of the body, as well as muscle tissue. Men, women, children, and even babies can experience Candida imbalances. Consider this remedy as a complement to your regime of natural medicines for a variety of health concerns.

Complementary formulas: Upper GI • Lower GI • Heavy Metal Detox • Constitutional Enhancer • Consider all products related to the specific symptomatic expressions.

HPUS Ingredients: *Abies canadensis* • *Allium cepa* • *Allium sativum* • *Aloe socotrina* • *Antimonium crudum* • *Asafoetida* • *Borax* • *Candida albicans* • *Candida parapsilosis* • *Carpinus betulus, flos* • *Ignatia amara* • *Lachesis mutus* • *Lycopodium clavatum* • *Malus pumila, flos* • *Olea europaea, flos* • *Phosphoricum acidum* • *Phytolacca decandra* • *Pulsatilla* • *Sabadilla* • *Sticta pulmonaria* • *Sulphur* • *Thuja occidentalis*. Each ingredient is in equal volumes of 12X, 30X, 100X, 1M, LM1 LM2, and LM3 potencies.

Constipation Relief

Indications for Use: For temporary relief of symptoms of constipation: irregularity, hard, dry stools, great straining, rumbling and bloated bowels, mucus in stools, associated headache.

Remarks: Consider for infants, children and adults. Can help the most difficult cases as well as the occasional constipation from traveling. This is not an irritant that causes loose stools. Be sure to ask your patients how often they have a bowel movement. You will be surprised how often they will say once or twice a week and consider that normal.

Complementary Formulas: Constitutional Enhancer • Indigestion Relief • ICV Clenz • Colic Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • GallPlex • Acid Clenz • AddictaPlex • Appetite Control • Weight Control

Constipation Relief Ingredients: *Alumina* • *Bellis* • *Causticum* • *Collinsonia canadensis* • *Hydrastis canadensis* • *Lac defloratum* • *Natrum muriaticum* • *Nux vomica* • *Plumbum metallicum* • *Sepia*. Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.

Diarrhea Relief

Indications for Use: For relief of symptoms of diarrhea: loose and watery stools, cramps, gas and bloating, mucus in stools, jelly-like stool, sudden evacuation, intestinal gurgling, involuntary stools, diarrhea caused by certain foods or emotional excitement.

Remarks: For infants, children and adults. Assists proper function without side effects.

Complementary Formulas: Constitutional Enhancer • Indigestion Relief • ICV Clenz • Colic Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • ParaClenz • Allergies: Food Chemicals • Stress Control • Appetite Control • Weight Control

Diarrhea Relief Ingredients: Aloe socotrina • Chamomilla • Cinchona officinalis • Colocynthis • Croton tiglium • Cuprum arsenicosum • Gelsemium sempervirens • Ipecacuanha • Nux vomica • Phosphoricum acidum • Podophyllum peltatum • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Foul Bowel

Indications for Use: For symptomatic relief of toxic bowel: bloating, gurgling, foul smelling flatulence or stools.

Remarks: Can be combined with any of the Digestion category products.

Complementary Formulas: Constitutional Enhancer • Lower GI Restoration • Colic Relief • Appetite & Weight with P.H.A.T. • Tummy Aches • Upper GI Restoration • ICV Clenz • GallPlex • Appetite Enhancer • Diarrhea Relief • Heartburn Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox

Foul Bowel Ingredients: Ammonium carbonicum • Asafoetida • Baptisia tinctoria • Carbo vegetabilis • Carboolicum acidum • Graphites • Kreosotum • Mercurius corrosivus • Oleander • Phosphorus • Rhus toxicodendron • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

GallPlex

Indications for Use: For temporary relief of: indigestion, bloating, nausea, gas and abdominal discomforts after eating.

Remarks: Consider preventive use with family history of gall bladder problems. Consider even if gall bladder has been taken out to correct the underlying cause.

Complementary Formulas: Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery/Cholesterol/BP • Burnout • Nausea & Motion Sickness • Indigestion Relief • ICV Clenz • Heartburn Relief • Acid Clenz • Water Retention Control • Yeast Free... • UlcerPlex • Fever Reliever

GallPlex Ingredients: Berberis vulgaris • Bryonia • Carduus marianus • Chelidonium majus • Cholesterinum • Cinchona officinalis • Colocynthis • Dioscorea villosa • Lycopodium clavatum • Natrum sulphuricum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Heartburn Relief

Indications for Use: For fast relief of: acid reflux, burning pain, sour stomach, belching, indigestion, nausea, stomach spasms, and stomach distention.

Remarks: Has been helpful for infants with the signs of colic and frequent spitting up.

Complementary Formulas: Constitutional Enhancer • Indigestion Relief • Colic Relief • UlcerPlex • AddictaPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox

Heartburn Relief Ingredients: Abies nigra • Arsenicum album • Condurango • Conium maculatum • Iris versicolor • Magnesia carbonica • Robinia pseudoacacia • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Hemorrhoid Relief

Indications for Use: For temporary relief of hemorrhoid symptoms: rectal itching, backache, bleeding, oozing, burning, aching or splintering pain.

Remarks: Consider for vascular headaches and varicose veins.

Complementary Formulas: Constitutional Enhancer • Constipation Relief • Indigestion Relief • ICV Clenz • Diarrhea Relief • VeinoPlex • GallPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Muscle Maximizer

Hemorrhoid Relief Ingredients: Aesculus hippocastanum • Aloe socotrina • Collinsonia canadensis • Hamamelis virginiana • Muriaticum acidum • Nux vomica • Paeonia officinalis • Ratanhia • Sepia • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Indigestion Relief

Indications for Use: For relief of symptoms following food or drink consumption: gas, bloating, belching, intestinal distress, hiccups, flatulence, nausea, vomiting, sleepiness.

Remarks: Can improve digestive function associated with a broad spectrum of conditions.

Complementary Formulas: Constitutional Enhancer • Colic Relief • Tummy Aches • ICV Clenz • GallPlex • Addictaplex • Appetite Enhancer • Diarrhea Relief • Heartburn Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Indigestion Relief Ingredients: Antimonium crudum • Argentum nitricum • Carbo vegetabilis • Chelidonium majus • Cinchona officinalis • Graphites • Hydrastis canadensis • Ipecacuanha • Kail carbonicum • Lycopodium clavatum • Nux vomica • Pulsatilla. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Lower GI Restoration (New, improved formula)

Indications for Use: For temporary relief of symptoms of lower gastrointestinal distress: diarrhea, abdominal tenderness and distention, bloating, cramps, rumbling in bowels, flatulence, colic, constipation, hemorrhoids, nausea, irritated bowel, mucous inflammation.

Remarks: Can be combined with any of the digestion products and works especially well with the Candida formula.

Complementary Formulas: Constitutional Enhancer • Colic Relief • Tummy Aches • ICV Clenz • GallPlex • Addictaplex • Appetite Enhancer • Diarrhea Relief • Heartburn Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Lower GI Restoration Ingredients: Aethusa cynapium • Allium sativum • Baptisia tinctoria • Capsicum annuum • Carbo vegetabilis • Chamomilla • Cinchona officinalis • Collinsonia canadensis • Colocynthis • Condurango • Gambogia • Gratiola officinalis • Lacticum acidum • Lac vaccinum • Natrum carbonicum • Nux vomica • Podophyllum peltatum • Sepia • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Nausea & Motion Sickness

Indications for Use: For relief of symptoms related to car, sea, air or general motion sickness: nausea, vomiting, dizziness, weakness, loss of balance, aversion to food, headaches.

Remarks: Can help overall digestion.

Complementary Formulas: Constitutional Enhancer • Morning Sickness • Chemo Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Tummy Aches • Colds & Flu • Addictaplex • Fever Reliever • Appetite Control • Weight Control

Nausea & Motion Sickness Ingredients: Argentum nitricum • Bryonia • Cocculus indicus • Glonoinum • Lac defloratum • Petroleum • Staphysagria • Tabacum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

ParaClenz

Indications for Use: For symptoms associated with parasites and worms: intestinal irritation, appetite swings, bad breath, dark or blue circles around the eyes, constipation, itching nose or anus, angry or irritable moods.

Remarks: Consider for weakened digestive systems and chronic conditions in general.

Complementary Formulas: Constitutional Enhancer • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Diarrhea Relief • Attention & Learning Enhancement • Muscle Maximizer • VaccinoClenz • Acid Clenz • GallPlex • ICV Clenz

ParaClenz Ingredients: Calcarea carbonica • Chenopodium anthelminticum • Cina • Croton tiglium • Filix mas • Gambogia • Granatum • Lycopodium clavatum • Mercurius corrosivus • Natrum phosphoricum • Santoninum • Senna • Spigelia anthelmia • Stannum metallicum • Tanacetum vulgare • Teucrium marum • Zingiber officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

UlcerPlex

Indications for Use: For temporary relief of minor symptoms of: burning, gnawing, or radiating pains in the stomach area, nausea, poor digestion.

Complementary Formulas: Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Heartburn Reliever • Indigestion Relief • Acid Clenz • Addictaplex • Stress Control

UlcerPlex Ingredients: Anacardium orientale • Argentum nitricum • Arsenicum album • Atropinum • Carbo vegetabilis • Geranium maculatum • Kali bichromicum • Ornithogalum umbellatum • Uranium nitricum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Upper GI Restoration (New, improved formula)

Indications for Use: Temporarily relieves symptoms of upper gastrointestinal distress: heartburn, colic, acid indigestion, reflux burping, belching, stomach pain, nausea, abdominal distention, constipation, jaundice, bad breath, gas, lactose intolerance, slow digestion, flatulence, diarrhea, burning in stomach, vomiting, sick headache, bloating.

Remarks: Can be combined with any of the digestion products and works especially well with the Candida formula.

Upper GI Restoration Ingredients: Aceticum acidum, Agaricus muscarius, Aloe socotrina • Antimonium crudum • Argentum nitricum • Carbo vegetabilis • Carduus marianus • Chelidonium majus • Chenopodium anthelminticum • Cinchona officinalis • Graphites • Ipecacuanha • Lac defloratum • Mentha piperita • Nux vomica • Secale cornutum • Tanacetum vulgare • Teucrium marum • Zingiber officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

EYES

Allergy & Red Eye Relief

Indications for Use: For temporary relief of discomforts associated with eye allergies, hay fever, irritations or overuse: dryness, redness, itching, burning, swollen, inflamed, watery, sensitive, eye secretions and spasm of the lids, irritation of conjunctiva.

Remarks: Has helped certain allergy conditions when our other allergy formulas have not.

Complementary Formulas: Constitutional Enhancer • Allergy/Hay Fever Reliever • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • CataCure • Styre Free • Eye Stress • Allergies: Food Chemicals • Allergies Regional Formulas • Allergies: Mold

Allergy & Red Eye Relief Ingredients: Aconitum napellus • Allium cepa • Ambrosia artemisiaefolia • Apis mellifica • Arsenicum album • Belladonna • Cactus grandiflorus • Dulcamara • Euphrasia officinalis • Gelsemium sempervirens • Graphites • Hamamelis virginiana • Hepar sulphuris calcareum • Kali iodatum • Mercurius vivus • Natrum muriaticum • Pulsatilla • Rhus toxicodendron • Ruta graveolens • Sabadilla • Sulphur • Thuja occidentalis • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

CataCure

Indications for Use: For symptoms of common eye irritations: mineral accumulations, tearing, light sensitivity, eye fatigue, redness, itching.

Remarks: Consider this for any form of degenerative eye condition.

Complementary Formulas: Constitutional Enhancer • Styre Free... • Allergy & Red Eye Relief • Calcium Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Eye Stress

CataCure Ingredients: Calcarea carbonica • Calcarea fluorica • Causticum • Cineraria maritima • Euphrasia officinalis • Naphthalinum • Natrum muriaticum • Phosphorus • Quassia amara • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Eye Stress

Indications for Use: For fast relief of: tense, tired irritated, red, itchy, burning eyes, due to eye strain/overuse, intolerance to artificial light as from computers and eyes that fatigue easily.

Remarks: Consider for any eye problem. Has improved eyesight for many people requiring a change in corrective lenses prescriptions.

Complementary Formulas: Constitutional Enhancer • Stress Control • Allergy/Hay Fever Reliever • Allergy & Red Eye Relief • Sinus Relief • Colds & Flu • CataCure • Sleep Aid • Styre Free...

Eye Stress Ingredients: Agaricus muscarius • Argentum nitricum • Calcarea carbonica • Carbo vegetabilis • Gelsemium sempervirens • Graphites • Mephitis mephitica • Natrum muriaticum • Onosmodium virginianum • Phosphorus • Physostigma venenosum • Pilocarpus. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Stye Freee...

Indications for Use: For temporary relief from of symptoms of styes or hordeolums: swollen lids, itching and burning, redness, pain, sensitivity to touch, discharges, inflammation, and stinging.

Complementary Formulas: Constitutional Enhancer • Acne Clear • CataCure • Allergy & Red Eye Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Bug Away • Allergies: Food Chemicals

Stye Freee... Ingredients: Apis mellifica • Calcarea picrata • Graphites • Hepar sulphuris calcareum • Juglans regia • Lycopodium clavatum • Pulsatilla • Silicea • Staphysagria • Sulphur • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

IMMUNE

Acute Viro Reliever

Indications for Use: For symptoms associated with acute viral inflammation including fever, aches, chills, swollen glands, fatigue, headaches, colds and flu.

Remarks: Consider for any immune problem whether it is viral or not.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Burnout • Sore Throat & Laryngitis • All Detox & Drainage Formulas • Cold Sore & Herpes • Chronic Viro Reliever • Fever Reliever • Sinus Relief • Bactero Reliever • Stress Control • Acid Clenz

Acute Viro Reliever Ingredients: Aconitum napellus • Belladonna • Chininum sulphuricum • Ferrum phosphoricum • Hepar sulphuris calcareum • Mercurius corrosivus • Natrum muriaticum • Nux vomica • Phosphorus • Pulsatilla • Sarcocollum acidum • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Bactero Reliever

Indications for Use: For symptomatic relief of common bacterial infections, including fever, inflammations and irritations.

Complementary Formulas: Constitutional Enhancer • Chronic Viro Reliever • Acute Viro Reliever • Colds & Flu • Allergies: Food Chemicals • LymePlex • Burnout • All Cleansing & Detox formulas

Bactero Reliever Ingredients: Allium sativum • Arsenicum album • Baptisia tinctoria • Belladonna • Echinacea purpurea • Eucalyptus globulus • Hydrastis canadensis • Lac caninum • Myristica sebifera • Myrtus communis • Phosphorus • Phytolacca. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Chronic Viro Reliever

Indications for Use: For symptomatic relief of chronic low-grade viral inflammations: fevers, aches, chills, fatigue, headaches, and swollen glands.

Remarks: Can be associated with any immune problem whether it's a virus or not.

Complementary Formulas: Constitutional Enhancer • Acute Viro Reliever • Colds & Flu • Burnout • Yeast

Freee... • LymePlex • Sore Throat & Laryngitis • All Detox & Drainage Formulas • Cold Sores & Herpes • Sinus Relief • Bactero Reliever • Acid Clenz • Stress Control

Chronic Viro Reliever Ingredients: Boletus luridus • Bryonia • Crotalus horridus • Echinacea purpurea • Gelsemium sempervirens • Gentiana lutea • Kali phosphoricum • Lachesis mutus • Mercurius vivus • Muriaticum acidum • Natrum sulphuricum • Nitricum acidum • Phosphoricum acidum • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Colds & Flu

Indications for Use: For fast relief of fever, chills, achiness, nausea, fatigue, headaches, congestion, coughs, and sneezing.

Remarks: Can be associated with any immune condition.

Complementary Formulas: Constitutional Enhancer • Fever Reliever • Children's Cough • Cough Control • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Sinus Relief • Allergy/Hay Fever Reliever • Tummy Aches • Sore Throat & Laryngitis • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee...

Colds & Flu Ingredients: Anas barbariae 50C, 100C, 200C • Arsenicum album • Baptisia tinctoria • Bryonia • Dulcamara • Echinacea • Echinacea purpurea • Eupatorium perfoliatum • Ferrum phosphoricum • Gelsemium sempervirens • Influenzinum (10X, 30X, 100X, 50C, 100C, 200C, LM1, LM2, LM3) • Kali muriaticum • Phosphorus • Pulsatilla • Sulphur • Zincum aceticum • Zincum carbonicum • Zincum metallicum • Zincum muriaticum • Zincum oxydatum • Zincum picricum • Zincum valerianicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies, except as otherwise noted.*

Cough Control

Indications for Use: For temporary relief of cough symptoms: dry or hoarse cough, hacking, barking, tickling or spasmodic cough, croupy cough and throat irritation, and excess mucus.

Remarks: Can be helpful for both children and adults. Note: A persistent cough may be a sign of a serious condition. If cough persists for more than 1 week, tends to recur, or is accompanied by fever, rash, or persistent headache, consult healthcare professional.

Complementary Formulas: Constitutional Enhancer • Smoke Control • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Sore Throat & Laryngitis • Swollen Glands Relief • Sinus Relief • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Fever Reliever • ParaClenz • TonsilCure • Lungs & Bronchial Relief • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee...

Cough Control Ingredients: Aconitum napellus • Bromium • Coccus cacti • Corallium rubrum • Cuprum metallicum • Drosera rotundifolia • Ferrum phosphoricum • Hepar sulphuris calcareum • Iodium • Kali bichromicum • Mephitis mephitica • Nux vomica • Phosphorus • Pulsatilla • Rumex crispus • Sanguinaria canadensis • Spongia tosta • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Fever Reliever

Indications for Use: For relief of: fever, sweats, chills, restlessness, lethargy, nausea, vomiting, irritability, aches, oversensitivity, muscular soreness, and anxiety.

Remarks: Consider for any immune disorder. With homeopathy we are not suppressing symptoms, we are activating the body's ability to quickly overcome the problem more efficiently.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Chronic Viro Reliever • Acute Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • LymePlex • No Sweat Anti-Perspirant • Swollen Glands Relief

Fever Reliever Ingredients: Aceticum acidum • Aconitum napellus • Aesculus hippocastanum • Agaricus muscarius • Baptisia tinctoria • Belladonna • Bryonia • Chamomilla • Eupatorium perfoliatum • Ferrum phosphoricum • Gelsemium sempervirens • Pulsatilla • Rhus toxicodendron • Sambucus nigra • Sulphur • Veratrum viride. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Head Colds Relief

Indications for use: For temporary relief of symptoms: fatigue, runny nose, congestion, sneezing, chest discomfort, cough, weakness, headache, sore throat.

Remarks: Use during high-risk months to minimize chances of contracting a cold. Also use when exposed, in close proximity with others and when traveling in places with re-circulated air such as airplanes.

Complementary Formulas: Constitutional Enhancer • Fever Reliever • Children's Cough • Cough Control • Acute Viro Reliever • Chronic Viro Reliever • Influenza Multi-Strain Flu Medicine • Bacterio Reliever • Sinus Relief • Allergy/Hay Fever Reliever • Tummy Aches • Sore Throat & Laryngitis • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee...

Head Colds Relief Ingredients: Anas barbariae (50C, 100C, 200C) • Argentum metallicum • Arsenicum album • Belladonna • Causticum • Echinacea • Influenzinum (30X, 100X, LM1, LM2, LM3, LM5) • Kali bichromium • Lachesis mutus • Mentha piperita • Mercurius corrosivus • Niccolum metallicum • Penthorum sedoides • Phosphorus • Pulsatilla • Sabadilla • Scilla maritima • Senega officinalis • Zincum picricum • Zincum valerianicum. *Each ingredient is in equal volumes of 30X, 100X, 1M, LM1, LM2, LM3, LM5 potencies, except as otherwise noted.*

Influenza Multi-Strain Flu Medicine

Indications for use: For broad spectrum relief of flu-like symptoms: fever, fatigue, nausea, vomiting, headache, diarrhea, sneezing, nasal congestion, runny nose, sore throat, swollen glands, cough, body aches, chills.

Remarks: Use during high-risk months to minimize chances of contracting the flu. Useful for lasting fatigue and residual symptoms which occur in some individuals after a bout with the flu.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Head Colds Relief • Fever Reliever • Children's Cough • Cough Control • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Sinus Relief • Allergy/Hay Fever Reliever • Tummy Aches • Sore Throat & Laryngitis • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee...

Influenza Multi-Strain Flu Medicine Ingredients: Anas barbariae (35C, 50C, 100C, 200C) • Arsenicum album • Baptisia tinctoria • Bryonia • Causticum • Cinchona officinalis • Dulcamara • Echinacea purpurea • Eucalyptus globulus • Eupatorium perfoliatum • Gelsemium sempervirens • Influenzinum (10X, 30X, 100X, 50C, LM1, LM2, LM3) • Lachesis mutus • Phytolacca decandra • Rhus toxicodendron • Sarcocollum acidum • Sulphur • Wyethia heleniodes • Zinc aceticum • Zinc muriaticum • Zinc oxydatum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies, except as otherwise noted.*

Lungs & Bronchial Relief

Indications for Use: For temporary relief of difficult breathing: lung and bronchial congestion, wheezing, hoarseness, coughing attacks, burning in chest, bronchial mucus, mucous congestion, and dry cough.

Remarks: Consider for general chronic pulmonary dysfunctions, pneumonia and respiratory allergies.

Complementary Formulas: Constitutional Enhancer • Asthma Clear • Allergies Regional Formulas • Allergies: Mold • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Smoke Control • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • CS-Lung

Lungs & Bronchial Relief Ingredients: Ammonium carbonicum • Antimonium arsenicicum • Antimonium tartaricum • Arsenicum album • Bromium • Carbo vegetabilis • Chlorinum • Kali carbonicum • Lobelia inflata • Stannum metallicum • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

LymePlex

Indications for Use: For minor symptoms of rash, chills, fatigue, low-grade fever, swelling, aching or stiffness in joints or muscles associated with insect bites.

Remarks: Consider for any immune or musculoskeletal problem.

Complementary Formulas: Constitutional Enhancer • Bacterio Reliever • Acute Viro Reliever • Chronic Viro Reliever • Fever Reliever • Swollen Gland Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • Arthritis & Joint Relief • Muscle Maximizer • Skin Irritations & Itch Relief • Colds & Flu

LymePlex Ingredients: Baptisia tinctoria • Belladonna • Bryonia • Calcarea carbonica • Calcarea fluorica • Eupatorium perforatum • Gelsemium sempervirens • Kail carbonicum • Mercurius vivus • Rhus toxicodendron. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Sinus Relief

Indications for Use: For fast relief of symptoms associated with hay fever or upper respiratory allergies: runny nose, sinus pain, pressure and congestion, sinus headache, nasal congestion, sneezing, mucus drainage, sore throat.

Remarks: Great for both acute and chronic sinus conditions.

Complementary Formulas: Constitutional Enhancer • Headache Freee... • Colds & Flu • Allergy/Hay Fever Reliever • Yeast Freee... • Allergies: Food Chemicals • Cough Control • Acute Viro Reliever • Allergy & Red Eye Relief

Sinus Relief Ingredients: Apis mellifica • Baptisia tinctoria • Colocynthis • Hepar sulphuris calcareum • Histaminum hydrochloricum • Hydrastis canadensis • Ignatia amara • Kali bichromicum • Lemna minor • Mercurius vivus • Pulsatilla • Rhus toxicodendron • Sabadilla • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Sore Throat & Laryngitis

Indications for Use: For temporary relief of sore throat symptoms: soreness, dryness, burning, tickling, loss of voice, hoarseness in singers, and rough voice from overuse.

Remarks: Consider for any immune disorder.

Complementary Formulas: Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Swollen Glands Relief • Colds & Flu • TonsilCure • Allergies: Food Chemicals • Cough Control • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Headache Freee...

Sore Throat & Laryngitis Ingredients: Aconitum napellus • Antimonium crudum • Arum triphyllum • Borax • Causticum • Ferrum phosphoricum • Graphites • Hepar sulphuris calcareum • Kali bichromicum • Phosphorus • Selenium metallicum • Spongia tosta. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Swollen Glands Relief

Indications for Use: For temporary relief of symptoms associated with viral inflammations such as colds and flu: enlarged, swollen and painful glands, inflamed glands of the neck, jaw, armpit, and groin.

Remarks: Can be used for any immune disorder.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Sore Throat & Laryngitis • TonsilCure • Acute Viro Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Swollen Glands Relief Ingredients: Astacus fluviatilis • Baryta iodata • Calcarea iodata • Cistus canadensis • Clematis erecta • Conium maculatum • Iodium • Lacticum acidum • Mercurius iodatus ruber • Mercurius vivus • Phytolacca decandra • Scrophularia nodosa • Spongia tosta. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Yeast Freee...®

Indications for Use: For symptomatic relief of yeast or fungal overgrowth in men, women, and children: yeast infection, fatigue, congestion, headache, indigestion, poor bowel function, achy joints, poor memory, sensitive emotions, changing moods, and mold sensitivity.

Remarks: Effective for various types of yeast infections.

Complementary Formulas: Constitutional Enhancer • GynePlex • Allergies: Food Chemicals • Burnout • Athletes Foot Fighter • Chronic Viro Reliever • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sluggish Mind • Nosebleed Relief • Skin Irritations & Itch Relief • Cold Sores & Herpes

Yeast Freee... Ingredients: Abies nigra • Antimonium crudum • Asafoetida • Baptisia tinctoria • Borax • Candida albicans • Lachesis mutus • Phosphoricum acidum • Phytolacca decandra • Pulsatilla • Sticta pulmonaria • Sulphur • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

MEN/WOMEN

Anti-Aging & Wrinkles for Men (new formula that goes beyond HGH)

Indications for Use: a natural aid for premature aging: wrinkles, brown spots, dry skin, dull, grey or thinning hair, low vitality, poor memory, dullness, sleeplessness, weak bones, low libido, lack of appetite, fatigue, joint and muscle pain.

Remarks: This product is a completely new formulation. HGH has been banned by the FDA and this formula is designed to go beyond HGH for addressing wrinkles, dry skin, grey hair, libido issues and more. Consider for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Female Enhancer • Menopause • Appetite Enhancer • Appetite Control • Weight Control • Arthritis & Joint Relief • Muscle Maximizer • Lungs & Bronchial Relief • Water Retention Control • VeinoPlex • CataCure • Skin Irritations & Itch Relief • VaccinoClenz • Male Strengthener • Prostate Strengthener • Scar Cure • Acne Clear • ChemoClenz • Teeth & Gum Formula • Burnout • Sluggish Mind • Blood & Kidney Detox • Liver Detox • Lymph Detox

Anti-Aging & Wrinkles for Men Ingredients: Abrotanum • Adrenalinum • Adrenocorticotrophin • Alpha-ketoglutaricum acidum • Alpha-lipoicum acidum • Baryta carbonica • Calcarea fluorica • Citricum acidum • Coenzyme A • DNA • Ferum metallicum • Gladula suprarenalis suis • Hekla lavea • Helleborus niger • Hypothalamus • Lycopodium clavatum • Orchitinum • RNA • Secal cournutum • Silicea • Thiaminum hydrochloricum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Anti-Aging & Wrinkles for Women (new formula that goes beyond HGH)

Indications for Use: a natural aid for premature aging: wrinkles, brown spots, dry skin, dull, grey or thinning hair, low vitality, poor memory, dullness, sleeplessness, weak bones, low libido, lack of appetite, fatigue, joint and muscle pain.

Remarks: This product is a completely new formulation. HGH has been banned by the FDA and this formula is designed to go beyond HGH for addressing wrinkles, dry skin, grey hair, libido issues and more. Consider for general health enhancement.

Complementary Formulas: Constitutional Enhancer • Female Enhancer • Menopause • Appetite Enhancer • Appetite Control • Weight Control • Arthritis & Joint Relief • Muscle Maximizer • Lungs & Bronchial Relief • Water Retention Control • VeinoPlex • CataCure • Skin Irritations & Itch Relief • VaccinoClenz • Male Strengthener • Prostate Strengthener • Scar Cure • Acne Clear • ChemoClenz • Teeth & Gum Formula • Burnout • Sluggish Mind • Blood & Kidney Detox • Liver Detox • Lymph Detox

Anti-Aging & Wrinkles for Women Ingredients: Abrotanum • Adrenalinum • Adrenocorticotrophin • Alpha-ketoglutaricum acidum • Alpha-lipoicum acidum • Baryta carbonica • Calcarea fluorica • Citricum acidum • Coenzyme A • DNA • Ferum metallicum • Gladula suprarenalis suis • Hekla lavea • Helleborus niger • Hypothalamus • Lycopodium clavatum • Oophorinum • RNA • Secal cournutum • Silicea • Thiaminum hydrochloricum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Birth Ease

Indications for Use: A natural aid for toning and strengthening the female reproductive system in preparation for birth, and for temporary relief of muscular pains, vomiting, stinging pain, tenderness over abdomen, vaginal dryness and heat, tender nipples, cutting pain from hip to hip, spasmodic labor pains, restlessness, extreme backache.

Remarks: Taken in the last month of pregnancy for possibly lessening the length of labor, which may prevent complications. (Historical provings by Hahnemann and other homeopaths have shown that some ingredients prevented miscarriage.) Birth Ease can also help women immediately following the birth. May be helpful for infertility cases where spontaneous abortions may have taken place.

Complementary Formulas: Constitutional Enhancer • Stress Control • First Aid for Mind & Body • Sporting Edge • Breast Cyst & Discomforts • Blood & Kidney Detox • Burnout • Liver Detox • Lymph Detox

Birth Ease Ingredients: Aletris farinosa • Apis mellifica • Arnica montana • Belladonna • Caulophyllum thalictroides • Chamomilla • Cimicifuga racemosa • Ferrum metallicum • Kail carbonicum • Sabina juniperus • Secale cornutum • Viburnum opulus. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Bone Strengtheners

Indications for Use: A natural aid for bone discomforts: malnutrition of bones, bone injuries, bone pain, fragile bones, weak spine.

Remarks: Can be helpful for developmental problems in children, and for people with a family history of osteoporosis.

Complementary Formulas: Constitutional Enhancer • Calcium Metabolizer • Arthritis & Joint Relief • Acid Clenz • M3: Metabolic Mineral Metabolizer • Burnout • Hair & Nails Formula • Sluggish Mind • Blood & Kidney Detox • Liver Detox • Lymph Detox

Bone Strengtheners Ingredients: Calcarea carbonica • Calcarea fluorica • Calcarea phosphorica • Equisetum hyemale • Hekla lava • Phosphorus • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Breast Cyst & Discomforts

Indications for Use: For temporary relief of inflammation, mastitis, tenderness, lumpiness, hardness, soreness, cracked or irritated nipples from nursing, and sagging or shrinking breasts following nursing.

Remarks: Consider for benign breast cysts, family history of breast problems and swollen axillary lymph nodes.

Complementary Formulas: Constitutional Enhancer • Menstrual Cramps and Irregularities • PMS Relief • Menopause • Female Enhancer • FertiCare • Acute Viro Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Swollen Glands

Breast Cyst & Discomforts Ingredients: Aconitum napellus • Bellis perennis • Bromium • Bryonia • Chamomilla • Conium maculatum • Iodium • Phellandrium aquaticum • Phytolacca decandra • Scrophularia nodosa • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Calcium Metabolizer

Indications for Use: A natural aid for calcium utilization in maintaining strong bones and joints. For temporary relief of spasms, twitches, nervousness, brittle nails, aching joints, arthritis symptoms, tooth decay, disturbed sleep or lack of energy.

Remarks: Consider this product for any condition that could be related to calcium deficiency.

Complementary Formulas: Constitutional Enhancer • Bone Strengtheners • Back, Neck, Muscle & Joint Injuries • M3: Metabolic Mineral Metabolizer • Teeth & Gum Formula • Hair & Nails Formula • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Arthritis & Joint Relief • Sporting Edge

Calcium Metabolizer Ingredients: Calcarea acetica • Calcarea carbonica • Calcarea caustica • Calcarea fluorica • Calcarea iodata • Calcarea lactica • Calcarea muriatica • Calcarea oxalica • Calcarea phosphorica •

Calcarea silicata • Calcarea sulphurica • Hekla lava • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Female Enhancer

Indications for Use: A natural aid for: dry, tender, sore or burning vagina, lack of sexual vitality, frigidity or diminished desire, aversion to sexual intercourse, and painful intercourse.

Remarks: Consider for general strengthening of the female reproductive system, as well as a psychological dislike or distrust of men.

Complementary Formulas: Constitutional Enhancer • GynePlex • PMS Relief • Yeast Freee... • Anti-Aging & Wrinkles for Women • Scar Cure Breast Cyst & Discomforts • Menopause • Female Enhancer • Ferti Care • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Female Enhancer Ingredients: Agnus castus • Aletris farinosa • Berber vulgaris • Caulophyllum thalictroides • Ferrum metallicum • Graphites • Helonias dioica • Ignatia amara • Lilium tigrinum • Lycopodium clavatum • Natrum muriaticum • Onosmodium virginianum • Pulsatilla • Sepia. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

FertiCare

Indications for Use: For temporary relief of vaginal dryness, vaginal discharge, sensitive vagina, itching of female genitals associated with sexual activities, irregular cycling, and discomforts during intercourse.

Remarks: Can be helpful for sexual dysfunctions.

Complementary Formulas: Constitutional Enhancer • GynePlex • PMS Relief • Yeast Freee... • Breast Cyst & Discomforts • Menopause • Female Enhancer • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

FertiCare Ingredients: Agnus castus • Apis mellifica • Aurum metallicum • Borax • Conium maculatum • Ferrum metallicum • Iodium • Lilium tigrinum • Lycopodium clavatum • Natrum muriaticum • Palladium metallicum • Sepia. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

GynePlex

Indications for Use: For temporary relief of vaginal discomforts associated with yeast infections or irritations: itching, burning, discharges, general soreness, dryness, and swelling.

Remarks: Consider for general inflammation of the pelvic region.

Complementary Formulas: Constitutional Enhancer • Yeast Freee... • FertiCare • Female Enhancer • PMS Relief • Menstrual Cramps & Irregularities • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

GynePlex Ingredients: Apis mellifica • Belladonna • Borax • Bryonia • Calcarea phosphorica • Cantharis • Hydrastis canadensis • Kali bichromicum • Lac caninum • Pulsatilla • Sepia • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

M3: Metabolic Mineral Modulator

Indications for Use: A natural aid for supporting intercellular signaling and cellular metabolism, maintaining balanced pH and mineral levels in body, and assisting in heavy metal detox.

Remarks: Consider this product to help balance and stabilize the body's delicate balance of minerals and help improve the general health of anyone. Especially helpful for people with mineral deficiencies or heavy metal imbalances. Can help guard against creating additional imbalances when detoxifying the body, chelating or using strong nutritional or drug dosing. Consider for every patient at some point in their proactive homeopathic enhancement care.

Complementary Formulas: Constitutional Enhancer • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control • Back, Neck, Muscle & Joint Injuries • Bone Strengtheners • Calcium Metabolizer • Heavy Metal Detox • EMF Detox

M3: Metabolic Mineral Modulator Ingredients: Aqua marina • Calcarea carbonica • Calcarea fluorica • Guaiacum • Hekla lava • Lecithin • Parathormonum (14X, 34X, 104X, LM1, LM2, and LM3) • Pyridoxinum hydrochloricum (14X, 34X, 104X, LM1, LM2, and LM3). *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3, except as otherwise noted.*

Male Strengthener

Indications for Use: A natural aid for diminished or absent sexual desire, premature emission, weakness or pain of sexual organs, and tiredness.

Remarks: Can be helpful for women deficient in testosterone.

Complementary Formulas: Constitutional Enhancer • Prostate Strengtheners • Muscle Maximizer • Artery/Cholesterol/BP • VeinoPlex • Anti-Aging & Wrinkles for Men • Sugar Metabolizer • First Aid for Mind & Body • Stress Control • Bio Reset/Jet Lag • Yeast Free... • Chronic Viro Reliever • Bacterio Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Male Strengthener Ingredients: Agnus castus • Arnica montana • Baryta carbonica • Caladium seguinum • Kali bromatum • Lycopodium clavatum • Nuphar luteum • Nux vomica • Onosmodium virginianum • Phosphoricum acidum • Picricum Acidum • Selenium metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Menopause Relief

Indications for Use: For temporary relief of: hot flashes, sweats, chills, clammy skin, heat in the head, headaches, hot feet, mood swings, anxiety, sensitivity, and wanting to be alone.

Remarks: Can be effective for balancing hormonal imbalances associated with women not experiencing menopause.

Complementary Formulas: Constitutional Enhancer • Female Enhancer • Stress Control • Burnout • Anti-Aging & Wrinkles for Women • Bio Reset/Jet Lag • FertiCare • GynePlex • First Aid for Mind & Body • PMS Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox

Menopause Relief Ingredients: Amyl nitrosus • Calcarea carbonica • Caulophyllum thalictroides • Cimicifuga racemosa • Ferrum metallicum • Gelsemium sempervirens • Lachesis mutus • Pulsatilla • Sanguinaria canadensis • Sepia • Sulphur • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Menstrual Cramps & Irregularities

Indications for Use: For temporary relief of cramps, aches and pains, abdominal bloating, heavy or gushing menstruation, backaches, menstrual headache, irregular periods, and lack of menstrual flow.

Remarks: Consider for hormonal balance in general. May be helpful for regulating the menses in young women who are beginning their cycle.

Complementary Formulas: Constitutional Enhancer • PMS Relief • Calcium Metabolizer • Bone Strengtheners • Bio Reset/Jet Lag • Acid Clenz • Breast Cyst & Discomforts • Female Enhancer • Menopause • Arthritis & Joint Relief • Yeast Freee... • Scar Cure • Blood & Kidney Detox • Liver Detox • Lymph Detox

Menstrual Cramps & Irregularities Ingredients: Cactus grandiflorus • Caulophyllum thalictroides • Chamomilla • Cimicifuga racemosa • Colocynthis • Ipecacacuanha • Magnesia phosphorica • Sepia • Viburnum opulus • Xanthoxylum fraxineum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Morning Sickness

Indications for Use: For temporary relief of morning sickness, nausea, vomiting, belching, excess saliva, sinking feeling in stomach, tiredness, weakness, sensitivity to noise, and emotional sensitivity.

Remarks: All registered pharmaceutical products must state on the label, "If pregnant or nursing take only on the advice of a physician." However in 200 years of clinical history, no homeopathic product has shown any side effects with the pregnant or nursing.

Complementary Formulas: Constitutional Enhancer • Nausea & Motion Sickness • Indigestion Relief • Colic Relief • Tummy Aches • Chemo Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • Bio Reset/Jet Lag

Morning Sickness Ingredients: Aletris farinosa • Amygdalus persica • Colchicum autumnale • Cucurbita pepo, seed • Ferrum metallicum • Ipecacuanha • Lycopodium clavatum • Nux vomica • Phosphorus • Pulsatilla • Tabacum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

PMS Relief

Indications for Use: For temporary relief of mood swings, sensitivity, irritability, weariness, water retention control, weight gain, bloating, swelling, cramping, headaches, and swollen, sensitive breasts. For salt or sugar craving, and excessive hunger.

Remarks: Men can test for and respond positively to this and other similar products.

Complementary Formulas: Constitutional Enhancer • First Aid for Mind & Body • Menstrual Cramps & Irregularities • Female Enhancer • Menopause • Yeast Freee... • Addictions • Good Mood Enhancer • Stress Control • Mood Changes • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bone Strengtheners • Calcium Metabolizer

PMS Relief Ingredients: Apis mellifica • Chamomilla • Cimicifuga racemosa • Cyclamen europaeum • Helonias dioica • Hypericum perforatum • Hypothalamus • Ignatia amara • Kali carbonicum • Lac caninum • Lycopodium clavatum • Natrum muriaticum • Nux vomica • Oophorinum • Platinum metallicum • Sepia. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Prostate Strengtheners

Indications for Use: For temporary relief of prostate symptoms: scanty urination, dribbling, burning and irritation, premature impotence.

Remarks: Can be helpful for women showing similar symptoms associated with the urinary tract.

Complementary Formulas: Constitutional Enhancer • Male Strengtheners • Bladder Incontinence • Urinary Tract Infections • Anti-Aging & Wrinkles for Men • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag • Yeast Free... • Swollen Glands Relief • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • Muscle Maximizer

Prostate Strengtheners Ingredients: Baryta carbonica • Chimaphila umbellata • Clematis erecta • Conium maculatum • Digitalis purpurea • Ferrum picricum • Phosphoricum acidum • Sabal serrulata • Selenium metallicum • Staphysagria • Thuja occidentalis • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Sugar Metabolizers

Indications for Use: For temporary relief of symptoms: dry mouth, increased thirst or appetite, fatigue, indigestion, increased urination or constipation associated with sugar consumption.

Remarks: Best used for symptoms of Type II diabetes, but has helped Type I symptoms.

Complementary Formulas: Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • Appetite Control • Weight Control • Yeast Free... • Allergies: Food Chemicals

Sugar Metabolizers Ingredients: Aceticum acidum • Arsenicum album • Bryonia • Calcarea carbonica • Iris versicolor • Kali phosphoricum • Lacticum acidum • Lycopodium clavatum • Natrum phosphoricum • Phosphorus • Phosphoricum acidum • Plumbum metallicum • Uranium nitricum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

ORAL HEALTH

Better Breath

Indications for Use: A natural aid for better breath.

Complementary Formulas: Constitutional Enhancer • Teeth & Gum Formula • Dental Plak • Bacterio Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Better Breath Ingredients: Arnica montana • Arsenicum album • Arsenicum iodatum • Aurum metallicum • Baptisia tintoria • Calcarea carbonica • Calcarea phosphoric • Carbolicum acidum • Chamomilla • Iodium • Kali phosphoricum • Kreosotum • Ledum palustre • Magnesia phosphoric • Mercurius vivus • Natricum acidum • Petroleum • Quercus robur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Dental Plak

Indications for Use: For temporary relief of bad breath, foul, fetid or putrid mouth odors, and bleeding gums.

Complementary Formulas: Constitutional Enhancer • Teeth & Gum Formula • Better Breath • Bacterio Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Dental Plak Ingredients: Baptisia tinctoria • Calcarea carbonica • Carbo vegetabilis • Kreosotum • Magnesia phosphorica • Mercurius vivus • Phosphorus • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Teeth & Gum Formula

Indications for Use: For temporary relief of symptoms associated with cavities or dental procedures: sensitivities, mouth or gum pain, bleeding gums, loose teeth.

Remarks: This is a powerful product that enhances the body's ability to prevent and correct caries/cavities in both children and adults. Consider for general chronic conditions anywhere in the body that may arise from low-level infections under the teeth or in the gums.

Complementary Formulas: Constitutional Enhancer • Dental Plak • Calcium Metabolizer • Bone Strengthenener • M3: Metabolic Mineral Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Hair & Nails Formula • TMJ/Jaw Formula • Tinnitus Relief

Teeth & Gum Formula Ingredients: Calcarea carbonica • Calcarea fluorica • Calcarea phosphorica • Chamomilla • Coccinella septempunctata • Coffea cruda • Hekla lava • Hypericum perforatum • Kreosotum • Ledum palustre • Magnesia phosphorica • Mercurius vivus. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

TMJ/Jaw Formula

Indications for Use: For temporary relief of: facial pains of the jaw, facial neuralgia, rigid jaw muscles, inflammations in the jaw, clenching of the jaw, cracking sounds.

Remarks: Dr. King has used this for neuromuscular and skeletal problems.

Complementary Formulas: Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Calcium Metabolizer • Tinnitus Relief • Arthritis & Joint Relief • SciatiPlex • Stress Control • Muscle Maximizer • Teeth & Gum Formula • Bone Strengthenener • Acid Clenz

TMJ/Jaw Formula Ingredients: Baptisia tinctoria • Calcarea fluorica • Causticum • Hepar sulphuris calcareum • Hypericum perforatum • Ignatia amara • Kalmia latifolia • Nux vomica • Phytolacca decandra • Rhus toxicodendron • Sanguinaria canadensis • Symphytum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

PAIN

Acute Pain Relief - Cooling Topical Homeopathic Cream

Indications for use: For temporary relief of: back and neck pain, muscle and joint pain, muscle cramps and stiffness, inflamed muscles and joints, sprains, muscle tension and soreness, body aches, tired legs and feet, stiff and swollen joints.

Complementary formulas: Stress Control • Arthritis Pain & Joint Relief • Back, Muscle & Joint Relief • Good Mood Enhancer • Gout Symptom Formula • Headache Relief • Migraine Relief • Restless Leg Symptom Relief • Sciatic Nerve Formula • Constitutional Enhancer • Sporting Edge • TMJ/Jaw Formula

HPUS Ingredients: Aesculus hippocastanum • Arnica montana • Bellis perennis • Bryonia • Calcarea carbonica • Calcarea fluorica • Cimicifuga racemosa • Cobaltum metallicum • Gnaphalium polycephalum • Hypericum perforatum • Kali carbonicum • Kali phosphoricum • Magnesia phosphoric • Oxalicum acidum • Phosphorus • Rhus toxicodendron • Ruta graveolens • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, LM1.*

Advanced Arnica

Indications for use: Temporarily relieves symptoms due to injury or overexertion: bruises, muscle pain, inflammation, body aches, sprains, traumatic injury, redness and swelling, soreness after exercise, rheumatic pain.

Complementary formulas: 9-1-1 Stress Control • Acid Detox • Advanced First Aid • Aquafloa High Potency 9 • Arthritis Pain & Joint Relief • Back, Muscle & Joint Relief • Good Mood Enhancer • Gout Symptom Formula • Headache Relief • Migraine Relief • Restless Leg Symptom Relief • Sciatic Nerve Formula • Constitutional Enhancer • Sporting Edge • TMJ/Jaw Formula

HPUS Ingredients: Arnica montana • Arnica montana radix. *Each ingredient is in equal volumes of 6X, 30X, 6C, 30C, and LM1.*

Advanced Arnica - Soothing Topical Homeopathic Cream

Indications for use: For temporary relief of symptoms from to injury or overexertion: painful swelling or stiffness in muscles or joints, sprains and strains, bruise pain and discoloration, inflammation, soreness after exercise.

Complementary formulas: Constitutional Enhancer • Back • Neck • Muscle & Joint Injuries • Calcium Metabolizer • Tinnitus Relief • Arthritis & Joint Relief • SciatiPlex • Stress Control • Muscle Maximizer • Teeth & Gum Formula • Bone Strengtheners • Acid Clenz

HPUS Ingredients: Arnica montana • Arnica montana radix. *Each ingredient is in equal volumes of 6X, 30X, 6C, 30C, LM1.*

Arthritis Pain & Joint Relief

Indications for Use: For temporary relief of symptoms associated with arthritic pain: rheumatic pain, stiff and swollen joints, body aches, weakness, and pain in any joint.

Remarks: Consider for any muscle or joint problem. Like all our products, the names are not diagnostic, but designed to help direct you to the correct product.

Complementary Formulas: Constitutional Enhancer • Wounds Recovery • Back, Neck, Muscle & Joint Injuries • Acid Clenz • Calcium Metabolizer • Sporting Edge • Muscle Maximizer • Hair & Nails Formula • Bone Strengtheners • Teeth & Gum Formula • Yeast Free... • Allergies: Food Chemicals • LymePlex • Chronic Viro Reliever • Water Retention Control • Stress Control • Blood & Kidney Detox • Liver Detox • Lymph Detox

Arthritis Pain & Joint Relief Ingredients: Actaea spicata • Aesculus hippocastanum • Arnica montana • Bellis perennis • Bryonia • Calcarea carbonica • Calcarea fluorica • Causticum • Cimicifuga racemosa • Formicum acidum • Hypericum perforatum • Ledum palustre • Lithium carbonicum • Magnesia phosphorica • Phosphorus • Phytolacca decandra • Pulsatilla • Rhododendron chrysanthum • Rhus toxicodendron • Ruta graveolens • Salicylicum acidum • Sepia • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Back, Neck, Muscle & Joint Injuries

Indications for Use: For temporary relief of symptoms: back pain, sprains and strains, acute pain and injury, muscle cramps, weakness and fatigue, muscle tension and stiffness, swollen joints, body aches, nerve injury, soreness, tired legs and feet, trembling.

Remarks: This is our most commonly used musculoskeletal formula. Consider first for any muscle or joint injury (in general).

Complementary Formulas: Constitutional Enhancer • Arthritis & Joint Relief • Wounds Recovery • ICV Clenz • Acid Clenz • Allergies: Food Chemicals Calcium Metabolizer • Sporting Edge • Muscle Maximizer • Hair & Nails Formula • Bone Strengthener • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control • Urinary Tract Infections • Bio Reset/Jet Lag • Appetite Control • Weight Control • SciatiPlex

Back, Neck, Muscle & Joint Injuries Ingredients: Aesculus hippocastanum • Arnica montana • Bellis perennis • Bryonia • Calcarea carbonica • Calcarea fluorica • Cimicifuga racemosa • Cobaltum metallicum • Gnaphalium polycephalum • Hypericum perforatum • Kali carbonicum • Kali phosphoricum • Magnesia phosphorica • Oxalicum acidum • Phosphorus • Rhus toxicodendron • Ruta graveolens • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Earache Formula

Indications for Use: For temporary relief of: ear pain, inflammation, fever, discharge, congestion, sensitivity to noise, throbbing, ringing, buzzing, and humming associated with earaches.

Remarks: Consider for both children and adults. Can be helpful for chronic ear problems.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Children's Fever Reliever • Swollen Glands Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Attention & Learning Enhancement • Acute Viro Reliever • Bacterio Reliever • Chronic Viro Reliever • VaccinoClenz • Teething

Earache Formula Ingredients: Aconitum napellus • Allium cepa • Apis mellifica • Belladonna • Calcarea carbonica • Capsicum annuum • Causticum • Chamomilla • Dulcamara • Ferrum phosphoricum • Hepar sulphuris calcareum • Kali muriaticum • Mercurius dulcis • Mercurius solubilis • Plantago major • Silicea. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Gout Symptom Relief

Indications for Use: For temporary relief of pain in the foot, heel, toes and joints including: swelling, burning, itching, tingling, tearing pains, throbbing, cramps, shooting pains.

Remarks: Consider for any similar symptoms anywhere in the body.

Complementary Formulas: Constitutional Enhancer • Arthritis & Joint Relief • Acid Clenz • Indigestion Relief • Calcium Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • LymePlex • M3: Metabolic Mineral Metabolizer

Gout Symptom Relief Ingredients: Ammonium phosphoricum • Belladonna • Colchicum autumnale • Formicum acidum • Fraxinus excelsior • Ledum palustre • Natrum carbonicum • Nux vomica • Urtica urens. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Hangover Relief

Indications for Use: For relief, recovery and restoration of symptoms due to the over-consumption of alcohol: headache, nausea, vomiting, apathy, sensitivity to noise and light, irritability, foggy mindedness.

Remarks: Consider for the addictive nature of alcohol and other substances.

Complementary Formulas: Constitutional Enhancer • Nausea & Motion Sickness • Bio Reset/Jet Lag • Indigestion Relief • Stress Control • Blood & Kidney Detox • Liver Detox • Lymph Detox • Headache Freee... • Burnout • First Aid for Mind & Body

Hangover Relief Ingredients: Arsenicum album • Asarum europaeum • Avena sativa • Bryonia • Capsicum annuum • Carbo vegetabilis • Carboneum sulphuratum • Cinchona offinalis • Gelsemium • Nux vomica • Paullinia sorbilis • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Headache Freee...

Indications for Use: For fast relief of headache pain: throbbing, splitting, tight, dull, sick, bursting, sinus, congestive, migraine, occipital, band feeling around the head, morning headache, sun headache.

Remarks: Can be helpful for any type of headache. Consider for resistant headaches by matching and testing other formulas such as detox, joint, immune, hormonal, etc.

Complementary Formulas: Constitutional Enhancer • Sinus Relief • Migraine Freee... • Arthritis & Joint Relief • TMJ/Jaw Formula • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Yeast Freee... • Burnout • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Attention & Learning Enhancement • Sore Throat & Laryngitis

Headache Free... Ingredients: Belladonna • Bryonia • Capsicum annuum • Chininum arsenicosum • Coffea cruda • Gelsemium sempervirens • Glonoinum • Ignatia • Kali bichromicum • Lycopodium clavatum • Natrum muriaticum • Nux vomica • Sanguinaria canadensis • Spigelia anthelmia. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Leg Cramps & Spasms

Indications for Use: a natural aid for cramps and spasms in the legs, calves, feet, or hands that occur while resting, at night, or from athletic overexertion.

Complimentary Formulas: Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Wounds Recovery • TMJ/Jaw Formula • Liver Detox • Lymph Detox • Bone Strengtheners

Leg Cramps & Spasms Ingredients: Calcarea carbonica • Cuprum metallicum • Gnaphalium polycephalum • Hyoscyamus niger • Ignatia amara • Magnesia phosphorica • Nux vomica • Passiflora incarnata • Platinum metallicum • Plumbum metallicum • Secale cornutum • Strychninum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Migraine Freee...

Indications for Use: For symptomatic relief of: migraine headaches, sick, throbbing, or occipital headache, nausea, sun or morning headaches.

Remarks: Can be helpful for headaches that are not diagnosed as migraine.

Complementary Formulas: Constitutional Enhancer • Headache Freee... • Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • Yeast Freee... • Burnout • Allergies: Food Chemicals • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • PMS Relief • Menopause • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Migraine Freee... Ingredients: Gelsemium sempervirens • Glonoinum • Iris versicolor • Kail carbonicum • Lycopodium clavatum • Natrum muriaticum • Niccolum metallicum • Nux vomica • Sanguinaria canadensis

• Secale cornutum • Spigelia anthelmia • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Restless Leg Syndrome

Indications for Use: A natural aid for leg discomforts: restless legs - compelling urge to move the legs that is often worse at night, cramping, burning, pain and uneasiness, twitching, drawing and jerking movements, heavy, weak, stiff or numb feeling in legs and feet.

Complementary Formulas: VeinoPlex • Intense Anxiety • Sporting Edge • Artery/Cholesterol/BP • Constitutional Enhancer • Arthritis & Joint Relief • Bone Strengthener • Burnout • Bio Reset/Jet Lag

Restless Leg Syndrome Ingredients: Arsenicum album • Bufo rana • Causticum • Chamomilla • Crotalus horridus • Digitalis purpurea • Lachesis mutus • Liliium tigrinum • Pulsatilla • Rhus toxicodendron • Sulphur • Tarentula hispana • Viscum album • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

SciatiPlex

Indications for Use: For temporary relief of symptoms associated with sciatica: shooting pain, numbness and tingling, burning sensation, leg spasms, muscle cramps, tightness and stiffness, phantom pains.

Remarks: Can be helpful for other nerve irritations not in the leg, such as in the face, head, arm, or carpal tunnel syndrome.

Complementary Formulas: Constitutional Enhancer • Back & Neck, Muscle & Joint Injuries • Muscle Maximizer • Wounds Recovery • TremorPlex • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery/Cholesterol/BP • VeinoPlex • Calcium Metabolizer • Arthritis & Joint Relief • Sporting Edge • Bone Strengthener

SciatiPlex Ingredients: Aesculus hippocastanum • Ammonium muriaticum • Arsenicum album • Belladonna • Capsicum annuum • Causticum • Colchicum autumnale • Colocynthis • Gnaphalium polycephalum • Ignatia amara • Magnesia phosphorica • Rhus toxicodendron. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Tinnitus Relief

Indications for Use: For temporary relief of symptoms: intermittent, continuous or pulsating ear sounds (buzzing, hissing, and whistling), acute sensitivity to sounds, hearing loss.

Remarks: Consider for exposure to loud noises that may cause ringing in the ears.

Complementary Formulas: Constitutional Enhancer • Earache Formula • Arthritis Relief • Calcium Metabolizer • M3: Metabolic Mineral Modulator • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control • Back, Neck, Muscle & Joint Injuries

Tinnitus Relief Ingredients: Arnica montana • Calcarea carbonica • Chenopodium anthelminticum • Chininum salicylicum • Cimicifuga racemosa • Coffea tosta • Kali iodatum • Kalmia latifolia • Magnesia carbonica • Manganum aceticum • Manganum carbonicum • Mercurius vivus • Natrum salicylicum • Salicylicum acidum • Thiosinaminum • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

TremorPlex

Indications for Use: For twitching, trembling of the arms, hands, legs, neck or head; weakness, stiffness or spasms of the muscles.

Remarks: Has helped some seizure patients.

Complementary Formulas: Constitutional Enhancer • Stress Control • First Aid for Mind & Body • Back, Neck, Muscle & Joint Injuries • Muscle Maximizer • Sporting Edge • ApoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • TMJ/Jaw Formula • Burnout • Sluggish Mind

TremorPlex Ingredients: Agaricus muscarius • Argentum nitricum • Causticum • Gelsemium sempervirens • Heloderma • Hyoscyamus niger • Manganum aceticum • Mercurius solubilis • Stramonium • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Wounds Recovery

Indications for Use: For pain, infection, adhesions, and scarring from cuts, bruises, and other traumas to the skin and soft tissues.

Remarks: Consider using for pre and post-operation procedures to help speed up the healing process and prevent complications and infections.

Complementary Formulas: Constitutional Enhancer • Scar Cure • Bacterio Reliever • Sporting Edge • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox

Wounds Recovery Ingredients: Arnica montana • Bellis perennis • Bryonia • Calendula officinalis • Carbo vegetabilis • Hamamelis virginiana • Hepar sulphuris calcareum • Hypericum perforatum • Millefolium • Rhus toxicodendron • Staphysagria • Symphytum officinale • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

SKIN

Acne Clear

Indications for Use: For symptoms of acne: pimples, blackheads, oily skin, skin eruptions, unhealthy skin, teenage acne, adult acne, skin inflammation, uneven skin tone, and menstrual breakouts.

Remarks: Has helped certain infant skin problems.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • Yeast Free... • Scar Cure • Poison Ivy & Oak Relief • Bacterio Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • PMS Relief • Attention & Learning Enhancement • Acute Viro Reliever

Acne Clear Ingredients: Antimonium tartaricum • Asterias rubens • Ferrum metallicum • Hepar sulphuris calcareum • Kali bromatum • Natrum muriaticum • Sanguinaria canadensis • Selenium metallicum • Sepia • Silicea • Sulphur • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Athlete's Foot Fighter

Indications for Use: For fast relief of symptoms of athlete's foot: itching, burning, dryness, sensitivity, irritated, chapped, cracked or scaling skin, sweaty or offensive foot odor, deformed, brittle nails or hangnails.

Remarks: Has helped some yeast overgrowth.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • Yeast Freee... • Odor Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • Cold Sores & Herpes • Hair & Nails Formula

Athlete's Foot Fighter Ingredients: Alumina • Anatherum muricatum • Apis mellifica • Arsenicum album • Butyricum acidum • Hydrocotyle asiatica • Mezereum • Petroleum • Rhus toxicodendron • Sepia • Silicea • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Bug Away

Indications for Use: Temporarily relieves symptoms of insect bites and stings: itching, swelling, irritations, discomforts, redness, burning, pain.

Remarks: Helps correct the internal mechanisms that cause certain insects to be attracted to certain people. Dr. King uses it both topically and orally.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • Acne Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Poison Ivy & Oak Relief • LymePlex • Acid Clenz • VaccinoClenz

Bug Away Ingredients: Apis mellifica • Cistus canadensis • Citricum acidum • Hypericum perforatum • Kali nitricum • Ledum palustre • Lycopodium clavatum • Mezereum • Pulex irritans • Pulsatilla • Staphysagria • Sulphur • Urtica urens. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Cold Sores & Herpes

Indications for Use: For fast relief of symptoms: fever blisters, cold sores, stinging, tingling, itching, and swelling of minor skin eruptions of the face or genitals associated with herpes simplex virus.

Remarks: May be helpful for Chicken Pox.

Complementary Formulas: Constitutional Enhancer • Colds & Flu • Swollen Glands Relief • Poison Ivy & Oak Relief • Skin Irritations & Itch Relief • Acne Clear • Calcium Metabolizer • Acute Viro Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control

Cold Sores & Herpes Ingredients: Apis mellifica • Arsenicum album • Borax • Capsicum annuum • Graphites • Mentha piperita • Mezereum • Natrum muriaticum • Nux vomica • Petroleum • Ranunculus bulbosus • Rhus toxicodendron. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Hair & Nails Formula

Indications for Use: For relief of dry, irritated, itchy or flaking scalp, dandruff, oily or dry hair, rough, brittle or ingrown nails.

Remarks: This product could also be great for any mineral deficiency related condition.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • ParaClenz • Calcium Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bone Strengtheners • Artery/Cholesterol/BP Formula • VeinoPlex • Yeast Free...

Hair & Nails Formula Ingredients: Adrenalinum • Antimonium crudum • Arsenicum album • Natrum muriaticum • Phosphoricum acidum • Phosphorus • Pix liquida • Selenium metallicum • Silicea • Sulphur • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

No Sweat Anti-Perspirant

Indications for Use: Formulated to help with internal control of excessive perspiration.

Remarks: Works on the internal or metabolic causes of excessive perspiration. Assists immune and toxic issues behind excessive sweating.

Complementary Formulas: Constitutional Enhancer • Odor Free... • Menopause • Addictions • Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control • Skin Irritations & Itch Relief • Colds & Flu • Allergies: Food Chemicals

No Sweat Anti-Perspirant Ingredients: Antimonium tartaricum • Calcarea carbonica • Cinchona officinalis • Mercurius solubilis • Mercurius vivus • Pilocarpus • Phosphoricum acidum • Sambucus nigra • Silicea • Sulphuricum acidum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Odor Free...

Indications for Use: For temporary relief of offensive body odors.

Remarks: Formulated to aid the internal or metabolic causes of excess body odor, thus enhancing overall health.

Complementary Formulas: Constitutional Enhancer • No Sweat Anti-Perspirant • Athlete's Foot Fighter • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Yeast Free... • M3: Metabolic Mineral Metabolizer • Water Retention Control

Odor Free... Ingredients: Baptisia tinctoria • Carbo animalis • Guaiacum • Lycopodium clavatum • Mercurius solubilis • Nitricum acidum • Petroleum • Sepia • Silicea • Sulphur • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Poison Ivy & Oak Relief

Indications for Use: For temporary relief of skin irritations related to poison ivy, poison oak, poison sumac, detergents, cosmetics, or other irritants: minor swelling, itching, burning sensation, rashes, skin eruptions with oozing.

Remarks: Like any other homeopathic formula, this can be helpful for any related conditions such as Chicken Pox or Herpes.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • Acne Clear • Athlete's Foot Fighter • Cold Sores & Herpes • Blood & Kidney Detox • Liver Detox • Lymph Detox

Poison Ivy/Oak Relief Ingredients: Anacardium occidentale • Clematis erecta • Croton tiglium • Cypripedium pubescens • Echinacea purpurea • Erechites hieracifolia • Grindelia • Graphites • Histaminum hydrochloricum • Mezereum • Rhus toxicodendron • Urtica urens. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

ScarCure

Indications for Use: A natural aid for: scar tissue, tendencies toward scarring, adhesions after operations, injuries, or infections.

Remarks: Can reduce scars and adhesions over time. Improvement can be noticed by the patient as early as 2 weeks to 4 months.

Complementary Formulas: Constitutional Enhancer • Wounds Recovery • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Muscle Maximizer • Sporting Edge • Arthritis & Joint Relief

Scar Cure Ingredients: Arnica montana • Calcarea fluorica • Calcarea phosphorica • Calendula officinalis • Graphites • Hydrofluoricum acidum • Phytolacca decandra • Sabina • Silicea • Thiosinaminum • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

ShinglePlex

Indications for Use: For temporary relief of symptoms of Herpes zoster (shingles): itching, burning, painful irritations and vesicles.

Complementary Formulas: Constitutional Enhancer • Poison Ivy & Oak Relief • Cold Sores & Herpes • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Muscle Maximizer • Sporting Edge • Arthritis & Joint Relief

ShinglePlex Ingredients: Arsenicum album • Capsicum • Mentha piperita • Mezereum • Natrum muriaticum • Ranaculus bulbosus • Rhus toxicodendron. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Skin Irritations & Itch Relief

Indications for Use: For relief of irritations and itching from rashes, hives and red, burning, sensitive, dry, rough, scaly or chapped skin.

Remarks: Like any homeopathic this targets the underlying causes. Also consider intestinal issues and toxicity.

Complementary Formulas: Constitutional Enhancer • Acne Clear • Scar Cure • Cold Sores & Herpes • Athlete's Foot Fighter • Poison Ivy & Oak Relief • Bug Away • Hair & Nails Formula • Wart Freee... • Yeast Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox • LymePlex • Allergies: Food Chemicals

Skin Irritations & Itch Relief Ingredients: Agaricus muscarius • Alumina • Anagallis arvensis • Antimonium tartaricum • Apis mellifica • Arsenicum album • Arsenicum iodatum • Bovista • Causticum • Dolichos pruriens • Fagopyrum esculentum • Graphites • Kali muriaticum • Muriaticum acidum • Oleander • Petroleum • Pix liquida • Radium bromatum (12X, 30X, 100X, 1M, LM1, LM2, LM3) • Rhus toxicodendron • Selenium metallicum • Sulphur • Urtica urens. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies, except as otherwise noted.*

Wart Freee...

Indications for Use: A natural aid for warts on hands, fingers, face, feet, and genital areas. Relieves itching, burning, dry, scaly, unhealthy skin.

Complementary Formulas: Constitutional Enhancer • Skin Irritations & Itch Relief • Allergies: Mold • Acne Clear • Bug Away • Athlete's Foot Fighter • Scar Cure • Blood & Kidney Detox • Liver Detox • Lymph Detox

Wart Free... Ingredients: Antimonium crudum • Causticum • Dulcamara • Kali muriaticum • Nitricum acidum • Sabina • Staphysagria • Sulphur • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies, except as otherwise noted.*

SLEEP

Bio Reset/Jet Lag

Indications for Use: Temporarily relieves symptoms due to jet lag/shift change: fatigue, sleeplessness, irritability, nervous tension, spasmodic yawning, drowsiness.

Remarks: Helpful for people sensitive to low levels of radiation, or exposure to electricity and geopathic stresses. Also for those with declining health from lack of exposure to sunlight. Consider for people who feel off center or out of sync with life.

Complementary Formulas: Constitutional Enhancer • Sleep Aid • Burnout • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control • Chemo Clenz

Bio Reset/Jet Lag Ingredients: Cocculus indicus • Colchicum autumnale • Gelsemium sempervirens • Juniperus communis • Kali phosphoricum • Kali carbonicum • Nux vomica • Passiflora incarnata • Phosphoricum acidum • Phosphorus. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Sleep Aid

Indications for Use: For relief of symptoms due to occasional sleeplessness: inability to fall or stay asleep, restless tossing, fear and worry, light sleeping, and overactive mind.

Remarks: Will not cause next-day grogginess.

Complementary Formulas: Constitutional Enhancer • Stress Control • Bio Reset/Jet Lag • First Aid for Mind & Body • Grief • Guilt • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Good Mood Enhancer • Mood Changes • Calcium Metabolizer

Sleep Aid Ingredients: Aconitum napellus • Aesculus hippocastanum flos • Arsenicum album • Avena sativa • Belladonna • Camphora • Cinchona officinalis • Coffea cruda • Cypripedium pubescens • Hyoscyamus niger • Passiflora incarnata • Pulsatilla • Valeriana officinalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Snore Control

Indications for Use: For symptomatic relief of snoring: slow labored breathing, stuffy nose, heaviness of chest, sense of suffocation.

Remarks: Can be helpful for certain respiratory allergies.

Complementary Formulas: Constitutional Enhancer • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • TonsilPlex • Lungs & Bronchial Relief • Heart Regularity • VeinoPlex • ApoPlex • Colds & Flu • Sore Throat & Laryngitis • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox

Snore Control Ingredients: Bromium • Chamomilla • Cinchona officinalis • Cuprum metallicum • Helleborus niger • Laurocerasus • Nux vomica • Phosphoricum acidum • Rhus toxicodendron • Silicea • Stramonium • Zinc metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

SPORTS

Muscle Maximizer

Indications for Use: A natural aid for: fatigue, stiffness, pain, weakness, trembling of muscles, weak memory, stress, sleeplessness.

Remarks: Can be effective for both males and females. Consider for people with chronic health problems, weak muscles and joints and recurring subluxations.

Complementary Formulas: Constitutional Enhancer • Bone Strengtheners • Arthritis & Joint Relief • Teeth & Gum Formula • Hair & Nails Formula • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Sporting Edge • Bio Reset/Jet Lag

Muscle Maximizer Ingredients: Adrenalinum • Alfalfa • Avena sativa • Baryta carbonica • Baryta iodata • Baryta muriatica • Calcarea carbonica • Calcarea fluorica • Calcarea phosphorica • Lycopodium clavatum • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Sporting Edge®

Indications for Use: For temporary relief of: muscle and joint soreness, aches, morning stiffness, bruises and tightness after sports participation, exercise or exertion.

Remarks: Consider for people with chronic health problems. Top end athletes who measure themselves daily will notice the most results.

Complementary Formulas: Constitutional Enhancer • Muscle Maximizer • Arthritis & Joint Relief • Burnout • Calcium Metabolizer • Back, Neck, Muscle & Joint Injuries • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox

Sporting Edge® Ingredients: Arnica montana • Kali carbonicum • Kali phosphoricum • Lacticum acidum • Natrum phosphoricum • Quebracho • Rhus toxicodendron • Sarcosylacticum acidum • Zincum oxydatum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

URINARY

Bladder Incontinence

Indications for Use: For symptomatic relief of: involuntary urination, urinary leakage with strain, sneeze, or laughter, frequent urination, burning while urinating, and associated back pain.

Remarks: Helpful for children, pregnant women and the elderly.

Complementary Formulas: Constitutional Enhancer • Urinary Tract Infections • Bedwetting Prevention • Calcium Metabolizer • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • Sluggish Mind • Birth Ease • Yeast Freee...

Bladder Incontinence Ingredients: Alumina • Bellis perennis • Belladonna • Benzoicum acidum • Causticum • Equisetum hyemale • Lycopodium clavatum • Phosphorus • Plantago major • Rhus aromatica • Sepia. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Urinary Tract Infections

Indications for Use: For symptomatic relief of urinary tract infections/irritations: inflammation, burning, straining to urinate, pain in kidney region, low back pain, frequent urination.

Remarks: Helpful for males and females.

Complementary Formulas: Constitutional Enhancer • Bladder Incontinence • Bed Wetting Prevention • GynePlex • Prostate Strengtheners • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Fever Reliever

Urinary Tract Infections Ingredients: Apis mellifica • Argentum nitricum • Berberis vulgaris • Cantharis • Cuprum arsenicosum • Equisetum hymale • Lycopodium clavatum • Mercurius corrosivus • Oxalicum acidum • Plumbum metallicum • Sarsaparilla • Terebinthina. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

WEIGHT

Appetite & Weight with P.H.A.T.

Indications for Use: For symptoms contributing to: excessive appetite, cravings, overeating, constitutional tendency to gain fat, obesity, cravings for sweets and starches, water retention, ravenous hunger, excess weight, abdominal fat.

Remarks: P.H.A.T. stands for Pituitary, Hypothalamus, Adrenals, and Thyroid: the glands that, when out of balance, may cause the body to store fat in specific areas. The HPUS ingredients in this formula help balance those glands. This is a very powerful and broad acting product for the multiple causes of obesity and general weight gain. Hypothyroidism, stress eaters, extreme voracious hungers, subtle hungers, peculiar cravings, inherited/genetic causes of obesity, a wide-range of associated mental and emotional factors, indifference to the way one looks or how they take care of themselves, aversions to work, exertion or exercise, helps heal digestive disorders or weakened GI tracts from the abuse of overeating.

Complementary Formulas: Constitutional Enhancer • Burnout • Water Retention • AddictaPlex • Yeast Freee... • Indigestion Relief • Appetite Enhancer • Jet Lag & Shift Change • Good Mood Enhancer • Mood Changes • Anxiety & Nervousness • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy, Food & Chemical Symptom Reliever

Appetite & Weight with P.H.A.T. Ingredients: Adrenalinum • Adrenocorticotrophin • Agrimonia eupatoria flos • Anacardium orientale • Antimonium crudum • Calcarea carbonica • Castanea sativa flos • Cortisone aceticum • Fucus vesiculosus • Hypothalamus • Kali bichromicum • Oleander • Pituitarum posterium • Sabadilla • Staphysagria • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Appetite Enhancer

Indications for Use: A natural aid for: loss of appetite, no desire to eat, aversion to food, and inability to bear the sight or smell of food.

Remarks: A great remedy for children, adults, and the elderly.

Complementary Formulas: Constitutional Enhancer • Eating Disorders • Appetite Control • Weight Control • Eating Disorders • Attention & Learning Enhancement • Indigestion Relief • Addictaplex • Stress Control • Burnout • Tummy Aches • Colic Relief • Yeast Freee... • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox

Appetite Enhancer Ingredients: Alumina • Antimonium crudum • Arsenicum album • Asarum europaeum • Baptisia tinctoria • Carbolicum acidum • Chininum arsenicosum • Cocculus indicus • Lecithin • Picricum acidum • Pulsatilla • Rhus toxicodendron • Silicea • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Eating Disorders

Indications for Use: A natural aid for regulating normal appetite. Provides relief of nausea, vomiting, loss of appetite, digestive tract disturbances, and emotional sensitivity that may be associated with eating disorders.

Remarks: Consider for compulsive personalities (in general).

Complementary Formulas: Constitutional Enhancer • Indigestion Relief • AddictaPlex • Appetite Enhancer • PMS Relief • Allergies: Food Chemicals • Mood Changes • Menopause Relief • GallPlex • Burnout • Nausea & Motion Sickness • Appetite Control • Weight Control • Blood & Kidney Detox • Liver Detox • Lymph Detox

Eating Disorders Ingredients: Antimonium crudum • Cinchona officinalis • Ferrum metallicum • Hyoscyamus niger • Ignatia amara • Natrum muriaticum • Nux vomica • Phosphoricum acidum • Pulsatilla • Staphysagria • Thuja occidentalis • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

Water Retention Control

Indications for Use: For temporary relief of common water retention and edema in the hands, feet, legs, ankles.

Remarks: Use as needed.

Complementary Formulas: Constitutional Enhancer • Appetite Control • Weight Control • PMS Relief • Menstrual Cramps & Irregularities • Arthritis & Joint Relief • Gout Symptom Relief • Menopause • Constipation Relief • M3: Metabolic Mineral Modulator

Water Retention Control Ingredients: Aceticum acidum • Apis mellifica • Apocynum cannabinum • Berberis vulgaris • Cahinca • Digitalis purpurea • Helleborus niger • Hydrocotyle asiatica • Natrum muriaticum • Oxydendrum arboreum • Plumbum metallicum • Sambucus nigra • Solidago virgaurea • Strophanthus hispidus. *Each ingredient is in equal volumes of 10X, 30X, 100X, 1M, LM1, LM2, and LM3 potencies.*

MIND & BODY

For Total Health of Body, Mind & Emotions

Our level of mental, emotional and physical health is directly connected to living complete and fulfilling lives. Since we can all benefit from an enhanced state of being, supporting the necessary levels of our health is essential. Dr. King developed the Mind & Body formulas to specifically support mental and emotional health, since it is the foundation of a comprehensive health program.

The mental, emotional and dream realms provide keynote symptomatic patterns that lead the homeopathic doctor to the core remedies that impact the patient with the most effectual, positive, life-changing results. **SafeCareRx Mind & Body** formulas are designed to be safe and effective for all individuals, from young children to grandparents, allowing us all to grow and develop into our full potential!

The SafeCareRx Mind & Body line is designed to:

- ◆ Actively correct chronic, recurring and resistant health problems
- ◆ Proactively enhance our ability to maximize our health.

Other healthcare approaches have been developed to support mental and emotional health, however, the powerful benefits provided by the synergistic combination of flower essences and homeopathic ingredients reaches a new level of therapeutic ability, complementary to all forms of conventional care, from counseling to prescription medications.

The multi-ingredient, multi-potency method of formulation has been designed and carefully refined through decades of clinical experience. King Bio uses key ingredients backed by double-blind studies and clinical confirmations which have withstood the tests of time and adversity. By using these select ingredients and powerful formulations in the research, development and manufacturing of the SafeCareRx Mind & Body (M&B) formulas, we provide medicines which empower you and your patients to reach higher levels in health.

Homeopathy has accumulated research and double-blind studies for over 200 years called "provings." Provings confirm the specific mental and emotional therapeutic applications of hundreds of substances that have clinical evidence of efficacy and safety. This unique and detailed clinical information is listed in numerous books called homeopathic Materia Medicas and Repertories. These books describe not only the mental and emotional, but also the physical conditions related to each substance. In this way, we are able to determine specific mind-body connections and create homeopathic medicines that work on all levels.

SafeCareRx M&B formulas include a synergistic blend of carefully selected homeopathic ingredients and flower essences brought to 7 homeopathic potencies using our Bio-Energetically Enhanced pure water base. This process allows each ingredient to reach a powerful level of efficacy which they could not achieve alone. The Mind & Body formulas are usually made in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies. This broad-spectrum of therapeutic potencies is designed to work deeply at every level of our health, and is essential to our mental, emotional and physical well-being.

SafeCareRx M&B formulas are designed to complement other therapies, programs or medications. These formulas correct, restore, and enhance mental and emotional health, including the deepest emotions, memories, and innate needs of our inner selves. They assist our powers of choice, responsibility and accountability in life.

Enjoy the journey!

SafeCareRx M&B formulas offer your practice the following advances and advantages:

- Complete mind-body solutions for the whole person (combining the potentized powers of homeopathy and flowers essences).
- Higher percentages of cure and correction.
- Bio-energetically enhanced pure water base with no alcohol or sugar.
- Odor and taste free.
- Easy, one-handed, medically metered pump spray delivery.
- Multiple delivery options which can be applied internally and externally (orally, topically or through nasal nebulization).
- Broadens your scope of practice.
- Offers more therapeutic power to crack the chronic, recurring, resistant and so-called incurable problems perplexing our society.
- Can make clinical claims to better help both doctor and patient understand and apply its many therapeutic effects.
- Credible FDA registered all-natural homeopathic drug products that can be applied with greater competence by the doctor and received with confidence by the patient.
- Clinically tested on humans for both safety and efficacy.
- Safe, no known negative side effects, no known negative drug interactions, no contraindications, non-habit forming or addictive.
- Can be used with people on multiple medications.
- May be used with reflex response test procedures to help discover and discern what products are needed for optimal dosages, and when to start, stop, change or restart the formulas.
- Prevent potential health problems, physically, mentally and emotionally.
- Proactively promote personal growth for a more successful and fulfilling life.
- Safe enough for children, strong enough for adults.

MIND & BODY PRODUCT DESCRIPTIONS

Addictaplex

Indications for use: For symptomatic relief of: cravings and desires, general addictive tendencies, negative effects of substance abuse.

Remarks: Consider this product for addictive disorders or personalities as well, such as those suffering from compulsive eating. *Possible related physical conditions: Headache, disorders of sleep and appetite, convulsions or tremors, ulcerations.*

Complementary Formulas: First Aid for Mind & Body • Smoke Control • Grief • Overly-Sensitive • Self-Pity • Melancholic • repressed Sexual Issues • Religious Issues • Sluggish Mind • Insecurity • Stress Control • Lonely • Heart Ache • Self-Abuse • Aversion to Change • Apathy • Spaced-Out • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Sleep Aid • Burnout

Addictaplex Ingredients: Adrenalinum • Aesculus hippocastanum flos • Agrimonia eupatoria flos • Avena sativa • Bryonia • Capsicum annuum • Carboolicum acidum • Coffea cruda • Helianthus annuus • Juglans regia flos • Lonicera caprifolium flos • Lycopodium clavatum • Nux vomica • Passiflora incarnata • Phytolacca decandra • Sanicula (16X, 36X, 106X, LM1, 2, 3). *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3 and LM5 potencies, except as otherwise noted.*

Alcoholism

Indications for use: A natural aid for the emotional and physical effects of alcohol, alcoholic tendencies or predisposition, discontent, and irritability.

Remarks: May be helpful for other addictions. Consider for those with history of alcoholism in the family. *Related conditions: affections of liver, kidneys, heart, indigestion, debility, diarrhea.*

Complementary Formulas: Addictions • First Aid for Mind & Body • Grief • Overly-Sensitive • Self-Pity • Melancholic • Repressed Sexual Issues • Religious Issues • Sluggish Mind • Insecurity • Stress Control • Lonely • Heart Ache • Personality Changes • Physical Anger • Easily Angered • Aversion to Change • Apathy • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Sleep Aid

Alcoholism Ingredients: Aesculus hippocastanum flos • Agrimonia eupatoria, flos • Apocynum cannabinum • Arsenicum album • Asarum europaeum • Avena sativa • Capsicum annuum • Carboneum sulphuratum • Gelsemium sempervirens • Helianthus annuus • Juglans regia flos • Lonicera caprifolium flos • Naja tripudians • Paullinia sorbilis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Apathy

Indications for use: A natural aid for indifference, apathy, lethargy, lack of willpower.

Remarks: Can be helpful for passivity and inability to take a stand or for those who are easily swayed. Apathy may accompany physical lethargy and fatigue. Consider for those who desire vitality, vigor, enthusiasm. *Possible related physical conditions: anemia, debility, headache, rheumatism, tuberculosis, liver disorders.*

Complementary Formulas: Good Mood Enhancer • Sluggish Mind • Calloused • Indecisive • Neglectful • Lonely • Chagrined • Melancholic • Reserved • Self-Pity • Aversion to Exertion • Procrastination • Spaced-Out • Aversion to Change • Burnout • Constitutional Enhancer • Male Strengtheners

Apathy Ingredients: Adrenalinum • Bromus ramosus flos • Calcarea iodata • Capsicum annuum • Carduus marianus • Carpinus betulus flos • Chelidonium majus • Chionanthus virginica • Cinchona officinalis • Cytisus scoparius • Juglans regia flos • Mentha piperita • Oxytropis lambertii • Parthenium • Phosphoricum acidum • Picricum acidum • Saponaria officinalis • Scleranthus annuus flos • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Aversion to Change

Indications for use: A natural aid for fear of change, resistance to change, aversion to change, inflexibility, apprehension, dogmatism, obstinate.

Remarks: Can be helpful for preparing for positive change. Consider for those who desire flexibility, fearlessness, and self-confidence. *Possible related physical conditions: Myopia, inflammation of heart, intestine, or breast, bronchitis, feet which burn and perspire or are cold and sore.*

Complementary Formulas: Serious • Indecisive • Procrastination • Insecurity • Stubborn & Contentious • Stress Control • Apathy • Spaced-Out • Nostalgia • Melancholic • Grief • Aversion to Exertion • Fear & Phobia • Intense Anxiety • Complaining • Prejudice • Constitutional Enhancer

Aversion to Change Ingredients: Berberis aquifolium • Bryonia • Carbo vegetabilis • Guaiacum • Juglans regia flos • Kali bichromicum • Lonicera caprifolium flos • Mezereum • Natrum muriaticum • Phosphoricum

acidum • Silicea • Spongia tosta • Thuja occidentalis • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Aversion to Exertion

Indications for use: A natural aid for aversion to work, aversion to mental or physical exertion, languor, lack of will power, despondency about business.

Remarks: Especially helpful for unemployed individuals who find it difficult to become motivated in their job search, or employed individuals who desire greater ambition and motivation regarding their job. Consider for those whose desire vitality, vigor, self-motivation, will-power. *Possible related physical conditions: Varicose veins, ankle swelling/weakness, chorea characterized by jerky, spasmodic movements, neuralgia, hemorrhoids, affections of bone, tongue coated or ulcerated.*

Complementary Formulas: Apathy • Procrastination • Complaining • Sluggish Mind • Spaced-Out • Insecurity • Intense Anxiety • Indecisive • Melancholic • Good Mood Enhancer • Stress Control • Reserved • Constitutional Enhancer

Aversion to Exertion Ingredients: Adrenalinum • Agaricus muscarius • Aloe socotrina • Bovista • Calcarea carbonica • Carpinus betulus flos • Chelidonium majus • Cocculus indicus • Helonias dioica • Hydrofluoricum acidum • Kali phosphoricum • Mimosa humilis • Rosmarinus officinalis • Sulphur • Tanacetum vulgare • Taraxacum officinale • Tropaeolum majus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Burnout

Indications for Use: Temporarily relieves symptoms due to fatigue: headaches, drowsiness, inability to fall sleep, sweet food cravings, sudden drain of energy, nausea.

Remarks: Consider this product for any general fatigue relief. *Possible related physical conditions: Cramps, headache, diabetes, fluid retention, chronic rheumatism.*

Complementary Formulas: Constitutional Enhancer • Sleep Aid • Nausea & Motion Sickness • Headache • Migraine Formula • Stress Control • First Aid for Mind & Body

Burnout Ingredients: Adrenalinum • Aesculus hippocastanum flos • Alfalfa • Allium sativum • Ambra grisea • Anacardium orientale • Argentum nitricum • Avena sativa • Calcarea carbonica • Carboneum oxygenisatum • Carpinus betulus flos • Citricum acidum • Gelsemium sempervirens • Hypothalamus • Kali phosphoricum • Lecithin • Mentha piperita • Olea europaea flos • Phosphoricum acidum • Pituitarum posterium • Selenium metallicum • Sepia • Silicea • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Calloused

Indications for use: A natural aid for hard-heartedness, fear of losing control, indifference, coldness toward others.

Remarks: For an enhanced ability to understand one's self and others. Individuals in need of this formula may have traumatic experiences in their past. Consider for those who desire to feel and care for self and others, have compassion, forgiveness, and light-heartedness. *Possible related physical conditions: Numbness, paralysis, psoriasis, pleurodynia intercostal muscle pain or muscular rheumatism, stiff neck, indigestion.*

Complementary Formulas: Serious • Grief • Guilt • Egotistical • Religious Issues • Melancholic • Prejudice • Neglectful • Stress Control • Physical Anger • Self-Abuse • Criticize & Contradict • Repressed Sexual Issues • Constitutional Enhancer

Calloused Ingredients: Allium sativum • Anacardium orientale • Calendula officinalis • Capsicum annuum • Chamomilla • Chelidonium majus • Conium maculatum • Kali carbonicum • Lobelia cardinalis • Mancinella • Myristica sebifera • Pinus sylvestris flos • Sepia • Stigmata maidis • Taraxacum officinale • Thea sinensis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Chagrined

Indications for use: A natural aid for discouragement, disappointment, humiliation, bitterness, intolerance of criticism, rejection and contradiction.

Remarks: For individuals who are presently experiencing these symptoms, or who may be suffering from the effects of humiliating or discouraging events in their past. For those who desire harmony, self-confidence, contentment, positive attitude. *Possible related physical conditions: Eye disorders, neuralgias, indigestion, obesity, high blood pressure.*

Complementary Formulas: Melancholic • Lonely • Stress Control • Good Mood Enhancer • Calloused • Serious • Heart Ache • Overly-Sensitive • Perfectionism • Self-Pity • Insecurity • Neglectful • Religious Issues • Self-Abuse • Grief • Constitutional Enhancer

Chagrined Ingredients: Allium sativum • Argentum nitricum • Asafoetida • Calendula officinalis • Capsicum annuum • Ceanothus americanus • Colocynthis • Ignatia amara • Lachesis • Nux vomica • Pinus sylvestris flos • Lobelia cardinalis • Solidago virgaurea • Taraxacum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Claustrophobia

Indications for use: A natural aid for fear of enclosed spaces and crowds, panic, nervous tension.

Remarks: Consider with any nervous or panic disorder. For those who desire clarity and calm in constricted environments. Also consider for individuals who feel closed in and constricted by life situations such as relationships, career, etc. *Possible related physical conditions: Numbness, itching, swollen hands, affections of chest, lungs, heart.*

Complementary Formulas: Stress Control • Intense Anxiety • Perfectionism • Paranoid • Fear & Phobia • Fears & Nightmares • First Aid for Mind & Body • Repressed Sexual Issues • Expressed Sexual Issues • Insecurity • Overly-Sensitive • Hypochondria • Constitutional Enhancer

Claustrophobia Ingredients: Acontium napellus • Angelica archangelica • Argentum nitricum • Calendula officinalis • Chamomilla • Cimicifuga racemosa • Hypericum perforatum • Lobelia cardinalis • Malus pumila flos • Millefolium • Nitricum acidum • Pulsatilla • Salvia officinalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Complaining

Indications for use: A natural aid for tendencies to complain, grumble, mutter, whine, or spread negativity.

Remarks: Consider for those who desire contentment, positive attitude and expression, self-assurance. *Possible related physical conditions: Affections of liver, joints, and veins, debility and exhaustion, offensive breath and body odor, sore throat.*

Complementary Formulas: Self-Pity • Criticize & Contradict • Procrastination • Aversion to Change • Aversion to Exertion • Melancholic • Nostalgia • Immature • Overly-Sensitive • Gossipy • Grief • Chagrined • Envious • Deceitful • Indecisive • Constitutional Enhancer

Complaining Ingredients: Anethum graveolens • Arnica montana • Asafoetida • Berberis aquifolium •

Bismuthum • Calcarea phosphorica • Fagus sylvatica flos • Ilex aquifolium • Lachesis mutus • Salix vitellina flos • Sulphur • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Criticize & Contradict

Indications for use: A natural aid for tendencies to criticize, be fault-finding, insulting, censorious, take everything amiss, complain about others.

Remarks: Can be helpful for those who live in recurring conflict. Consider for those who desire harmony, compassion, positive self-expression and the ability to compliment others. *Possible related physical conditions: Varicose veins, high blood pressure, kidney stones, low libido, tendency to miscarriage, inflammation of ovaries and/or breasts.*

Complementary Formulas: Perfectionism • Envious • Stress Control • Overly-Sensitive • Complaining • Aversion to Change • Self-Pity • Vindictive • Stubborn & Contentious • Verbal Anger • Guilt • Constitutional Enhancer • Liver Detox

Criticize & Contradict Ingredients: Benzinum • Capsicum annum • Chamomilla • Guaiacum • Helonias dioica • Juglans regia flos • Lachesis mutus • Mezereum • Nux vomica • Platinum metallicum • Rock water • Salix vitellina flos • Salvia officinalis • Senega • Sepia • Sulphur • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Deceitful

Indications for use: A natural aid for tendencies to be deceitful, sly, mistrustful, and mischievous, have hidden or irrational motives, and have difficulty speaking the truth.

Remarks: Can be used for those who display devious and destructive tendencies and those who only have difficulty with white lies. Also consider for individuals struggling with the inability to maintain healthy, open relationships with others. For those who desire integrity, sincerity, honesty with oneself and others. *Possible related physical conditions: Flatulence, belching, affections of larynx, constipation, fistula.*

Complementary Formulas: Egotistical • Extravagant • Paranoid • Complaining • Self-Pity • Verbal Anger • Guilt • Immature • Prejudice • Envious • Expressed Sexual Issues • Indecisive • Constitutional Enhancer

Deceitful Ingredients: Angelica archangelica • Argentum nitricum • Asafoetida • Berberis aquifolium • Bismuthum oxydatum • Causticum • Ceanothus americanus • Ceratostigma willmottianum flos • Cuprum metallicum • Drosera • Hypericum perforatum • Ignatia amara • Ilex aquifolium flos • Lachesis mutus • Lycopodium clavatum • Nux moschata • Thuja occidentalis • Veratrum album • Verbascum thapsus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Easily Angered

Indications for use: A natural aid for: impatience, irritability, volatile temperament, quickness to anger, discontent.

Remarks: Individuals experiencing bodily discomfort and irritation often become mentally irritable as well. Consider for those who desire patience, contentment, emotional stability, impulse-control. Also helpful for irritable and volatile temper due to side-effects of some prescription drugs. *Possible related physical conditions: Gout, tooth infection, hernia, affections of the kidney and/or liver, goiter.*

Complementary Formulas: Overly-Sensitive • Stress Control • Physical Anger • Stubborn & Contentious • Verbal Anger • Criticize & Contradict • Mood Changes • Guilt • Constitutional Enhancer • Liver Detox • PMS Relief.

Easily Angered Ingredients: Aesculus carnea flos • Aesculus hippocastanum flos • Agrimonia eupatoria flos • Antimonium crudum • Avena sativa • Chamomilla • Colocynthis • Crocus sativus • Ferrum metallicum • Impatiens glandulifera flos • Kali carbonicum • Natrum muriaticum • Populus tremula flos • Staphysagria • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Egotistical

Indications for use: A natural aid for tendencies toward excessive pride, arrogance, boasting, bragging, vanity.

Remarks: Consider for those who desire understanding and respect of others, grounded sense of self, harmonious interactions, and compassion. *Possible related physical conditions: Gallstones, affections of pancreas and/or ovaries, ulcers, bruises, cancer.*

Complementary Formulas: Prejudice • Extravagant • Deceitful • Criticize & Contradict • Stubborn & Contentious • Gossipy • Immature • Calloused • Serious • Vindictive • Gossipy • Envious • Constitutional Enhancer

Egotistical Ingredients: Ferrum metallicum • Gratiola officinalis • Hamamelis virginiana • Helianthus annuus • Hottonia palustris flos • Lachesis mutus • Lilium tigrinum • Lycopodium clavatum • Moschus • Palladium metallicum • Platinum metallicum • Rhus toxicodendron • Staphysagria • Sulphur • Veratrum album • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Envious

Indications for use: A natural aid for jealousy, envy, selfishness, and greed.

Remarks: Also for individuals who put too much focus and value on material things. Consider for those who desire contentment, self-acceptance, generosity, and harmony. *Possible related physical conditions: Constipation, affections of kidney, intermittent fevers, fluid retention, pain in trachea.*

Complementary Formulas: Egotistical • Extravagant • Complaining • Self-Pity • Criticize & Contradict • Vindictive • Guilt • Insecurity • Perfectionism • Melancholic • Chagrined • Easily Angered • Deceitful • Constitutional Enhancer

Envious Ingredients: Apis mellifica • Arsenicum album • Berberis aquifolium • Bryonia • Calendula officinalis • Hottonia palustris flos • Hyoscyamus niger • Ilex aquifolium flos • Ipecacuanha • Kali carbonicum • Lilium tigrinum • Mimulus guttatus flos • Oleum santali • Prunus cerasifera flos • Pulsatilla • Sulphur • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Expressed Sexual Issues

Indications for use: A natural aid for tendencies toward lewdness and lasciviousness, sexual compulsiveness, exhibitionism, inappropriate sexual excitement.

Remarks: Can be helpful for those whose sexuality controls them rather than them controlling their sexuality. Consider for those seeking healthy sexual expression and fulfillment. *Possible related physical conditions: syphilis, gonorrhoea, herpes, uterine prolapse, impotence, priapism prolonged erection without stimulation, spermatorrhea discharge of semen without orgasm, inflammation of the prostate, abnormal menstruation, offensive vaginal discharge.*

Complementary Formulas: Repressed Sexual Issues • Gambling • Addictions • Religious Issues • Perfectionism • Extravagant • Egotistical • Insecurity • Immature • Mood Changes • Lonely • Obsessions/Compulsions • Constitutional Enhancer • Male Strengthener • Female Enhancer

Expressed Sexual Issues Ingredients: Arnica montana • Avena sativa • Cantharis • Chamomilla • Helianthus annuus • Hyoscyamus niger • Malus pumila flos • Mimulus guttatus flos • Moschus • Murex purpurea • Ocimum basilicum • Ornithogalum umbellatum flos • Phytolacca decandra • Platinum metallicum • Salix nigra • Stramonium • Tarentula hispana • Yohimbinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Extravagant

Indications for use: A natural aid for tendencies to shop habitually, spend excessively, strive to live beyond one's means, dress and act extravagantly, display extreme eccentric behavior.

Remarks: Can be helpful for recurring debt from living beyond our means or the desire to do so. For those desiring groundedness, self-esteem, contentment and fulfillment. This mental state may stem from among other things: addictive tendencies, a desire for attention, or dissatisfaction with oneself and one's life. *Possible related physical conditions: Sciatica, affections of the heart, uterus, ears and eyelids, diarrhea.*

Complementary Formulas: Envious • Hyperactive • Gambling • Stress Control • Neglectful • Immature • Egotistical • Insecurity • Self-Pity • Fear & Phobia • Indecisive • Constitutional Enhancer

Extravagant Ingredients: Agrimonia eupatoria flos • Belladonna • Ceratostigma willmottianum flos • Cinchona officinalis • Conium maculatum • Curare • Juglans regia flos • Lachesis mutus • Lilium tigrinum • Palladium metallicum • Pinus sylvestris flos • Rheum • Salvia officinalis • Verbascum thapsus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Fear & Phobia

Indications for use: A natural aid for apprehension, anxiety, fears and phobias including: heights, crowds, animals, people, places, being alone, public speaking, death, misfortune, ghosts, the unknown.

Remarks: Can help with a variety of general anxiety or stress related conditions. Consider for those who desire realism, courage, peacefulness. Also consider this formula for vague or indefinable fears and anxieties. *Possible related physical conditions: Heartburn, indigestion, nausea, sleep disorders.*

Complementary Formulas: Stress Control • First Aid for Mind & Body • Fears & Nightmares • Intense Anxiety • Paranoid • Repressed Sexual Issues • Religious Issues • Guilt • Grief • Perfectionism • Constitutional Enhancer • Sleep Aid

Fear & Phobia Ingredients: Abelmoschus • Aconitum napellus • Allium sativum • Arsenicum album • Calcarea carbonica • Cinchona • Chamomilla • Coccus indicus • Erodium • Gelsemium • Hypericum perforatum • Kali arsenicosum • Lilium tigrinum • Mimulus guttatus flos • Phosphorus • Populus tremula flos • Pulsatilla • Stramonium • Symphytum officinale • Ulmus procera flos. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Fears & Nightmares

Indications for use: A natural aid for frightening dreams, night terrors, restless tossing.

Remarks: Can help with a variety of general anxiety or stress related conditions. Consider for those who desire peaceful, restorative sleep, insightful dreams. This remedy aids in gaining uninterrupted sleep, works with deeper fears that can impair an individual throughout their life. *Possible related physical conditions: Heartburn, indigestion, nausea, sleep disorders.*

Complementary Formulas: Stress Control • First Aid for Mind & Body • Fear & Phobia • Intense Anxiety • Paranoid • Repressed Sexual Issues • Religious Issues • Guilt • Grief • Perfectionism • Constitutional Enhancer • Sleep Aid • Fatigue Relief for Mind & Body

Fears & Nightmares Ingredients: Acontium napellus • Aesculus carnea flos • Allium sativum • Aurum bromatum • Calcarea carbonica • Chamomilla • Cina • Helianthamum nummularium flos • Ignatia amara • Kali brom • Lycopodium clavatum • Mimulus guttatus flos • Paeonia officinalis • Phosphorus • Populus tremula flos • Prunus cerasifera flos • Rhus toxicodendron • Stramonium • Sulphur • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

First Aid for Mind & Body

Indications for use: A natural aid for physical, mental, and emotional stress, trauma such as abrasions, bites, burns, bruises, strains, sprains, surgical procedures, minor anxiety, nervousness, tension, and shock.

Remarks: This is a broad-spectrum product for people of all ages, from newborn to elderly. Use orally and topically for any stressful or traumatic event from performance anxieties to a scraped knee. Can help us face daily stresses or extreme stress, and the variety of related health issues. *Possible related physical conditions: Many conditions relating to stress, shock, and/or trauma.*

Complementary Formulas: Intense Anxiety • Stress Control • Self-Abuse • Heart Ache • Grief • Good Mood Enhancer • Easily Angered • Overly-Sensitive • Religious Issues • Perfectionism • Fear & Phobia • Fears & Nightmares • Claustrophobia • Verbal Anger • Physical Anger • Aversion to Exertion • Constitutional Enhancer • Burnout • Sleep Aid • Liver Detox • Lymph Detox • Blood & Kidney Detox

First Aid for Mind & Body Ingredients: Acontium napellus • Apis mellifica • Arnica montana • Bellis perennis • Bryonia • Calendula officinalis • Chamomilla • Cistus canadensis • Clematis vitalba flos • Ferrum phosphoricum • Histaminum hydrochloricum • Hypericum perforatum • Impatiens glandulifera flos • Ornithogalum umbellatum flos • Passiflora incarnata • Phosphorus • Prunus cerasifera flos • Rhus toxicodendron • Sulphur • Symphytum officinale • Trifolium pretense • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Gambling

Indications for use: A natural aid for compulsive gambling and stealing, lottery or stock market obsession, recklessness, impulsiveness and extreme risk-taking or opportunistic obsessions.

Remarks: Can be helpful for a variety of general addictive behaviors. Consider for individuals who see themselves as adrenaline junkies. Consider for those who desire self-control, contentment and fulfillment, emotional stability. *Possible related physical conditions: Toothache, altered or lost taste, heartburn, chapped, painful and/or perspiring hands, syphilis, locomotor ataxy disordered gait and loss of sense of position of lower limbs, tongue ulcerations.*

Complementary Formulas: Addictions • Extravagant • Obsessions/Compulsions • Stress Control • Egotistical • Easily Angered • Aversion to Exertion • Restless Mind • Hyperactive • Immature • Deceitful • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Sleep Aid

Gambling Ingredients: Adrenalinum • Aesculus hippocastanum flos • Agrimonia eupatoria flos • Argentum nitricum • Arnica montana • Calcarea carbonica • Capsicum annuum • Helianthus annuus • Hydrofluoricum acidum • Juglans regia flos • Lonicera caprifolium flos • Lycopodium clavatum • Magnesia muriatica • Mercurius solubilis • Platinum metallicum • Pulsatilla • Tarentula hispana. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Good Mood Enhancer

Indications for use: For temporary relief of symptoms: minor depression, discontent, minor mood swings, sadness, oversensitivity, apathy, irritability, feelings of hopelessness, despair, self-doubt, or worthlessness.

Remarks: May be helpful for symptoms of seasonal affective disorder. This remedy is a pleasant enhancement to any experience. Especially helpful for developing comfort in social settings, and approaching problems with optimism. *Possible related physical conditions: Anemia, affections of the lungs, debility, diarrhea or constipation.*

Complementary Formulas: Melancholic • Apathy • Intense Anxiety • Self-Pity • Sluggish Mind • Guilt • Grief • Heart Ache • Nostalgia • Shy • Stress Control • Chagrined • Complaining • Constitutional Enhancer • PMS Relief • Menopause • Sleep Aid

Good Mood Enhancer Ingredients: Agrimonia eupatoria flos • Anacardium orientale • Aurum metallicum • Avena sativa • Borago officinalis • Calcarea carbonica • Capsicum annuum • Carpinus betulus flos • Cimicifuga racemosa • Cinchona officinalis • Hypericum perforatum • Ignatia amara • Kali bromatum • Larix deciduas flos • Natrum carbonicum • Natrum sulphuricum • Phosphoricum acidum • Phosphorus • Pulsatilla • Sepia • Sinapis arvensis flos • Tabacum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Gossipy

Indications for use: A natural aid for: gossip, incessant talking, indiscrete or meddlesome actions, feeling uneasy during silence.

Remarks: For people who have a tendency to control conversations and have difficulty listening to others. Also helpful when used prior to situations in which one normally becomes gossipy or loquacious. Consider for those who desire to improve their listening skills, self-control, understanding and patience with self and others. *Possible related physical conditions: Foul breath and/or sour saliva, jaundice, stroke, constipation.*

Complementary Formulas: Envious • Extravagant • Verbal Anger • Deceitful • Complaining • Immature • Restless Mind • Stubborn & Contentious • Stress Control • Egotistical • Indecisive • Constitutional Enhancer

Gossipy Ingredients: Agaricus muscarius • Clematis vitalba flos • Lachesis mutus • Lathyrus sativus • Lonicera caprifolium flos • Millefolium • Myristica sebifera • Paris quadrifolia • Pastinaca sativa • Podophyllum • Pyrogenium • Rosa damascena • Sticta pulmonaria • Stigmata maidis • Stramonium • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Grief

Indications for use: A natural aid for the physical and emotional effects of grief, despair, hopelessness, worries, despondency.

Remarks: This may be a hidden cause behind many other conditions. Consider for those who desire joy and contentment. Also helpful in breaking through denial and expressing emotional pain and sadness. *Possible related physical conditions: Diabetes, affections of the heart, ears and uterus, sciatica, loss of voice, problems sleeping, headache, inflammation of the eyes, ovarian cancer.*

Complementary Formulas: First Aid for Mind & Body • Good Mood Enhancer • Heart Ache • Overly-Sensitive • Self-Pity • Aversion to Change • Stress Control • Melancholic • Apathy • Serious • Lonely • Religious Issues • Constitutional Enhancer • Sleep Aid

Grief Ingredients: Ammonium muriaticum • Apis mellifica • Aurum metallicum • Borago officinalis • Causticum • Eriodictyon californicum • Gelsemium sempervirens • Ignatia amara • Natrum muriaticum • Ornithogalum umbellatum flos • Phosphoricum acidum • Pinus sylvestris flos • Rosa damascena • Taraxacum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Guilt

Indications for use: A natural aid for emotional and physical effects of guilt, remorse, heavy conscience, tormenting thoughts.

Remarks: Can help with a variety of general anxiety or stress related conditions. Consider for those who desire forgiveness, positivity, inner strength. *Possible related physical conditions: Gastrointestinal ulceration and/or pain, hay fever, neuralgia, impotence, rheumatism, sleep disorder, weakness of back.*

Complementary Formulas: Perfectionism • Restless Mind • Religious Issues • Self-Abuse • Self-Pity • Intense Anxiety • Paranoid • Deceitful • Grief • Melancholic • Overly-Sensitive • Chagrined • Easily Angered • Criticize & Contradict • Constitutional Enhancer • Sleep Aid • Appetite & Weight with PHAT

Guilt Ingredients: Agrimonia eupatoria flos • Arsenicum album • Ceratostigma willmottianum flos • Cuprum metallicum • Cyclamen • Digitalis purpurea • Ignatia amara • Juglans regia • Millefolium • Natrum muriaticum • Phosphoricum acidum • Pinus sylvestris flos • Thuja occidentalis • Verbascum Thapsus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Heart Ache

Indications for use: A natural aid for disappointment from lost love, heavy heart, discouragement, sadness, dejection, grief, overly-sympathetic tendencies.

Remarks: Can be used for ill health effects of the above experiences. Consider for those who desire emotional healing, vibrancy, healthy ability to love again. *Possible related physical conditions: Back and chest weakness, weak or lost voice, spinal irritation, chronic fatigue, sleep disorders.*

Complementary Formulas: Good Mood Enhancer • Grief • Melancholic • Lonely • First Aid for Mind & Body • Stress Control • Chagrined • Calloused • Self-Pity • Aversion to Change • Neglectful • Guilt • Overly-Sensitive • Constitutional Enhancer

Heart Ache Ingredients: Aloe socotrina • Ambra grisea • Ammonium muriaticum • Antimonium crudum • Aurum metallicum • Borago officinalis • Cichorium intybus flos • Cimicifuga racemosa • Eriodictyon californicum • Ignatia amara • Ilex aquifolium flos • Iodum • Natrum muriaticum • Phosphoricum acidum • Rosa damascene • Stannum metallicum • Tilia europaeum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Hyperactive

Indications for use: A natural aid for hyperactivity, excitability, impulsiveness, restlessness.

Remarks: Consider for children and adults who are hyperactive or have had a history of hyperactivity. For promoting self-control, tranquility, contentment. *Possible related physical conditions: Affections of the lungs especially asthma, pneumonia or kidneys, insomnia, diabetes, vertigo.*

Complementary Formulas: Stress Control • Restless Mind • Immature • Mood Changes • Extravagant • Easily Angered • Intense Anxiety • Stubborn & Contentious • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Allergy/Food & Chemical Reliever • Attention & Learning Enhancement

Hyperactive Ingredients: Adrenalinum • Anethum graveolens • Arsenicum iodatum • Asafoetida • Belladonna • Cereus bonplandii • Chamomilla • Coffea cruda • Erodium • Impatiens glandulifera flos • Iodum • Mandragora officinarum • Solidago virgaurea • Sumbul • Thyroidinum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Hypochondria

Indications for use: A natural aid for symptoms of hypochondria such as: anxiety, worry, apprehension, despair, uneasiness regarding future health.

Remarks: Can help with a variety of general anxiety or stress related conditions. May also aid individuals who have stagnated in the healing process due to excessive focus on their physical health. Consider for those who desire confidence, contentment, vitality, vigor, healthy self-image. *Possible related physical conditions: Many related conditions of psychosomatic origin.*

Complementary Formulas: Stress Control • Perfectionism • Paranoid • Intense Anxiety • Fear & Phobia • Fears & Nightmares • First Aid for Mind & Body • Repressed Sexual Issues • Insecurity • Overly-Sensitive • Self-Pity • Obsessions/Compulsions • Constitutional Enhancer • Sleep Aid

Hypochondria Ingredients: Aconitum napellus • Allium sativum • Antimonium tartaricum • Arnica montana • Asafoetida • Cactus grandiflorus • Chamomilla • Erodium • Gratiola officinalis • Hypericum perforatum • Mezereum • Mimulus guttatus flos • Petroleum • Phosphorus • Populus tremula flos • Stannum metallicum • Staphysagria • Symphytum officinale • Ulmus procera flos. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Immature

Indications for use: A natural aid for immaturity, childish behavior, talk or fantasies, temper tantrums, awkwardness.

Remarks: Helps promote social maturity for both children and adults. Consider for those who desire emotional maturity, behavioral awareness, and groundedness. *Possible related physical conditions: Nosebleeds, itching, speech disorders, tetanus, eczema.*

Complementary Formulas: Stress Control • Egotistical • Extravagant • Deceitful • Deceitful • Gossipy • Hyperactive • Mood Changes • Indecisive • Self-Pity • Restless Mind • Complaining • Overly-Sensitive • Constitutional Enhancer

Immature Ingredients: Agaricus muscarius • Allium sativum • Anethum graveolens • Antimonium crudum • Baryta carbonica • Berberis aquifolium flos • Bufo rana • Carboneum sulphuratum • Cicuta virosa • Eriodictyon californicum • Erodium • Impatiens glandulifera flos • Lachesis mutus • Lobelia cardinalis • Lycopodium clavatum • Mimulus guttatus flos • Moschus • Natrum carbonicum • Rhus toxicodendron • Solidago virgaurea • Sulphur • Thyroidinum • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Indecision

Indications for use: A natural aid for indecisiveness, irresolution, dissatisfaction, aversion to responsibility, avoidance of high pressure situations, fickleness.

Remarks: Helps promote a more proactive life. For the fear of making a wrong decision. Also consider for individuals who need assistance in focusing firmly on their goals. Consider for those who desire clarity, courage, power of choice. *Possible related physical conditions: Parasites, lupus, debility, affections of teeth and/or tongue*

Complementary Formulas: Spaced-Out • Aversion to Change • Insecurity • Hyperactive • Apathy • Sluggish Mind • Stubborn & Contentious • Restless Mind • Fear & Phobia • Intense Anxiety • Perfectionism • Shy • Constitutional Enhancer

Indecision Ingredients: Chamomilla • Clematis vitalba flos • Croton tiglium • Curare • Dulcamara • Graphites • Ignatia amara • Iodium • Lathyrus sativus • Lonicera caprifolium flos • Millefolium • Muriaticum acidum • Rosa damascena • Saccharum officinale • Silicea • Stigmata maidis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3 and LM5 potencies.*

Insecurity

Indications for use: A natural aid for insecurity, feelings of inadequacy, nervousness, apprehension, irresolution.

Remarks: Helps develop a more positive outlook. May use before entering situations which commonly make one feel insecure or inadequate. Consider for those who desire confidence, assuredness, self-acceptance, positive self-image. *Possible related physical conditions: Asthma, speech disorders, affections of the uterus, gastric ulcers, indigestion.*

Complementary Formulas: Overly-Sensitive • Shy • Good Mood Enhancer • Indecisive • Fear & Phobia • Intense Anxiety • Paranoid • Self-Pity • Envious • Immature • Stress Control • First Aid for Mind & Body • Reserved • Aversion to Change • Constitutional Enhancer

Insecurity Ingredients: Aesculus hippocastanum flos • Antimonium crudum • Argentum nitricum • Baryta aceticum • Baryta carbonica • Borago officinalis • Cytisus scoparius • Digitalis purpurea • Graphites • Kali iodatum • Larix decidua flos • Lycopodium clavatum • Petroleum • Sambucus nigra • Verbascum thapsus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Intense Anxiety

Indications for use: A natural aid for anxiety attacks, hysteria, anguish, apprehension, fear, despair.

Remarks: Particularly helpful when used prior to entering situations which induce intense anxiety. Additional relief will be found by instructing the individual to breathe deeply after each dosage. Consider for those who desire inner-strength, tranquility, tenacity, fortitude, harmony. *Possible related physical conditions: Sciatica, affections of vision, feet, and/or lower leg, headache.*

Complementary Formulas: Stress Control • Fear & Phobia • Fears & Nightmares • Claustrophobia • Religious Issues • Paranoid • Perfectionism • Indecisive • Melancholic • First Aid for Mind & Body • Hypochondria • Grief • Gilt • Insecurity • Constitutional Enhancer • Sleep Aid

Intense Anxiety Ingredients: Acontium napellus • Aethusa cynapium • Argentum nitricum • Arsenicum album • Borago officinalis • Bryonia • Castanea sativa flos • Cytisus scoparius • Digitalis purpurea • Eriodictyon californicum • Jatropha curcas • Laurocerasus • Lolium temulentum • Mancinella • Murex purpurea • Rhus toxicodendron • Sinapis arvensis flos • Spongia tosta. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Lonely

Indications for use: A natural aid for loneliness, tearfulness, despondency, desire for sympathy or company.

Remarks: Can help with a variety of general anxiety or stress related conditions. An individual may suffer loneliness even if he or she is never physically alone or if there is an absence of meaningful relationships. Consider for those who desire resiliency, inner-strength, emotional stability. Assists individuals in developing self-respect and self-reliance so they approach relationships with openness and stability. *Possible related physical conditions: Nosebleeds, hemorrhages, vision disorders and/or eye pain, back pain, bone disorders.*

Complementary Formulas: Grief • Melancholic • Nostalgia • Shy • Self-Pity • Heart Ache • Repressed Sexual Issues • Apathy • Reserved • Egotistical • Constitutional Enhancer

Lonely Ingredients: Aesculus carnea flos • Aesculus hippocastanum flos • Ammonium muriaticum • Antimonium tartaricum • Arnica montana • Aurum metallicum • Chamomilla • Cichorium intybus flos • Cornus circinata • Eriodictyon californicum • Juglans regia flos • Kali carbonicum • Liliium tigrinum • Lonicera caprifolium flos • Magnesia sulphurica • Palladium metallicum • Rosa damascena • Sepia • Taraxacum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Melancholic

Indications for use: A natural aid for pessimism, depression, melancholy, discontent, ill-humor, gloominess.

Remarks: For general negativity that can't be shaken. The individual in need of this formula may feel exceedingly vulnerable, and maintain a negative outlook as a means of avoiding full involvement in their own lives. For those who desire joy, optimism, contentment, positive self-image. This formula is also helpful for general depression, including that of biochemical origin. *Possible related physical conditions: Cataracts, appetite loss, gout, hypothyroidism, abnormal urine.*

Complementary Formulas: Self-Pity • Chagrined • Heart Ache • Good Mood Enhancer • Reserved • Nostalgia • LonelyNeglectful • Perfectionism • Guilt • Grief • Constitutional Enhancer

Melancholic Ingredients: Alfalfa • Ammonium carbonicum • Anethum graveolens • Antimonium crudum • Aurum metallicum • Benzoicum acidum • Berberis aquifolium • Fagus sylvatica flos • Ilex aquifolium flos • Lycopodium clavatum • Millefolium • Muriaticum acidum • Psorinum • Salix vitellina flos. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Mental Alertness for Seniors

Indications for use: For temporary relief of age-related symptoms: confusion, forgetfulness, low vitality, loss of confidence.

Remarks: This formula is appropriate for minor conditions, as well as severe mental disorders in the elderly. For absent-mindedness, dementia, and general breakdown. Consider for those who desire vigor, clarity of mind, strengthened memory and awareness. *Possible related physical conditions: Lethargy, debility and depression of vital power, premature old age, muscular atrophy, degeneration.*

Complementary Formulas: Apathy • Serious • Spaced-Out • Sluggish Mind • Melancholic • Addictions • Alcoholism • First Aid for Mind & Body • Aversion to Change • Aversion to Exertion • Indecisive • Burnout • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Attention & Learning Enhancement

Mental Alertness for Seniors Ingredients: Agnus castus • Aletris farinosa • Alumina • Avena sativa • Carpinus betulus flos • Clematis vitalba flos • Conium maculatum • Lecithin • Mentha piperita • Nux moschata • Olea europaea flos • Picricum acidum • Plumbum metallicum • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Mood Changes

Indications for use: For temporary relief of feelings of self-condemnation, disgust, feeling worthless, lacking in self-confidence, mood changes from joy to sadness, and desire not to communicate.

Remarks: Can be helpful for mild, moderate or severe shifts. Consider for hormonal mood shifts, as well as manic-depression. Work carefully with the prescribing physician when treating medicated individuals. Can be used in combination with other medications. *Possible related physical conditions: Incontinence, eczema, aphasia disorder of the complex language function, cysts, styes.*

Complementary Formulas: Stress Control • Personality Changes • Easily Angered • Good Mood Enhancer • Overly-Sensitive • First Aid for Mind & Body • Lonely • Melancholic • Chagrined • Heart Ache • Grief •

Extravagant • Intense Anxiety • Immature • Indecisive • Constitutional Enhancer • PMS Relief • Menopause

Mood Changes Ingredients: Agrimonia eupatoria flos • Anacardium orientale • Aurum metallicum • Eriodictyon californicum • Hyoscyamus niger • Lachesis mutus • Larix deciduas flos • Mimulus guttatus flos • Pulsatilla • Staphysagria • Stramonium • Taraxacum officinale • Tarentula hispana. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Neglectful

Indications for use: A natural aid for self-neglect, untidiness, aversion toward domestic duties, indifference towards home matters and personal appearance.

Remarks: Can help enhance an appreciation for one's life, others, and things. For those who desire aesthetic awareness, self-esteem, dignity, organization, neatness and cleanliness. *Possible related physical conditions: Adenoids, offensive breath and/or body odor, debility, seborrhea, itching, glandular swelling.*

Complementary Formulas: Apathy • Aversion to Change • Melancholic • Reserved • Heart Ache • Indecisive • Lonely • Self-Pity • Procrastination • Good Mood Enhancer • Stress Control • Constitutional Enhancer

Neglectful Ingredients: Bromus ramosus flos • Capsicum annuum • Carpinus betulus flos • Cytisus scoparius • Geranium maculatum • Helleborus niger • Juglans regia flos • Mentha piperita • Natrum muriaticum • Nux vomica • Phytolacca decandra • Psorinum • Scleranthus annuus flos • Silicea • Staphysagria • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Nostalgia

Indications for use: A natural aid for feelings of homesickness, nostalgia, excessive sentimentality, sadness, and isolation.

Remarks: Can be helpful preparing for positive change. Especially helpful for children dealing with their first sleepover, or summer camp. Consider also for individuals who have recently moved and are having difficulty becoming grounded in their new location. Consider for those who desire contentment, groundedness, security and independence. *Possible related physical conditions: Affections of the nose, acne, leg pains, vomiting, disordered menstruation.*

Complementary Formulas: Aversion to Change • Stress Control • Spaced-Out • Intense Anxiety • Fear & Phobia • Fears & Nightmares • Good Mood Enhancer • Self-Pity • Neglectful • Overly-Sensitive • Complaining • Reserved • Serious • Grief • Melancholic • Constitutional Enhancer

Nostalgia Ingredients: Aurum metallicum • Berberis aquifolium flos • Calcarea carbonica • Capsicum annuum • Carbo animalis • Eupatorium purpureum • Geranium maculatum • Helleborus niger • Juglans regia flos • Lobelia cardinalis • Lonicera caprifolium flos • Mancinella • Melilotus officinalis • Mercurius vivus • Millefolium • Pulsatilla • Rhus toxicodendron • Silicea • Stigmata maidis • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Obsessions/Compulsions

Indications for use: For symptomatic relief of: anxiety, compulsive behaviors, obsessive thoughts, peculiar mental impulses.

Remarks: For individuals with OCD as well for those whose obsessions or compulsions occur infrequently or to a lesser extreme. Individuals may obsess over a source of anxiety without being fully aware of this

tendency in themselves. Consider for those who desire peacefulness, fearlessness, self-awareness. *Possible related physical conditions: Affections of the spleen, insomnia, disorders of taste and/or smell, local paralysis, glandular swelling.*

Complementary Formulas: Stress Control • Hypochondria • Perfectionism • Paranoid • Intense Anxiety • Fears & Phobias • Fears & Nightmares • Claustrophobia • First Aid for Mind & Body • Repressed Sexual Issues • Expressed Sexual Issues • Overly-Sensitive • Religious Issues • Constitutional Enhancer • Sleep Aid

Obsessions/Compulsions Ingredients: Arsenicum album • Arsenicum iodatum • Calcarea carbonica • Coffea cruda • Cytisus scoparius • Iodium • Mancinella • Mentha piperita • Physostigma venenosum • Silicea • Ulmus procera • flos • Verbascum thapsus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Overly-Sensitive

Indications for use: A natural aid for tendencies to be over-sensitive, take offense, feel vulnerable, or cry easily.

Remarks: Helpful for the individual who is sensitive emotionally, physically, or energetically. Consider for those who desire inner-strength, enhanced tolerance to chaotic energy, emotional stability. *Possible related physical conditions: Urine incontinence, kidney disorders, reoccurring sore throat and cough, skin cracks, intertrigo inflammation in moist skin folds.*

Complementary Formulas: Insecurity • Guilt • Easily Angered • Perfectionism • Heart Ache • Egotistical • Complaining • Self-Pity • Reserved • Intense Anxiety • Restless Mind • Criticize & Contradict • Hyperactive, Constitutional Enhancer

Overly-Sensitive Ingredients: Aloe socotrina • Anacardium orientale • Asterias rubens • Aurum metallicum • Carpinus betulus flos • Chamomilla • Cinchona officinalis • Eriodictyon californicum • Ignatia amara • Lycopodium clavatum • Mentha piperita • Millefolium • Nasturtium aquaticum • Natrum carbonicum • Natrum muriaticum • Paladium metallicum • Petroleum • Ranunculus bulbosus flos • Sarsaparilla • Sepia • Taraxacum officinale. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Paranoid

Indications for use: A natural aid for distrust, unfounded anxiety, skepticism, suspiciousness, paranoia.

Remarks: Can be helpful for general fears or anxiety. Consider for those who desire clarity, peacefulness, inner-strength. *Possible related physical conditions: Epilepsy, twitches, tremors, stiff neck, colitis, pneumonia.*

Complementary Formulas: Guilt • Criticize & Contradict • Fears & Phobias • Fears & Nightmares • Intense Anxiety • Egotistical • Deceitful • Vindictive • Restless Mind • Perfectionism • Religious Issues • Repressed Sexual Issues • Hypochondria • Obsessions/Compulsions • Constitutional Enhancer • Sleep Aid

Paranoid Ingredients: Apocynum cannabinum • Agrimonia eupatoria • Allium sativum • Anethum graveolens • Bromus ramosus • Bryonia • Calendula officinalis • Chamomilla • Cicuta virosa • Drosera • Erodium • Helianthus annuus • Hyoscyamus niger • Hypericum perforatum • Ilex aquifolium • Kali bromatum • Lachesis mutus • Magnesia sulphurica • Melilotus officinalis • Mercurius solubilis • Mimulus guttatus flos • Ocimum basilicum • Phosphorus • Pinus sylvestris flos • Populus tremula flos • Ulmus procera flos. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Perfectionism

Indications for use: A natural aid for perfectionistic tendencies, fear of failure, worry, inquietude, dissatisfaction, overly-cautious and conscientious.

Remarks: This remedy is also helpful for individuals responding to social, academic, and performance pressures. Consider for those who desire self-acceptance, contentment, fulfillment in life. *Possible related physical conditions: Quinsy peritonsillar abscess, emaciation, hair loss, hiccough, writer's cramp, disordered vision.*

Complementary Formulas: Stress Control • Restless Mind • Obsessions/Compulsions • Self-Abuse • Criticize & Contradict • Religious Issues • Insecurity • Guilt • Melancholic • Stubborn & Contentious • Egotistical • Overly-Sensitive • Envious • Intense Anxiety • Chagrined • Good Mood Enhancer • Constitutional Enhancer • Sleep Aid

Perfectionism Ingredients: Aceticum acidum • Borago officinalis • Cereus bonplandii • Cyclamen europaeum • Ignatia amara • Mimulus guttatus flos • Passiflora incarnata • Silicea • Sinapis arvensis flos • Spiraea ulmaria • Staphysagria • Strontium carbonicum • Tropaeolum majus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Personality Changes

Indications for use: A natural aid for confused personal identity, split personality, maniacal impulses, absence of restraint, excessive irritability, impulsive desire to harm oneself or others.

Remarks: Consider for those whose personalities dramatically change when consuming alcohol or other recreational drugs. For those who desire clarity of personal identity, self-control, awareness, inner-stability, peacefulness and centeredness. Work closely with a mental healthcare profession when using this formula for individuals diagnosed with personality disorders. *Possible related physical conditions: Eczema, parasites, squinting, affections of the anus.*

Complementary Formulas: Guilt • Mood Changes • Paranoid • First Aid for Mind & Body • Vindictive • Stubborn & Contentious • Verbal Anger • Self-Abuse • Easily Angered • Criticize & Contradict • Physical Anger • Constitutional Enhancer • Liver Detox

Personality Changes Ingredients: Alumina • Anacardium orientale • Arnica montana • Capsicum annum • Chamomilla • Cicuta virosa • Cina • Cornus circinata • Iodium • Juglans regia • Naja tripudians • Pinus sylvestris flos • Platinum metallicum • Rock water • Salix vitellina flos • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Physical Anger

Indications for use: For symptomatic relief of: rage, physically violent tendencies, volatile temper, uncontrollable anger.

Remarks: Consider for those who desire more gentleness, peacefulness, positive self-expression, receptiveness, stability. For those who have become, or feel as if they could become, physically violent with their anger. May ease frustration in young children who cannot adequately express their anger verbally.

Possible related physical conditions: Inflammation of the eyes, thirst, headache, liver disorders, swelling or ulceration of lips and tongue.

Complementary Formulas: Easily Angered • Vindictive • Stubborn & Contentious • Verbal Anger • Criticize & Contradict • Personality Changes • Stress Control • Guilt • Calloused • Insecurity • Alcoholism • Constitutional Enhancer • Liver Detox

Physical Anger Ingredients: Allium sativum • Belladonna • Cantharis • Cichorium intybus • Cimex lectularius • Fagus sylvatica flos • Gallicum acidum • Hepar sulphuris calcareum • Ilex aquifolium flos • Impatiens glandulifera flos • Iodium • Moschus • Salix vitellina flos • Tarentula hispana • Terebinthina • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Prejudice

Indications for use: A natural aid for feelings of separateness, repressed fears, bias, arrogant tendencies.

Remarks: Can also be helpful for general interactive disorders toward those of the same race or beliefs. For those who desire understanding and respect of others, ability to honor or accept differences, harmonious interactions, compassion. There are many underlying issues of a prejudiced outlook and complementary formulas may enhance the healing process. *Possible related physical conditions: Constipation, affections of eyes and ovaries, menstruation disorders.*

Complementary Formulas: Insecurity • Egotistical • Fears & Phobias • Paranoid • Criticize & Contradict • Guilt • Religious Issues • Calloused • Repressed Sexual Issues • Vindictive • Constitutional Enhancer

Prejudice Ingredients: Ferrum metallicum • Gratiola officinalis • Hamamelis virginiana • Helianthus annuus • Hottonia palustris flos • Lachesis mutus • Lilium tigrinum • Lycopodium clavatum • Moschus • Palladium metallicum • Platinum metallicum • Rhus toxicodendron • Staphysagria • Sulphur • Veratrum album • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Procrastination

Indications for use: For tendencies to procrastinate, leave tasks incomplete, avoid responsibility, lose track of time.

Remarks: Also helpful for individuals who have difficulty completing more abstract life issues. For those who desire mental and physical stamina, self-motivation, perseverance. *Possible related physical conditions: Hemorrhoids, neuralgia, locomotor ataxy disordered gait and loss of sense of position of lower limbs, genital pains, spinal irritation, paralysis.*

Complementary Formulas: Aversion to Exertion • Aversion to Change • Complaining • Indecisive • Self-Pity • Neglectful • Insecurity • Spaced-Out • Sluggish Mind • Nostalgia • Melancholic • Apathy • Stress Control • Constitutional Enhancer

Procrastination Ingredients: Aesculus hippocastanum flos • Agrimonia eupatoria flos • Angelica archangelica • Capsicum annuum • Carpinus betulus flos • Chamomilla • Clematis vitalba flos • Coccus indicus • Glonoinum • Hoang-Nan • Juglans regia flos • Larix decidua flos • Lonicera caprifolium flos • Mimulus guttatus flos • Nux vomica • Olea europaea flos • Oxytropis lambertii • Picricum acidum • Rhus toxicodendron • Scleranthus annuus flos • Secale cornutum • Stellaria media • Sulphur acidum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Religious Issues

Indications for use: A natural aid for tendencies of religious melancholy, mania, alienation or fanaticism, self-condemnation, self-deprivation.

Remarks: Can help one overcome the abuses and misuses of spiritual authority. Also for the individual who desires greater, healthier spirituality in their life. Consider for those who desire free-thinking, unconditional love, forgiveness and acceptance. *Possible related physical conditions: Tapeworm, epilepsy, abnormal menstruation, skin disorders, insomnia.*

Complementary Formulas: Guilt • Perfectionism • Self-Abuse • Intense Anxiety • Repressed Sexual Issues • Expressed Sexual Issues • Paranoid • Fears & Nightmares • Egotistical • Prejudice • Melancholic • Stress Control • Obsessions/Compulsions • Constitutional Enhancer

Religious Issues Ingredients: Ceratostigma willmottianum flos • Chamomilla • Chelidonium majus • Graphites • Ilex aquifolium flos • Kali bromatum • Lachesis mutus • Malus pumila flos • Millefolium •

Pinus sylvestris flos • Psorinum • Stramonium • Sulphur • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Repressed Sexual Issues

Indications for use: A natural aid for sexual repression, negativity toward sexual matters, misdirected or harmful erotic thoughts, guilt over sexual issues or sexual abuse.

Remarks: Can be helpful for those whose sexuality controls them rather than them controlling their sexuality. For those who desire healthy sexual expression and fulfillment, ability to transcend past negative experiences. *Possible related physical conditions: Affections of prostate, testicles or ovaries, impotence, sterility, seminal emissions, priapism prolonged erection without stimulation, spermatorrhea discharge of semen without orgasm, abnormal menstruation, venereal diseases.*

Complementary Formulas: First Aid for Mind & Body • Religious Issues • Expressed Sexual Issues • Fears & Nightmares • Serious • Insecurity • Stress Control • Lonely • Mood Changes • Chagrined • Heart Ache • Intense Anxiety • Constitutional Enhancer • Male Strengthener • Female Enhancer

Repressed Sexual Issues Ingredients: Agnus castus • Arundo mauritanica • Avena sativa • Conium maculatum • Gelsemium sempervirens • Ilex aquifolium flos • Moschus • Origanum majorana • Pinus sylvestris flos • Selenium metallicum • Sepia • Staphysagria. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Reserved

Indications for use: A natural aid for introversion, mild or reserved disposition, sensitivity to noise, sensory overload, tendency to avoid social interaction, verbal timidity.

Remarks: For children or adults who avoid healthy, social interactions, and need are prone to sensory burnout. Consider for those who desire enhanced tolerance to chaotic energy, and ability to communicate assertiveness and expressiveness. *Possible related physical conditions: Varicose veins, painful menstruation, headache, cough, chilblains congestion and swelling attended with severe itching and burning in reaction to cold, nails which are diseased, splitting, or ingrown.*

Complementary Formulas: Spaced-Out • Shy • Nostalgia • Good Mood Enhancer • Guilt • Grief Grief • Apathy • Perfectionism • Aversion to Change • Repressed Sexual Issues • Insecurity • Lonely • Sluggish Mind • Constitutional Enhancer

Reserved Ingredients: Aesculus carnea flos • Aloe socotrina • Euphorbium officinarum • Fagus sylvatica flos • Gelsemium sempervirens • Hypericum perforatum • Juglans regia flos • Kali muriaticum • Magnesia muriatica • Millefolium • Muriaticum acidum • Natrum carbonicum • Phosphoricum acidum • Plumbum metallicum • Sepia • Spongia tosta • Stannum metallicum • Theridion. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Restless Mind

Indications for use: A natural aid for symptoms of ADHD, hyperactive mind, difficulty concentrating, forgetfulness, difficulty reading or writing.

Remarks: Helpful for both adults and children. This formula is helpful for a restless mind which may be due to a number of causes ranging from biochemical imbalances to excessive worrying. Consider for those who desire clear thoughts, enhanced concentration, rest full sleep. *Possible related physical conditions: Sleep disorders, headache, adrenal disorders, indigestion, spasms.*

Complementary Formulas: Hyperactive • Perfectionism • Paranoid • Insecurity • Intense Anxiety • Immature • Chagrined • Hypochondria • Obsessions/Compulsions • Indecisive • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Allergy/Food & Chemical Reliever • Attention & Learning Enhancement

Restless Mind Ingredients: Aconitum ferox • Adrenalinum • Aesculus hippocastanum • Apis mellifica • Argentum nitricum • Avena sativa • Baptisia tinctoria • Mentha piperita • Myosotis arvensis • Phosphorus • Ranunculus bulbosus • Scleranthus annuus • Scutellaria • Sumbul • Thyroidinum • Verbena officinalis flos • Viola odorata. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Seasonal Affective Disorder

Indications for use: A natural aid for mild depression, drowsiness, fatigue, sugar cravings, irritability, difficulty concentrating, avoidance of social situations, oversensitivity.

Remarks: Seasonal Affective Disorder is more common in northern and northwestern geographic regions. It is particularly common in the winter. *Possible related physical conditions: Heavy limbs, tendency to oversleep, weight gain, hypothyroidism.*

Complementary Formulas: Self-Pity • Chagrined • Heart Ache • Good Mood Enhancer • Reserved • Nostalgia • Lonely • Serious • Apathy • Intense Anxiety • Stress Control • Neglectful • Perfectionism • Guilt • Grief • Constitutional Enhancer • Environmental Adaptation

Seasonal Affective Disorder Ingredients: Aconitum napellus • Adrenocorticotrophin • Asclepias syriaca • Aurum metallicum • Calcarea fluorica • Carbo vegetabilis • Carpinus betulus flos • Eriodictyon californicum • Gelsemium sempervirens • Hypericum perforatum • Kali carbonicum • Nitricum acidum • Olea europaea flos • Rumex crispus • Sanicula • Sinapis arvensis flos • Thyroidinum • Ulmus procera flos. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Self-Abuse

Indications for use: A natural aid for internalized anger, self-contempt and blame, dissatisfaction with life, violent thoughts or actions, depression, self-inflicted violence.

Remarks: Can be helpful for a number of internalized health issues including, anorexia, cutting, and other conditions that relate to hurting one's self. Watch for signs of self-inflicted violence in depressed individuals, especially common in teenage girls. Self-abusiveness is often evident in the language of individuals as they tend to speak of themselves in negative terms. For those who desire self-esteem, loving internal dialogue, self-acceptance, optimism. *Possible related physical conditions: Pain in lumbar and/or sacrum, foul smelling excretions, angina pectoris, heart palpitations, hyperpyrexia, anemia.*

Complementary Formulas: Perfectionism • Melancholic • Intense Anxiety • Stress Control • Easily Angered • Personality Changes • Self-Pity • Overly-Sensitive • Heart Ache • Serious • First Aid for Mind & Body • Constitutional Enhancer • Liver Detox

Self-Abuse Ingredients: Agaricus muscarius • Aloe socotrina • Aurum metallicum • Carboneum sulphuratum • Chamomilla • Cimicifuga racemosa • Ilex aquifolium flos • Lilium tigrinum • Malus pumila flos • Millefolium • Natrum carbonicum • Pinus sylvestris flos • Stramonium • Tarentula hispana. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Self-Pity

Indications for use: A natural aid for tendencies to pity oneself, feel unfortunate, pathetic, discontent, and desire sympathy or consolation.

Remarks: Can stimulate individuals to move through this essential stage of the healing process. Consider for "victim" mentalities and for those who desire contentment, self-acceptance, positive attitude or self-image. *Possible related physical conditions: Affections of breast and/or vision, itching, impetigo, headache, low libido.*

Complementary Formulas: Guilt • Self-Abuse • Complaining • Good Mood Enhancer • Egotistical • Nostalgia • Chagrined • Neglectful • Overly-Sensitive • Envious • Perfectionism • Criticize & Contradict • Melancholic • Grief • Lonely • Constitutional Enhancer

Self-Pity Ingredients: Aesculus hippocastanum flos • Aloe socotrina • Arnica montana • Arsenicum album • Borago officinalis • Calcarea carbonica • Carpinus betulus flos • Chamomilla • Gelsemium sempervirens • Graphites • Ipecacuanha • Kali sulphuricum • Mentha piperita • Nitricum acidum • Olea europaea • Oleander • Onosmodium virginianum • Palladium metallicum • Pulsatilla • Sepia • Tropaeolum majus • Ulmus procera flos • Viola tricolor. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Serious

Indications for use: A natural aid for seriousness, firmness, stoicism, excessive earnestness, aversion to laughter or amusement.

Remarks: For people who take life with its associated health problems too seriously. Consider for those who desire joy, light-heartedness, playfulness, emotional healing. Often needed in individuals who were taught to suppress their emotions, or who are focusing on money or position in society at the expense of a joyful life. *Possible related physical conditions: Psoriasis, eczema, affections of heart, joint, pancreas, and/or brain.*

Complementary Formulas: Good Mood Enhancer • Religious Issues • Perfectionism • Melancholic • Egotistical • Self-Abuse • Guilt • Heart Ache • Lonely • Reserved • Self-Pity • Nostalgia • Paranoid • Intense Anxiety • Shy • Constitutional Enhancer

Serious Ingredients: Ambra grisea • Baryta carbonica • Borago officinalis • Bryonia • Cuprum metallicum • Euphorbium officinale • Gratiola officinalis • Hepar sulphuris calcareum • Ledum palustre • Lilium tigrinum • Mimulus guttatus flos • Oleander • Sinapis arvensis flos • Thuja occidentalis • Tropaeolum majus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Sexual Identity

Indications for use: A natural aid for sexual guilt and depression, denial of sexuality, confusion about sexual identity.

Remarks: Helpful for individuals who have acknowledged or unacknowledged confusion about, difficulty accepting, or absolute denial of their sexual orientation. For those who desire self-knowledge, self-acceptance, healthy sexual expression, and fulfillment. *Possible related physical conditions: Abnormal menstruation, ulceration of tongue, throat, &/or gums, affections of eyes, ovaries or prostate, asthma.*

Complementary Formulas: Religious Issues • Expressed Sexual Issues • Fear & Phobia • First Aid for Mind & Body • Insecurity • Stress Control • Lonely • Mood Changes • Chagrined • Heart Ache • Intense Anxiety • Constitutional Enhancer • Male Strengthener • Female Enhancer

Sexual Identity Ingredients: Ammonium muriaticum • Conium maculatum • Ignatia amara • Juglans regia flos • Mancinella • Natrum muriaticum • Ocimum basilicum • Phosphorus • Platinum metallicum • Sepia •

Staphysagria • Thuja occidentalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Shy

Indications for use: A natural aid for timidity, shyness, lack of self-confidence, passivity, tendency to embarrass easily, feelings of inferiority and inadequacy, susceptibility to peer pressure.

Remarks: Can help those who are easily influenced and swayed from what they know is the right action. For those who desire self-confidence and acceptance, assertiveness, independence, moral strength. Especially helpful for individuals who feel held back by their social awkwardness. *Possible related physical conditions: Aches and inflammation of eyes, ears, teeth, jaw, obesity, asthma, hair loss, affections of feet.*

Complementary Formulas: Stress Control • Insecurity • Reserved • Good Mood Enhancer • Indecisive • Serious • Overly-Sensitive • Spaced-Out • Lonely • Fear & Phobia • Self-Pity • Aversion to Change • Constitutional Enhancer

Shy Ingredients: Aesculus carnea flos • Allium sativum • Ambra grisea • Baryta carbonica • Ceratostigma willmottianum flos • Conium maculatum • Graphites • Helianthus annuus • Juglans regia flos • Kali phosphoricum • Larix decidua flos • Mancinella • Pulsatilla • Viola odorata • Xanthoxylum fraxineum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Sluggish Mind

Indications for use: A natural aid for absent-mindedness, confusion, forgetfulness, slow perception, comprehension.

Remarks: Helpful for recovery from drug use and injuries that have affected the mind. For those who desire clarity, mental alertness and vigor. *Possible related physical conditions: Emaciation, anemia, constipation, muscular atrophy, diarrhea or constipation, indigestion, disorders of kidney and/or bladder.*

Complementary Formulas: Apathy • Serious • Spaced-Out • Good Mood Enhancer • Melancholic • Addictions • Alcoholism • First Aid for Mind & Body • Aversion to Change • Aversion to Exertion • Indecisive • Burnout • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Attention & Learning Enhancement

Sluggish Mind Ingredients: Adrenalinum • Agnus castus • Ailanthus glandulosus • Aletris farinosa • Anethum graveolens • Bromus ramosus flos • Caladium seguinum • Carpinus betulus flos • Clematis vitalba flos • Conium maculatum • Helleborus niger • Hypericum perforatum • Lecithin • Mentha piperita • Natrum carbonicum • Olea europaea flos • Oleander • Phosphoricum acidum • Plumbum metallicum • Tropaeolum majus • Xerophyllum asphodeloides • Zincum metallicum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Smoke Control

Indications for use: For temporary relief of symptoms: tobacco cravings (smoke and chew), headache, shortness of breath, cough, nervousness, tightness in chest, irritability, restlessness, insomnia, craving for stimulants, nausea, toxic effects of ingested substances, anxiety, and poor concentration.

Remarks: Addresses the three key issues associated with this problem: the cravings, the symptoms of quitting and the symptoms of smoking. *Possible related physical conditions: Fatigue, asthma, emphysema, nausea, diarrhea.*

Complementary Formulas: Addictaplex • First Aid for Mind & Body • Stress Control • Obsessions/Compulsions • Grief • Aversion to Change • Overly-Sensitive • Self-Pity • Self-Abuse • Melancholic • Repressed Sexual Issues • Mental Alertness • Insecurity • Lonely • Heart Ache • Apathy •

Spaced-Out • Fatigue Relief for Mind & Body.

Smoke Control Ingredients: Aesculus hippocastanum flos • Agrimonia eupatoria flos • Caladium seguinum • Capsicum annuum • Daphne indica • Eugenia jambosa • Helianthus annuus • Juglans regia flos • Kali phosphoricum • Lobelia inflata • Lonicera caprifolium flos • Nicotinum • Nux vomica • Plantago majus • Saccharum officinale • Staphysagria • Tabacum. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Spaced-Out

Indications for use: A natural aid for tendencies to daydream, reminisce, be absentminded, unobservant, feel dreamy, or Spaced-Out.

Remarks: Can be helpful for children, adults, drug recovery, injuries, and general health enhancement. Assists individuals in the desire and the ability to live more fully in the present moment. For those who desire groundedness, clarity, mental focus. *Possible related physical conditions: Sleep disorders, fainting, weak eye sight, affections of the throat, headache.*

Complementary Formulas: Apathy • Neglectful • Aversion to Exertion • Addictions • Spaced-Out • Aversion to Change • Procrastination • Reserved • Sluggish Mind • Melancholic • Good Mood Enhancer • Indecisive • Constitutional Enhancer • Liver Detox • Lymph Detox • Blood & Kidney Detox • Attention & Learning Enhancement

Spaced-Out Ingredients: Asarum europaeum • Centaurea tagna • Clematis erecta • Clematis vitalba flos • Coccus indicus • Indolum • Lathyrus sativus • Lonicera caprifolium flos • Millefolium • Naja tripudians • Nux moschata • Oleander • Rosa damascene • Rosmarinus officinalis • Stigmata madis • Sulphur. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Stress Control

Indications for use: a natural aid for stress-induced states: nervous tension, minor anxiety, fearfulness, over-sensitivity.

Remarks: This formula is especially helpful for individuals who tend to be uptight, nervous, or a Type A personality. For those who desire calmness, confidence, peacefulness. May relieve the aggravating factors behind many conditions. *Possible related physical conditions: Many related conditions, most common may be affections of vision, feet, and/or lower legs.*

Complementary Formulas: First Aid for Mind & Body • Overly-Sensitive • Perfectionism • Intense Anxiety • Paranoid • Aversion to Change • Good Mood Enhancer • Melancholic • Guilt • Obsessions/Compulsions • Nostalgia • Religious Issues • Constitutional Enhancer • Sleep Aid • Burnout

Stress Control Ingredients: Aconitum napellus • Apis mellifica • Arnica montana • Arsenicum album • Belladonna • Bellis perennis • Bryonia • Calendula officinalis • Chamomilla • Clematis erecta • Clematis vitalba flos • Ferrum phosphoricum • Histaminum hydrochloricum • Hypericum perforatum • Ignatia amara • Impatiens glandulifera flos • Ornithogalum umbellatum flos • Passiflora incarnata • Phosphorus • Prunus cerasifera flos • Rhus toxicodendron • Sulphur • Symphytum officinale • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Stubborn & Contentious

Indications for use: A natural aid for defiant temperament, stubbornness, contentiousness, and irritability.

Remarks: Can assist in the general healing process of an individual by allowing them to be more receptive to the efforts of their healthcare practitioner and concerned friends and family. For adolescents and children with

tendencies to talk back and argue with parents and others. Consider for those who desire positive self-expression, openness and understanding, peacefulness, tolerance. *Possible related physical conditions: Affections of the knee, liver and/or lungs, eruptions or blotches on face, rheumatism.*

Complementary Formulas: Egotistical • Complaining • Extravagant • Perfectionism • Physical Anger • Vindictive • Verbal Anger • Stress Control • Easily Angered • Criticize & Contradict • Personality Changes • Guilt • Constitutional Enhancer • Liver Detox

Stubborn & Contentious Ingredients: Abrotanum • Allium sativum • Antimonium tartaricum • Aurum metallicum • Bromium • Calendula officinalis • Capsicum annuum • Chamomilla • Cichorium intybus flos • Fagus sylvatica flos • Ilex aquifolium flos • Impatiens glandulifera flos • Juglans regia flos • Kali carbonicum • Liliium tigrinum • Lycopodium clavatum • Moschus • Nux vomica • Rock Water • Salix vitellina flos • Salvia officinalis. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Verbal Anger

Indications for use: A natural aid for tendencies to be verbally abusive, curse, swear, scold, insult, yell, scream, be insolent, rude, and derogatory.

Remarks: Also helpful for those who feel they are not being listened to or who feel frustrated in their ability to honestly express their feelings. Assists the individual in becoming aware of their tendency to rely on verbal abusiveness to get their way. For those who desire positive self-expression, self-control, kind, respectful language. *Possible related physical conditions: Affections of bladder, spasms, stricture, or chronic inflammation of urethra, sour breath, frequent urination or incontinence, diarrhea.*

Complementary Formulas: Gossipy • Stress Control • Self-Abuse • Easily Angered • Criticize & Contradict • Personality Changes • Guilt • Physical Anger • Vindictive • Stubborn & Contentious • Constitutional Enhancer • Liver Detox

Verbal Anger Ingredients: Allium sativum • Anacardium orientale • Calendula officinalis • Cereus serpentinus • Chamomilla • Cichorium intybus flos • Cornus circinata • Fagus sylvatica flos • Ilex aquifolium flos • Impatiens glandulifera flos • Lac caninum • Lachesis mutus • Liliium tigrinum • Moschus • Nux vomica • Petroleum • Salix vitellina flos • Skatolum • Veratrum album. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*

Vindictive

Indications for use: A natural aid for vindictiveness, resentfulness, contempt, excessive irritability, cruelty.

Remarks: Can assist those struggling with recurring thoughts to get even with others they feel have done them wrong. For those who desire compassion, forgiveness, mercy, peacefulness, emotional stability. Assists the individual in perceiving others' points-of-view and acknowledging and releasing the emotions behind their resentment. *Possible related physical conditions: Warts, affections of the ear and/or liver, cough, fevers.*

Complementary Formulas: Egotistical • Envious • Deceitful • Physical Anger • Stubborn & Contentious • Verbal Anger • Self-Abuse • Easily Angered • Criticize & Contradict • Personality Changes • Guilt • Constitutional Enhancer • Liver Detox

Vindictive Ingredients: Absinthium • Aloe socotrina • Arnica montana • Colocynthis • Fagus sylvatica flos • Hepar sulphuris calcareum • Ilex aquifolium flos • Iodium • Ipecacuanha • Malus pumila flos • Nitricum acidum • Nux vomica • Pinus sylvestris flos • Platinum metallicum • Salix vitellina flos • Strychninum • Thea sinensis • Verbascum thapsus. *Each ingredient is in equal volumes of 10X, 30X, 100X, LM1, LM2, LM3, and LM5 potencies.*



REPERTORY

Note: In the Physician's Reference Repertory, the first product listed next to the symptom is the primary remedy Dr. King suggests for that condition. If the individual does not test positive for that remedy, test other remedies that match the individual case personally or in the order listed under that condition. In many instances it would be beneficial to consider testing for the **Constitution** formulas along with more obvious system specific formulas for optimal results.

For the most up-to-date Physician's Reference Manual Product Guide & Repertory, please visit our website at www.safecarerx.com or feel free to give us a call at 866-298-2740 toll-free, for assistance.

Abdomen, distended - Indigestion Relief • Constitutional Enhancer • Appetite Control • Weight Control • GallPlex • Yeast Freee... • Water Retention Control • Nausea & Motion Sickness • Blood & Kidney Detox • Liver Detox • Lymph Detox • Heartburn Reliever • ICV Clenz • UlcerPlex • Constipation Relief • Allergies: Food Chemicals • ParaClenz

Abdominal spasms - Colic Relief • Tummy Aches • Menstrual Cramps • Constitutional Enhancer • Diarrhea Relief • Indigestion Relief • Scar Cure • GallPlex • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • ParaClenz • UlcerPlex • Nausea & Motion Sickness

Abscess skin - Acne Clear • Wounds Recovery • Skin Irritation & Itch Relief • Bug Away • Teething • Blood & Kidney Detox • Liver Detox • Lymph Detox

Abscess teeth - Teeth & Gum Formula • Wounds Recovery • PlakAttak • Calcium Metabolizer • Bone Strengtheners • M3: Metabolic Mineral Metabolizer

Absent-mindedness - Sluggish Mind • Spaced-Out • Apathy • Yeast Freee

Acid reflux - Heartburn Relief • Constitutional Enhancer • GallPlex • Indigestion Relief • ICV Clenz • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • M3: Metabolic Mineral Metabolizer

Acidosis - Acid Clenz • Constitutional Enhancer • Burnout • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Urinary Tract Infections • Indigestion Relief • Hangover Relief

Acne, Rosacea - Acne Clear • Constitutional Enhancer • Poison Ivy & Oak Relief • Skin Irritations & Itch Relief • Scar Cure • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bactero Reliever • Menopause • Female Enhancer • Fatigue Relief for Mind & Body

Acne vulgaris, common acne - Acne Clear • Constitutional Enhancer • Poison Ivy & Oak Relief • Skin Irritation & Itch Relief • Scar Cure • Cold Sore & Herpes • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bactero Reliever • Fatigue Relief for Mind & Body

ADD/ADHD - Restless Mind • Immature • Easily Angered • Extravagant • Gambling • Hyperactive • Spaced-Out • Perfectionism • Obsessions/Compulsions • Gossipy

Addictions - Addictions • Smoke Control • Alcoholism • Hangover Relief • Gambling • Eating Disorders • Constitutional Enhancer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag • Appetite Enhancer • Mood Changes • First Aid for Mind & Body

Adenitis, inflammation of lymph nodes or glands, commonly adenoids - Swollen Glands Relief • Constitutional Enhancer • TonsilCure • Colds & Flu • Sore Throat & Laryngitis • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Allergies: Food Chemicals • Allergies & Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Adhesions - Scar Cure • Constitutional Enhancer • Wounds Recovery • Skin Irritations & Itch Relief • Acne Clear • First Aid for Mind & Body • anything related to internal infections

Adrenal support - Burnout • Constitutional Enhancer • First Aid for Mind & Body • Chronic Viro Reliever • LymePlex • Sluggish Mind • Muscle Maximizer • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • M3: Metabolic Mineral Metabolizer

Agalactea, suppression or absence of milk - Breast Cyst & Discomforts • Constitutional Enhancer • Menstrual Cramps & Irregularities • PMS Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox

Aging - Anti-Aging & Wrinkles for Men or Women • Constitutional Enhancer • Mental Alertness for Seniors • Muscle Maximizer • Skin Irritations & Itch Relief • Scar Cure • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • ChemoClenz • Teeth & Gum Formula • Burnout • Sluggish Mind

Agoraphobia, fear of open spaces - Intense Anxiety • Fears & Nightmares • Constitutional Enhancer • First Aid for Mind & Body • Eating Disorders • Blood & Kidney Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • Bio Reset/Jet Lag • Allergies: Food Chemicals

AIDS - Allergies: Food Chemicals • Constitutional Enhancer • Chronic Viro Reliever • Acute Viro Reliever • Bactero Reliever • Fever Reliever • LymePlex • Swollen Glands Relief • Cold Sores & Herpes • Blood & Kidney Detox • Liver Detox • Lymph Detox • VaccinoClenz

Albinura, presence of proteins in urine - Urinary Tract Infections • Blood & Kidney Detox • Constitutional Enhancer • Bladder Incontinence • Bed Wetting Prevention • Liver Detox • Lymph Detox • M3: Metabolic Mineral Metabolizer

Alcoholism - Alcoholism • Addictions • Hangover Relief • Constitutional Enhancer • Burnout • First Aid for Mind & Body • Mood Changes • Liver Detox • Blood & Kidney Detox • Lymph Detox • Bio Reset/Jet Lag • Allergies: Food Chemicals

Alkalosis, overly alkaline - M3: Metabolic Mineral Metabolizer • Burnout • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Urinary Tract Infections • Indigestion Relief • Acid Clenz • Heartburn Relief

Allergy, seasonal - Allergies Regional Formulas • Allergies: Mold • Allergy/Hay Fever Reliever • Constitutional Enhancer • Allergies: Food Chemicals • Allergy & Red Eye Relief • ICV Clenz • Lung & Bronchial Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Earache Formula • Sinus Relief • Sore Throat & Laryngitis • TonsilCure • Headache Free... • Colds & Flu

Allergy, foods & chemicals - Allergies: Food Chemicals • Constitutional Enhancer • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sore Throat & Laryngitis • TonsilCure • Colds & Flu • Earache Formula • Indigestion • ICV Clenz • Acid Clenz

Alopecia, loss of hair - Hair & Nails Formula • ParaClenz • Constitutional Enhancer • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Menopause • Acid Clenz • M3: Metabolic Mineral Metabolizer

Alzheimer's disease - Sluggish Mind • Mental Alertness for Seniors • Constitutional Enhancer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Free... • Bio Reset/Jet Lag

Amenorrhea, suppression of menses - Menstrual Cramps & Irregularities • Constitutional Enhancer • Menopause • Female Enhancer • Muscle Maximizer • Sporting Edge • GynePlex • Eating Disorders • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • ParaClenz • Burnout • Bio Reset/ Jet Lag

Anemia - Blood & Kidney Detox • M3: Metabolic Mineral Metabolizer • Burnout • Constitutional Enhancer

Aneurism - ApoPlex • Artery/Cholesterol/BP • Constitutional Enhancer • Heart Regularity • VeinoPlex • ApoPlex • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sluggish Mind

Anger - Physical Anger • Easily Angered • Stubborn & Contentious • Vindictive • Personality Changes • Verbal Anger • Self-Abuse • Criticize & Contradict

Angina - Artery/Cholesterol/BP • Heart Regularity • VeinoPlex • Constitutional Enhancer • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox

Anguish - Intense Anxiety • First Aid for Mind & Body • Fears & Nightmares • Obsessions/Compulsions

Anhydrosis, not sweating - Skin Irritations & Itch Relief • Constitutional Enhancer • Muscle Maximizer • Sporting Edge • Female Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Anorexia - Eating Disorders • Appetite Enhancer • First Aid for Mind & Body • Constitutional Enhancer • Mood Changes • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Antiperspirant - No Sweat Anti-Perspirant • Odor Free... • Constitutional Enhancer • Fever Reliever • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sugar Metabolizer • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Swollen Glands Relief • M3: Metabolic Mineral Metabolizer

Anus infection - Hemorrhoid Relief • Constitutional Enhancer • Bactero Reliever • ParaClenz • Constipation Relief • Diarrhea Relief • Allergies: Food Chemicals • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Mold Allergies & Sensitivities

Anxiety - Intense Anxiety • Constitutional Enhancer • First Aid for Mind & Body • Fears and Phobias • Fears & Nightmares • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Bio Reset/ Jet Lag

Aortitis, heart - Artery/Cholesterol/BP • Constitutional Enhancer • Heart Regularity • ApoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Vein Toner

Apathy - Apathy • Calloused • Spaced-Out • Sluggish Mind • Fatigue Relief for Mind & Body • Seasonal Affective Disorder • Melancholic • Good Mood Enhancer

Aphonia, loss of voice - Sore Throat & Laryngitis • Constitutional Enhancer • Colds & Flu • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Swollen Glands • Acute Viro Reliever • Chronic Viro Reliever • Tinnitus Relief

Apoplexy, stroke, cerebral hemorrhage, thrombosis - ApoPlex • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery/Cholesterol/BP • Heart Regularity • Colds & Flu

Appetite, excessive - Eating Disorders • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox

Appetite, loss of - Appetite Enhancer • Eating Disorders • Constitutional Enhancer • Attention & Learning Enhancement • Indigestion Relief • First Aid for Mind & Body • Burnout • Tummy Aches • Colic Relief • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Mood Changes • Grief • Guilt

Arrogance - Egotistical • Prejudiced • Extravagant • Self-Pity • Envious • Vindictive • Criticize & Contradict

Arsenic poisoning - Allergies: Food Chemicals • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Asthma Clear • Acid Clenz

Arthritis - Arthritis & Joint Relief • Constitutional Enhancer • Allergies: Food Chemicals • LymePlex • Chronic Viro Reliever • Back, Neck, Muscle & Joint Injuries • Calcium Metabolizer • Bone Strengtheners • Wounds Recovery • Blood & Kidney Detox • Liver Detox • Lymph Detox

Ascites, hydroperitoneum, abdominal dropsy - Water Retention Control • Constitutional Enhancer • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • ParaClenz • Allergies: Food Chemicals

Asthenia, weakness or debility - Burnout • Appetite Enhancer • Bio Reset/Jet Lag • Constitutional Enhancer • Sluggish Mind • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Asthma - Asthma Clear • Allergy/Hay Fever Reliever • Constitutional Enhancer • Lungs & Bronchial Relief • Chronic Viro Reliever • Allergies: Food Chemicals • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox

Astigmatism - Eye Stress • Allergy & Red Eye Relief • CataCure • First Aid for Mind & Body

Ataxia, loss or lack of muscular coordination - TremorPlex • Constitutional Enhancer • Sporting Edge • ApoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Wounds Recovery • First Aid for Mind & Body

Athlete's foot - Athlete's Foot Fighter • Constitutional Enhancer • Skin Irritations & Itch Relief • Yeast Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Autism - Attention & Learning Enhancement • Stress Control • First Aid for Mind & Body • Shy • Reserved • Obsessions/Compulsions • Spaced-Out • VaccinoClenz • Sluggish Mind • Children's Growth & Development • Constitutional Enhancer • Bio Reset/Jet Lag • Muscle Maximizer

Aversion to changes - Aversion to Change • Nostalgia • Insecurity • Indecision • Paranoid

Aversion to domestic duties - Neglectful • Apathy • Self-Abuse • Self-Pity • Religious Issues • Complaining • Melancholic

Aversion to food - Eating Disorders • Appetite Enhancer • Constitutional Enhancer • Morning Sickness • Nausea & Motion Sickness • PMS Relief • Indigestion Relief • First Aid for Mind & Body • Constipation Relief • Diarrhea Relief

Aversion to laughter & amusement - Serious • Calloused • Melancholic • Complaining • Self-Abuse • Stubborn & Contentious • Apathy • Perfectionism

Aversion to mental &/or physical activity - Aversion to Exertion • Burnout • Apathy • Sluggish Mind • Reserved • Alcoholism

Aversion to responsibility - Indecision • Procrastination • Neglectful • Immature • Stress Control • Aversion to Exertion

Backache - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Arthritis & Joint Relief • LymePlex • Bone Strengtheners • Calcium Metabolizer • Muscle Maximizer • SciatiPlex • First Aid for Mind & Body • Sporting Edge • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Acute Viro • Yeast Free... • Good Mood • Grief • Guilt • Bio Reset/Jet Lag

Bacterial infections - Bactero Reliever • Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Fever Reliever • LymePlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Wounds Recovery • Sore Throat & Laryngitis

Baldness - Hair & Nails Formula • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Chemo Clenz • ParaClenz • Bone Strengtheners • Anti-Aging & Wrinkles for Men or Women • Calcium Metabolizer

Bed sores - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Bug Away • Blood & Kidney Detox • Liver Detox • Lymph Detox • Wounds Recovery • Cold Sores & Herpes • UlcerPlex

Bedwetting - Bed Wetting Prevention • Stress Control • Bladder Incontinence • Constitutional Enhancer • Urinary Tract Infections • Burnout • Allergies: Food Chemicals • Sugar Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox

Bee sting - First Aid for Mind & Body • Bug Away • Constitutional Enhancer • Allergy/Hay Fever Reliever • Wounds Recovery • Nosebleed Relief • Skin Irritations & Itch Relief • Blood & Kidney Detox • Allergy & Red Eye Relief • Liver Detox • VaccinoClenz • LymePlex • Cold Sores & Herpes

Bell's Palsy - TMJ/Jaw Formula • Constitutional Enhancer • TremorPlex • Teeth & Gum Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • SciatiPlex • Bactero Reliever • Acute Viro Reliever • Chronic Viro Reliever • Back, Neck, Muscles & Joint Injuries • ApoPlex • Stress Control • Arthritis & Joint Relief • Acid Clenz

Bipolar disorder - Mood Changes • Personality Changes • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Eating Disorders • Melancholic Overly-Sensitive • Restless Mind • Hyperactive • First Aid for Mind & Body

Bias - Prejudice • Egotistical • Neglectful • Religious Issues • Envious

Birthing - Birth Ease • Constitutional Enhancer • Sporting Edge • First Aid for Mind & Body • Back, Neck, Muscle & Joint Injuries • Wounds Recovery

Bitterness - Chagrined • Vindictive • Criticize & Contradict • Self-Abuse • Envious • Heart Ache • Grief • Melancholic • Complaining

Bladder disorder - Bed Wetting Prevention • Constitutional Enhancer • Bladder Incontinence • Urinary Tract Infections • Allergies: Food Chemicals • Menopause • Blood & Kidney Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • Yeast Freee... • Acid Clenz • First Aid for Mind & Body • Birth Ease • Constipation Relief

Bladder disorder - Bed Wetting Prevention • Constitutional Enhancer • Bladder Incontinence • Urinary Tract Infections • First Aid for Mind & Body • Birth Ease • Allergies: Food Chemicals • Menopause • Blood & Kidney Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • Yeast Freeee... • ICV Clenz • Acid Clenz • Constipation Relief • Scar Cure

Bladder incontinence - Bladder Incontinence • Constitutional Enhancer • Urinary Tract Infections • Blood & Kidney Detox • Liver Detox • Lymph Detox • Muscle Maximizer • Anti-Aging & Wrinkles for Men or Women • Calcium Metabolizer • Birth Ease • FertiCare • Female Enhancer • Yeast Freee... • Acid Clenz • First Aid for Mind & Body • Constipation Relief • Scar Cure

Blood clots - Artery/Cholesterol/BP • Constitutional Enhancer • ApoPlex • VeinoPlex • Blood & Kidney Detox • Nosebleed Relief • Wounds Recovery • Scar Cure

Blood Clots - Also see Septecemia.

Blurred vision - Eye Stress • CataCure • Allergy & Red Eye Relief • First Aid for Mind & Body

Body building - Muscle Maximizer • Constitutional Enhancer • Sporting Edge • Arthritis & Joint Relief • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Calcium Metabolizer • Bone Strengtheners • Anti-Aging & Wrinkles for Men or Women • Back, Neck, Muscle & Joint Injuries

Body odor - Odor Freee... • Constitutional Enhancer • No Sweat Anti-Perspirant • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... • Acid Clenz • Sugar Metabolizer • ParaClenz • Acute Viro Reliever • Chronic Viro Reliever

Boils - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergy/Hay Fever Relief • Acid Clenz • Cold Sores & Herpes • Acute Viro Reliever • Chronic Viro Reliever • ICV Clenz • ParaClenz • Yeast Freee... • Bactero Reliever

Bone cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes • Bone Strengtheners • Calcium Metabolizer

Bone spurs - Back, Neck, Muscle & Joint Injuries • Arthritis and Joint Relief • Wounds Recovery • Calcium Metabolizer • Hair & Nails Formula • Sporting Edge • Bone Strengtheners • First Aid for Mind & Body

Bones, disease of - Bone Strengtheners • Constitutional Enhancer • Calcium Metabolizer • Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • ChemoClenz • Teeth & Gum Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Hair & Nails Formula • TMJ/Jaw Formula • Liver Detox • Anti-Aging & Wrinkles for Men or Women

Brain cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes

Breast cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes • Breast Cyst & Discomforts • Swollen Glands • Lymph Detox

Breast cysts/lumps - Breast Cyst & Discomforts • Constitutional Enhancer • PMS Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Colds & Flu • Allergies: Food Chemicals • Swollen Glands • Acid Clenz • Fatigue Relief for Mind & Body

Bronchitis - Lungs & Bronchial Relief • Constitutional Enhancer • Allergy/Hay Fever Reliever • Asthma Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Bruises - Wounds Recovery • VeinoPlex • First Aid for Mind & Body • Arthritis & Joint Relief • Nosebleed Relief • Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Sporting Edge • Artery Cholesterol/BP • Blood & Kidney Detox • Liver Detox • Lymph Detox

Bug bites - Bug Away • Constitutional Enhancer • Odor Freee... • Skin Irritations & Itch Relief • LymePlex • Nosebleed Relief • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Wound Recovery • VaccinoClenz • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Swollen Glands Relief • Scar Cure • Lymph Detox • LymePlex • Blood & Kidney Detox

Bulimia - Eating Disorders • Constitutional Enhancer • Nausea & Motion Sickness • Mood Changes • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox

Burns - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Bug Away • Blood & Kidney Detox • Acid Clenz • Liver Detox • Lymph Detox • Scar Cure • First Aid for Mind & Body

Burnout - See Fatigue and Stress

Bursitis - Arthritis & Joint Relief • Acid Clenz • Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Calcium Metabolizer • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bone Strengthener • Allergies: Food Chemicals

Calcium metabolism - Calcium Metabolizer • Hair & Nails Formula • Teeth & Gum Formula • TMJ/Jaw Formula • Constitutional Enhancer • Bone Strengthener • Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Allergies: Food Chemicals

Cancer - Specific CS Formula • CS-General Support • CS-Pain Reliever • Lymph Detox • Blood & Kidney Detox • Liver Detox • Constitutional Enhancer • Acid Clenz • Breast Cyst & Discomforts • ChemoClenz • Calcium Metabolizer • Bone Strengthener • Grief • Guilt • Intense Anxiety • Fears & Nightmares • First Aid for Mind & Body

Candidiasis - Yeast Free... • Allergies: Mold • Constitutional Enhancer • GynePlex • Chronic Viro Reliever • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sluggish Mind

Canker - Cold Sores & Herpes • Constitutional Enhancer • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sluggish Mind • Acne Clear • UlcerPlex • Acute Viro Reliever • Chronic Viro Reliever • Acid Clenz • Bactero Reliever

Caries, cavities/decay of bone - Teeth & Gum Formula • Bone Strengthener • Calcium Metabolizer • Dental Plak • Constitutional Enhancer • Arthritis & Joint Relief • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox

Carpal Tunnel Syndrome - Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Calcium Metabolizer • Bone Strengthener • Sporting Edge • Wounds Recovery • SciatiPlex • TremorPlex

Car sickness - Nausea & Motion Sickness • Constitutional Enhancer • Morning Sickness • Tinnitus Relief • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • ChemoClenz • Eating Disorders • First Aid for Mind & Body

Cataract - CataCure • Constitutional Enhancer • Calcium Metabolizer • Bone Strengthener • Allergy/Hay Fever Relief • Hair & Nails Formula • Back, Neck, Muscles & Joint Injury Relief • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy & Red Eye Relief • Eye Stress

Cellulite - Burnout • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Allergies: Food Chemicals • Calcium Metabolizer • Bone Strengthener

Cerebral Palsy - TremorPlex • Arthritis & Joint Relief • Constitutional Enhancer • Muscle Maximizer • ApoPlex • TMJ/Jaw Formula • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox • Children's Growth • VaccinoClenz • Calcium Metabolizer • Bone Strengthener

Chemical sensitivities - Allergies: Food Chemicals • Yeast Free... • Constitutional Enhancer • Allergies: Mold • Bio Reset/Jet Lag • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph

Detox • Burnout • VaccinoClenz • Calcium Metabolizer • Bone Strengthener • UlcerPlex • Allergy & Red Eye Relief • Acid Clenz • ParaClenz

Chemotherapy poisoning - ChemoClenz • Bio Reset/Jet Lag • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • VaccinoClenz • Burnout • Odor Freee... • Tummy Aches • Fever Reliever

Chicken Pox - Cold Sores & Herpes • Constitutional Enhancer • Poison Ivy & Oak Relief • Colds & Flu • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • First Aid for Mind & Body

Chlamydia - GynePlex • Acute Viro • FertiCare • Chronic Viro • Bactero Reliever • Cold Sores and Herpes • Constitutional Enhancer • GynePlex • Urinary Tract Infections • Scar Cure

Chorea -Huntington's, irregular spasmodic, involuntary movements - TremorPlex • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sporting Edge • Acid Clenz • M3: Metabolic Mineral Metabolizer

Chronic back pain - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Bone Strengthener • Arthritis & Joint Relief • Calcium Metabolizer • Sporting Edge • Muscle Maximizer • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • First Aid for Mind & Body

Chronic fatigue syndrome/Epstein Barr - Acute Viro Reliever • Burnout • Constitutional Enhancer • Yeast Freee • LymePlex • Aller-Detox: Food Additives & Preservatives • All Allergy Formulas • All Detox Formulas

Cirrhosis - Liver Detox • Hangover Relief • Constitutional Enhancer • GallPlex • Lymph Detox • Blood & Kidney Detox • Burnout • Indigestion Relief • ICV Clenz • Acid Clenz • ParaClenz

Claustrophobia - Claustrophobia • Fears & Phobias • Intense Anxiety • Fears & Nightmares • Grief • Guilt • Constitutional Enhancer • First Aid for Mind & Body • Mood Changes • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Clergymen's sore throat - Sore Throat & Laryngitis • Constitutional Enhancer • Allergy/Hay Fever Reliever • Lung & Bronchial Relief • Snore Control • Acne Clear • Sinus Relief • TonsilCure • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Cold feet/poor circulation - Constitutional Enhancer • Artery/Cholesterol/BP • VeinoPlex • Yeast Freee... • First Aid for Mind & Body • Cold Sores & Herpes • Sluggish Mind • Appetite Control • Appetite & Weight with PHAT Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag

Colic abdominal pain - Colic Relief • Constitutional Enhancer • Indigestion Relief • ICV Clenz • Acid Clenz • Diarrhea Relief • Constipation Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Tummy Aches • Menstrual Cramps & Irregularities

Colitis, inflammation of the colon - Diarrhea Relief • Colic Relief • Constitutional Enhancer • ICV Clenz • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Colic Relief • Indigestion Relief • Allergies: Food Chemicals • Constipation Relief • Allergies: Mold

Common cold - Colds & Flu • Constitutional Enhancer • First Aid for Mind & Body • LymePlex • Tummy Aches • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Swollen Glands Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Cough Control • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Allergies: Mold

Complaining - Complaining • Self-Pity • Immature • Chagrined • Gossipy • Lonely • Envious • Verbal Anger

Concussion - Wounds Recovery • Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Tinnitus Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Headache Freee... • Migraine Freee... • Bone Strengthener • Calcium Metabolizer • First Aid for Mind & Body

Confused sexual identity - Sexual Identity • Personality Changes • Religious Issues • Heart Ache • Grief • Insecurity

Confusion - Sluggish Mind • Mental Alertness for Seniors • Restless Mind • Spaced-Out • Apathy • Burnout

Conjunctivitis - Allergy & Red Eye Relief • Eye Stress • CataCure • Styte Relief • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Constitutional Enhancer • Allergy/Hay Fever Reliever • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Mold • Allergies Regional Formulas

Constipation - Constipation Relief • Constitutional Enhancer • Acid Clenz • ICV Clenz • GallPlex • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Indigestion Relief • Allergies: Food Chemicals • Water Retention Control

Contempt - Vindictive • Self-Abuse • Prejudice • Stubborn & Contentious • Criticize & Contradict • Verbal Anger • Physical Anger

Contusions -VeinoPlex • Wounds Recovery • Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Skin Irritations & Itch Relief • First Aid for Mind & Body

Convulsions - First Aid for Mind & Body • Constitutional Enhancer • TremorPlex • Allergies: Food Chemicals • Colds & Flu • Arthritis & Joint Relief Injuries Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Coryza, common cold - Colds & Flu • Constitutional Enhancer • Allergy/Hay Fever Reliever • Swollen Glands Relief • Allergies: Food Chemicals • Acid Clenz • Sore Throat & Laryngitis • LymePlex • Acute Viro Reliever • Blood & Kidney Detox • Chronic Viro Reliever • Bactero Reliever • Liver Detox • Lymph Detox • LymePlex

Cosmetic pollution - Allergies: Food Chemicals • Blood & Kidney Detox • Constitutional Enhancer • Liver Detox • Lymph Detox

Cough - Cough Control • Children's Cough • Constitutional Enhancer • Colds & Flu • Allergies: Food Chemicals • Lungs & Bronchial Relief • Asthma Clear • Allergy/Hay Fever Reliever • Smoke Control • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Sinus Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sore Throat & Laryngitis • Swollen Glands Relief

Cradle cap - Skin Irritations & Itch Relief • Constitutional Enhancer • Yeast Freee... • Attention & Learning Enhancement • Newborn Tonic • Athlete's Foot Fighter

Cramps, muscle - Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Calcium Metabolizer • Bone Strengthener • Blood & Kidney Detox • Liver Detox • Lymph Detox • Menstrual Cramps & Irregularities

Cramps, abdominal - Colic • Indigestion Relief • Menstrual Cramps & Irregularities • Calcium Metabolizer • ICV Clenz • Liver Detox • Lymph Detox • Blood & Kidney Detox

Cravings - Appetite Control • Appetite & Weight with PHAT • Constitutional Enhancer • Yeast Freee... • Hangover Relief • Addictaplex • Alcoholism • Gambling • Expressed Sexual Issues • Smoke Control

Criticizing - Criticize & Contradict • Perfectionism • Verbal Anger • Gossipy • Stubborn & Contentious • Complaining

Crohn's Disease, intestinal inflammation - Diarrhea Relief • Constitutional Enhancer • Indigestion Relief • ICV Clenz • UlcerPlex • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Yeast Freee... • First Aid for Mind & Body • Intense Anxiety • Fears & Nightmares • Acid Clenz • Liver Detox • Lymph Detox • Blood & Kidney Detox • Swollen Glands Relief

Croup, inflammation of the trachea - Children's Cough • Cough Control • Constitutional Enhancer • Sore Throat & Laryngitis • Lungs & Bronchial Relief • Asthma Clear • Colds & Flu • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Acute Viro Reliever • Chronic Viro Reliever • Sinus Relief • Swollen Glands Relief

Cruelty - Vindictive • Self-Abuse • Verbal Anger • Personality Changes • Religious Issues • Egotistical

Cystic Fibrosis - Lungs & Bronchial Relief • Breast Cyst & Discomforts • Constitutional Enhancer • Arthritis & Joint Relief • Chronic Viro Reliever • Asthma Clear • Allergies: Food Chemicals • Yeast Freee... • LymePlex • Back, Neck, Muscle & Joint Injuries • Calcium Metabolizer • Muscle Maximizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz

Cystitis, inflammation of the bladder - Urinary Tract Infections • Constitutional Enhancer • Blood & Kidney Detox • Bladder Incontinence • Prostate Strengthener • Acid Clenz • Lymph Detox • Liver Detox • ICV Clenz • First Aid for Mind & Body • Allergies: Food Chemicals • GynePlex

Cyst - Skin Irritations & Itch Relief • Breast Cyst & Discomforts • Constitutional Enhancer • Lymph Detox • Wart Freee

Dandruff - Skin Irritations & Itch Relief • Constitutional Enhancer • Hair & Nails Formula • Yeast Freee... • Allergies: Food Chemicals • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Mold

Daydream - Spaced-Out • Nostalgia • Procrastination • Aversion to Exertion • Lonely

Debility - Burnout • Constitutional Enhancer • Sluggish Mind • Chronic Viro Reliever • Yeast Freee... • Appetite Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Bio Reset/ Jet Lag • First Aid for Mind & Body • M3: Metabolic Mineral Metabolizer • Allergies: Mold

Deceitful - Deceitful • Gossipy • Vindictive

Dementia - Mental Alertness for Seniors • Sluggish Mind • Burnout • Constitutional Enhancer • Mood Changes • Yeast Freee... • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Hangover Relief • VaccinoClenz

Dental amalgam poisoning - Teeth & Gum Formula • M3: Metabolic Mineral Metabolizer • Swollen Glands Relief • Blood & Kidney Detox • Constitutional Enhancer • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Dental Plak • TMJ/Jaw Formula • Tinnitus Relief

Dentition, morbid - Teething • Constitutional Enhancer • Teeth & Gum Formula • Attention & Learning Enhancement • Calcium Metabolizer • Bone Strengthener • TMJ/Jaw Formula • Hair & Nails Formula

Depression - Constitutional Enhancer • Melancholic • Good Mood Enhancer • Seasonal Affective Disorder •

Mood Changes • Lonely • Heart Ache • Self-Pity • Nostalgia • Serious • Apathy • Self-Abuse • Sleep Aid • Yeast Freee... • Bio Reset/Jet Lag • First Aid for Mind & Body • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Chronic Viro Reliever

Dermatitis - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Scar Cure • Bug Away • Poison Ivy & Oak Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergies: Mold

Desire for sympathy - Lonely • Complaining • Self-Pity • Hypochondria • Heart Ache

Diabetes - Sugar Metabolizer • Constitutional Enhancer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Bio-Reset/Jet Lag • Urinary Tract Infections • Bladder Incontinence • First Aid for Mind & Body • Allergies: Mold

Diarrhea -Diarrhea Relief • ParaClenz • Constitutional Enhancer • Indigestion Relief • ICV Clenz • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... Eating Disorders • Allergies: Food Chemicals • UlcerPlex • M3: Metabolic Mineral Metabolizer

Digestion - Indigestion • Constitutional Enhancer • Heartburn Relief • GallPlex • UlcerPlex • ICV Clenz • Appetite Enhancer • ParaClenz • Diarrhea Relief • Constipation Relief • Yeast Freee... • First Aid for Mind & Body • Nausea & Motion Sickness • Blood & Kidney Detox • Lymph Detox • Burnout • Acid Clenz • Allergies: Food Chemicals • Appetite Control • Weight Control

Disappointment - Chagrined • Grief • Calloused • Perfectionism • Complaining • Self-Pity

Disc lesions - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • SciatiPlex • Arthritis & Joint Relief • Calcium Metabolizer • Bone Strengtheners • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sporting Edge • Wounds Recovery • First Aid for Mind & Body

Discontent - Easily Angered • Good Mood Enhancer • Melancholic • Restless Mind • Hyperactive • Stubborn & Contentious • Obsessions/Compulsions • Perfectionism • Envious • Indecision

Discouragement - Chagrined • Melancholic • Apathy • Serious • Calloused • First Aid for Mind & Body • Stress Control

Disinterest - Good Mood Enhancer • Apathy • Neglectful • Spaced-Out • Reserved

Displacement of womb - Birth Ease • FertiCare • Constitutional Enhancer • Menopause • GynePlex • Menstrual Cramps & Irregularities • PMS Relief • Female Enhancer • Scar Cure • Wounds Recovery

Disputatiousness - Stubborn & Contentious • Verbal Anger • Easily Angered • Criticize & Contradict • Complaining

Dissatisfaction - Self-Abuse • Envious • Paranoid • Melancholic • Chagrined • Stubborn & Contentious

Distrust - Paranoid • Deceitful • Calloused

Diverticulitis, inflammation, particularly large intestine - Diarrhea Relief • Constitutional Enhancer • Constipation Relief • ICV Clenz • Indigestion Relief • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • ParaClenz • Mold Allergies & Sensitivities

Diuretic, increased urine - Water Retention Control • Constitutional Enhancer • Urinary Tract Infections • Bladder Incontinence • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Acid Clenz • M3: Metabolic Mineral Metabolizer

Dry skin - Skin Irritations & Itch Relief • Anti-Aging & Wrinkles for Men or Women • Constitutional Enhancer • Acne Clear • Yeast Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox • M3: Metabolic Mineral Metabolizer

Duodenal ulcer - See Ulcers

Dysentery - Diarrhea Relief • Constitutional Enhancer • ICV Clenz • ParaClenz • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... • Allergies: Food Chemicals • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Dysmenorrhea, painful menstruation - Menstrual Cramps & Irregularities • Constitutional Enhancer • FertiCare • PMS Relief • GynePlex • Female Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag

Earache - Earache Formula • Constitutional Enhancer • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Tinnitus Relief

Eating disorders - Eating Disorders • Constitutional Enhancer • Appetite Enhancer • Mood Changes • First Aid for Mind & Body • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox

Eccentric behavior - Extravagant • Gambling • Hyperactive • Personality Changes • Hypochondria • Mood Changes • Paranoid • Egotistical • Religious Issues

Echymosis, bruises, black and blue spots -VeinoPlex • Constitutional Enhancer • Nosebleed Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery Cholesterol/BP • ApoPlex • M3: Metabolic Mineral Metabolizer

Eczema - Skin Irritations & Itch Relief • Constitutional Enhancer • Scar Cure • Athlete's Foot Fighter • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • Allergies: Food Chemicals • Hair & Nails Formula • Anti-Aging & Wrinkles

Edema - Water Retention Control • Constitutional Enhancer • PMS Relief • Urinary Tract Infections • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Bladder Incontinence • Allergy/Hay Fever Reliever • Allergies: Food Chemicals

Effects of sexual abuse - Repressed Sexual Issues • Expressed Sexual Issues • Sexual Identity • Religious Issues • Self-Abuse

Electromagnetic pollution - EMF Detox • Bio Reset/Jet Lag • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Chemo Clenz • Acid Clenz

Emphysema - Lungs & Bronchial Relief • Constitutional Enhancer • Smoke Control • Blood & Kidney Detox • Liver Detox • Lymph Detox • Asthma Clear • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Snore Control • VaccinoClenz • CS Lung

Endometriosis - GynePlex • Constitutional Enhancer • Female Enhancer • FertiCare • Menstrual Cramps & Irregularities • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz

Energy, lack of (also see Fatigue) - Burnout • Constitutional Enhancer • Sluggish Mind • Chronic Viro Reliever • Colds & Flu • M3: Metabolic Mineral Metabolizer • Allergies: Mold • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sporting Edge • VaccinoClenz • Muscle Maximizer • Sporting Edge • LymePlex • Allergy/Food Chemical Symptom Reliever

Enuresis, involuntary urination - Bed Wetting Prevention • Constitutional Enhancer • Bladder Incontinence • Urinary Tract Infections • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bladder Incontinence • Acid Clenz • Attention & Learning Enhancement

Environmental pollution - Heavy Metal Detox • Blood & Kidney Detox • Constitutional Enhancer • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Swollen Glands • Acid Clenz • Allergies: Mold • M3: Metabolic Mineral Metabolizer

Epilepsy - First Aid for Mind & Body • TremorPlex • Constitutional Enhancer • Arthritis & Joint Relief • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox • VaccinoClenz • Acid Clenz • Bio Reset/Jet Lag

Epistaxis, nosebleed - Nosebleed Relief • Constitutional Enhancer • VeinoPlex • Artery/Cholesterol/BP • ApoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox

Exhaustion - Burnout • Constitutional Enhancer • Sluggish Mind • Chronic Viro Reliever • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox • First Aid for Mind & Body • Grief • Guilt • LymePlex • Muscle Maximizer • Sporting Edge • Allergies: Food Chemicals

Exhibitionism - Expressed Sexual Issues • Repressed Sexual Issues • Sexual Identity • Immature

Eyes - Allergy & Red Eye Relief • Constitutional Enhancer • CataCure • Styre Freee... • Allergy/Hay Fever Reliever • Eye Stress • Blood & Kidney Detox • Liver Detox • Lymph Detox • Stress Control • Allergies: Mold

Eye stress - Eye Stress • Constitutional Enhancer • Allergy & Red Eye Relief • CataCure • First Aid for Mind & Body • Sleep Aid • Bio Reset/Jet Lag

Fatigue - Burnout • Constitutional Enhancer • Sluggish Mind • Chronic Viro Reliever • LymePlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • First Aid for Mind & Body • Grief • Guilt • Muscle Maximizer • Sporting Edge • Allergies: Food Chemicals • M3: Metabolic Mineral Metabolizer • Allergies: Mold

Fault finding - Criticize & Contradict • Perfectionism • Stubborn & Contentious • Verbal Anger • Prejudice • Egotistical

Fear - Fears & Phobias • Fears & Nightmares • Constitutional Enhancer • First Aid for Mind & Body • Acid Clenz • Claustrophobia • Obsessions/Compulsions • Hypochondria • Religious Issues • Repressed Sexual Issues • Insecurity • Shy • Indecision • Aversion to Exertion • Aversion to Change • Mood Changes • Eating Disorders

Fear of Change - See **Aversion to change**

Fear of Failing - Perfectionism • Guilt • Self-Abuse • Fears and Phobias

Fear of Losing Control - Calloused • Serious • Perfectionism • Aversion to Change

Feminine discharge - FertiCare • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Menstrual Cramps & Irregularities • Breast Cyst & Discomforts • GynePlex • PMS Relief • Yeast Freee... • Birthease

Fever - Fever Reliever • Constitutional Enhancer • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Teething • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Swollen Glands • LymePlex

Fever, recurrent - Fever Reliever • Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Colds & Flu • Bactero Reliever • Swollen Glands • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sore Throat & Laryngitis • LymePlex

Fibroid tumors - Breast Cyst & Discomforts • Constitutional Enhancer • FertiCare • Menstrual Cramps & Irregularities • Blood & Kidney Detox • Liver Detox • Lymph Detox • Urinary Tract Infections • Acid Clenz • Bio Reset/Jet Lag

Fibromyalgia - Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Calcium Metabolizer • Back, Neck, Muscle & Joint Injuries • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Acid Clenz • LymePlex • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Bio Reset/Jet Lag • Allergies: Mold

Fissuri ani - Hemorrhoid Relief • Constitutional Enhancer • VeinoPlex • Indigestion Relief • Diarrhea Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Constipation Relief • Allergies: Food Chemicals • Skin Irritation and Itch Relief

Flatulence - Indigestion Relief • Constitutional Enhancer • Diarrhea Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • Foul Gas & Stool Reliever Natural Vet line

Flu - see Influenza

Food allergies - Allergies: Food Chemicals • Constitutional Enhancer • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sore Throat & Laryngitis • TonsilCure • Colds & Flu • Earache Formula • ICV Clenz • Indigestion Relief • Yeast Free... • Acid Clenz • ParaClenz

Food, aversion to - Eating Disorders • Appetite Enhancer • Constitutional Enhancer • Allergies: Food Chemicals • Acid Clenz • PMS Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz • Chemo Clenz

Food poisoning - Allergies: Food Chemicals • Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Chemo Clenz • Nausea & Motion Sickness

Forgetfulness - Sluggish Mind • Mental Alertness for Seniors

Fungal infection - Yeast Free... • Athlete's Foot Fighter • Allergies: Mold • Skin Irritations & Itch Relief • Constitutional Enhancer • Wart Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz • Bactero Reliever • Acute Viro Reliever • Chronic Viro Reliever

Gallbladder - GallPlex • Constitutional Enhancer • Indigestion Relief • ICV Clenz Yeast Free... • Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Gallstones - GallPlex • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • Bone Strengtheners • Heavy Metal Detox

Gambling - Gambling • Extravagant • Addictions

Gastritis - Heartburn Reliever • Constitutional Enhancer • Indigestion Relief • UlcerPlex • Diarrhea Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • First Aid for Mind & Body

Gingivitis, inflammation of the gums - Teeth & Gum Formula • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Colds & Flu • TMJ/Jaw Formula • Better Breath Natural Vet line • Acid Clenz • Plak Attak

Glands, swollen - Swollen Glands Relief • Constitutional Enhancer • Lymph Detox • Liver Detox • Blood & Kidney Detox • Colds & Flu • Sore Throat & Laryngitis • TonsilCure • VaccinoClenz • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Glaucoma - Blood & Kidney Detox • Constitutional Enhancer • Liver Detox • Lymph Detox • EyeStress • Artery/Cholesterol/BP • VeinoPlex • Bone Strengtheners • Scar Cure • CataCure • Stye Freee... • Calcium Metabolizer • Allergy & Red Eye Relief •

Goiters, enlarged thyroid - Appetite Control • Appetite & Weight with PHAT Constitutional Enhancer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Breast Cyst & Discomforts • ChemoClenz • First Aid for Mind & Body • Swollen Glands Relief • Bio Reset Jet Lag • Swollen Gland Relief

Gossipy - Gossipy • Deceitful • Immature

Gout - Gout Symptom Relief • Acid Clenz • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Heartburn Reliever • Allergies: Food Chemicals • Indigestion Relief • Arthritis & Joint Relief • M3: Metabolic Mineral Metabolizer

Grave's Disease, hyperthyroidism - Anxiety & Nervousness • First Aid for Mind & Body • TMJ/Jaw Formula • Constitutional Enhancer • Sleep Aid Water Retention Control • No Sweat Anti-Perspirant • Swollen Glands Relief • Bio Reset/Jet Lag • Calcium Metabolizer • Mood Changes

Grief - Grief • Constitutional Enhancer • First Aid for Mind & Body • Good Mood Enhancer • Heart Ache • Overly-Sensitive • Self-Pity • Aversion to Change • Stress Control • Melancholic • Apathy • Serious • Lonely • Religious Issues • Constitutional Enhancer • Sleep Aid

Growth disorders - Children's Growth • Appetite Enhancer • Constitutional Enhancer • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Eating Disorders Appetite Enhancer • Bio Reset/Jet Lag • M3: Metabolic Mineral Metabolizer

Growth enhancement - Children's Growth • Constitutional Enhancer • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Eating Disorders Calcium Metabolizer • Bone Strengtheners • M3: Metabolic Mineral Metabolizer •

Guilt - Guilt • Constitutional Enhancer • Perfectionism • Restless Mind • Religious Issues • Self-Abuse • Self-Pity • Intense Anxiety • Paranoid • Deceitful • Melancholic • Overly-Sensitive • Chagrined • Easily Angered • Criticize & Contradict • Constitutional Enhancer • Sleep Aid • Appetite & Weight with PHAT Appetite Control

Gums, disease of - Teeth & Gum Formula • Constitutional Enhancer • Dental Plak • Bactero Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Better Breath Natural Vet line • TMJ/Jaw Formula

Gunshot wounds - Wounds Recovery • Constitutional Enhancer • Arthritis & Joint Relief • Skin Irritations & Itch Relief • Back, Neck, Muscle & Joint Injuries • First Aid for Mind & Body

Hair growth disorders - Hair & Nails Formula • Constitutional Enhancer • Skin Irritations & Itch Relief • Menopause • Blood & Kidney Detox • Liver Detox • Lymph Detox • ParaClenz • Menopause • M3: Metabolic Mineral Metabolizer

Hair loss - Hair & Nails Formula • EMF Detox • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • ParaClenz

Hangover - Hangover Relief • Burnout • Reserved • Constitutional Enhancer • Nausea & Motion Sickness • Bio Reset/Jet Lag • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Mood Changes • Headache Relief • Sleep Aid

Hard-heartedness - Calloused • Vindictive • Serious • Apathy • Good Mood Enhancer

Hay fever - Allergy/Hay Fever Reliever • Allergies Regional Formulas • Allergies: Mold • Constitutional Enhancer • Lungs & Bronchial Relief • Allergies: Food Chemicals • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Snore Control • Acid Clenz • Sinus Relief • Yeast Free...

Headache - Headache Free • Stress Control • Constitutional Enhancer • Migraine Free • Allergies: Mold • Blood & Kidney Detox • Liver Detox • Lymph Detox • Physical Anger • Apathy • Restless Mind • Spaced-Out • Intense Anxiety • Grief • Reserved • Self-Pity • Addictaplex • Eye Stress

Hearing loss - Tinnitus Relief • Scar Cure • Anti-Aging & Wrinkles for Men or Women • Earache Formula • Constitutional Enhancer • Allergy/Hay Fever Reliever • Arthritis & Joint Relief • Calcium Metabolizer • Bone Strengthener • Swollen Glands • ICV Clenz •

Heart, disease of - Artery/Cholesterol/BP • Constitutional Enhancer • Heart Regularity • VeinoPlex • ApoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Menopause • First Aid for Mind & Body

Heartache - Heart Ache • Grief • Lonely • Melancholic • Self-Pity • First Aid for Mind & Body • Stress Control • Good Mood Enhancer

Heart palpitations - Intense Anxiety • Heart Regularity • Artery/Cholesterol/BP • Bio Reset/Jet Lag • Stress Control

Heartburn - Heartburn Reliever • Constitutional Enhancer • UlcerPlex • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • ICV Clenz

Heavy metal pollution - Blood & Kidney Detox • Constitutional Enhancer • Liver Detox • M3: Metabolic Mineral Metabolizer • Lymph Detox • Allergies: Food Chemicals • Swollen Glands

Heels, pain in - Calcium Metabolizer • Constitutional Enhancer • Muscle Maximizer • Bone Strengthener • Arthritis & Joint Relief • Gout Symptom Relief • Back Neck Muscle & Joint Injuries • Acid Clenz

Hematoma, blood-cyst - VeinoPlex • Constitutional Enhancer • Nosebleed Relief • Artery/Cholesterol/BP • Skin Irritations & Itch Relief • Arthritis & Joint Relief • First Aid for Mind & Body • Wounds Recovery

Hemophilia, abnormal bleeding - Nosebleed Relief • Constitutional Enhancer • M3: Metabolic Mineral Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery/Cholesterol/BP • VeinoPlex • ApoPlex • Bug Away

Hemorrhoids - Hemorrhoid Relief • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • VeinoPlex • Constipation Relief

Hepatitis - Liver Detox • Constitutional Enhancer • Blood & Kidney Detox • Lymph Detox • Wounds Recovery • Burnout • Indigestion Relief • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Swollen Glands

Herpes Simplex I or II - Cold Sores & Herpes • Constitutional Enhancer • Poison Ivy & Oak Relief • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • Skin Irritations & Itch Relief • Swollen Glands • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Herpes zoster - Cold Sores & Herpes • Poison Ivy & Oak Relief • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • Skin Irritations & Itch Relief • First Aid for Mind & Body • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Hiccough - Indigestion Relief • Constitutional Enhancer • Heartburn Reliever Eating Disorders
Constitutional Enhancer • ICV Clenz • Allergies: Food Chemicals

High blood pressure - Artery/Cholesterol/BP • Constitutional Enhancer • ApoPlex • VeinoPlex • First Aid
for Mind & Body • Sleep Aid • Heart Regularity

Hip disease - Arthritis & Joint Relief • Constitutional Enhancer • Calcium Metabolizer • Back, Neck, Muscle
& Joint Injuries • Bone Strengtheners • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz

HIV positive - Allergies: Food Chemicals • Constitutional Enhancer • Chronic Viro Reliever • Acute Viro
Reliever • Bacterio Reliever • Fever Reliever • LymePlex • Swollen Glands Relief • Cold Sores & Herpes •
Blood & Kidney Detox • Liver Detox • Lymph Detox • VaccinoClenz • ICV Clenz

Hives - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Blood & Kidney Detox •
Allergies: Mold • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Asthma Clear • Yeast Free... •
Allergy/Hay Fever Reliever

Hives, internal - Skin Irritations & Itch Relief • Constitutional Enhancer • Calcium Metabolizer •
Allergy/Hay Fever Reliever • Allergies: Mold • Allergies: Food Chemicals Individual may need to take extra
calcium • ICV Clenz • Bone Strengtheners

Hoarseness - Sore Throat & Laryngitis • Constitutional Enhancer • Colds & Flu • Blood & Kidney Detox •
Liver Detox • Allergies: Mold • Allergies Regional Formulas • Lymph Detox • Cough Control • Allergies:
Food Chemicals • Acute Viro Reliever • TonsilCure

Hodgkin's disease - Swollen Glands Relief • Constitutional Enhancer • Colds & Flu • Blood & Kidney Detox
• Liver Detox • Lymph Detox • Cold Sores & Herpes • Allergies: Food Chemicals • Allergy/Hay Fever
Reliever • TremorPlex • LymePlex • Acute Viro Reliever • Chronic Viro Reliever

Homesickness - Nostalgia • Aversion to Change • Spaced-Out • Lonely

Hookworm, Ankylostomiasis - ParaClenz • Constitutional Enhancer • Indigestion Relief • Blood & Kidney
Detox • Liver Detox • Lymph Detox • ICV Clenz • Diarrhea Relief

Hot flashes - Menopause • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox •
PMS Relief • No Sweat Anti-Perspirant • Odor Free... • Calcium Metabolizer • Bone Strengtheners • First Aid
for Mind & Body • Burnout

Humiliation - Chagrined • Overly-Sensitive • Stress Control • Guilt • Grief • First Aid for Mind & Body
• Gambling • Extravagant • Immature

Huntington's disease, Chorea, characterized by irregular spasmodic movements - TremorPlex • Sporting
Edge • Constitutional Enhancer • Mood Changes • Sleep Aid • Allergy/Hay Fever Reliever • Blood &
Kidney Detox • Liver Detox • Lymph Detox • Yeast Free... • First Aid for Mind & Body • Bio Reset/Jet Lag
• Acid Clenz • Calcium Metabolizer

Hyperactivity - Hyperactive • Restless Mind • Attention & Learning Enhancement • First Aid for Mind &
Body • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Appetite Enhancer • Lymph Detox
• Allergies: Food Chemicals • Earache Formula • Yeast Free... • Burnout • ParaClenz

Hyperidrosis, excessive sweating - No Sweat Anti-Perspirant • Environmental Adaptation • Odor Free... •
Constitutional Enhancer • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox
• Menopause • Anti-Aging & Wrinkles for Men or Women • Acute Viro Reliever • Chronic Viro Reliever •
Bacterio Reliever • Swollen Glands

Hypertension - Artery/Cholesterol/BP • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Heart Regularity • VeinoPlex • ApoPlex • Water Retention Control • First Aid for Mind & Body

Hyperthyroidism - TMJ/Jaw Formula • Constitutional Enhancer • Sleep Aid • Calcium Metabolism • Bone Strengtheners • First Aid for Mind & Body • No Sweat Anti-Perspirant • Swollen Glands Relief • Water Retention Control • Bio Reset/Jet Lag • Claustrophobia

Hypertrophy of heart, excessive growth - Artery/Cholesterol/BP • Constitutional Enhancer • Heart Regularity • VeinoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Anti-Aging & Wrinkles for Men or Women

Hyperventilating - First Aid for Mind & Body • Constitutional Enhancer • Asthma Clear • Lung & Bronchial Relief • Fear & Phobia • Acid Clenz

Hypochondria - Hypochondria • Self-Pity • Complaining • Obsessions/Compulsions • Intense Anxiety

Hypoadrenia, low functioning adrenals - First Aid for Mind & Body • Constitutional Enhancer • Burnout • Fear & Phobia Relief • Sleep Aid • TMJ/Jaw Formula • Back, Neck, Muscle & Joint Injuries • Yeast Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz • Teeth & Gum Formula • Bio Reset/Jet Lag • VaccinoClenz • Sluggish Mind • Treat any chronic recurring infections or other stressors on the person.

Hypoglycemia - Burnout • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Appetite Enhancer • Lymph Detox • Allergies: Food Chemicals • Chronic Viro Reliever • ICV Clenz • M3: Metabolic Mineral Metabolizer • LymePlex • Yeast Freee... • Sugar Metabolizer • VaccinoClenz • Bio Reset/Jet Lag • Sluggish Mind • Claustrophobia • Allergies: Mold

Hypotension, low blood pressure - Artery/Cholesterol/BP • Constitutional Enhancer • Heart Regularity • VeinoPlex • ApoPlex • Burnout • Allergies: Food Chemicals • Bio Reset/Jet Lag • LymePlex • Yeast Freee...

Hypothyroidism - Burnout • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • LymePlex • Yeast Freee... • Water Retention Control • Chronic Viro Reliever • Bio Reset/Jet Lag • Muscle Maximizer • Sluggish Mind

Hysteria - Intense Anxiety • Stress Control • First Aid for Mind & Body • Constitutional Enhancer • Mood Changes • Eating Disorders • Claustrophobia • Attention & Learning • Fears & Nightmares • Personality Changes • Religious Issues

Indigestion - Indigestion Relief • Constitutional Enhancer • Colic Relief • Tummy Aches • ICV Clenz • GallPlex • Appetite Enhancer • Diarrhea Relief • Heartburn Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Ileocecal valve - ICV Clenz • Appetite & Weight with PHAT Acid Clenz • Constitutional Enhancer • Constipation Relief • Diarrhea Relief • Indigestion Relief • ParaClenz • Blood & Kidney Detox • Liver Detox • Lymph Detox

Immaturity - Immature • Hyperactive • Complaining • Overly-Sensitive • Extravagant

Immuno-deficiency - Allergies Regional Formulas • Heavy Metal Detox • Allergy/Food & Chemical Symptom Reliever • Constitutional Enhancer • Allergy/Hay Fever Reliever • Acute Viro Reliever • Colds & Flu • Chronic Viro Reliever • Blood & Kidney Detox • Bacterio Reliever • Liver Detox • Swollen Glands Relief • Lymph Detox • Burnout • Fever Reliever • Attention & Learning Enhancement • LymePlex • Allergies: Mold

Impatience - Easily Angered • Overly-Sensitive • Stubborn & Contentious • Restless Mind • Hyperactive

Impetigo, pustular eruptions - Skin Irritations & Itch Relief • Cold Sores & Herpes • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Anti-Aging & Wrinkles for Men or Women

Impotence - Male Strengthener • Egotistical • Envious • Self-Pity • Religious Issues • Neglectful • Insecurity • Constitutional Enhancer • Prostate Strengthener • Muscle Maximizer • Blood & Kidney Detox • Yeast Freee... • Liver Detox • Lymph Detox • Burnout • Sluggish Mind • Anti-Aging & Wrinkles for Men or Women • Urinary Tract Infections

Indifference- See Apathy

Infections - Bacterio Reliever • Colds & Flu • Influenza Multi-Strain Flu Medicine • Constitutional Enhancer • Allergies: Mold • Acute Viro Reliever • Blood & Kidney Detox • Chronic Viro Reliever • Head Colds Relief • Fever Reliever • Swollen Glands Relief • Liver Detox • Burnout • ICV Clenz

Infertility - FertiCare • Constitutional Enhancer • Menopause • Female Enhancer • Birth Ease • Blood & Kidney Detox • Liver Detox • Lymph Detox • Menstrual Cramps & Irregularities • Burnout • Acid Clenz • First Aid for Mind & Body • Calcium Metabolizer • Bone Strengthener • Acute Viro Reliever • Chronic Viro Reliever

Inflexibility - Aversion to Change • Calloused • Stubborn & Contentious • Serious • Paranoid • Shy • Prejudice

Influenza - Influenza Multi-Strain Flu Medicine • Colds & Flu • Head Colds Relief • Constitutional Enhancer • Allergies: Food Chemicals • LymePlex • Blood & Kidney Detox • First Aid for Mind & Body • Liver Detox • Lymph Detox • TonsilCure • Acute Viro Reliever • Chronic Viro Reliever • Swollen Glands • Sore Throat & Laryngitis • Sinus Relief • Fever Reliever

Injuries - Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Wounds Recovery • Muscle Maximizer • First Aid for Mind & Body • M3: Metabolic Mineral Metabolizer

Insanity - Personality Changes • Mood Changes • Constitutional Enhancer • Sluggish Mind • First Aid for Mind & Body • Acid Clenz • Blood & Kidney Detox • Heavy Metal Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • Bone Strengthener

Insect bites - Bug Away • LymePlex • Constitutional Enhancer • Skin Irritations & Itch Relief • Acne Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Wounds Recovery • Scar Cure • VaccinoClenz • First Aid for Mind & Body

Insecurity - Insecurity • Shy • Overly-Sensitive • Self-Pity • Deceitful • Perfectionism • Self-Abuse • Sexual Identity • Repressed Sexual Issues

Insomnia - Sleep Aid • Restless Mind • Hyperactive • Spaced-Out • Constitutional Enhancer • First Aid for Mind & Body • Blood & Kidney Detox • Indigestion Relief • Liver Detox • Lymph Detox • Burnout • Sluggish Mind • Indigestion Relief • ICV Clenz

Insulting - Criticize & Contradict • Verbal Anger • Gossipy

Internalized anger - Self-Abuse • Guilt • Serious • First Aid for Mind & Body • Stress Control • Perfectionism

Intercostal neuralgia - Constitutional Enhancer • Cold Sores & Herpes • Back, Neck, Muscle & Joint Injuries • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Skin Irritations & Itch Relief • SciatiPlex • Calcium Metabolizer • Bone Strengthener • Arthritis & Joint Relief

Interdigital cysts - Skin Irritations & Itch Relief • Constitutional Enhancer • Wart Freee... • Breast Cyst & Discomforts • FertiCare • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Arthritis & Joint Reliever

Introversion - Reserved • Shy • Lonely • Good Mood Enhancer • Melancholic

Irreresolution - Indecision • Insecurity • Procrastination • Immature • Deceitful

Irritability - Easily Angered • Overly-Sensitive • Criticize & Contradict • Burnout • Envious • Chagrined

Irritable Bowel Syndrome - Diarrhea Relief • UlcerPlex • Constitutional Enhancer • ICV Clenz • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Constipation Relief • Allergies: Food Chemicals • Yeast Freee... • ParaClenz • GallPlex • Heartburn Relief • Swollen Glands Relief • Allergies: Mold

Itching - Skin Irritations & Itch Relief • Constitutional Enhancer • Poison Ivy & Oak Relief • Bug Away • Blood & Kidney Detox • Allergies: Mold • Allergies Regional Formulas • Liver Detox • Lymph Detox • Acne Clear • Cold Sores & Herpes • Yeast Freee... • Athlete's Foot Fighter • Bacterio Reliever • Environmental Adaptation • Acid Clenz

Jaundice - Liver Detox • Newborn Tonic • Constitutional Enhancer • GallPlex • Blood & Kidney Detox • Lymph Detox • Children's Growth & Development • Indigestion Relief • Skin Irritations & Itch Relief

Jealousy - Envious • Self-Pity • Complaining • Extravagant • Chagrined • Vindictive

Jet lag - Bio Reset/Jet Lag • Sluggish Mind • Spaced-Out • Constitutional Enhancer • Hangover Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sleep Aid • Anti-Aging & Wrinkles for Men or Women • Attention & Learning Enhancement • Burnout

Joint disorder - Arthritis & Joint Relief • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • SciatiPlex • Sporting Edge • Calcium Metabolizer • Bone Strengthenener • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Wounds Recovery • Allergies: Mold

Kidney disorder - Urinary Tract Infections • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bladder Incontinence • Prostate Strengthenener • First Aid for Mind & Body • Calcium Metabolizer

Kidney stones - Urinary Tract Infections • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • AcidClenz

Labor pains - Birth Ease • Constitutional Enhancer • First Aid for Mind & Body • Wounds Recovery

Lack of self-confidence - Insecurity • Shy • Reserved • Self-Pity • Apathy • Melancholic • Lonely

Lack of will power - Aversion to Exertion • Procrastination • Sluggish Mind • Restless Mind

Laryngitis - Sore Throat & Laryngitis • Constitutional Enhancer • Colds & Flu • Acute Viro Reliever • Allergy/Food & Chemical Symptoms Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Bacterio Reliever • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever

Leaky Gut Syndrome - ICV Clenz • Constitutional Enhancer • Allergies: Food Chemicals • Yeast Freee... • Indigestion Relief • Constipation Relief • Diarrhea Relief • UlcerPlex • ParaClenz • Heartburn Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • GallPlex • Eating Disorders • Allergies: Mold

Learning disabilities - Attention & Learning Enhancement • Constitutional Enhancer • Restless Mind • Sluggish Mind • VaccinoClenz • Heavy Metal Detox • Blood & Kidney Detox • Appetite Enhancer • Liver Detox • Lymph Detox • Burnout • Bio Reset/Jet Lag • Allergies: Food Chemicals • First Aid for Mind & Body • Fears & Nightmares • M3: Metabolic Mineral Metabolizer

Leg cramps - VeinoPlex • M3: Metabolic Mineral Metabolizer • Constitutional Enhancer • Artery/Cholesterol/BP • Heart Regularity • Arthritis & Joint Relief • First Aid for Mind & Body • Calcium Metabolizer • Bone Strengtheners • Water Retention Control

Leukemia - Blood & Kidney Detox • Lymph Detox • Swollen Glands Relief • Constitutional Enhancer • Liver Detox • Allergies: Food Chemicals • Chronic Viro Reliever • LymePlex • Acute Viro Reliever • VaccinoClenz

Leukorrhea, vaginal discharge - GynePlex • Swollen Glands Relief • Constitutional Enhancer • Yeast Free... • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • PMS Relief • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever

Liver disorders - Liver Detox • Constitutional Enhancer • Blood & Kidney Detox • Lymph Detox • Indigestion Relief • Constipation Relief • Hemorrhoid Relief • ParaClenz • Acid Clenz

Loneliness - Lonely • Heart Ache • Self-Pity • Melancholic • Seasonal Affective Disorder

Longevity - Anti-Aging & Wrinkles for Men or Women • Mental Alertness for Seniors • Constitutional Enhancer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Bio Reset/Jet Lag

Loquaciousness - See Gossipy

Lou Gehrig's Disease - Sporting Edge • Constitutional Enhancer • TMJ/Jaw Formula • TremorPlex • Back, Neck, Muscle & Joint Injuries • Colds & Flu • Lungs & Bronchial Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • First Aid for Mind & Body • Acute Viro Reliever • Chronic Viro Reliever • Calcium Metabolizer • Muscle Maximizer • Acid Clenz • Bio Reset/Jet Lag • Scar Cure

Low back pain - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Arthritis & Joint Relief • Bone Strengtheners • ICV Clenz • Blood & Kidney Detox • Calcium Metabolizer • Liver Detox • Acid Clenz • Lymph Detox • SciatiPlex • Sporting Edge • Muscle Maximizer • LymePlex • First Aid for Mind & Body • Scar Cure • Teeth & Gum Formula • TMJ/Jaw Formula

Low blood pressure, hypotension - Artery/Cholesterol/BP • Constitutional Enhancer • Heart Regularity • VeinoPlex • ApoPlex • Burnout • Allergies: Food Chemicals • Bio Reset/Jet Lag

Lumbago - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Arthritis & Joint Relief • Bone Strengtheners • ICV Clenz • Blood & Kidney Detox • Calcium Metabolizer • Acid Clenz • Liver Detox • Lymph Detox • SciatiPlex • Sporting Edge • Muscle Maximizer • LymePlex • First Aid for Mind & Body • Scar Cure • Teeth & Gum Formula • TMJ/Jaw Formula

Lung disease - Lungs & Bronchial Relief • Constitutional Enhancer • Smoke Control • Asthma Clear • CS-Lung • Allergy/Hay Fever Reliever • Asthma Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Smoke Control • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever

Lupus - Arthritis & Joint Relief • Constitutional Enhancer • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Swollen Glands Relief • Colds & Flu • Burnout • Acute Viro Reliever • Chronic Viro Reliever

Lyme disease - LymePlex • Constitutional Enhancer • Bug Away • Scar Cure • Chronic Viro Reliever • Bacterio Reliever • Fever Reliever • Colds & Flu • Arthritis & Joint Relief • Acute Viro Reliever • Chronic Viro Reliever • Lymph Detox • Liver Detox • Blood & Kidney Detox

Lymph drainage - Lymph Detox • Breast Cyst & Discomforts • Swollen Glands • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox

Lymphadenitis - Swollen Glands • Sore Throat & Laryngitis • Lymph Detox • Colds & Flu • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Burnout • TonsilCure • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Acute Viro Reliever • Chronic Viro Reliever

Lymphatic cancer/Hodgkin's - CS-Lymph • CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes • Swollen Glands

Macular degeneration - CataCure • Constitutional Enhancer • Allergy & Red Eye Relief • Eye Stress • Calcium Metabolizer • Anti-Aging & Wrinkles for Men or Women

Manic depression - (also see **Bi-Polar Disorder**) • Mood Changes • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Eating Disorders • Bio Reset/Jet Lag • First Aid for Mind & Body • Acid Clenz • Burnout

Mastitis - Breast Cyst & Discomforts • Swollen Glands Relief • Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Bacterio Reliever • Lymph Detox • Blood & Kidney Detox • Liver Detox • Colds & Flu • Menstrual Cramps & Irregularities • VaccinoClenz

Measles - Colds & Flu • Constitutional Enhancer • TonsilCure • Poison Ivy & Oak Relief • LymePlex • Swollen Glands Relief • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox

Melancholy - See Depression

Memory disorder - (also see **Forgetful**) - Sluggish Mind • Constitutional Enhancer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Acid Clenz • Grief • Guilt • First Aid for Mind & Body • VaccinoClenz

Menopause - Menopause • Constitutional Enhancer • Female Enhancer • No Sweat Anti-Perspirant • Blood & Kidney Detox • Liver Detox • Lymph Detox • PMS Relief • Bone Strengthener • Calcium Metabolizer • Burnout • First Aid for Mind & Body • Bio Reset/Jet Lag • Anti-Aging & Wrinkles for Men or Women • Mood Changes

Metabolism, slow - Appetite Control • Appetite & Weight with PHAT Water Retention Control • M3: Metabolic Mineral Metabolizer • Constitutional Enhancer • Burnout • Anti-Aging & Wrinkles for Men or Women • Bio Reset/Jet Lag • First Aid for Mind & Body • Yeast Free... • Allergy/Food & Chemical Symptom Reliever • Menopause • Female Enhancer • Eating Disorders • Mood Changes • Chronic Viro Reliever

Metabolism, fast - Intense Anxiety • Fears & Nightmares • M3: Metabolic Mineral Metabolizer • Constitutional Enhancer • Appetite Enhancer • First Aid for Mind & Body • PMS Relief • Eating Disorders • Bio Reset/Jet Lag • Anti-Aging & Wrinkles for Men or Women • Mood Changes • Sugar Metabolism •

Migraine - Migraine Free... • Constitutional Enhancer • Headache Free... • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Sluggish Mind • Acid Clenz • Bio Reset/Jet Lag • Calcium Metabolizer • Bone Strengthener • Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Allergies: Mold • Tinnitus Relief

Miscarriage, threatened - Birth Ease • Constitutional Enhancer • Chronic Viro Reliever • Blood & Kidney Detox • Yeast Free... • Liver Detox • Lymph Detox • Menopause • PMS Relief • Acid Clenz • First Aid for Mind & Body • Bio Reset/Jet Lag

Molluscum Contagiosum, skin tumors - Poison Ivy & Oak Relief • Cold Sores & Herpes • Skin Irritations & Itch Relief • Constitutional Enhancer • Anti-Aging & Wrinkles for Men or Women • Wart Freee... • Bug Away • Chronic Viro Reliever • Acute Viro Reliever • Acne Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Swollen Glands

Mononucleosis - Colds & Flu • Constitutional Enhancer • Acute Viro Reliever • Blood & Kidney Detox • Chronic Viro Reliever • Fever Reliever • Liver Detox • GallPlex • Lymph Detox • Allergies: Food Chemicals • Cold Sores & Herpes

Mood swings - Mood Changes • Constitutional Enhancer • Swollen Glands • Personality Changes • Overly-Sensitive • Good Mood Enhancer • Seasonal Affective Disorder • First Aid for Mind & Body • Burnout • Bio Reset/Jet Lag • Yeast Freee • PMS Relief • Menopause • Eating Disorders • LymePlex

Morning sickness - Morning Sickness • Nausea & Motion Sickness • Constitutional Enhancer • Birth Ease • Blood & Kidney Detox • Liver Detox • Tummy Aches • Lymph Detox • Indigestion Relief • Bio Reset/Jet Lag

Motion sickness - Nausea & Motion Sickness • Morning Sickness • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Tummy Aches • Lymph Detox • Morning Sickness • Burnout • Indigestion Relief • Bio Reset/Jet Lag

Mucous colitis - Diarrhea Relief • Constitutional Enhancer • ICV Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Colic Relief • Acid Clenz • ParaClenz • GynePlex • Allergies: Food Chemicals • ICV Clenz

Multiple Sclerosis - TremorPlex • Constitutional Enhancer • Arthritis & Joint Relief • Muscle Maximizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • SciatiPlex • Sporting Edge • TMJ/Jaw Formula • Yeast Freee... • First Aid for Mind & Body • Acid Clenz • VaccinoClenz • Calcium Metabolizer • Bone Strengthenener

Mumps - Swollen Glands Relief • Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Lymph Detox • Sore Throat & Laryngitis • TonsilCure • Children's Fever Reliever • Fever Reliever • Colds & Flu

Muscular Dystrophy - TremorPlex • Constitutional Enhancer • Arthritis & Joint Relief • Muscle Maximizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • SciatiPlex • Sporting Edge • TMJ/Jaw Formula • Yeast Freee... • M3: Metabolic Mineral Metabolizer

Musculoskeletal injuries - Arthritis & Joint Relief • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Sporting Edge • Wounds Recovery • Muscle Maximizer • TMJ/Jaw Formula • Teeth & Gum Formula • Scar Cure • Calcium Metabolizer • Bone Strengthenener • Burnout • First Aid for Mind & Body

Muscle growth enhancement - Muscle Maximizer • Constitutional Enhancer • Children's Growth • Sporting Edge • Male Strengthenener • Blood & Kidney Detox • Liver Detox • Lymph Detox • Arthritis & Joint Relief • Calcium Metabolizer • Bone Strengthenener

Myasthenia Gravis, muscular debility - Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • TremorPlex • Allergies: Food Chemicals • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • LymePlex • Acute Viro Reliever • Chronic Viro Reliever • Calcium Metabolizer • Muscle Maximizer

Nails, weak - Hair & Nails Formula • Constitutional Enhancer • Calcium Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... • Bone Strengthenener

Narcolepsy, sleep disorder - Sleep Aid • Bio-Reset/Jet Lag • Stress Control • Allergies: Food Chemicals • Constitutional Enhancer • Sluggish Mind • Attention & Learning Enhancement • Mood Changes • TremorPlex • Calcium Metabolizer • Allergy/Hay Fever Reliever • Anti-Aging & Wrinkles for Men/Women

• Blood & Kidney Detox • Liver Detox • Lymph Detox

Nausea - Nausea & Motion Sickness • Constitutional Enhancer • Morning Sickness • GallPlex • UlcerPlex • Blood & Kidney Detox • Liver Detox • Tummy Aches • Lymph Detox • Indigestion Relief • Diarrhea Relief • Heartburn Relief

Nephritis, kidney inflammation - Urinary Tract Infections • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Colds & Flu • Bladder Incontinence • Water Retention Control • First Aid for Mind & Body • Bacterio Reliever • Acute Viro Reliever • Chronic Viro Reliever • Acid Clenz • Grief • Guilt

Nervousness - Stress Control • Insecurity • Intense Anxiety • Constitutional Enhancer • First Aid for Mind & Body • Fears & Phobias • Paranoid • Shy • Blood & Kidney Detox • Liver Detox • Calcium Metabolizer • Lymph Detox • Sleep Aid • Attention & Learning Enhancement

Neuritis, degeneration or inflammation - Arthritis & Joint Relief • Constitutional Enhancer • SciatiPlex • TremorPlex • TMJ/Jaw Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Calcium Metabolizer • Bone Strengthener • Wounds Recovery • M3: Metabolic Mineral Metabolizer

Neuropathy - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Arthritis & Joint Relief • TMJ/Jaw Formula • SciatiPlex • TremorPlex • Calcium Metabolizer • Bone Strengthener • Wounds Recovery • Scar Cure

Neuroses - Constitutional Enhancer • First Aid for Mind & Body • Mood Changes • Sleep Aid • Blood & Kidney Detox • Liver Detox • Lymph Detox • Fear & Nigh are

Newborn jaundice - see Jaundice

Nightmares - Fears & Nightmares • Guilt • Fears & Phobias • Constitutional Enhancer • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • Grief • Guilt

Nightsweats - No Sweat Anti-Perspirant • First Aid for Mind & Body • Constitutional Enhancer • Sleep Aid • Chronic Viro Reliever • Fever Reliever • Acute Viro Reliever • Menopause • Fears & Nightmares • Liver Detox

Nosebleeds - Nosebleed Relief • Constitutional Enhancer • VeinoPlex • Wounds Recovery • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery/Cholesterol/BP • ApoPlex

Numbness of hands - Arthritis & Joint Relief • Constitutional Enhancer • VeinoPlex • Artery/Cholesterol/BP • Back, Neck, Muscle & Joint Injuries • SciatiPlex • Calcium Metabolizer • Bone Strengthener • Wounds Recovery • TMJ/Jaw Formula

Obesity - Appetite Control • Appetite & Weight with PHAT Constitutional Enhancer • Water Retention Control • Yeast Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Burnout • Eating Disorders • Indigestion Relief

OCD, Obsessive Compulsive Disorder - Obsessions/Compulsions • Intense Anxiety • Hypochondria • Perfectionism • Paranpid • Constitutional Enhancer • Fears & Phobias • Fears & Nightmares • Attention & Learning Enhancement • First Aid for Mind & Body

Odor, body - Odor Freee... • Constitutional Enhancer • Allergies: Food Chemicals • No Sweat Anti-Perspirant • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee...

Osteoarthritis - Arthritis & Joint Relief • Constitutional Enhancer • Calcium Metabolizer • Back, Neck, Muscle & Joint Injuries • Blood & Kidney Detox • Bone Strengtheners • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Sporting Edge • Wounds Recovery

Osteoporosis - Bone Strengtheners • Constitutional Enhancer • Calcium Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Arthritis & Joint Relief • Sporting Edge • Back, Neck, Muscle & Joint Injuries • Teeth & Gum Formula • TMJ/Jaw Formula

Otitis media - Earache Formula • Constitutional Enhancer • Acute Viro Reliever • Colds & Flu • Chronic Viro Reliever • Tinnitus Relief • Blood & Kidney Detox • Bactero Reliever • Fever Reliever • Liver Detox • Lymph Detox • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Swollen Glands

Ovarian cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes • FertiCare • GynePlex • Menstrual Cramps & Irregularities • Menopause

Ovaritis - Menstrual Cramps & Irregularities • Constitutional Enhancer • FertiCare • GynePlex • Acute Viro Reliever • Breast Cyst & Discomforts • Chronic Viro Reliever • Blood & Kidney Detox • Bactero Reliever • Liver Detox • Fever Reliever • Lymph Detox • ICV Clenz

Over-sensitivity - Overly-Sensitive • Easily Angered • Reserved • Heart Ache • Stress Control • Good Mood Enhancer • Chagrined • Seasonal Affective Disorder

Pancreatic disorders - Burnout • Constitutional Enhancer • Sugar Metabolizer • Nausea & Motion Sickness • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz • Indigestion Relief • Bio Reset/Jet Lag • Acid Clenz • Heartburn Relief • GallPlex

Paralysis - TremorPlex • Constitutional Enhancer • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • SciatiPlex • Sporting Edge • M3: Metabolic Mineral Metabolizer

Paranoia - See Distrust

Parasites - ParaClenz • Constitutional Enhancer • Indigestion Relief • ICV Clenz • Diarrhea Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Constipation Relief • GallPlex • Acid Clenz • Allergies: Mold

Parkinsons - TremorPlex • Constitutional Enhancer • Sporting Edge • First Aid for Mind & Body • Hyperactive • Intense Anxiety • Restless Mind • Mental Alertness for Seniors • Stress Control • Burnout • Arthritis & Joint Relief • Insecurity • Addictions • Blood & Kidney Detox • Liver Detox • Lymph Detox • TMJ/Jaw Formula • M3: Metabolic Mineral Modulator

Passivity - Shy • Reserved • Apathy • Self-Pity • Insecurity • Indecision

Perfectionist tendencies - Perfectionism • Good Mood Enhancer • Overly-Sensitive • Aversion to Change • Self-Abuse

Periostitis, inflammation of lining of bones - Arthritis & Joint Relief • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Blood & Kidney Detox • Liver Detox • Lymph Detox • Wounds Recovery • Acid Clenz

Peritonitis, inflammation of lining of abdominal & pelvic cavity - Diarrhea Relief • Constitutional Enhancer • Menstrual Cramps & Irregularities • Acute Viro Reliever • Blood & Kidney Detox • Chronic Viro Reliever • Liver Detox • Bactero Reliever • Fever Reliever • Lymph Detox • ICV Clenz

Pertussis - Children's Cough Control • Constitutional Enhancer • Cough Control • Colds & Flu • Sore Throat & Laryngitis • Allergies Regional Formulas • Allergies: Mold • Blood & Kidney Detox • Liver Detox • Lymph Detox • VaccinoClenz

Pessimism - Melancholic • Good Mood Enhancer • Vindictive • Apathy • Self-Pity • Seasonal Affective Disorder • Religious Issues • Hypochondria • Obsession/Compulsions

Petrochemical Pollution - Blood & Kidney Detox • Constitutional Enhancer • Liver Detox • Lymph Detox • Allergies: Food Chemicals

Phlebitis - VeinoPlex • Constitutional Enhancer • Colds & Flu • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • SciatiPlex • Artery/Cholesterol/BP • Nosebleed Relief • GallPlex • Water Retention Control • Wounds Recovery

Phobias - See Fears

Photophobia - Allergies & Hay Fever • Constitutional Enhancer • Burnout • First Aid for Mind & Body • Stress Control • Eye Stress • Allergy & Red Eye • CataCure • Anti-Aging & Wrinkles for Men/Women • Menopause • Seasonal Affective Disorder

Physically violent - Physical Anger • Vindictive • Personality Changes • Easily Angered • Self-Abuse • First Aid for Mind & Body

Piles - Hemorrhoid Relief • Constitutional Enhancer • Indigestion Relief • VeinoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox

Pinworms - ParaClenz • Constitutional Enhancer • Indigestion Relief • ICV Clenz • Liver Detox • Lymph Detox • Blood & Kidney Detox • GallPlex • UlcerPlex • Allergies: Mold

Pituitary - See Metabolism, fast and slow

Plantar fasciitis - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Arthritis & Joint Relief • TMJ/Jaw Formula • Sporting Edge • Muscle Maximizer • Wounds Recovery • First Aid for Mind & Body • Scar Cure • Acid Clenz

Plaque, dental - Dental Plak • Constitutional Enhancer • Teeth & Gum Formula • Calcium Metabolizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bone Strengtheners • Acid Clenz

Pleurisy - Lungs & Bronchial Relief • Constitutional Enhancer • Asthma Clear • Allergy/Hay Fever Reliever • Acute Viro Reliever • Blood & Kidney Detox • Chronic Viro Reliever • Bacterio Reliever • Liver Detox • Fever Reliever • Lymph Detox • Scar Cure

Pneumonia - Lungs & Bronchial Relief • Constitutional Enhancer • Asthma Clear • Allergy/Hay Fever Reliever • Acute Viro Reliever • CS-Lung • Chronic Viro Reliever • Bacterio Reliever • Newborn Tonic • Blood & Kidney Detox • Liver Detox • Lymph Detox

Poison ivy, oak - Poison Ivy & Oak Relief • Constitutional Enhancer • Skin Irritations & Itch Relief • Cold Sores & Herpes • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox

Polypi - Hemorrhoid Relief • Constitutional Enhancer • Indigestion Relief • VeinoPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Constipation Enhancer • Diarrhea Relief • GallPlex • UlcerPlex • ICV Clenz • Acid Clenz

Polyuria - Urinary Tract Infections • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Water Retention Control • Colds & Flu • Prostate Strengtheners • Bladder Incontinence • First Aid for Mind & Body

Polio - Fever Reliever • Constitutional Enhancer • Bacterio Reliever • Chronic Viro Reliever • Muscle Maximizer • Sporting Edge • Tremor Plex • Wounds Recovery • Scar Cure • VaccinoClenz • Acute Viro Reliever

Polycystic Ovarian Syndrome - Breast Cyst & Discomforts • Constitutional Enhancer • FertiCare • Menstrual Cramps & Irregularities • PMS Relief • Menopause • Blood & Kidney Detox • Liver Detox • Lymph Detox

Post-nasal catarrh - Allergy/Hay Fever Reliever • Allergies Regional Formulas • Sinus Relief • Constitutional Enhancer • Colds & Flu • Acute Viro Reliever • Allergies: Food Chemicals • Chronic Viro Reliever • Bacterio Reliever • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Mold

Post Traumatic Stress Syndrome - First Aid for Mind & Body • Constitutional Enhancer • Intense Anxiety • Bio Reset/Jet Lag • TMJ/Jaw Formula • Fears & Nightmares • VaccinoClenz

Pregnancy, labor - Birth Ease • Constitutional Enhancer • First Aid for Mind & Body

Premenstrual Syndrome - PMS Relief • Melancholic • Repressed Sexual Issues • Constitutional Enhancer • Menstrual Cramps & Irregularities • Blood & Kidney Detox • Liver Detox • Lymph Detox • Mood Changes • First Aid for Mind & Body • Water Retention Control • Female Enhancer • Female Discomforts • Yeast Free • Calcium Metabolizer • Bone Strengtheners

Procrastination - Procrastination • Indecision • Aversion to Exertion • Aversion to Change

Prostatic hypertrophy - Prostate Strengtheners • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Male Strengtheners • Colds & Flu • Urinary Tract Infections • First Aid for Mind & Body

Prostitis, prostatitis - Prostate Strengtheners • Constitutional Enhancer • Acute Viro Reliever • Chronic Viro Reliever • Blood & Kidney Detox • Bacterio Reliever • Liver Detox • Lymph Detox • Male Strengtheners • Colds & Flu • Urinary Tract Infections • First Aid for Mind & Body

Psoriasis - Skin Irritations & Itch Relief • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • Allergies: Food Chemicals

Psychosomatic disorder - Hypochondria • Constitutional Enhancer • First Aid for Mind & Body • Obsession/Compulsions • Sleep Aid • Chronic Viro Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Seasonal Affective Disorder

Ptosis, prolapse - Burnout • Constitutional Enhancer • Cough Control • TMJ/Jaw Formula • TremorPlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Muscle Maximizer

Quinsy, sore throat, tonsillitis - TonsilCure • Constitutional Enhancer • Sore Throat & Laryngitis • Swollen Glands Relief • Fever Reliever • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox

Radiation - EMF Detox • ChemoClenz • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag • Skin Irritations & Itch Relief

Raynaud's disease - Environmental Adaptation: Cold/Dry • Artery/Cholesterol/BP • Constitutional Enhancer • VeinoPlex • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox • VeinoPlex • First Aid for Mind & Body

Rash - Skin Irritations & Itch Relief • Constitutional Enhancer • Poison Ivy & Oak Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • Allergies: Food Chemicals • Acid Clenz

Rectal cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes • Constipation Relief • Diarrhea Relief • GallPlex • Heartburn Relief • Hemorrhoid Relief • Indigestion Relief • Nausea & Motion Sickness • Para Clenz • UlcerPlex

Religious afflictions - Religious Issues • Guilt • Self-Abuse • Expressed Sexual Issues • Repressed Sexual Issues • Sexual Issues

Reminiscent - See **Daydream**

Renal disorders - Urinary Tract Infections • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bladder Incontinence • Colds & Flu

Resentfulness - See **Jealously**

Rheumatism - Arthritis & Joint Relief • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Sporting Edge • TMJ/Jaw Formula • Allergies: Food Chemicals • ICV Clenz • Wounds Recovery • Calcium Metabolizer • Bone Strengthenener

Rheumatoid arthritis - Arthritis & Joint Relief • Constitutional Enhancer • Calcium Metabolizer • Bone Strengthenener • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Sporting Edge • TMJ/Jaw Formula • Allergies: Food Chemicals • ICV Clenz • First Aid for Mind & Body

Rhinitis - Sinus Relief • Constitutional Enhancer • Headache Freee... • Allergies Regional Formulas • Allergies: Mold • Allergy/Hay Fever Reliver • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Snore Control

Rickets, calcium deficiency, induced - Calcium Metabolizer • Constitutional Enhancer • Bone Strengthenener • Arthritis & Joint Relief • Attention & Learning Enhancement • Children's Growth • Back, Neck, Muscles & Joints • Hair & Nails Formula • Teeth & Gum Formula

Ringworm - Yeast Freee... • Constitutional Enhancer • ParaClenz • Skin Irritations & Itch Relief • Athlete's Foot Fighter

Risk-taking - Gambling • Extravagant • Hyperactive

Scabies - Skin Irritations & Itch Relief • Constitutional Enhancer • Yeast Freee... • Athlete's Foot Fighter • M3: Metabolic Mineral Metabolizer

Scarring - Scar Cure • Constitutional Enhancer Wounds Recovery • Skin Irritations & Itch Relief • Acne Clear • Anti-aging and Wrinkles for Men or Women • Back, Neck, Muscle & Joint Injuries • Anything related to internal infections • M3: Metabolic Mineral Metabolizer

Schizophrenia - Personality Changes • Mood Changes • Constitutional Enhancer • First Aid for Mind & Body • Allergies: Food Chemicals • Children's Growth & Development • Attention & Learning Enhancement

Sciatica - SciatiPlex • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • TremorPlex • TMJ/Jaw Formula • Calcium Metabolizer • Bone Strengthenener

Scleroderma, thickening of skin/fibrous tissues - Arthritis & Joint Relief • Constitutional Enhancer •

Allergies: Food Chemicals • Allergies & Hay Fever • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Artery/Cholesterol/BP • LymePlex • Yeast Freee... • Water Retention Control • Acute Viro Reliever • Scar Cure • Chronic Viro Reliever • ICV Clenz • Swollen Glands Relief • Calcium Metabolizer

Scoliosis - Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Bone Strengtheners • Arthritis & Joint Relief • Calcium Metabolizer • Muscle Maximizer • Sporting Edge • Children's Growth • Teething • Teeth & Gum Formula • Hair & Nails Formula

Sea sickness - Nausea & Motion Sickness • Constitutional Enhancer • Morning Sickness • Environmental Adaptation • Blood & Kidney Detox • Liver Detox • Lymph Detox • Indigestion Relief • GallPlex • UlcerPlex

Seborrhea - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Hair & Nails Formula • Blood & Kidney Detox • Liver Detox • Lymph Detox

Seizures - First Aid for Mind & Body • TremorPlex • Constitutional Enhancer • Arthritis & Joint Relief • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag • Stress Control

Selfishness - Egotistical • Envious • Self-Pity • Deceitful • Immature • Prejudice

Self-contempt - Self-Abuse • Neglectful • Guilt • Perfectionism • Stress Control • Serious • Self-Pity • Religious Issues

Self-neglect - Neglectful • Self-Abuse • Grief • Lonely • Apathy • Guilt

Self-pity - Self-Pity • Heart Ache • Lonely • Melancholic • Grief

Senility - Sluggish Mind • Constitutional Enhancer • Burnout • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox

Seriousness - See **Aversion to Laughter**

Septecemia, blood poisoning - Blood & Kidney Detox • Constitutional Enhancer • Bio Reset/Jet Lag • Wounds Recovery • First Aid for Mind & Body • Liver Detox • Lymph Detox

Sexual desire, decreased female - Female Enhancer • Repressed Sexual Issues • Sexual Identity • Guilt • Shy • Constitutional Enhancer • Menopause • Anti-Aging & Wrinkles for Women • GynePlex • FertiCare • PMS Relief • Muscle Maximizer • Yeast Freee... • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... •

Sexual desire, decreased male - Male Strengtheners • Expressed Sexual Issues • Constitutional Enhancer • Prostate Strengtheners • Muscle Maximizer • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • Anti-Aging & Wrinkles for Men

Sexual maladjustment - Expressed Sexual Issues • Repressed Sexual Issues • Sexual Identity • Religious Issues • Guilt • Male Strengtheners • Constitutional Enhancer • Prostate Strengtheners • Female Enhancer • Menopause • Birth Ease • Blood & Kidney Detox • Liver Detox • Lymph Detox • Anti-Aging & Wrinkles for Men or Women

Shift change adaptation - Bio Reset/Jet Lag • Bed Wetting Prevention • Constitutional Enhancer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Burnout • First Aid for Mind & Body

Shingles - Cold Sores & Herpes • Poison Ivy & Oak Relief • Constitutional Enhancer • Skin Irritations & Itch Relief • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • Swollen Glands

Relief • Acute Viro Reliever • Chronic Viro Reliever • Burnout

Shock - First Aid for Mind & Body • Constitutional Enhancer • Intense Anxiety

Sinusitis - Sinus Relief • Constitutional Enhancer • Headache Free... • Allergies: Mold • Acute Viro Reliever • Colds & Flu • Chronic Viro Reliever • Bactero Reliever • Allergy/Hay Fever Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Cough Control • Snore Control • Allergy & Red Eye Relief

Skin Cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Sluggish Mind • Mood Changes • Skin Irritations & Itch Relief • Wart Freee... • Anti-Aging & Wrinkles for Men or Women

Skin disorder - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Cold Sores & Herpes • Hair & Nails Formula • Poison Ivy & Oak Relief • M3: Metabolic Mineral Metabolizer

Skin spots, age or liver spots - Acne Clear • Constitutional Enhancer • Burnout • Skin Irritations & Itch Relief • Wart Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bug Away • Scar Cure • CataCure Eye Relief • Calcium Metabolizer • Anti-Aging & Wrinkles for Men or Women

Shyness - See Reserved

Sleep apnea - Sleep Aid • Bio Reset /Jet Lag • Constitutional Enhancer • Snore Control • Allergies /Hay Fever Reliever • Lungs & Bronchial • Allergies: Food Chemicals • Yeast Freee... • Colds & Flu • Sinus Relief Swollen Glands • VaccinoClenz • TMJ/Jaw Formula • Burnout • Blood & Kidney Detox • Liver Detox • Lymph Detox • ICV Clenz

Slow perception/comprehension - Sluggish Mind • Apathy • Hyperactive • Restless Mind • Spaced-Out • Serious • Mental Alertness for Seniors • Seasonal Affective Disorder • Yeast Freee

Smoke cessation - Smoke Control • Addictaplex • Constitutional Enhancer • Hangover Relief • Allergies & Hay Fever • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox • First Aid for Mind & Body

Snoring - Snore Control • Constitutional Enhancer • Allergy/Hay Fever Reliever • Sinus Relief • Smoke Control • Hangover Relief • Sore Throat & Laryngitis • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Sore throat - Sore Throat & Laryngitis • Constitutional Enhancer • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Swollen Glands • Cough Control • Bactero Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Heartburn Reliever • Indigestion Relief • UlcerPlex • ParaClenz • Allergies: Mold

Spasm - Arthritis & Joint Relief • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Calcium Metabolizer • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • SciatiPlex • TremorPlex • First Aid for Mind & Body • Cold Sores & Herpes • Poison Ivy & Oak Relief

Spina bifida - Back, Neck, Muscle & Joint Injuries • Wounds Recovery • Muscle Maximizer • Sporting Edge

Split personality - Personality Changes • Mood Changes • Easily Angered • Intense Anxiety • Mental Alertness for Seniors • Alcoholism • Addictaplex

Sport injuries - Sporting Edge • Back, Neck, Muscle & Joint Injuries • Wounds Recovery • Constitutional Enhancer • Arthritis & Joint Relief • Muscle Maximizer • Blood & Kidney Detox • Liver Detox • Lymph Detox • Scar Cure

Sports enhancement - Muscle Maximizer • Constitutional Enhancer • Back, Neck, Muscles, & Joints • Sporting Edge • First Aid for Mind & Body • M3: Metabolic Mineral Metabolizer • Environmental Adaptation

Sprains - Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Muscle Maximizer • First Aid for Mind & Body • Wound Recovery • TMJ/Jaw Formula

Sprue - Allergies: Food Chemicals • Constitutional Enhancer • Indigestion Relief • Diarrhea Relief • ICV Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Arthritis & Joint Relief • ParaClenz • Allergy & Hay Fever • Acid Clenz • Calcium Metabolizer • Bone Strengtheners • GallPlex • UlcerPlex

Staph infection - Skin Irritations & Itch Relief • Constitutional Enhancer • Bactero Reliever • Wounds Recovery • First Aid for Mind & Body • Fever Reliever • Acute Viro Reliever • Chronic Viro Reliever

Stomach aches - Colic Relief • Tummy Aches • Constitutional Enhancer • Nausea & Motion Sickness • Morning Sickness • Indigestion Relief • Colds & Flu

Strains - Back, Neck, Muscles & Joint • Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Muscle Maximizer • First Aid for Mind & Body • Wounds Recovery • TMJ/Jaw Formula

Strep throat - Sore Throat & Laryngitis • TonsilCure • Constitutional Enhancer • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Cough Control • Bactero Reliever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Food Chemicals • Allergies & Hay Fever • Heartburn Reliever • Indigestion Relief

Stress - Stress Control • Constitutional Enhancer • First Aid for Mind & Body • Claustrophobia • Environmental Adaptation • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sleep Aid

Stroke - ApoPlex • Constitutional Enhancer • Artery/Cholesterol/BP • Heart Regularity • VeinoPlex • Nosebleed Relief • First Aid for Mind & Body

Stress - Constitutional Enhancer • First Aid for Mind & Body • Stress Control • Intense Anxiety • Burnout • Fear & Nightmares • Overly-Sensitive • Good Mood Enhancer • Environmental Adaptation • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sleep Aid • Mood Changes

Stubborn - Stubborn & Contentious • Aversion to Change • Egotistical • Obsessions/Compulsions • Prejudice

Stuttering - Attention & Learning Enhancement • Hyperactive • Constitutional Enhancer • First Aid for Mind & Body • Fears & Phobias • Restless Mind • Stress Control • Apoplex

Styes - Stye Free... • Constitutional Enhancer • Allergy & Red Eye Relief • Eye Stress • CataCure • Colds & Flu • Poison Ivy & Oak Relief • Menstrual Cramps & Irregularities • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Suicidal tendency - Self-Abuse • Personality Changes • Physical Anger • Grief • Guilt • Intense Anxiety • Mood Changes • Constitutional Enhancer • Burnout • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox

Sun, ill effects of - Headache Free... • Environmental Adaptation • Constitutional Enhancer • Skin Irritations & Itch Relief • ChemoClenz • Migraine Free... • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bio Reset/Jet Lag

Sunstroke - Headache Freee... • Environmental Adaptation • Constitutional Enhancer • Migraine Freee... • Burnout • Sluggish Mind • Sporting Edge • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Bio Reset/Jet Lag

Synovitis - Back, Neck, Muscles & Joint Injuries • Arthritis & Joint Relief • Constitutional Enhancer • Sporting Edge • Calcium Metabolizer • Acid Clenz • Bone Strengthener • Allergies: Food Chemicals • Yeast Freee... • Blood & Kidney Detox • Liver Detox • Lymph Detox

Swollen glands - Swollen Glands Relief • Lymph Detox • Constitutional Enhancer • Colds & Flu • TonsilCure • Acute Viro Reliever • Chronic Viro Reliever • Fever Reliever • Sore Throat & Laryngitis • Blood & Kidney Detox • Liver Detox • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Acid Clenz • Calcium Metabolizer

Teething - Teething • Teeth & Gum Formula • Constitutional Enhancer • Arthritis & Joint Relief • Calcium Metabolizer • Bone Strengthener • Teeth & Gum Formula • Children's Fever Reliever

Temper tantrums - Immature • Easily Angered • Physica Anger • Verbal Anger • Hyperactive • First Aid for Mind & Body • Burnout

Tendonitis - Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Calcium Metabolizer • Blood & Kidney Detox • Bone Strengthener • Liver Detox • Lymph Detox • Sporting Edge • Hair & Nails Formula • TMJ/Jaw Formula • Wounds Recovery

Tennis elbow - Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Calcium Metabolizer • Blood & Kidney Detox • Bone Strengthener • Liver Detox • Lymph Detox • Sporting Edge • Acid Clenz • Hair & Nails Formula • TMJ/Jaw Formula • SciatiPlex • Muscle Maximizer • Scar Cure

Tenosynovitis - Arthritis & Joint Relief • Back, Neck, Muscle & Joint Injuries • Constitutional Enhancer • Calcium Metabolizer • Blood & Kidney Detox • Bone Strengthener • Liver Detox • Lymph Detox • Sporting Edge • Acid Clenz • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Colds & Flu • Scar Cure • Hair & Nails Formula

Thrombophlebitis -VeinoPlex • Constitutional Enhancer • Artery/Cholesterol/BP • ApoPlex • Arthritis & Joint Relief • Nosebleed Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sluggish Mind • SciatiPlex • Stress Control

Thrombosis - VeinoPlex • ApoPlex • Constitutional Enhancer • Artery/Cholesterol/BP • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Sluggish Mind • SciatiPlex

Thrush - Yeast Freee... • Allergies: Mold • Constitutional Enhancer • Cold Sores & Herpes • Athlete's Foot Fighter • Newborn Tonic • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Children's Growth • VaccinoClenz • Burnout

Tic - TremorPlex • Constitutional Enhancer • TMJ/Jaw Formula • Calcium Metabolizer • First Aid for Mind & Body • Bone Strengthener • Arthritis & Joint Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox

Tinnitus - Tinnitus Relief • Earache Formula • Constitutional Enhancer • Allergies: Food Chemicals • Allergies & Hay Fever • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Scar Cure • Chronic Viro Reliever • Sinus Relief • Fever Reliever • TMJ/Jaw Formula • Acute Viro Reliever • Bactero Reliever

TMJ, Temporomandibular Joint Dysfunction - TMJ/Jaw Formula • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Arthritis & Joint Relief • Tinnitus Relief • SciatiPlex • Sporting Edge • Bone Strengthener • Blood & Kidney Detox • Liver Detox • Lymph Detox • Calcium Metabolizer • First Aid for Mind & Body • Hair & Nails Formula

Tonsilar hypertrophy - TonsilCure • Constitutional Enhancer • Swollen Glands Relief • Sore Throat & Laryngitis • Fever Reliever • Colds & Flu • Attention & Learning Enhancement • Allergies: Food Chemicals • Allergies & Hay Fever • Blood & Kidney Detox • Liver Detox • Lymph Detox

Tonsilitis - TonsilCure • Constitutional Enhancer • Swollen Glands Relief • Sore Throat & Laryngitis • Fever Reliever • Colds & Flu • Attention & Learning Enhancement • Allergies: Food Chemicals • Allergies & Hay Fever • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Toothache - Teeth & Gum Formula • Constitutional Enhancer • Hair & Nails Formula • Wounds Recovery • TonsilCure • Colds & Flu • Arthritis & Joint Relief • Calcium Metabolizer • Bone Strengthenener • Back, Neck, Muscle & Joint Injuries • Dental Plak • Bactero Reliever • Acute Viro Reliever • Chronic Viro Reliever • First Aid for Mind & Body

Torticollis - Arthritis & Joint Relief • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • First Aid for Mind & Body • Sporting Edge • TMJ/Jaw Formula • Calcium Metabolizer • Bone Strengthenener • Acid Clenz • SciatiPlex • Muscle Maximizer

Tourette's Syndrome - Mood Changes • TremorPlex • Constitutional Enhancer • First Aid for Mind & Body • Bio Reset/Jet Lag Muscle Maximizer • Verbal Anger • Restless Mind • Hyperactive • Personality Changes

Tremor - TremorPlex • Constitutional Enhancer • Arthritis & Joint Relief • Bone Strengthenener • Burnout • Back, Neck, Muscle & Joint Injuries • First Aid for Mind & Body • Blood & Kidney Detox • Liver Detox • Lymph Detox • TMJ/Jaw Formula • SciatiPlex • Calcium Metabolizer

Tummy aches - see **Stomach aches**

Tumors - Breast Cyst & Discomforts • Constitutional Enhancer • CS Formulas • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • Acute Viro Reliever • Chronic Viro Reliever

Ulcerative colitis - Diarrhea Relief • Constitutional Enhancer • ICV Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acid Clenz • First Aid for Mind & Body • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Ulcers - UlcerPlex • Constitutional Enhancer • Indigestion Relief • Acid Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bactero Reliever • Acute Viro Reliever • Chronic Viro Reliever

Ulcers, duodenal, first part of small intestine - UlcerPlex • Constitutional Enhancer • Poison Ivy & Oak Relief • Diarrhea Relief • Acid Clenz • Indigestion Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • M3: Metabolic Mineral Metabolizer • Allergies Mold Allergies & Sensivities

Underweight - Appetite Enhancer • Constitutional Enhancer • Muscle Maximizer • Attention & Learning Enhancement • Indigestion Relief • Eating Disorders • Children's Growth • M3: Metabolic Mineral Metabolizer

Uremia - Acid Clenz • Constitutional Enhancer • Indigestion Relief • Gout Symptom Relief • ICV Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • Heartburn Relief • Constipation Relief • Calcium Metabolizer • Bone Strengthenener

Urinary disorder - Urinary Tract Infections • Constitutional Enhancer • Bladder Incontinence • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bed Wetting Prevention • Water Retention Control

Urinary tract infections - Urinary Tract Infections • Constitutional Enhancer • Bladder Incontinence • Blood & Kidney Detox • Liver Detox • Lymph Detox • Colds & Flu • GynePlex

Urticaria, edemous hives or rashes - Skin Irritations & Itch Relief • Constitutional Enhancer • Acne Clear • Skin Irritation & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... • Bug Away • Allergies: Food Chemicals • Allergy/Hay Fever Reliever • Allergy & Red Eye Relief

Uterine cancer - CS-General Support • CS-Pain Reliever • CA Miasm • Constitutional Enhancer • Acid Clenz • Blood & Kidney Detox • Chemo Clenz • ICV Clenz • Liver Detox • Lymph Detox • First Aid for Mind & Body • Good Mood Enhancer • Sluggish Mind • Mood Changes • FertiCare • GynePlex • Menstrual Cramps & Irregularities • Menopause

Uterus, diverse affections - Birth Ease • Constitutional Enhancer • Menstrual Cramps & Irregularities • Menopause • GynePlex • PMS Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bone Strengtheners • Calcium Metabolizer • Female Enhancer • Female Discomforts • Yeast Freee...

Vaccination, ill effects of - VaccinoClenz • Constitutional Enhancer • Acne Clear • Earache Formula • Attention & Learning Enhancement • Colds & Flu • Blood & Kidney Detox • Liver Detox • Lymph Detox • Environmental Adaptation

Vaginitis - GynePlex • Constitutional Enhancer • Menstrual Cramps & Irregularities • FertiCare • Yeast Freee... • Menopause • Blood & Kidney Detox • Liver Detox • Lymph Detox • Bactero Reliever

Vaginal bleeding - Menstrual Cramps & Irregularities • Constitutional Enhancer • Nosebleed Relief • FertiCare • Menopause • GynePlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • M3: Metabolic Mineral Metabolizer

Vanity- See **Selfishness**

Varicose veins - VeinoPlex • Constitutional Enhancer • Water Retention Control • Blood & Kidney Detox • Liver Detox • Lymph Detox • Back, Neck, Muscle & Joint Injuries • Wounds Recovery

Verbally abusive - Verbal Anger • Criticize & Contradict • Stubborn & Contentious • Gossipy

Venereal diseases - GynePlex • Constitutional Enhancer • FertiCare • Colds & Flu • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Vertigo - Headache Freee... • Earache Formula • Constitutional Enhancer • Nausea & Motion Sickness • Migraine Freee... • Sluggish Mind • Blood & Kidney Detox • Liver Detox • Lymph Detox • Allergies: Mold

Violent thoughts/actions - See **Physical Anger**

Viral illness - Acute Viro Reliever • Constitutional Enhancer • Chronic Viro Reliever • Colds & Flu • Sore Throat & Laryngitis • Blood & Kidney Detox • Liver Detox • Lymph Detox • Wart Freee... • Cold Sores & Herpes

Vomiting - Nausea & Motion Sickness • ChemoClenz • Constitutional Enhancer • Indigestion Relief • Morning Sickness • Blood & Kidney Detox • Liver Detox • Lymph Detox • GallPlex

Warts - Wart Freee... • Constitutional Enhancer • Skin Irritations & Itch Relief • Blood & Kidney Detox • Liver Detox • Lymph Detox • Colds & Flu • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever

Water retention issues - Water Retention Control • Constitutional Enhancer • Urinary Tract Infections • Yeast Freee... • Allergy/Hay Fever Reliever • Allergies: Food Chemicals • Blood & Kidney Detox • Liver Detox • Lymph Detox

Weight disorders - Appetite Control • Appetite & Weight with PHAT Constitutional Enhancer • Eating Disorders • Attention & Learning Enhancement • Blood & Kidney Detox • Liver Detox • Lymph Detox • Yeast Freee... • Appetite Enhancer

Weight gain - Appetite Control • Appetite & Weight with PHAT Eating Disorders • Constitutional Enhancer • Menopause • Water Retention Control • Burnout • First Aid for Mind & Body

Whooping cough - Children's Cough • Cough Control • Constitutional Enhancer • Asthma Clear • Colds & Flu • Lungs & Bronchial • Acute Viro Reliever • Chronic Viro Reliever • Bactero Reliever • Fever Reliever • Children's Fever

Worms - ParaClenz • Constitutional Enhancer • Indigestion Relief • ICV Clenz • Blood & Kidney Detox • Liver Detox • Lymph Detox • GallPlex • Heartburn

Worry - Grief • Stress Control • First Aid for Mind & Body • Perfectionism • Hypochondria • Fears & Phobias • Chagrined • Guilt • Overly-Sensitive • Self-Pity

Wounds - Wounds Recovery • Constitutional Enhancer • Arthritis & Joint Relief • First Aid for Mind & Body • Back, Neck, Muscle & Joint Injuries • Scar Cure • Skin Irritation & Itch Relief • VaccinoClenz • M3: Metabolic Mineral Metabolizer

Wrinkles - Anti-Aging & Wrinkles for Men or Women • Constitutional Enhancer • Skin Irritations & Itch Relief • Scar Cure • Blood & Kidney Detox • Liver Detox • Lymph Detox • Acne Clear • ChemoClenz • Burnout • Sluggish Mind • Mood Changes

Wryneck - Arthritis & Joint Relief • Constitutional Enhancer • Back, Neck, Muscle & Joint Injuries • Sporting Edge • Calcium Metabolizer • Bone Strengtheners • Muscle Maximizer • Colds & Flu • SciatiPlex

Yeast infections - Yeast Freee... • Allergies: Mold • Athlete's Foot Fighter • Constitutional Enhancer • GynePlex • Blood & Kidney Detox • Liver Detox • Lymph Detox • Chronic Viro Reliever • Sluggish Mind • Constipation Relief • Allergies: Food Chemicals • Bactero Reliever • Indigestion Relief • Water Retention Control • ParaClenz • Acid Clenz

President

C.H.E.S.S.TM

Contemporary Homeopathic Enhancement Systems and SolutionsTM

Dear Colleague,

King Bio® established C.H.E.S.S. to equip doctors with valuable tools to overcome the common, chronic, and recurring health problems plaguing our society today.

In 1979, the King Health Center was created with a team of 4 doctors and 13 support staff. We researched, tried, and tested virtually every method of enhancing natural health care from around the globe. Overwhelmingly, homeopathy proved to be the most effective modality to complement natural health care. Homeopathy actually works bioenergetically to correct core interferences at the deepest levels, in order to achieve the highest levels of health.

This work developed into a highly successful practice, backed by diagnostic data which demonstrated successful correction of a broad spectrum of conditions. As our clinical results grew exponentially, we became inspired to share our experiences with other professionals.

C.H.E.S.S. - Contemporary **H**omeopathic **E**nhancement **S**ystems and **S**olutions is an uncomplicated, turnkey, procedural system that can be effectively implemented overnight for a broad-spectrum, high-volume practice. This empowering program will provide everything you need to get started, from protocols and procedures to products. C.H.E.S.S. is about effectively helping a greater number of patients.

I am committed to sharing the success of our system with my colleagues. The powerful concepts and procedures of this system, fine-tuned for you during years of field-testing, are outlined here. Read, apply, and enjoy the fruits of these quality services. I encourage you to transform your practice today.

Frank King, ND, DC
President

By applying C.H.E.S.S., I personally:

- Improved patient outcomes
- Increased direct referrals
- Increased income
- Increased patient base
- Decreased insurance dependence
- Improved community acceptance
- Enjoyed greater personal fulfillment

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Dr. King's Mission for Practitioners

WE ARE COMMITTED TO:

- **TEACH** you the powerful, therapeutic tools of homeopathy and how to easily and successfully integrate them into your practice.
- **EQUIP** you with the tools necessary to work with the body as a whole, both biochemically and bioenergetically.
- **ASSIST** you in fulfilling your destiny as a doctor of the whole person.

Turnkey Training Program

Contemporary Homeopathic Enhancement Systems and Solutions (C.H.E.S.S.) is an integrated, functional system of natural health care. By design, C.H.E.S.S. complements and enhances your practice by the use of scientifically proven, time-tested principles of contemporary homeopathy, with a streamlined case management program. After two decades of clinical research, C.H.E.S.S. brings the many benefits of homeopathy to integrative health care practices. This program offers valuable features and benefits, including:

1. An easy-to-use diagnostic approach that includes practical, step-by-step guides.
2. An efficient procedural method for solving challenging cases.
3. A comprehensive line of homeopathic formulations by SafeCareRx, created to complete the contemporary practice.
4. Professional, ongoing, consultation services to help you, every step of the way. Our offices are open every weekday, Monday through Friday from 8:00 a.m. until 5:00 p.m. Eastern time. Call toll-free: **866-298-2740**.

C.H.E.S.S. is a valuable resource that has proven to be a long-term practice builder built upon improved patient outcomes with safe and effective solutions.

The Challenge

As you consider C.H.E.S.S., remember this: We have been working directly with practitioners since 1989, and have many testimonials about the dynamic effectiveness of our natural homeopathic medicines.

C.H.E.S.S. is not about miraculous ways to choose magic bullets, expecting single remedies to clear every condition. Nor is it about dabbling with homeopathy. It is, instead, a comprehensive, proven resource that provides the 21st century doctor with a 21st century armamentarium. Use it with or without other therapies as you continue to bring forth the fullest expression of health in your patients.

We challenge you to thoroughly test these procedures and experience the healing revolution within your practice.

“I can’t manage without homeopathy. In fact, I never go anywhere without homeopathic remedies. I often make use of them.”
~ Paul McCartney

Homeopathy for Every Profession

Homeopathy can benefit every profession, specialty and style of practice. As you review the SafeCareRx medicines you will see how homeopathy bridges every realm of health care from emergency medicine to preventative care.

SafeCareRx formulas are designed to provide practitioners with safe and effective medicines to activate the body’s innate healing abilities. Whether you are working with chronic, recurring, or so-called incurable conditions, homeopathy is a natural approach that may correct underlying causes, and can help make you a better practitioner.

Homeopathy can be utilized in any healing profession:

- General practitioner
- Chiropractor
- Oncologist
- OB/GYN
- Psychologist/Psychiatrist
- Pediatrician
- Acupuncturist
- Naturopath
- Nutritionist
- Herbalist
- Body worker
- Veterinarian

Suppressive vs. Expressive Treatment

When symptoms are suppressed by conventional drug therapy, the body’s ability to heal is also suppressed. Certain strong drugs that overwhelm the body’s inherent tendency to heal can seriously weaken the immune system and other defense processes. A weakened system is more susceptible to serious physical and mental illness. As symptoms are suppressed, they are driven deeper into the mental, emotional, and physical levels. Because homeopathy is an expressive, rather than a suppressive therapy, underlying causes are corrected and symptoms clear. Homeopathy brings about balance on the mental, emotional, and physical levels.

Classical vs. Contemporary Homeopathy

Modern practitioners of homeopathy generally fall into one of two schools: classical or contemporary. Classical homeopathy is the original system founded 200 years ago and developed over the next 100 years. Procedures include compiling extensive, detailed notes on each case, then prescribing a single remedy in a single potency. That single remedy in the single potency dose is given, and then the patient waits to see if there are any results.

Alone, the classical approach has its limitations. One primary problem is the time involved in compiling a detailed case history. It often takes well over an hour to acquire necessary information to select an appropriate remedy. If either the remedy or the potency chosen are not the best choice for the body, nothing will happen. The symptoms may remain. From this point, it could take three or four remedy tries (each lasting

approximately one or two months) to find the correct remedy for a single aspect of a complex health profile. **Patients may lose patience.**

In contrast, the contemporary homeopathic approach includes using multiple remedies in multiple potencies in the same formula. In developing our evolutionary contemporary system, we have gleaned key aspects of the classical approach and combined them with modern techniques to achieve an effective, easy-to-use system. With contemporary homeopathy, the principles of classical homeopathy are implemented, but the speed of finding the right remedy is greatly enhanced. This maximizes the body's potential to utilize exact, necessary remedies and potencies, relieving symptoms and restoring balance.

The Modern Disease Picture

With the advent of the Industrial Revolution, environmental toxicities, vaccinations, and suppressive drug therapies, the basic evolution of disease processes became more complicated. The disease patterns of today are much more complex than they were 100 to 200 years ago when classical homeopathic principles were developed. Since 1979, we have tested both the classical and contemporary approaches and correlated the results. During this time, our doctors and support staff have utilized these methods and correlated them with diagnostic backup, including X-ray, blood, urine and saliva laboratory workups, questionnaires, ECG, EEG, EMG, pulmonary function tests, and thermography. Our clinical experience indicates that a comprehensive approach to contemporary homeopathy yields greater results.

Homeopathy empowers the physician to correct interferences throughout the whole body. Like Homeopathy is a highly individualized healing art. Finding the corrections for the interferences is the key to its success. Any true cure requires the actual correction of the underlying cause. Though not always easy, it is well worth the results.

Homeopathy equips you to help the greatest number of people overcome the greatest diversity of problems. With its vast accumulation of clinical data, homeopathy empowers the physician to make the most significant healing impact on society. Our homeopathic procedural system has been worked and refined in practice over the past 25 years.

The doctors who are willing to rise up and work with these cases will be the ones who will reap the rewards. With our procedural system for homeopathy, you can do this without spending excess time with your patients. The key is to stay persistent when faced with a challenging case. The only ones who fail will be the ones who give up prematurely. Our procedure is like following the yellow brick road to health. Keep your mind open to all the possible underlying causes.

“Our revolutionary, contemporary homeopathic system equips you to help more people, more efficiently, than you ever thought possible.”
~ Dr. Frank King

Your Practice and C.H.E.S.S.

Do many of your patients have chronic or recurrent conditions that do not seem to change or show only short-term improvement? Every doctor has a few disappointed patients who gradually give up or suddenly disappear because permanent results are lacking. Often, patients don't quit coming completely, but retain only a low-level commitment, which severely hinders their recovery. While you cannot cure everyone, you can dramatically increase both patient commitment and the number of permanent solutions when you are armed with C.H.E.S.S.

The Ideal Practice

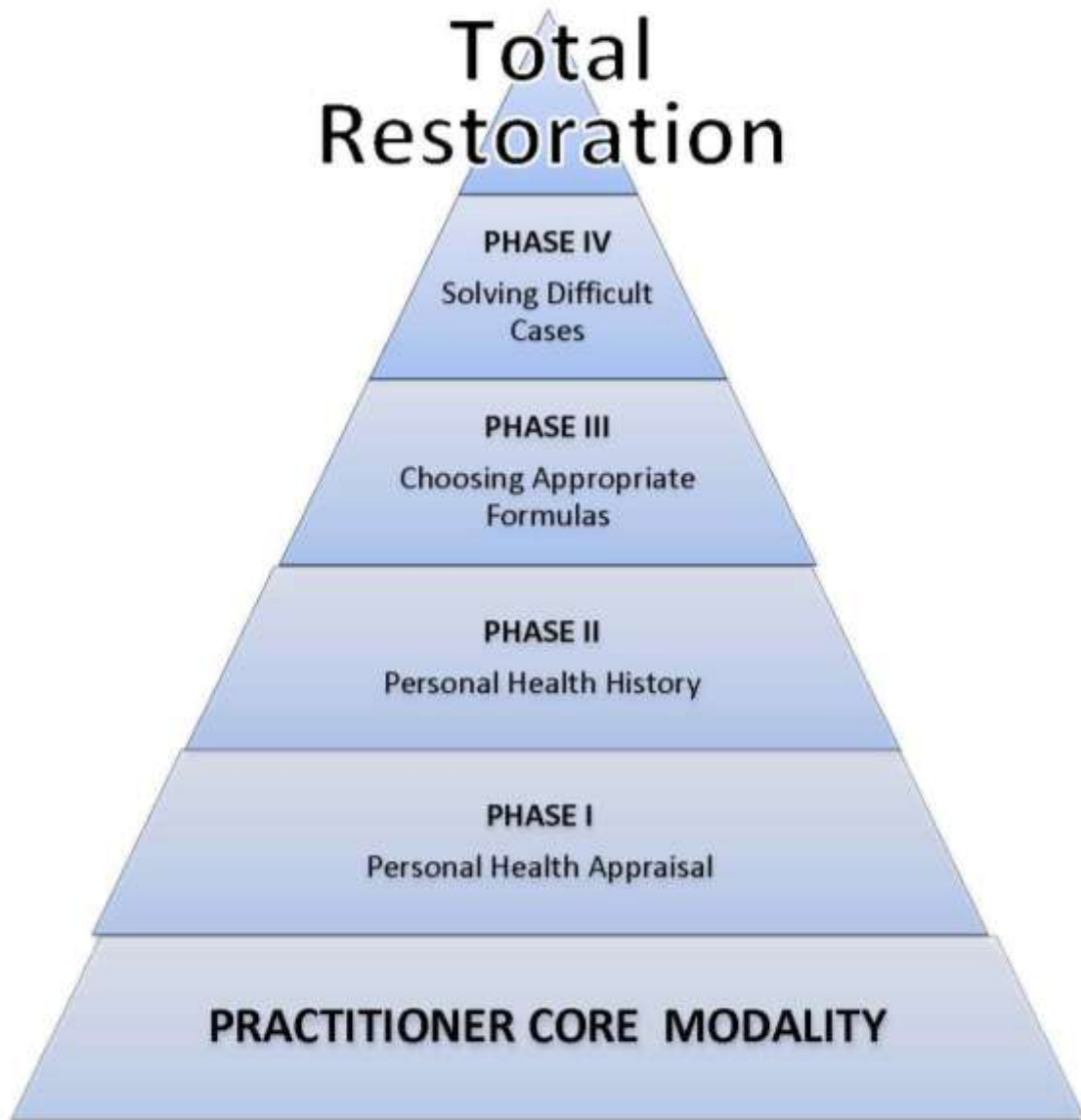
What would be the ideal practice for a practitioner in today's climate?

- An abundance of patients who travel long distances to see you
- Patients who seek your services and products regardless of insurance
- Liberation from managed care or the dependency on health insurance companies
- An excellent reputation for helping people
- Ability to help more people in fewer visits and less prescription medications.
- Ability to correct so-called chronic conditions

Disease continues to rob people of their quality and span of life. These people are seeking a **doctor who is willing to step up to the plate and try to help them**. You have the opportunity to provide your patient with solutions for optimal health. The proof of homeopathy is in the practice.

The founder of homeopathy, Samuel Hahnemann, frequently challenged his critics by saying, "Aude sapere!" which is Latin for "Dare to know!"

C.H.E.S.S.



C.H.E.S.S. is built upon restoring the powers resident within every patient

Figure 1

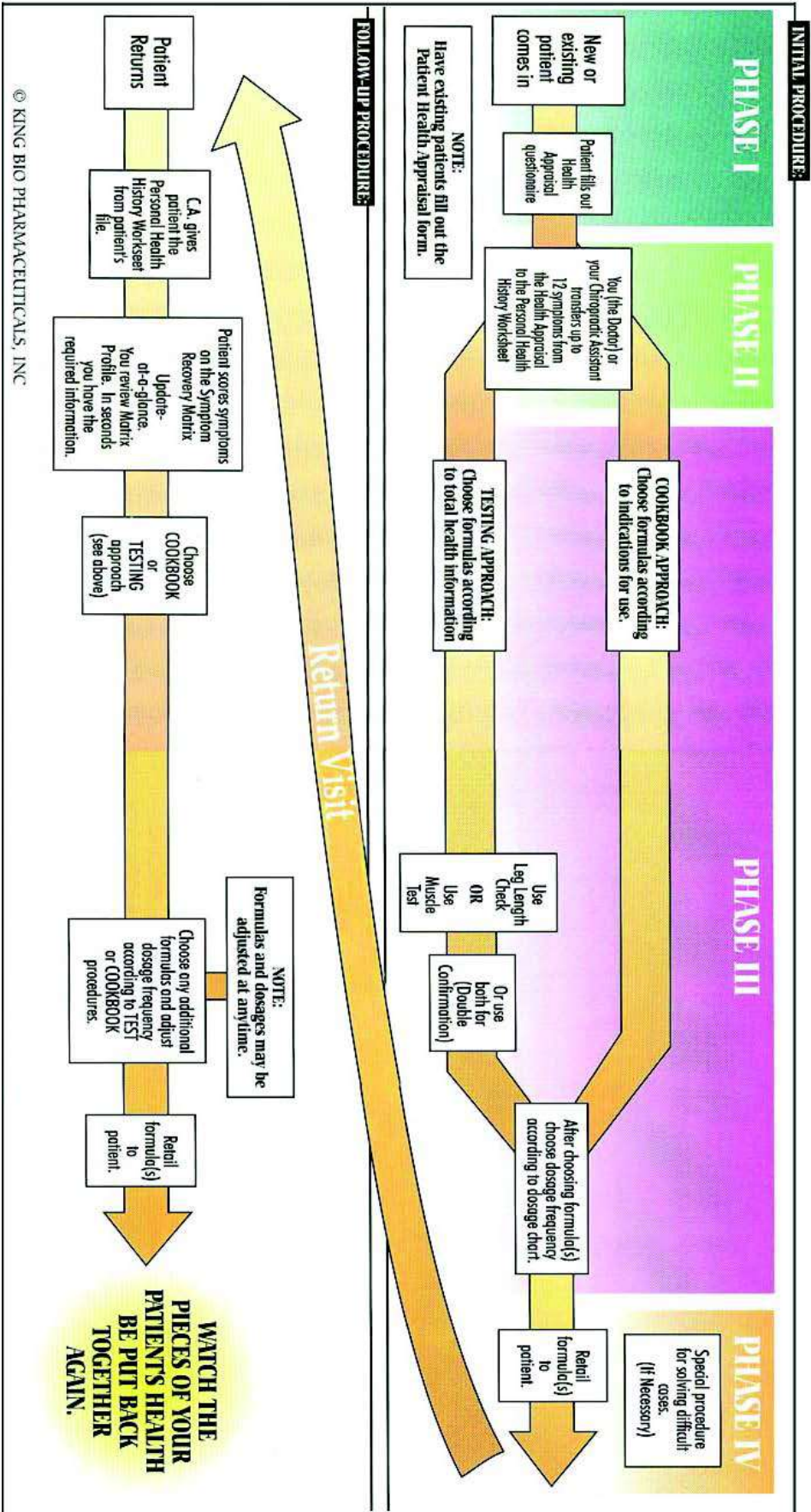


Figure 2

“We must see the whole person to help the whole person.”
~ Dr. Frank King

PHASE I – Personal Health Appraisal (P.H.A.)

The Personal Health Appraisal (P.H.A.) is a strategically designed questionnaire to help you recognize, organize, and prioritize a symptomatic treatment protocol for correcting today’s more complex and elusive health problems.

All patients should fill out a P.H.A.

Properly completed, this form is a powerful resource. It will help you pinpoint the root cause(s) of your patient’s overall health condition. Empower your nurses and assistants to emphasize the importance of this questionnaire. If the patient had any resistance toward filling it out, they can explain that you are a stickler for every detail concerning the health of your patients and that you will not see them if this form is not accurately filled out. This stand can turn potentially difficult patients into committed patients. *See figure 3*

Clinical History: A Physician’s Most Important Tool

As you know, a clinical history is the physician’s most important tool. Medical literature indicates that 83 percent of all diagnoses can be made at the end of a consultation, provided the doctor asked the right questions. The P.H.A. equips you to ask the right questions, so you readily identify the **underlying** causes of disease.

The Key to Success: The Doctor/Patient Relationship

There is another distinct advantage to using the P.H.A.: it promotes clear, open communication between doctor and patient, which is vital for building a positive foundation. The initial consultation is the most critical time with the patient. Beyond your preliminary diagnosis, this first meeting establishes the patient’s acceptance of your recommendations and their compliance with your treatment.

The P.H.A. questionnaire is an important part of this initial contact, and, likewise, it represents your commitment to the patient. The P.H.A. helps patients believe that their individual needs are important to you, and also provides you with pertinent information, helping solve even the most challenging cases.

Figure 3: See Appendix for The Personal Health Appraisal (P.H.A.) Your patients can download this form at www.safecarerx.com and fill it out before their next visit.

The Multiple Advantages of the Health Appraisal:

1. **Prioritizes treatment with the P.H.A.** - The Personal Health Appraisal helps you identify problems that elude most doctors. It uses a grading system for symptoms, enabling you to prioritize treatment areas. Consider the high intensity issues first and follow up with less intense issues when re-evaluating the patient. This process can be likened to peeling an onion, starting with the outside layers (most acute) and then working your way toward the inner layers (more chronic).
2. **Patients become more aware of their current health status** - The P.H.A. begins with an open area for patients to list their primary condition(s). As you relate secondary concerns to primary ones, patients will better understand how the body is an integrated whole, and that it is essential to treat the whole person to truly build health to its highest level and prevent disease.
3. **Reveals the diversity and intensity of patients' symptom patterns** - The P.H.A. is a tremendous time-saver because it provides a revealing look at the patient's total health profile. As a health care practitioner, you know that without a meaningful overview, a maze of symptoms can be overwhelming, time consuming, and misleading.
4. **Provides a systematic, organized approach to correct challenging cases** - There are more challenging cases today than ever before. Many patients have tried other types of treatment and are dissatisfied. A common complaint is being mistreated, ignored, or being told, "it is all in your head."
5. **Monitor patient health progress; honestly evaluate treatment success** - It is easy for practitioners to deceive themselves about their success with patients, especially when many diverse conditions exist. The P.H.A. clearly reveals what *has* and what *has not* been corrected. With C.H.E.S.S., patients definitely improve, and the P.H.A. helps you monitor their results.

The Symptom Rating System

The P.H.A. includes a (0-5) numbering system to rate symptom intensities:

0 - Never or No; 1 - Very Mild or Occasional; 2 - Mild; 3 - Moderate; 4 - Severe; 5 - Very Severe or Yes

The higher scored symptoms represent the outer layer of a patient's condition. The individual will respond best to those remedies that address the more severe symptoms.

There are several benefits to using this method:

First, a basic profile of symptom information is perceived at-a-glance. You can quickly prioritize which bodily system is most in need of repair. **This is usually a good indication of which category of SafeCareRx formulas to test.**

Second, the number system encourages patients to make basic choices about their health. Rating symptoms is a healthy way for patients to begin communicating with you and participate in their recovery. Let's face it, without a system like this, symptom explanations can be time consuming and difficult to interpret. A rating system provides an efficient information base.

Third, the symptom rating system is a ready reference for follow-up visits. Particularly with chronic cases, it is difficult to keep track of complex symptom patterns. This is not only true for practitioners, but for patients. Reviewing numerical improvements enlightens both parties.

“Homeopathy is a highly developed health practice that uses a systematic approach to the totality of a person’s health. Anyone seeking a fuller understanding of health and healing will find homeopathy extremely important and applicable.”

~ Gay Gaer Luce, Ph.D.

Twice Awarded the National Science Writer’s Award

PHASE II – Personal Health History (P.H.H.)

The Personal Health History (P.H.H.) worksheet is a progressive case history flow chart. It enables you to successfully manage today’s diverse health problems without sacrificing a high volume practice. Broadening the depth and scope of your practice does not require you to spend excessive time with each patient. *See figure 4*

There are four benefits to the P.H.H.:

1. Provides an organized framework for correcting difficult and elusive cases.
2. Minimizes time spent with patients and maximizes your ability to target the appropriate underlying causes.
3. Eliminates long discussions with patients.
4. Provides documentation of progress in the patient’s own handwriting, ensuring accurate communication and enhanced awareness.

The Symptomatic Recovery Matrix: “everything at a glance”

Designed to complement the Symptom Rating System (refer to Phase I), the Symptomatic Recovery Matrix is a simple chart *within the P.H.H.* that makes a broad-scoped practice flow more efficiently.

The symptoms and corresponding intensity numbers can be initially transferred from the P.H.A. to the P.H.H. either by you or your staff assistant. After the first visit, however, your staff assistant should have the patient score the matrix before every appointment. Then, to get an accurate patient profile, simply glance over the current symptom intensity numbers. In just a few seconds you can identify the key issues.

Procedures for using the Symptomatic Recovery Matrix:

Initial consultation:

- Transfer up to 12 of the patient’s symptoms from the Personal Health Appraisal (P.H.A.) in the space provided on the P.H.H. (one symptom per line). You can either transfer the symptoms or circle them on the P.H.A. and have your staff assistant transfer them.
- Assign a number for intensity of each symptom (0-5).

Figure 4: See Appendix for The Personal Health History (P.H.H.) Your patients can download this form at www.safecarrex.com and fill it out before their next visit.

- Fill in the date at the bottom of the grid.

1. The first time, have your staff assistant review the matrix system with the patient. (Remember the patient is already familiar with the numbering scale from filling out the P.H.A.) Have your staff assistant note any new conditions or injuries.

2. Have the patient enter the symptom intensity numbers and the date.

3. Have your staff assistant return the form to the patient's file so it is ready for you. Before entering the room, you can observe at-a-glance any changes that occurred since the first visit up to the present time. *See figure 5*

This part is to be filled out by patient.										This part is to be filled out by staff or doctor.			
0 - Good, No Problem					1 - Very Mild or Occasional					LEAVE AREA BELOW FOR DOCTOR'S NOTES			
2 - Mild	3 - Moderate	4 - Severe	5 - Very severe								SYMPTOMS		
1	0	2	0	0	0	0	0	1	3	5	1	PMS (2 WKS)	
0	0	0	0	0	0	0	0	1	2	3	5	2	PMS DEPRESSION (2 WKS)
0	0	1	0	0	0	0	1	1	2	3	5	3	FLUID RETENTION 5-7 LBS.
0	0	0	0	0	0	0	0	1	2	4	4	4	DECREASED SEXUAL DESIRE
0	0	0	0	-	1	2	2	4	4	4	5	5	BREAST SORENESS (2 WKS)
											6		

Figure 5

Although the Symptomatic Recovery Matrix is a unique aspect of the P.H.H., it contains a number of other valuable tools.

- At-a-glance referencing of patient's personal information.
- Pictorial area to mark problem areas and treatment procedures. For the chiropractor, The spinal grid allows you to mark specific listings.
- Space to record notes, homeopathic and/or dietary formulas and testing information.
- A Visits/Tests/RS section for "rescheduling" follow-up lab tests like blood or urine work.

"Homeopathy is wholly capable of satisfying the
 therapeutic demands of this age better than any other
 system of medicine."
 ~ Charles Frederick Menninger, M.D., Founder of
 Menninger Clinic

PHASE III - Choosing Appropriate Formulas

How to choose the right formulas and use them properly

C.H.E.S.S. is designed to help you correct the underlying causes of complex health problems with easy-to-apply procedures. Make sure you are familiar with the SafeCareRx formulas as well as the conditions they address (see the Product Descriptions). You need a basic understanding of each product to use the system properly.

Condition-Specific Approach

Choosing the correct formula(s) for each patient is easy. The formulas are named for the conditions they address. The labels also indicate detailed symptom patterns that apply to each formula.

Where several formulas seem applicable to the same condition (such as a headache), check the symptomatic patterns or conditions listed on the label (or see the Product Descriptions or Repertory) and choose the formula that most accurately describes the patient's condition.

Multiple Conditions

Patients may present several conditions simultaneously. For example, a patient complaining of fatigue and back pain could probably use two formulas specific to back or muscle pain, as well as other related formulas.

However, in cases where patients present a complex array of symptoms and conditions, we recommend choosing no more than 3 or 4 formulas at a time. In complex cases, you are peeling back many layers of disease. It is logical and most effective to move forward a bit at a time.

It is common to observe that seemingly unrelated symptoms clear up with the appropriate homeopathic formula(s). Once the formula(s) that addresses the highest scored condition(s) has reached maximum effect, you may begin searching for formulas related to the next highest scored symptoms (on the P.H.A. or P.H.H.) if any remain. Continue these procedures until you have put all the pieces of health back together again.

Dosage Instructions

Read this section closely. Proper dosing is easy with C.H.E.S.S., but complete understanding may take careful study and practical experience. Dosage and directions are clearly indicated on the label of each container. The dose should be sprayed into the mouth and swallowed.

For best results, doses should be taken between meals or at least 10+ minutes before or after a meal. Allow a minimum of 10 minutes or more between doses of different formulas to ensure that each formula works fully within the body before the next one is introduced.

With SafeCareRx formulas, it is the frequency of the dosage that makes the therapeutic difference. The amount a patient takes in the dose is not as important as the dosage frequency – taking larger doses (more than 3 sprays at a time) will not increase the effect.

Determining the Dosage Frequency

Historically, it has been a time-consuming procedure to determine the appropriate homeopathic remedy, calculate which potency to give, and decide the frequency of the dose. Recent advances, however, have produced a more practical and simpler version of this process. This simplified approach is the cornerstone technology of C.H.E.S.S.

Standard Dosage & Duration Per 2 oz. Bottle

Standard maintenance dosages:

- Adults (13 & over) - 3 complete pump sprays, 3 times per day
- Children (2-12yrs.) - 2 complete pump sprays, 3 times per day
- Newborns (up to 2 years) - 1 complete pump spray, 3 times per day
- Adults using an 180ul (0.18ml) sprayer, one full spray is approximately equal to 3 drops.
- A 2 ounce bottle containing 60ml of product will provide approximately 333 full sprays, or 999 drops.
- 333 sprays @ 3 sprays (adult dosage) 3 times a day = 37 day supply.

Some General Rules About Dosing

The #1 priority for the great successes in homeopathy is finding the proper homeopathic formula(s). The second priority is the frequency of the dose. This makes the therapeutic difference, rather than how much is taken in each dose.

See the Dose Usage Chart on page 22 of this manual.

1. Dosage frequency is generally determined by the acuteness or chronic nature of the condition.
2. The more **acute** the symptoms, the **more frequent the dose**. In acute cases, formulas are usually required for a comparatively short period (days).
3. The less acute (more chronic) the symptoms, **the less frequent the dose**. In chronic cases, formulas are usually required at a standard dose for a longer period (weeks, months).
4. As symptoms clear, slowly decrease the dosage frequency until the desired results are attained.
5. In acute cases, the decrease of symptoms corresponds to the dose reduction. In other words, as symptoms decrease by about **50 percent**, decrease the dosage frequency by 50 percent; as symptoms decrease 80 percent, decrease the dosage frequency 80 percent from the original dose, etc.
6. The most common doses starting out are 3 complete pump sprays 4-6 times per day.
7. Tell patients they should not stop taking the formula until you tell them, even if the condition seems to be gone. The elimination of symptoms does not necessarily indicate the formula has produced its total corrective abilities on the individual. (See Retesting Procedures)
8. There is no need to have patients disturb their sleep pattern to take doses. Recommend they keep the formula(s) close at hand. If waking occurs, they can take a dose: otherwise, let them sleep.

Acute Symptom Patterns and Dosage Frequency

Acute symptoms are usually clear-cut and short-lived. An acute disease pattern is a sudden, strong reaction of a healthy vital person to the effects of virus, bacteria, toxins of different origins (endogenous as well as exogenous) or the malfunction of one or more body systems or organs (e.g., indigestion, liver congestion, etc). They often represent short-term efforts of the body to deal with stress, infection, or injury in order to re-establish good health. Some common reactions may be strong, such as fever, nausea, sweating, cramps, pain, panic, and headache. In an acute situation, it is possible both fear and fever may also rise. Some other examples of conditions that require crisis doses are migraines, allergic reactions, asthma attacks, major PMS or menstrual cramps, emotional traumas, anxiety attacks, motion sickness, or the onset of a cold or the flu. A crisis demands immediate, focused attention. In a crisis situation, such as a severe musculoskeletal injury, the Back, Neck, Muscle & Joint Injuries can be taken every hour or every ten minutes.

Choosing the appropriate dosage frequency in an acute case (4-8 times daily to every ten minutes for the first hour) depends upon the degree of symptom acuteness. Based on your experience, determine how acute the patient's symptoms are and select a corresponding dosage:

- **Mildly acute - 4 times daily**
- **Moderately acute - 8 times daily**
- **Highly acute - every hour**
- **Extremely acute - every ten minutes for the first hour**

Remember, a patient could drink a whole bottle of SafeCareRx formula without negative side effects, so you need not worry about toxic side effects. The important thing is to establish a consistent dose until results appear, varying the dose only if necessary. If the patient reports no results, gradually increase the dosage frequency until symptoms begin to clear. Once symptoms start to clear, reduce the dosage frequency accordingly.

Symptom Characteristics of Chronic Conditions

Sometimes, the word "chronic" is misinterpreted to mean "less serious." But when acute conditions come and go unchecked, chronic conditions don't leave so easily. They often cause a gradual decline into poor health. In some cases, they even cause death. A chronic condition often begins as an acute one. When battling the underlying causes of an acute condition, sometimes the body alone is incapable of fully restoring itself. As the organism struggles to recover, energy is drained. The resulting degeneration of the parts affected by the disease may eventually lead to a chronic condition which weakens the immune system and impairs quality of life.

Example of an adult patient dosing with a chronic condition:

Note: One adult dose is 3 full pump sprays.

- **6 doses a day for 3 days**
- **2 doses a day for 7 days**
- **1 dose a day for 2 weeks**
- **1 dose 3 times a week for 2 more weeks**

*****Note: Toxicity levels in these patients are often dangerously high. A good place to start is helping the body rid itself of accumulated toxins by recommending SafeCareRx detoxification formulas.**

As you consider symptom patterns, remember to search for root causes. Sometimes formula labels seem to match symptoms exactly, yet using the formula doesn't change the condition. This is where the Reflex Response Test or Muscle Testing Procedure is indispensable. Confirming that patients are responding to a given formula indicates that they should keep taking it whether or not they have already seen improvement.

For example, consider a patient with a sore throat, cough, and sneezing. If symptoms are the only basis for judgment, one could easily choose the **Colds & Flu** formula when, in fact, the **Allergy/Hay Fever Reliever** formula would produce better results. The Reflex Response Test leads you to exactly the right formulas and doses.

The health practitioner that develops a persistent, detective mentality to discern and discover the missing pieces of each patient's personal puzzle, will be the doctor that experiences the greatest success with homeopathy.

Testing

Upon completion of Phase I and II, you will have noted which formulas may apply to the patient's condition(s). (Remember, you can refer to the Repertory Section of the Physician's Quick Reference Manual and the Mind & Body chapter to help choose the priority of formulas to test.) Beyond choosing formulas with

the condition-specific approach, we recommend using a testing procedure to confirm which formulas your patient responds to.

Alternative Testing Methods

Muscle Testing

Muscle testing is based on the concept that your body intuitively knows – better than your conscious mind – what therapies, substances, lifestyle choices or ideas are most beneficial for your health. The basic theory is that your body exhibits a measurable muscle weakness when its bioenergetic field intersects with something dysfunctional or imbalanced. More than 100 research studies have shown muscle testing to be a clinically useful tool (Cuthbert 4).



Figure 6

All living and many non-living things emanate energy fields that can be visualized using Kirlian photographic techniques. These energetic fields interact and communicate with each other in complex ways. This interaction can be compared to the wireless communications we use today. *See figure 6*

Alternative testing methods rely on these energetic forces, specifically in how the energy fields emanating from a person and a homeopathic remedy interact. We use these methods to test various remedies to determine what a patient needs.

Two effective ways to confirm a patient's needs include the Muscle Test and the Leg Length Check. They may be used individually or together as double confirmation. We strongly recommend you use the procedure that works best for you. Most doctors develop a general preference and use either the Leg Length Check or the Muscle Test Procedure, depending on the patient. If the patient is a younger child or elderly person, the Leg Length Check generally functions best.

To better understand how this pathway is tested, consider the following examples. A light bulb is hooked up to a battery in an open circuit. As different materials are placed on the bridge, thus closing the circuit, there are different outcomes. One substance causes the bulb to barely flicker. Another causes a bright light. Another has no effect.

This is similar to the body's bioelectrical feedback system. Holding a bottle of SafeCareRx homeopathic formula tests the body's response to that formula, as if closing the circuit.

- A positive response (meaning the body needs that formula) will cause muscle strength and a negative response will cause muscle weakness.
- A positive response will cause a short leg to temporarily become even or reverse, or cause even legs to temporarily become uneven.

The Sublingual Reflex Response Test is an alternate method where the doctor sprays a small dose of product in the patient's mouth while muscle testing. The sublingual (under the tongue) branch of the mandibular nerve is directly connected to the brain. The brain allocates more area to the sublingual nerve pathways than to any other part of the body. This nerve pathway sends messages to the brain and back to the body at an average speed of 200 miles per hour. Because of this, the sublingual nerve pathway produces an accurate response within seconds.

The following procedural guidelines relate to the testing of the pectoralis major clavicles and the anterior deltoid muscle groups only. We have found this test to be the most efficient and accurate way of confirming formulas. However, depending on your style and experience, you may want to use the leg length check (or the

DNFT, activator technique or Toftness instrument) or test an alternative muscle group, such as the one associated with the problem area.

The Advantages of Muscle Testing

1. Each individual muscle test takes about ten seconds to confirm the appropriate formula. The entire process may take less than five minutes.
2. No training seminars are necessary to use this method.
3. No expensive diagnostic equipment is required. All you need is the formula to test with your patient. (Test kits are available through customer service.)

Muscle Test Procedure

Once you are comfortable with the muscle testing method, take as much time as necessary to carefully explain the procedure to your patients and help them feel comfortable. Explain that their body has a way of communicating its needs and confirming which formulas it needs. What you are testing is completely natural and has no side effects or reactions with other drugs. Explaining your testing procedures helps develop a positive relationship, increases patient comfort and builds patient confidence in you.

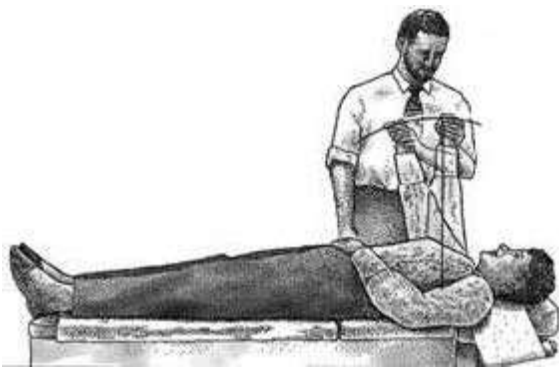


Figure 7

The actual testing takes only a few seconds per formula.

1. With your patient supine, ask whether he/she has any problems with degeneration or inflammation of the shoulder or arm. If there is a problem, test the other arm or use the Leg Length Check. *See figure 8*
2. Instruct the patient to extend the arm straight up to the ceiling (90 degrees) and lock the elbow straight. *See figure 7*
3. Stand alongside the patient and attempt to pull the arm down and slightly away from the body while the patient resists the movement. Test two or three times to find baseline strength. If the muscle is never strong, use the Leg Length Check or see notes about a weak muscle baseline below. **You are trying to determine the condition of the patient's muscle response, not overpower it. Do not attempt to push the patient's arm all the way down.**
4. **Ask patient to hold a bottle from the test kit.** Alternately you may spray the remedy under the patient's tongue, if you have spray bottles of the remedy available.
5. **Gently, but firmly, pull the patient's arm in a downward motion, using the same force as on your baseline test.** If the muscle weakens, the formula is not appropriate for the patient's needs. If the muscle is strong, the formula is appropriate. Make sure the patient does not bend the elbow or use other muscle groups that may skew the test results.
6. **If you would like to continue testing other formulas, wait a few seconds and have the patient swallow 5-6 times.** The patient may drink some water to speed the process.

If you are unable to establish a strong baseline for the patient (if the muscle always goes weak when the patient is not holding a formula), try having the patient hold a homeopathic formula while Muscle Testing. If the patient's arm becomes strong, this is a positive result. It indicates that the remedy is therapeutic and appropriate for the patient.

Testing for Multiple Formulas

Providing one formula that tests positive per patient is ideal, but rarely practical. Most conditions commonly require the use of more than one formula. We suggest not giving the patient more than four formulas at a time. As you retest in subsequent days or weeks, you will find that some of the short-term formulas are no longer needed. At this point, you may introduce new formulas until you reach optimal health with your patient.

If you identify four formulas that test positive:

1. Have the patient hold all four formulas against their body and retest. If they all test positive, then all four formulas are appropriate.
2. If they don't test positive, eliminate one formula at a time until you find what formulas work together. Some formulas may have an antidoting effect with other formulas. Make notes and provide only the formulas that test positive together.
3. Later on, as the given formulas do not test positive, you can retest the formulas that were antidoting. Over time, you will be using all the formulas needed to maximize your patient's health.

Don't feel rushed to fix everything at once. The body, in its innate wisdom, will strategically choose what it needs at the time to efficiently restore health.

Formula Names Are Not Always Diagnostic

Because the formulas are named for the conditions they are designed to correct, either the patient or the doctor may believe he or she is dealing with that problem when the formula tests positive.

This is a good time to remember you are dealing with people, not diseases. You might have the **PMS Relief** test positive on a man or the **Cold Sores & Herpes Reliever** test positive for a bad case of poison ivy. Remember, **SafeCareRx** homeopathic products have a broad-spectrum effect on the whole body (mentally, emotionally and physically).

Homeopathy alone is a powerful healing system. When combined with other procedures, the resulting transformation often produces a powerful testimony.

Leg Length Check

You may use a Leg Length Check either as an alternative to, or in conjunction with, the Muscle Test Procedure. It takes only a few seconds to confirm a positive response and can be used with equal effectiveness either before or after the adjustment. Children under the age of seven are difficult to muscle test. The Leg Length Check often works better with these younger children. Here is the procedure and some suggestions for developing a positive patient relationship. With the patient supine:

- 1) Check the leg lengths, noting whether the legs are even or uneven. When even, always note the short leg for an even leg test consistency. Later, when you have a positive response, with a shift in leg length, have your patient sit up and observe the dramatic shift in leg length.
- 2) Have the patient hold a formula from the test kit. In approximately five to seven seconds, you will observe a dramatic shift in leg length if your body is responding to a formula.
- 3) After five to seven seconds, recheck the leg lengths: If the leg



A short right leg



Figure 8

length changes in any way – either becomes longer, shorter or even – a healing response has been activated and reflects that person’s need for the remedy. No change in leg length indicates a neutral response, showing that the remedy is not needed. Patients taking certain medications or those with low thyroid or high stress levels may take 10-30 seconds or longer to respond.

- 4) If a formula tests positive and you would like to continue testing other formulas, wait a few seconds and repeat procedure for single or multiple formulas. Leg length should return to the way it was before the formula tested positive.
- 5) Recheck leg lengths and make sure they have returned to the previous position. For example, if the legs were initially uneven and became even as the formula tested positive, make sure they become uneven again before testing other formulas. The patient may drink some water to speed the process.

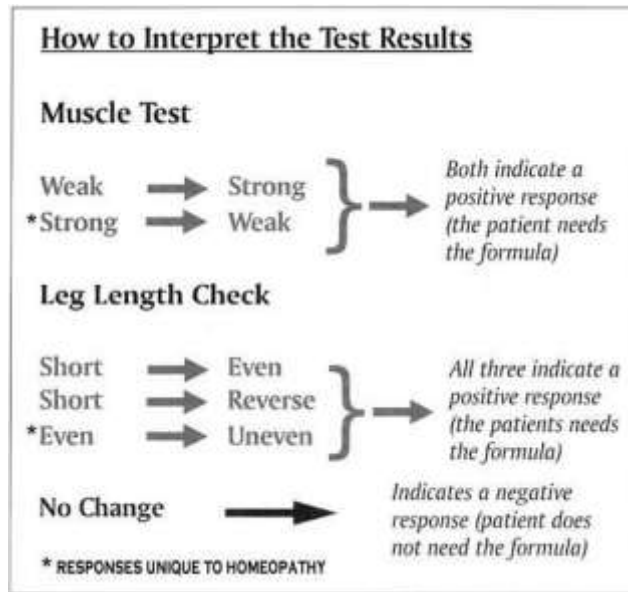


Figure 9

Electrodermal Responses

Doctors can also utilize an electrodermal diagnostic device called a Zyto scanner to measure the galvanic skin response. This technique is useful to determine patients’ electrodermal responses to specific homeopathic formulas. This procedure is similar to the muscle test explained above: the patient holds the formula while monitoring the electrodermal response.

Surrogate Testing

The surrogate procedure enables you to test others who are unable to be accurately tested through the muscle and/or leg length procedures. Included in this group are infants, young children under approximately 7 years old and quadriplegics. Surrogate testing also works well for animals. *See figure 10*

For example, an infant can be tested sitting on the mother’s lap or belly. As long as the two living entities are touching, bioelectric impulses will transmit between the two. Let’s say an infant is suffering from a fever. After assessing the parent’s arm strength and/or leg length, place a small amount – one drop or pump spray – of fever formula in the infant’s mouth or simply have the parent hold the bottle to the infant’s body. In five to

seven seconds, check the parent for a response. Any changes, of course, indicate the infant's need for that remedy.



Figure 10

“Homeopathy is the safest and most reliable approach to ailments and has withstood the assaults of medical practitioners for over 200 years.”

~Yehudi Menuhin, Master Violinist

Test Control Worksheet (T.C.W.)

The Test Control Worksheet (T.C.W.) is a useful form to record Reflex Response Test results. It enables you to observe at a glance any patient's entire test history. The T.C.W. is designed to:

1. Provide an efficient record of formulas previously tested. This prevents wasted time retesting the same formulas that have already tested negative.
2. Provide a quick reference that will help you choose follow-up formulas to consider when putting together the pieces of a patient's health puzzle.
3. Keep track of when a formula was given and when a formula was stopped.
4. Quickly reference whether the patient has a strong or weak indicator muscle. Explain the difference between a weak indicator muscle becoming strong on one visit and a strong muscle becoming weak on a follow-up visit, as it is only a reflex response like a knee-jerk response. This dispels questions about why a strong muscle goes weak. It does not indicate that a homeopathic formula is making them weak. Remember, this is unique to properly formulated homeopathic products only. **Nutritional and herbal products do not test in this manner.** Only

Figure 11: See Appendix for this form

homeopathic products will cause a strong indicator muscle to go weak to indicate the body's positive response to a formula.

5. Give a quick reference for dosages and when to change dosage.
6. Provide a place to note key points.
7. Provide room for notation about whether the patient's muscle and joint area relating to the test muscle (for muscle test only) is healthy and free of disease.
8. Provide an area for special comments.

Retesting to Produce Optimal Results

Whether you are using the alternative testing procedures such as muscle testing, electrodermal testing or the like, there is a distinct advantage in retesting – it allows you to capitalize on the body's wisdom. Beyond simply confirming the correct formula, **testing and retesting with alternative procedures** helps you determine dosage frequency, and when to stop and/or restart a formula without repeating lab tests throughout your course of treatment.

Retesting is quick and accurate and may occur at your discretion during regular appointments. Anytime a patient comes in, you can get direct feedback about current formula requirements. This gives you a powerful advantage in your community for cracking the challenging cases that others have failed to correct.

Retesting Procedure:

For precise retesting, instruct patients **not to take any formulas the day of their appointment.**

1. Test the formula(s) the patient is currently using with the reflex response test (using leg check, muscle test, or both). **Formulas that retest negative:** slightly **decrease** the dose frequency. If the patient continues to test negative on a formula during several subsequent visits, stop using the product and retest after several weeks. **Formulas that retest positive:** keep **increasing** the dose frequency.
2. Unless the condition is completely resolved, choose other formulas to test based on the patient's condition, the Personal Health History worksheet (P.H.H.), the Personal Health Appraisal (P.H.A.), the lists of complementary formulas and the repertory (see Physician's Reference and the Mind & Body Reference sections). Sometimes the patient will have a request for a formula to be tested.
3. Test the formulas you have selected. If any test positive, proceed according to original dosage instructions. Remember to work gradually, not giving out a total of more than 4 formulas at one time.

Simplicity + Effectiveness = Optimal Results

We have spent many years of clinical research to simplify and increase the results you can achieve with homeopathy. Follow the procedures we have outlined in the C.H.E.S.S.™ and you will avoid getting bogged down in the homeopathic complexities of the past. These procedures and **SafeCare_{rx}** Homeopathics, combined with your skills as a physician, will lead you to effectively correct the underlying causes of many of the health problems plaguing our society.

The Healing Crisis

Occasionally, a patient who seems to be successfully receiving homeopathic treatment will experience a temporary worsening of symptoms. This is known as a healing crisis or temporary aggravation. In a healing crisis, symptoms can appear to worsen, or past symptoms may reappear. This may occur within a few days to a few weeks of beginning a new formula. Although it is very rare, you will need to know how to handle these cases.

A healing crisis usually occurs as the body is clearing symptoms that have been suppressed. It is important for your patient to understand that this temporary aggravation of symptoms is positive – a good sign that his or her body is fighting back and healing is underway.

Hypersensitivity

Some people have immune systems that are hypersensitive to remedies of any kind. Homeopathic formulas may produce a reaction in hypersensitive people similar to a healing crisis. In other words, the formula will need to be diluted to prevent reactions in these patients. Once again, you will want to reassure your patients that this is nothing serious. When working with patients who are hypersensitive, use the following procedure:

- Place one to three pump sprays of the formula into approximately 4 ounces of water (use distilled or purified water if possible).
- Stir with clean utensil.
- Give 1 teaspoon to patient as needed.
- A more sensitive patient may need to take very little per day. In this case, they can dip the tip of a toothpick in the water and place the toothpick into their mouth.
- A new solution in fresh water should be prepared every time a dose is needed to avoid contamination or anti-doting.
- Have patient simply spray on localized or symptomatic areas topically.

Average Number of SafeCareRx Formulas Used In a Year

To maximize the therapeutic potential for your patient, the average practitioner will use 5 to 15 different formulas (depending on the overall acuteness or chronic nature of the patient) in one year of treatment.

Most formulas will complete their correction with one bottle. There are times when a key formula will be necessary on and off over time, requiring more than one bottle for maximum correction. This might be a constitutional formula, miasm formula, detoxification formula or simply a symptom-specific formula that contains a deep acting ingredient that is special for an individual patient.

Case Study

Rheumatoid arthritis is a good example of a condition that may require varying doses and formulas. This condition expresses both chronic and acute symptoms.

Here is a sample case and how to approach it:

- A 42-year-old female patient with rheumatoid arthritis comes into your office complaining of an acute arthritic pain. You have just begun using C.H.E.S.S., so your staff assistant has the patient fill out a

Patient Health Appraisal (P.H.A.) and you test the new patient on the Arthritis & Joint Relief formula and find she needs it.

- Three days later, she returns with some pain but reports feeling about 25 percent better. Retest the Arthritis & Joint Relief formula. It tests positive again. Accordingly, *when a formula keeps testing positive, you increase the frequency of dosage to 8x/day.*
- One week after the first appointment, she returns, feeling **50 percent better**. You retest the Arthritis & Joint Relief formula. It tests negative. You decrease the dosage to 4x/ daily.
- A week later, she returns feeling almost completely well (95% better). You test her, and again the formula tests negative. You reduce the dosage to 2x/day.
- Four days later, she returns feeling great. You test her and the formula shows negative. You put her on a maintenance dose of 1x/day. Since the primary condition (arthritis) is stable, you begin to direct your attention to other conditions she mentioned on her P.H.A.
- Using the same approach, over the next month you also correct the underlying causes of her overactive appetite with the Appetite & Weight with P.H.A.T. formula, and her sleeping disorder with the Sleep Aid formula.

Note: A more complex rheumatoid case will require multiple formulas to address the various underlying causes that may be associated.

Case overview sample chart

Day	Symptoms	Test Results	Dosage
1	Acute Arthritis pain	Arthritis formula: Tests positive (+)	6x / day
4	25% better	Arthritis formula: Retests positive (+)	Increase 8x / day
7	50% better	Arthritis formula: Retests negative (-)	Decrease 4x / day
14	95% better	Arthritis formula: Retests negative (-)	Decrease 2x / day
18	98% better	Arthritis formula: Retests negative (-)	Decrease 1x / day (maintenance dose)

Repeat this process for patient's appetite and weight issues (with the Appetite & Weight with P.H.A.T. formula) and for patient's insomnia (with Sleep Aid formula).

PHASE IV - Solving Difficult Cases

Although using C.H.E.S.S. is easy, you cannot realistically expect to hit the ball out of the park on the first swing. Some cases require patience, creativity, and ingenuity. The most important characteristic for optimal success with homeopathy is persistence because there are many discouraged people who have not yet found the answers they need. With C.H.E.S.S., you are now dynamically equipped with the tools to help these people.

What to do when what you're doing isn't working.

Problem: When tested, the patient doesn't respond to any formula.

Answer: Possibly the patient's reaction time is being delayed.

Sometimes, rather than responding in 5-7 seconds, the body will take upwards of 20-30 seconds. There are several possible causes for this delay:

1. **Dehydration:** This can cause imbalance in the body's electrical system. This can be corrected by having your patient drink more water.
2. **Drugs:** Many prescription drugs can cause a delayed reaction.
3. **Thyroid conditions:** A low functioning thyroid gland can cause a delayed reaction. If a patient doesn't seem to be responding to any formula, re-administer the formulas that best match the primary condition(s) and wait 20 -30 seconds before muscle testing or leg length checking.

Problem: Patient tests positively to a formula but condition does not improve.

Answer: Get the total picture.

1. **Test complementary formulas, which are listed.** These are listed for every formula along with indications for use and ingredients in the Product Listings and the Mind & Body sections.
2. **Use the Repertory.** This shows the priority order of SafeCareRx formulas to test for particular conditions.
3. **Consider related conditions or symptoms.** Stimulating the body's maximum healing response can require consistent use of several formulas at once that have related symptoms. As you put the pieces of health back together in difficult cases, test a few new formulas each visit in search of other positive formulas for the non-responding patient. Try giving different combinations of confirmed formulas for one to two weeks at a time. Also, provide or recommend other services, such as diet, nutrition, herbs, or other techniques, such as: chiropractic, acupuncture, or massage.
4. **Do not jump to conclusions simply by reading the name of a formula which tests positive.** The most therapeutic combination of formulas may not be the most obvious. Because a patient tests positive does not confirm that he or she has that condition. The person may be responding positively to one or more of the ingredients in the remedy. This means the body requires at least one of the ingredients in the formula, but the patient does not necessarily have the condition that appears on the label.

Minor Remedies for Major Problems

Homeopathy can have seemingly minor remedies that, when combined, can offer the solution to major problems. With more than a thousand individual homeopathic remedies available to practitioners, choosing the right remedies for a condition can be daunting.

Let's look at how SafeCareRx formulas can help us solve more difficult cases. In a chronic back pain case, we would first consider the more common remedies such as Back, Neck, Muscle & Joint Injuries, or Arthritis & Joint Relief. If one or two of these had tested positive, but only showed minor results, we would look further. For example, we would further test using the following:

- Muscle Maximizer™** - for hormonal weakness, and muscle weakness.
- Sporting Edge®** - for general weakness in the structural support tissues.
- SciatiPlex™** - for sciatic nerve involvement.
- Calcium Metabolizer™** - for complete calcium utilization.
- Bone Strengthener™** - for strengthening the bones and mineral balance.
- ICV Clenz™** - for the ileocecal valve and its related problems with the back.
- Stress Control™** - for stress issues affecting the muscles.
- Fears & Phobias™** - for fear issues affecting the body's mineral balance.
- Acid Clenz™** - for related acid conditions, affecting calcium absorption.
- Wounds Recovery™** - for injuries affecting the back.

- Constitutional Enhancer™** – for overall health enhancement.
- Constipation Relief™** – for bowel issues affecting the back.
- Urinary Tract Infections™** – for related pain affecting the back.
- TMJ/Jaw Formula™** – for related pain issues, affecting mineral balance and muscle tension.
- LymePlex™** – for related issues, affecting aching or stiffness of joints or muscles.
- Female reproductive remedies.**
- Male reproductive remedies.**
- All the detoxification remedies.**

Remember that the names of the SafeCareRx formulas should not be used as the ultimate diagnostic tool. For example, a patient using the **Wart Freee...™** formula may find that it clears an allergy or sinus condition that began about the time the warts appeared. Likewise, a patient using the **Allergy/Hay Fever Reliever™** may find warts clearing. This is because homeopathy targets underlying causes, and underlying causes are often deceptive.

If the symptoms persist, there are more remedies to find. Persistence is the essential component. See the chapter about miasms in the Constitution category section for more help with difficult cases.

Setting Up Your Treatment Room for SafeCareRx Test Kits

The King Bio C.H.E.S.S. is designed to work quickly, powerfully, and economically. For best results, set up your treatment room so the whole test kit is visible and within easy reach. This will:

- **Make formula selection easy.**
- **Minimize time spent with patients.**
- **Stimulate patients to ask questions and volunteer information about other conditions they may have.**
- **Increase referrals. Patients see all the formulas, and refer friends and family or purchase formulas for them.**

The image shows two versions of the 'Inventory Control Form'. Each form is a grid with multiple columns and rows. The columns are labeled with 'SAFECARERX PRODUCT LISTING' and 'INVENTORY CONTROL FORM'. The rows contain various product names and their corresponding stock levels. The forms are filled out with data, showing how the system is used to track inventory.

Figure 12: See Appendix for Inventory Control Form

Inventory Control Form

This form helps you systematically organize orders according to the specific demands of your practice. After using the system only a short time, you will see that some formulas should be more heavily stocked than others. (Best sellers vary in relation to your style of practice, types of patients, personal interests, and seasons such as Allergy/Hay Fever Reliever.)

Special Note: Refer to your Personal Health Appraisals (P.H.A) before ordering to be sure you have ordered what your patients need. For example, ordinarily you would assume that one or two Gout Symptom Relief would be plenty. However, when you use the P.H.A., you may find that many more patients than you thought have gout, hemorrhoids, herpes, bladder incontinence, and other diverse conditions. **In fact patients will be very interested in many of the formulas as soon as they are aware you have them.**

Inventory and Reordering Instructions:

- 1) Number how many bottles of each formula you would like to keep on hand in the stock column of the Inventory Control Form.

- 2) When your staff assistant checks inventory, he or she should simply note the difference between how many bottles you currently have and the stock number. Enter that under the corresponding reorder date for each formula.
- 3) Should you find yourself out of certain products, either increase the stock number or decrease the time between reorders.

The Inventory Control Form saves so much time and effort. Using it is a vital part of integrating C.H.E.S.S. smoothly. Feel free to photocopy it or ask us for the PDF file.

The Patient Brochure

Be sure to stock the various SafeCareRx patient brochures. This is a simple way to educate patients about homeopathy and which conditions you can help.

The patient brochures also list the entire SafeCareRx and Mind & Body product lines. As patients experience the revolutionary results of C.H.E.S.S. and become more aware of the products, they will refer relatives and friends for all the conditions listed in the brochure. These brochures, along with the P.H.A. and Personal Health History (P.H.H.), will build your reputation and practice dramatically.

Thank You for Discovering C.H.E.S.S.
Contemporary Homeopathic Enhancement Systems and Solutions™

Testimonials

“Several months ago, you sent a sample of Sinus Relief to the practitioner I am employed by. He began to experience results within a few days. I had stopped taking hormone replacement therapy (HRT) several months earlier and was experiencing terrible night sweats and hot flashes. I tried black cohosh, ESTROVAN, and other OTC products without success. My quality of life was deteriorating, as I was terribly sleep deprived and I was just about ready to refill my HRT prescriptions and take my chances with the possible side effects. Then my boss recommended that I try your Menopause formula. The big seller for me was that it had no side effects. I ordered it, and within 4-5 days, my symptoms had subsided 50% and, after about a week, I was sleeping through the night. No night sweats, no opening and closing the windows at work all day. It’s incredible! I don’t know how it works and quite honestly don’t care, all I know is that it does. I have recommended it to many friends who are experiencing the same relief. My co-worker who has struggled with insomnia for quite some time is experiencing great relief using the Anxiety/Nervousness formula in conjunction with the Sleep Aid. She is also amazed at the results. We are so grateful for your products.” ~ M.G.D. - Milton, NY

“I began using your homeopathic remedies in my practice about two and a half years ago because I wanted more for my patients. I used no therapies or any other types of modalities in my office, but I had a growing concern that I wasn’t providing all I could for my patients.... Having what I considered sort of a ‘purist’ chiropractic philosophy and no experience with homeopathy, I started very slowly and tentatively. I quickly found the C.H.E.S.S. approach to be so user-friendly and effective that it became a large part of my practice. I now test every patient on SafeCareRx products and sell many formulas every day to my pre-existing patients.” ~ **Michael S. Wetter, DC (Florida)**

“The **Teeth & Gums Formula** worked well on a tooth that my dentist confirmed was in need of a root canal. After taking the formula for several days, the jaw, cheek, and headache pain were gone.” ~ **Sally Farney Lett, DC**

“I use the formulas on my entire family.” ~ **Fred J. Lewin, DC (Georgia)**

“I had a patient with myofascial trigger points...causing referral pain in both legs. She was only able to use a walker for ambulation. I began a regimen of **Back, Neck, Muscle & Joint Injuries** four to six times per day. Within two and a half weeks, the patient reported she was getting ovulation pain again! Her M.S. pain, coincidentally, began at this time...With the recurrence of her ovulation, the trigger points began to remain inactive.” ~ **Edgar P. Romero, DC (Florida)**

“Besides the usual musculoskeletal cases, I have people coming in with earaches, sore throats, rashes, constipation, memory loss, hay fever, hypertension, and the list goes on...This type of practice is much more rewarding than just neck and back pain. . . Without this type of help, all I would be giving the patients is partial, temporary relief.” ~ **Jan Edward Morse, DC (California)**

“If I was not an actress, I would be a homeopathic doctor.” ~ **Lindsay Wagner**

F.A.Q.s About SafeCareRx Formulas

Why do all the remedies taste the same?

Our formulas are scientific serial dilutions and succussions of specific ingredients creating a potentization process of the finest natural ingredients in a base of bioenergetically enhanced pure water. Although our formulas taste similar, they have diverse effects. Patients prefer a taste-free remedy.

Are homeopathic remedies safe for pregnant or nursing women?

Yes. The safety of homeopathic medicines makes them ideal during pregnancy, labor, and nursing. Homeopathic remedies strengthen a woman physically as well as psychologically and are very effective in supporting common pregnancy conditions. Additionally, many homeopaths believe that homeopathic care during pregnancy is beneficial to the unborn child; two people (mother and child) receive treatment at the same time.

Is homeopathy the same as herbal medicine?

No. While they may use some of the same ingredients, there is a distinct difference between homeopathic and herbal preparations. The healing properties of herbal medicines are found in their chemical composition and how this acts on the body's biochemistry. But as an energy medicine, homeopathy acts primarily upon the nervous system to activate the body's innate healing responses. Homeopathy is bioenergetic medicine.

Why do SafeCareRx formulas have multiple potencies?

The multiple potency approach is one of the keys to the unique effectiveness of SafeCareRx formulas. Each homeopathic potency is like a different broadcast frequency which can only broadcast at its own potency rate. In every dose of SafeCareRx, you receive equal volumes of seven, high-potency, broad-spectrum potencies (or strengths) of each ingredient: 10X, 30X, 100X, 1M, LM1, LM2, and LM3. In general, the lower 10X potency works at the more superficial levels of bodily function, such as skin and hair health. The middle potencies 30X and 100X work more in the realm of our glands and organs. The mental and emotional functions (and even our genetic predispositions) are best enhanced with the higher 1M, LM1, LM2, and LM3 potencies. These potency ranges have been clinically proven to provide a higher percentage of results, faster results, and a higher percentage of actual cures with minimal aggravations or healing crises.

Will homeopathic remedies react negatively with prescription or over-the-counter (OTC) drugs?

No. SafeCareRx homeopathic formulas complement herbs, nutritional products, or prescription medicines as needed. In more than 200 years of clinical use, no harmful side effects or recalls for harm done have been reported for homeopathic remedies when prepared according to HPUS standards, as SafeCareRx is. There have been no harmful reactions reported between homeopathic medicines and other conventional pharmaceutical drugs. Homeopathy has a stellar record of safety when compared to most forms of medicine.

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APPENDIX

- Personal Health Appraisal (P.H.A.)
- Personal Health History (P.H.H.)
- Test Control Worksheet (T.C.W.)
- Inventory Control Form

Personal Health Appraisal (P.H.A.)

For SafeCare®Rx

Name _____ Phone (home/cell) _____
Address _____ Phone (business) _____
_____ Occupation _____
Birthdate _____ Referred by _____

Please Follow These Instructions Carefully

IMPORTANT: The information requested in this form is of vital importance to you and your health facilitation. It is designed to help you understand your current state of health. Seeing your complete health picture helps you and your health care professional identify the natural medicines and therapies best suited to the dynamic restoration of YOUR health.

Read the questions carefully and score them on a 0 – 5 scale of intensity, 5 being the strongest.

If a question does not apply to you, score it a 0. If you are not sure and have a doubt about a question, or wish to clarify the answer, describe in the space available.

Score the degree of severity of symptoms in each square below from 0 to 5.
0 – Never or No; 1 – Very mild or occasional; 2 – Mild; 3 – Moderate; 4 – Severe; 5 – Very severe or Yes

EXAMPLE: 3 Do you have headaches? get headaches on an empty stomach.

General Health Enhancement

What priorities do you have for your health? List priorities, concerns, issues: _____

Allergy

1. _____ Do you have any allergies? If yes, please list: _____
2. _____ Do you live or work in a moldy environment? _____
3. _____ Are you sensitive to dairy products? _____
4. _____ Are you sensitive to fragrances or chemical smells? _____
5. _____ Are you sensitive to animal hair/dander? _____
6. _____ Do you have any food allergies? If yes, please list: _____
7. _____ Are your allergies worse in different areas of the country? Where? _____
8. _____ Do you have hay fever and/or seasonal allergies? _____
9. _____ Is your nose frequently stuffy? _____
10. _____ Have you been diagnosed with asthma? _____
11. _____ Have you been diagnosed with emphysema? _____
12. _____ Have you been diagnosed with bronchitis or pneumonia? _____

13. _____ Do you have chest pain or discomfort? _____
14. _____ Do you have post-nasal drip? _____
15. _____ Do you spit up phlegm? _____
16. _____ Do you snore frequently or loudly? _____
17. _____ Do you have any other respiratory disorders? Explain: _____

Cancer Support

1. _____ Do have cancer or have you had it in the past? _____
2. _____ Do or did any of your immediate family members have cancer? If yes, describe in detail. _____

Children

1. _____ Does your baby have colic? _____
2. _____ Does your child have problems with teething? _____
3. _____ Does your child wet the bed? _____
4. _____ Does your child have jaundice? _____
5. _____ Do you or your child have swollen tonsils? _____
6. _____ Does your child have swollen glands? Where? _____
7. _____ Does your child have attention deficit disorder? _____
8. _____ Is your child hyperactive? _____
9. _____ Does your child have any other learning disabilities? Explain: _____
10. _____ Does your child have recurring fears? _____
11. _____ Does your child have recurring fevers? _____
12. _____ Does your child have recurring nightmares? _____
13. _____ Does your child have recurring tummy aches? _____
14. _____ Does your child have abnormal growth patterns? _____
15. _____ Are there any other childhood disorders? Explain: _____
16. _____ Did or does your child have reactions from vaccinations? Explain: _____
17. _____ Does your child suffer from poor appetite? _____
18. _____ Does your child have excessive appetite? _____
19. _____ Is your child overweight? _____

Circulation

1. _____ Do you have slurred or stuttered speech? _____
2. _____ Do you have confusion? _____
3. _____ Have you been diagnosed with a heart condition? _____
4. _____ Do you have low blood pressure? _____
5. _____ Do you have high blood pressure? _____
6. _____ Do you have circulatory problems? _____
7. _____ Are you often dizzy? _____
8. _____ Do you get light headed when standing quickly? _____
9. _____ Do you have cold hands or feet? _____
10. _____ Do you experience spells of rapid heart beat? _____
11. _____ Are you aware of your heart skipping beats? _____
12. _____ What is going on in your life when your heart skips beats? _____
13. _____ Do you have nosebleeds? _____

14. _____ Do you have varicose or spider veins? _____
15. _____ Have you been diagnosed with phlebitis? _____
16. _____ Do you have any other circulatory disorders? Explain: _____

Cleansing & Detox

1. _____ Does acid accumulate in your body? _____
2. _____ Do you have any tumors or abnormal growths? _____
3. _____ Have you been diagnosed with a liver condition? _____
4. _____ Have you ever had chemotherapy or radiation treatment? _____
5. _____ Do you have pain or sensitivity in the lower right portion of the abdomen? _____
6. _____ Have you worked or lived in any toxic environments that you are aware of? Explain: _____
7. _____ Do you have any other toxic condition? Explain: _____
8. _____ Have you been exposed to toxic metals (tooth fillings, old plumbing or paint, frequent seafood consumption, etc?) _____
9. _____ Do you live in an area of heavy outdoor pollution? _____
10. _____ Does breathing the air in your house or workplace aggravate your symptoms? _____
11. _____ Are you frequently in contact with household chemicals and/or topical cosmetics? _____
12. _____ Do you have food allergies? _____
13. _____ Do you live/work in a moldy environment? _____
14. _____ Are you aware of exposure to pesticides or herbicides? _____
15. _____ Are you aware of any reactions to food additives or preservatives? _____
16. _____ Do you have excessive thirst? _____
17. _____ Have you ever had reactions from vaccinations? Explain: _____
18. _____ Do you have frequent earaches or discharge from the ears? _____
19. _____ Do you have ringing in the ears or a loss of hearing? _____

Constitution

1. _____ Have you reached a plateau in your progress towards better health? _____
2. _____ Please describe any known genetic weaknesses within you or your family. _____
3. _____ Do you have any immune system challenges? _____
4. _____ Do you have any adverse reactions that are aggravated by cold/damp environments? _____
5. _____ Do you have any adverse reactions that are aggravated by cold/dry environments? _____
6. _____ Do you have any adverse reactions that are aggravated by hot/humid environments? _____
7. _____ Do you have any adverse reactions that are aggravated by hot/dry environments? _____
8. _____ Does your health suffer when the weather or seasons change? _____

Digestion

1. _____ Do you have problems with constipation? _____
2. _____ Do you use laxatives? _____
3. _____ Do you have frequent diarrhea? _____
4. _____ Do you have colitis? _____
5. _____ Have you been diagnosed with a gall bladder condition? _____
6. _____ Do you have gall stones? _____
7. _____ Do you have black stools? _____
8. _____ Do you have red or bloody stools? _____
9. _____ Do you have problems with heartburn? _____
10. _____ Do you have problems with hemorrhoids? _____
11. _____ Do you have problems with rectal fissures or polyps? _____

12. _____ Do you have indigestion? When? _____
13. _____ Do you have problems with abdominal or lower GI gas? _____
14. _____ Do you have problems with bloating? _____
15. _____ Do you experience any pain or tenderness in your abdomen? _____
16. _____ Have you ever had intestinal worms, itchy nose or rectum? _____
17. _____ Are you frequently nauseated or vomit easily? _____
18. _____ Do you suffer from motion sickness? _____
19. _____ Have you been diagnosed with stomach ulcers? _____
20. _____ Do you have any other digestive disorders? _____
21. _____ Do you have frequent foul smelling lower gas? _____
22. _____ Do you have frequent foul smelling stools? _____
23. _____ Do you have frequent problems with upper gas, such as belching? _____

Eyes

1. _____ Do you wear corrective lenses? _____
2. _____ Do you experience dry itchy, watery or red eyes? _____
3. _____ Do you have eye discomforts associated with allergies and hay fever? _____
4. _____ Are you troubled with conjunctivitis (pink eye)? _____
5. _____ Do you have styes? _____
6. _____ Do you have cataracts? _____
7. _____ Do you have eye stress? _____
8. _____ Do your eyes fatigue easily? _____
9. _____ Do you have macular degeneration? _____
10. _____ Do you have other eye conditions? Explain: _____

Immune

1. _____ Are you bothered with viruses at various times during the year? _____
2. _____ Are you sensitive to chemicals? Explain: _____
3. _____ Are you oversensitive to the environment? _____
4. _____ Do you have recurring infections, virus, bacteria, fungus or other? Explain: _____
5. _____ Do you have colds or flu often? How often? _____
6. _____ Do you cough frequently? _____
7. _____ Have you been diagnosed with Lyme disease? _____
8. _____ Do you have frequent laryngitis or hoarseness? _____
9. _____ Do you have fevers frequently? _____
10. _____ Do you have frequent sinusitis? _____
11. _____ Do you have frequent sore throats? _____
12. _____ Are your glands often swollen? _____
13. _____ Are your tonsils often swollen? _____
14. _____ Do you have sinus headaches? _____
15. _____ Do you have yeast or fungal overgrowths and/or candida albicans infections? _____
16. _____ Do you have any other immune disorders? _____

Men/Women

1. _____ Do you have signs of premature aging such as wrinkles, grey hair, and body aches? _____
2. _____ Do you have prostate enlargement? _____
3. _____ Do you have dribbling after urination? _____



4. _____ Do you have an urgency to urinate? _____
5. _____ Do you have erectile dysfunction? _____
6. _____ Do you have premature ejaculations? _____
7. _____ Do you have decreased sexual desire? _____
8. _____ Do you have difficulty controlling sexual desire? _____
9. _____ Do you have any other male disorders? Explain: _____
10. _____ Do you have pre-menstrual syndrome? _____
11. _____ Do you retain fluid during your period? _____
12. _____ Do you have menstrual pain, cramps or irregularities? _____
13. _____ Do you have feminine discharge? _____
14. _____ Do you have vaginal pain or discomforts? _____
15. _____ Have you been diagnosed with endometriosis? _____
16. _____ Do you have breast cysts or lumps? _____
17. _____ Do you have breast mastitis? _____
18. _____ Do you have tender or sore nipples? _____
19. _____ Do you have frequent yeast infections? _____
20. _____ Are you going through or have symptoms of menopause? _____
21. _____ Do you frequently feel hot or perspire? _____
22. _____ Have you had a hysterectomy? _____
23. _____ Are you pregnant? _____
24. _____ Do you experience morning sickness with pregnancy? _____
25. _____ Have you had a miscarriage or are you prone to miscarry? _____
26. _____ Do you have problems with fertility? _____
27. _____ Is intercourse painful for you? _____
28. _____ Do you have diminished sexual desire? _____
29. _____ Do you have difficulty controlling sexual desire? _____
30. _____ Do you have any other female disorders? Explain: _____
31. _____ Have you been diagnosed with osteoporosis or weakened bones? _____
32. _____ Do you have heel spurs? _____
33. _____ Do you feel shaky when hungry? _____
34. _____ Are you a diabetic? What type? _____
35. _____ Have you ever been diagnosed with low blood sugar problems? _____
36. _____ Do you have increased urination and constipation associated with sugar consumption? _____

Oral Health

1. _____ Do your jaws pop or ache when eating? _____
2. _____ Do you have halitosis/bad breath? _____
3. _____ Do you have bleeding gums? _____
4. _____ Describe any dental work you've had: _____
5. _____ Do you have excessive plaque and tartar build-up on your teeth? _____
6. _____ Do you have teeth and/or gum problems? Describe: _____
7. _____ Do you have amalgam/metal fillings? How many? _____

Pain

1. _____ Have you been diagnosed with rheumatoid arthritis? _____
2. _____ Have you been diagnosed with osteoarthritis? _____
3. _____ Does any part of your body experience numbness or tingling? Where? _____
4. _____ Do you have back or neck problems? Where? _____
5. _____ Do you have a spinal curvature? _____
6. _____ Do you suffer from muscle cramps? _____
7. _____ Do you suffer from muscle spasms? _____
8. _____ Are your muscles frequently sore? _____
9. _____ Do you have muscle weakness? _____
10. _____ Are your joints stiff in the morning? _____
11. _____ Do you suffer from painful feet? _____
12. _____ Have you been diagnosed with gout? _____
13. _____ Do you have headaches? Explain: _____
14. _____ Do you have migraine headaches? Explain: _____
15. _____ Do you have sciatica? _____
16. _____ Do you bruise easily? _____
17. _____ Have you been diagnosed with neurological disease? _____
18. _____ Do you have any other pain or injuries? Explain: _____
19. _____ Do you have tremors? _____
20. _____ Do you have tics (twitching)? _____
21. _____ Do you have ringing in the ears, hearing loss, or acute sensitivity to sounds? _____
22. _____ Do you suffer from restless leg syndrome? _____
23. _____ Do you suffer from leg cramps? _____

Skin

1. _____ Do you have teenage acne? _____
2. _____ Do you have adult acne? _____
3. _____ Is your skin generally unhealthy and dry? _____
4. _____ Do you have any abnormal skin growths or discolorations? _____
5. _____ Do you have athlete's foot? _____
6. _____ Do you have insect bite reactions or allergies? _____
7. _____ Are insects attracted to you? _____
8. _____ Do you scar easily? _____
9. _____ Do you have any pain or discomfort in or around any scars? _____
10. _____ Do you have adhesions? Explain: _____
11. _____ Do you get cold sores? _____
12. _____ Do you have warts? _____
13. _____ Do you have excess body perspiration? _____
14. _____ Do you have excess body odor? _____
15. _____ Do you have reactions to poison ivy, oak, or sumac? _____
16. _____ Do you have hair growth abnormalities? _____
17. _____ Do you have nail growth abnormalities? _____

Sleep

1. _____ Do you feel weakness or exhaustion? _____
2. _____ Do you experience jet lag or problems with shift changes? _____
3. _____ Do you have insomnia? _____
4. _____ Do you have any abnormal sleep patterns? Describe: _____

Sports

1. _____ Are you interested in increasing muscular strength and/or bodybuilding? _____
2. _____ Do you have sports injuries? Explain: _____
3. _____ Do you have soreness, bruises, tightness and stiffness after sports activities? _____
4. _____ Are you interested in any sports enhancements? Explain: _____

Urinary

1. _____ Do you have frequent urination? _____
2. _____ Do you ever lose control of your bladder or dribble when sneezing or laughing? _____
3. _____ Do you have painful urination? _____
4. _____ Do you have difficulty in starting the stream? _____
5. _____ Do you have frequent kidney or bladder infections? _____
6. _____ Do you have or have you ever had kidney stones? _____
7. _____ Do you have any other urinary tract disorders? _____

Weight

1. _____ Are you overweight? Estimated lbs. overweight _____
2. _____ Are you underweight? Estimated lbs underweight _____
3. _____ How often do you exercise? _____
_____ Once a week _____ Twice a week _____ Three times a week _____ Five times a week
_____ More than 5 times a week
4. _____ What type of exercise do you do? Walking _____ Running _____ Jogging _____ Aerobics _____ Swimming
_____ Other _____
5. _____ How much water do you drink daily? _____
_____ Less than 4 cups _____ 4 – 8 cups _____ More than 8 cups
6. _____ Do you crave sweets? _____
7. _____ Do you have an excessive appetite? _____
8. _____ Do you have a poor appetite? _____
9. _____ Do you desire to vomit after eating? _____
10. _____ Do you have an eating disorder? _____
11. _____ Do you eat when nervous? _____
12. _____ Do you have edema or water retention? Where? _____
13. _____ Do you have any other weight disorders? Explain: _____

Please continue to the next page for your Mind & Body appraisal.

Mind & Body

Please Follow These Instructions Carefully

IMPORTANT: The information requested in this form is of vital importance for your health facilitation. It is designed to help you understand your current state of health. This information is completely confidential and will be shared only between you and your doctor. Filling out your Mind & Body Health Appraisal with total honesty will allow your doctor to accurately identify the natural medicines and therapies best suited to the dynamic restoration of YOUR health.

Read each product question carefully and score only those questions which pertain to you on a 0-5 scale of intensity, 5 being the strongest. You do not have to have all the conditions listed, if there are specific conditions under a list that pertain to you please underline and score in the box.

Score the degree of severity of symptoms in each square below from 0 to 5.

0 - Never or No; 1 - Very mild or occasional; 2 - Mild; 3 - Moderate; 4 - Severe; 5 - Very severe

EXAMPLE: 3 Do you have tendencies of ADHD, hyperactivity, excitability, impulsiveness, or restlessness?

Addictaplex

____ Do you have strong cravings or desires, general addictive tendencies, or experience the negative effects of substance abuse?

Alcoholism

____ Do you suffer from any emotional and physical effects of alcoholism, alcoholic tendencies or a predisposition to desire alcohol, associated with feelings of discontent and irritability?

Apathy

____ Do you often experience feelings of indifference, apathy, lethargy, and/or lack of willpower?

Aversion to Change

____ Do you have a fear of change, resistance to change, aversion to change, inflexible ideas, apprehension or dogmatic tendencies, or are you obstinate about change?

Aversion to Exertion

____ Do you experience aversion to work, aversion to mental and/or physical exertion, languor, lack of will power, or despondency about business?

Burnout

____ Are you currently experiencing physical, mental, emotional burnout from: overwork, long-term stress, lack of sleep, illness and nervousness, exhaustion, indifference, muscle weakness, and/or blood sugar imbalances?

Calloused

____ Do you often feel hard-hearted, have fear of losing control, feelings of indifference, or have coldness toward others?

Chagrined

____ Do you often feel discouraged, disappointed, humiliated, bitter, or intolerant of criticism, rejection, or contradiction?



Claustrophobia

_____Do you have claustrophobic tendencies, episodes of panic and nervous tension?

Complaining

_____Do you have tendencies to complain, grumble, mutter, whine, or spread negativity?

Criticize & Contradict

_____Do you have tendencies to criticize and contradict, be fault-finding, insulting, censorious, and complain about others?

Deceitful

_____Do you have difficulty with speaking the truth, or are you deceitful, sly, mistrustful, mischievous, or do you have hidden or irrational motives?

Easily Angered

_____Are you often impatient, irritable, discontent, or easy to anger?

Egotistical

_____Do you have tendencies toward excessive pride, arrogance, boasting, bragging, or vanity?

Envious

_____Do you often feel jealous, envious, selfish, or greedy?

Expressed Sexual Issues

_____Do you experience tendencies toward lewdness and lasciviousness, sexual compulsiveness, exhibitionism, or inappropriate sexual excitement?

Extravagant

_____Do you have tendencies to shop habitually, spend money excessively, live beyond your means, dress and act extravagantly, or display extreme eccentric behavior?

Fears & Nightmares

_____Do you experience frightening dreams, night terrors, and/or restless tossing?

Fear & Phobia

_____Do you often experience apprehension, fears or phobias of: heights, crowds, animals, people, places, being alone, public speaking, death, misfortune, ghosts, or the unknown?

First Aid for Mind & Body

_____Have you recently experienced physical, mental, emotional stress and trauma such as: abrasions, bites, burns, bruises, strains, sprains, surgical procedures, tension, or shock?

Gambling

_____Do you experience compulsive gambling and/or stealing, have a lottery or stock market obsession, or have reckless, impulsive, and extreme risk-taking behaviors?

Good Mood Enhancer

_____Do you have mild depression or melancholy or display disinterest or discontent in daily life?

Gossipy

____Do you have tendencies to gossip, talk incessantly, be hasty, indiscreet, meddlesome, or feel uneasy during silence?

Grief

____Do you often feel grief, despair, hopelessness, worry, or despondency?

Guilt

____Do you often have feelings of guilt, remorse, heavy conscience, or tormenting thoughts?

Heart Ache

____Do you feel disappointed from lost love, have a heavy heart and grief, or feel discouraged, sad, dejected, or overly-sympathetic?

Hyperactive

____Have you been diagnosed with ADHD, hyperactivity, excitability, impulsiveness, or restless tendencies?

Hypochondria

____Do you often experience anxieties, worry, and apprehension regarding your health?

Immature

____Do you often act out childish behaviors, or fantasies, have temper tantrums, or feel awkward?

Indecision

____Do you have tendencies of indecisiveness, irresolution, dissatisfaction, aversion to responsibility, and avoidance of high-pressure situations?

Insecurity

____Do you have feelings of inadequacy, nervousness, or apprehension?

Intense Anxiety

____Do you experience anxiety attacks, hysteria, anguish, apprehension, fear, or despair?

Lonely

____Do you have feelings of loneliness, tearfulness, despondency, desire for sympathy and/or company?

Melancholic

____Do you often experience feelings of depression, melancholy, discontent, ill-humor, or gloominess?

Mental Alertness for Seniors

____Are you experiencing age-related confusion, forgetfulness, depressed vitality, or loss of confidence?

Mood Changes

____Do you often experience mood changes from extreme joy to sadness, and/or have manic-depressive, or bipolar tendencies?



Neglectful

_____ Do you ever experience self-neglect, untidiness, aversion toward domestic duties, or indifference toward home matters or personal appearance?

Nostalgia

_____ Do you often feel homesick, nostalgic, have excessive sentimentality, sadness, or feelings of isolation?

Obsessions/Compulsions

_____ Do you often have anxiety, compulsive behaviors, obsessive thoughts, or peculiar mental impulses?

Overly-Sensitive

_____ Do you have tendencies to be overly sensitive, take offense, feel vulnerable, or cry easily?

Paranoid

_____ Are you often distrustful, have unfounded anxiety, skepticism, suspiciousness, or paranoia?

Perfectionism

_____ Do you have perfectionist tendencies, fear of failure, worry, inquietude, overly-cautious and conscientious tendencies?

Personality Changes

_____ Do you experience confusion over your identity, or have maniacal impulses, or an impulsive desire to harm oneself or others?

Physical Anger

_____ Do you often experience feelings of rage, have violent tendencies, or a volatile temper?

Prejudiced

_____ Do you have feelings of separateness, repressed fears, bias, or arrogant tendencies?

Procrastination

_____ Do you have tendencies to procrastinate, leave tasks incomplete, avoid responsibility, and lose track of time?

Religious Issues

_____ Do you ever experience religious melancholy, mania, alienation and/or fanaticism, feelings of unworthiness for salvation, self-condemnation, or deprivation?

Repressed Sexual Issues

_____ Do you often feel sexually repressed or have negativity toward sexual matters, guilt over sexual issues or guilt over the effects of sexual abuse?

Reserved

_____ Do you tend to avoid social interaction, have a mild and reserved disposition, have sensitivity to noise or sensory overload, or tend to be verbally timid?

Restless Mind

_____ Do you have ADHD, a hyperactive mind, difficulty concentrating, forgetfulness, and/or difficulty reading and writing?

Seasonal Affective Disorder

_____ During extended rainy seasons or winter time – do you experience mild depression, drowsiness, fatigue, sugar cravings, irritability, difficulty concentrating, or avoidance of social situations?

Self-Abuse

_____ Do you often internalize anger, feel self-contempt or dissatisfaction with life, and/or have violent thoughts or actions, or consider self-inflicted violence?

Self-Pity

_____ Do you experience tendencies to pity yourself, feel unfortunate, discontented, or desire sympathy or consolation?

Serious

_____ Do you often feel serious, firm, stoic, and/or have an aversion to laughter and amusement?

Sexual Identity

_____ Do you ever feel confusion about your sexual identity, have sexual guilt or depression, or deny your sexuality?

Shy

_____ Do you have tendencies towards timidity, shyness, lack of self-confidence, passivity, embarrass easily, or have feelings of inferiority and inadequacy, or susceptibility to peer pressure?

Sluggish Mind

_____ Do you experience absent-mindedness, confusion, forgetfulness, slow perception or comprehension?

Smoke Control

_____ Do you often crave tobacco in any form such as cigarettes, cigars, or chew?

Spaced-Out

_____ Do you have a tendency to daydream, reminisce, be absentminded, or be unobservant?

Stubborn & Contentious

_____ Do you have tendencies toward defiance, irritability, or stubbornness?

Stress Control

_____ Do you generally feel stress-induced states including: nervous tension, minor anxiety, fearfulness, or oversensitivity?

Verbal Anger

_____ Do you often curse, swear, use violent language, scold, insult, yell and scream, become rude and/or derogatory?

Vindictive

_____ Do you often experience feelings of vindictiveness, resentment, contempt, excessive irritability, or cruelty?

Other

1. List all nutritional supplements, home remedies, etc. you have tried and their results. Mark what you are now taking. _____

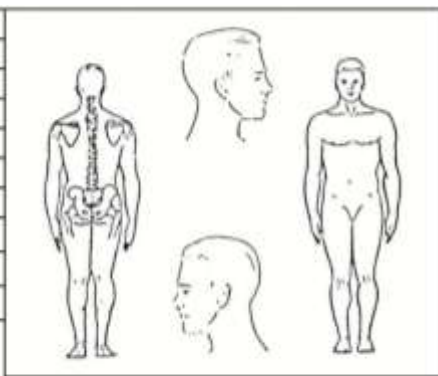
2. Have you taken many over-the-counter (OTC) medicines over the years? _____
3. List any prescription drugs you have taken in the past: _____

4. List any prescription drug(s) you are taking now, how long you've taken them, and the condition you are taking them for: _____

5. Please feel free to write any personal information that you feel to be important to your health and well-being. This information is necessary for us to provide you with the highest quality health care possible. _____

6. Knowing the major health problems of your immediate family will assist us in understanding your health pattern. Report diseases, reasons for hospitalization, and/or cause of death.

NAME	RELATION	



1. _____ Please mark your areas of pain on the figures at right.
2. Describe the pain: _____

The information I have provided is to the best of my knowledge, accurate and true.

Signature of Patient or Guardian: _____ Date: _____

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE

PERSONAL HEALTH HISTORY (PHH)

Name _____
 Address _____

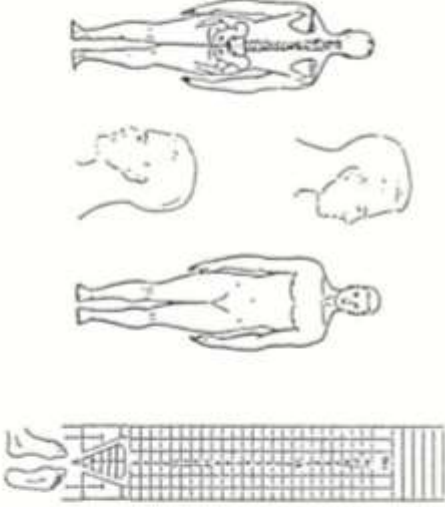
 Birthdate _____

Phone (home) _____
 Phone (business) _____
 Occupation _____
 Referred by _____

SYMPTOM RECOVERY MATRIX

0 - Good, No Problem 1 - Very Mild or Occasional
 2 - Mild 3 - Moderate 4 - Severe 5 - Very Severe

LEAVE THIS AREA BELOW FOR DOCTOR'S NOTES

SYMPTOMS											
											1
											2
											3
											4
											5
											6
											7
											8
											9
											10
											11
											12
											DATE
											NOTES
											SUPPLEMENTS
											VISITS/ TESTS/RX
Referrals _____ X-Ray _____ Insurance _____											
SUMMARY											

PERSONAL HEALTH HISTORY (PHH)

Name _____
 Address _____
 Birthdate _____

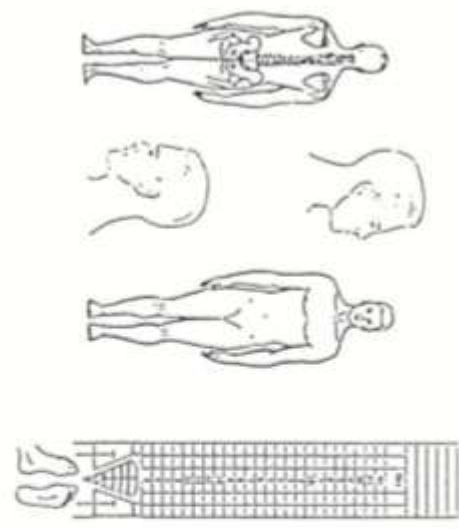
Phone (home) _____
 Phone (business) _____
 Occupation _____
 Referred by _____

SYMPTOM RECOVERY MATRIX

0 - Good, No Problem 1 - Very Mild or Occasional
 2 - Mild 3 - Moderate 4 - Severe 5 - Very Severe

LEAVE THIS AREA BELOW FOR DOCTOR'S NOTES

SYMPTOMS											
											1
											2
											3
											4
											5
											6
											7
											8
											9
											10
											11
											12
										DATE	
										NOTES	
										SUPPLEMENTS	
										VISITS/ TESTS/RS	
											SUMMARY



Referrals _____
 X-Ray _____
 Insurance _____

Patient Name _____
 Special comments _____

TEST CONTROL WORKSHEET

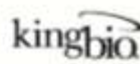
V05.12.12

MUSCLE	RESPONSE
S = Strong	P = Positive muscle response
W = Weak	N = Negative muscle response
LEG CHECK	FORMULA
L = Left	✓ = Formula Given
R = Right	* = Formula stopped

Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check
S	L	S	L	S	L	S	L	S	L	S	L	S	L
W	R	W	R	W	R	W	R	W	R	W	R	W	R

TEST DATES:

ALLERGY									
269-43	Allergy/Hay Fever Reliever								
269-2196	Allergies: Animal Hair & Dander								
269-2198	Allergies: Dairy								
269-2197	Allergies: Dust, Mite & Roach								
269-2202	Allergies: Eggs & Meat								
269-42	Allergies: Food Chemicals								
269-2200	Allergies: Fragrances & Phenolics								
269-2501	Allergies: Fruits & Vegetables								
269-2203	Allergies: Grains & Gluten								
269-6501	Allergies: Mold								
269-2500	Allergies: Nightshades								
269-2204	Allergies: Nuts & Seeds								
269-2201	Allergies: Shellfish & Seafood								
269-44	Asthma Clear								
269-2704	Regional Allergies: Desert U.S.								
269-2706	Regional Allergies: Great Lakes U.S.								
269-2700	Regional Allergies: Hawaii U.S.								
269-2707	Regional Allergies: Northeast U.S.								
269-2709	Regional Allergies: Pacific U.S.								
269-2702	Regional Allergies: Plains U.S.								
269-2703	Regional Allergies: Rocky Mtns U.S.								
269-2701	Regional Allergies: Southern U.S.								
269-2705	Regional Allergies: Southwest U.S.								
CANCER SUPPORT									
268-211	CS Bone								
268-212	CS Brain								
268-214	CS Breast								
268-213	CS General Support								
268-226	CS Lung								
268-215	CS Lymph Hodgkins								
268-216	CS Ovary								
268-217	CS Pain Reliever								
268-218	CS Rectal Bowel								
268-219	CS Skin								
268-220	CS Stomach								
268-221	CS Uterus								
CHILDREN									
252-15	Attention & Learning Enhancement								
252-12	Bed Wetting Prevention								
252-7825	Chicken Pox Symptom Relief								
252-2517	Children's Appetite & Weight Control								
252-318	Children's Appetite Enhancer								
252-145	Children's Cough								
252-757	Children's Earache Relief								
252-159	Children's Fever Reliever								
252-142	Children's Growth								



MUSCLE	RESPONSE
S = Strong	P = Positive muscle response
W = Weak	N = Negative muscle response
LEG CHECK	FORMULA
L = Left	✓ = Formula Given
R = Right	* = Formula stopped

Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check
S	L	S	L	S	L	S	L	S	L	S	L	S	L
W	R	W	R	W	R	W	R	W	R	W	R	W	R

252-158	Colic Relief												
252-114	Newborn Tonic												
252-18	Teething												
252-17	TonsilCure												
252-146	Tummy Aches												
CIRCULATION													
264-67	ApoPlex												
264-64	Artery/Cholesterol/BP												
264-65	Heart Regularity												
264-140	Nosebleed Relief												
264-66	VeinoPlex												
CLEANSING & DETOX													
266-127	Acid Clenz												
266-2402	Aller-Detox: Caffeine												
266-2403	Aller-Detox: Cosmetics & Household												
266-2405	Aller-Detox: Food Add & Preserv												
266-2406	Aller-Detox: Herbicides & Pesticides												
266-2401	Aller-Detox: Indoor Pollution Control												
266-2404	Aller-Detox: Outdoor Pollution Control												
266-3400	Aller-Detox: Water Chemicals												
266-61	Blood & Kidney Detox												
266-71	ChemoClenz												
266-400	EMF Detox												
266-281	Heavy Metal Detox												
266-98	ICV Clenz												
266-62	Liver Detox												
266-63	Lymph Detox												
266-361	Total Body Detox												
266-82	VaccinoClenz												
CONSTITUTION													
250-300	CA Miasm												
250-149	Constitutional Enhancer												
250-284	Environmental Adaptation Cold/Damp												
250-283	Environmental Adaptation Cold/Dry												
250-286	Environmental Adaptation Hot/Dry												
250-285	Environmental Adaptation Hot/Humid												
250-287	Environmental Adaptation Weather Changes												
250-301	PSOR Miasm												
250-302	SYC Miasm												
250-303	SYP Miasm												
250-304	TUBR Miasm												
DIGESTION													
262-19	Constipation Relief												
262-20	Diarrhea Relief												
262-319	Foul Bowel												
262-68	GallPlex												
262-22	Heartburn Relief												
262-23	Hemorrhoid Relief												
262-24	Indigestion Relief												
262-320	Lower GI Restoration												
262-55	Nausea & Motion Sickness												
262-16	ParaClenz												
262-74	UlcerPlex												
262-321	Upper GI Restoration												
EYES													
256-164	Allergy & Red Eye Relief												
256-112	CataCure												
256-151	Eye Stress												

MUSCLE	RESPONSE
S = Strong	P = Positive muscle response
W = Weak	N = Negative muscle response
LEG CHECK	FORMULA
L = Left	✓ = Formula Given
R = Right	* = Formula stopped

Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check
S	L	S	L	S	L	S	L	S	L	S	L	S	L
W	R	W	R	W	R	W	R	W	R	W	R	W	R

256-125	Stye Freee												
IMMUNE													
261-81	Acute Viro Reliever												
261-117	Bactero Reliever												
261-88	Chronic Viro Reliever												
261-182	Colds & Flu												
261-166	Cough Control												
261-160	Fever Reliever												
261-282	Head Colds Relief												
261-199	Influenza Multi-Strain Flu Medicine												
261-53	Lungs & Bronchial Relief												
261-69	LymePlex												
261-134	Sinus Relief												
261-58	Sore Throat & Laryngitis												
261-121	Swollen Glands Relief												
261-76	Yeast Freee...												
MEN/WOMEN													
253-7147	Anti-Aging & Wrinkles for Men												
251-6147	Anti-Aging & Wrinkles for Women												
251-02	Birth Ease												
251-70	Bone Strengthener												
251-03	Breast Cyst/Discomforts												
251-131	Calcium Metabolizer												
251-115	Female Enhancer												
251-05	FertiCare												
251-07	GynePlex												
251-276	M3: Metabolic Mineral Modulator												
251-10	Male Strengthener												
251-06	Menopause Relief												
251-04	Menstrual Cramps & Irregularities												
251-08	Morning Sickness												
251-09	PMS Relief												
251-11	Prostate Strengthener												
251-72	Sugar Metabolizer												
ORAL HEALTH													
270-6301	Better Breath												
270-6370	Dental Plak (renamed from Plak Attak)												
270-73	Teeth & Gum Formula												
270-32	TMJ/Jaw Formula												
PAIN													
257-7303	Advanced Arnica												
257-7301	Advanced Arnica (topical cream)												
257-7302	Acute Pain Relief (topical cream)												
257-162	Arthritis & Joint Relief												
257-161	Back, Neck, Muscle & Joint Injuries												
257-157	Earache Formula												
257-21	Gout Symptom Relief												
257-113	Hangover Relief												
257-153	Headache Freee												
257-435	Leg Cramps & Spasms												
257-28	Migraine Freee												
257-445	Restless Leg Syndrome												
257-30	SciatiPlex												
257-275	Tinnitus Relief												
257-33	TremorPlex												
257-118	Wounds Recovery												

MUSCLE	RESPONSE
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Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check
S	L	S	L	S	L	S	L	S	L	S	L	S	L
W	R	W	R	W	R	W	R	W	R	W	R	W	R

SKIN													
255-41	Acne Clear												
255-129	Athletes Foot Fighter												
255-77	Bug Away												
255-165	Cold Sores & Herpes												
255-49	Hair & Nails Formula												
255-85	No Sweat/Anti-Perspirant												
255-130	Odor Free...												
255-116	Poison Ivy & Oak Relief												
255-87	ScarCure												
255-7501	ShinglePlex												
255-168	Skin Irritations & Itch Relief												
255-59	Wart Free...												
SLEEP													
271-126	Bio Reset/Jet Lag												
271-2639	Sleep Aid												
271-120	Snore Control												
SPORTS													
267-133	Muscle Maximizer												
267-31	Sporting Edge												
URINARY													
263-45	Bladder Incontinence												
263-52	Urinary Tract Infections												
WEIGHT													
258-2181	Appetite & Weight with P.H.A.T.												
258-128	Appetite Enhancer												
258-01	Eating Disorders												
258-278	Water Retention Control												

Mind & Body Formulas

259-HC3000	Addictaplex												
259-HC3020	Alcoholism												
259-HM1500	Apathy												
259-HA2800	Aversion to Change												
259-HA2790	Aversion to Exertion												
259-979	Burnout (New formula)												
259-HI2310	Calloused												
259-HE2040	Chagrined												
259-HSR1820	Claustrophobia												
259-HI2300	Complaining												
259-HT1080	Criticize & Contradict												
259-HI2270	Deceitful												
259-HT1020	Easily Angered												
259-HSI2510	Egotistical												
259-HSI2520	Envious												
259-HS1250	Expressed Sexual Issues												
259-HI2330	Extravagant												
259-HSR1810	Fears & Nightmares												
259-HSR1790	Fear & Phobia												
259-HSR1770	First Aid for Mind & Body												
259-HC3010	Gambling												
259-HE2080	Good Mood Enhancer												
259-HI2250	Gossipy												
259-HE2060	Grief												
259-HE2050	Guilt												
259-HE2030	Heart Ache												



MUSCLE	RESPONSE
S = Strong	P = Positive muscle response
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LEG CHECK	FORMULA
L = Left	✓ = Formula Given
R = Right	✗ = Formula stopped

Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check	Muscle	Leg check
S	L	S	L	S	L	S	L	S	L	S	L	S	L
W	R	W	R	W	R	W	R	W	R	W	R	W	R

259-HM1510	Hyperactive												
259-HSR1800	Hypochondria												
259-HI2290	Immature												
259-HA2770	Indecision												
259-HSI2560	Insecurity												
259-HSR1750	Intense Anxiety												
259-HE2000	Lonely												
259-HE2010	Melancholic												
259-HM1560	Mental Alertness for Seniors												
259-HE2020	Mood Changes												
259-HSI2550	Neglectful												
259-HA2780	Nostalgia												
259-HSR1830	Obsessions/Compulsions												
259-HE2070	Overly-Sensitive												
259-HI2260	Paranoid												
259-HSR1840	Perfectionism												
259-HT1050	Personality Changes												
259-HT1010	Physical Anger												
259-HI2320	Prejudiced												
259-HA2760	Procrastination												
259-HSI2540	Religious Issues												
259-HS1260	Repressed Sexual Issues												
259-HI2280	Reserved												
259-HM1530	Restless Mind												
259-HM1570	Seasonal Affective Disorder												
259-HT1070	Self-Abuse												
259-HSI2530	Self-Pity												
259-HM1550	Serious												
259-HS1270	Sexual Identity												
259-HA2750	Shy												
259-HM1520	Sluggish Mind												
259-HC3030	Smoke Control												
259-HM1540	Spaced-Out												
259-HSR1850	Stress Control												
259-HT1030	Stubborn & Contentious												
259-HT1060	Verbal Anger												
259-HT1040	Vindictive												

Aquaflora® Product Listing

08-8020	Candida High Potency 9™												
20-3321	Enzyme Restoration™												
20-2281	Heavy Metal Detox™												
20-3320	Probiotic Restoration™												

INVENTORY CONTROL FORM

WB-12-12

SAFECARE®RX PRODUCT LISTING

Stock	ORDER DATES			

ALLERGY					
269-43	Allergy/Itchy Fever Reliever				
269-2196	Allergies: Animal Hair & Dander				
269-2198	Allergies: Dairy				
269-2197	Allergies: Dust, Mite & Roach				
269-2202	Allergies: Eggs & Meat				
269-42	Allergies: Food Chemicals				
269-2200	Allergies: Fragrances & Phenolics				
269-2501	Allergies: Fruits & Vegetables				
269-2203	Allergies: Grains & Gluten				
269-6501	Allergies: Mold				
269-2500	Allergies: Nightshades				
269-2204	Allergies: Nuts & Seeds				
269-2201	Allergies: Shellfish & Seafood				
269-44	Asthma Clear				
269-2704	Regional Allergies: Desert U.S.				
269-2706	Regional Allergies: Great Lakes U.S.				
269-2700	Regional Allergies: Hawaii U.S.				
269-2707	Regional Allergies: Northeast U.S.				
269-2709	Regional Allergies: Pacific U.S.				
269-2702	Regional Allergies: Plains U.S.				
269-2703	Regional Allergies: Rocky Mtns U.S.				
269-2701	Regional Allergies: Southern U.S.				
269-2705	Regional Allergies: Southwest U.S.				
CANCER SUPPORT					
268-211	CS Bone				
268-212	CS Brain				
268-214	CS Breast				
268-213	CS General Support				
268-226	CS Lung				
268-215	CS Lymph Hodgkins				
268-216	CS Ovary				
268-217	CS Pain Reliever				
268-218	CS Rectal Bowel				
268-219	CS Skin				
268-220	CS Stomach				
268-221	CS Uterus				
CHILDREN					
252-15	Attention & Learning Enhancement				
252-12	Bed Wetting Prevention				
252-7825	Chicken Pox Symptom Relief				
252-2517	Children's Appetite & Weight Control				
252-318	Children's Appetite Enhancer				
252-145	Children's Cough				
252-757	Children's Earache Relief				
252-159	Children's Fever Reliever				
252-142	Children's Growth				
252-158	Colic Relief				
252-114	Newborn Tonic				
252-18	Teething				
252-17	TonsilCure				
252-146	Tummy Aches				

Stock	ORDER DATES			

CIRCULATION					
264-67	ApoPlex				
264-64	Artery/Cholesterol/BP				
264-65	Heart Regularity				
264-140	Nosebleed Relief				
264-66	VeinoPlex				
CLEANSING & DETOX					
266-127	Acid Clenz				
266-2402	Aller-Detox: Caffeine				
266-2403	Aller-Detox: Cosmetics & Household				
266-2405	Aller-Detox: Food Add & Preserv				
266-2406	Aller-Detox: Herbicides & Pesticides				
266-2401	Aller-Detox: Indoor Pollution Control				
266-2404	Aller-Detox: Outdoor Pollution Control				
266-3400	Aller-Detox: Water Chemicals				
266-61	Blood & Kidney Detox				
266-71	ChemoClenz				
266-400	EMF Detox				
266-281	Heavy Metal Detox				
266-98	ICV Clenz				
266-62	Liver Detox				
266-63	Lymph Detox				
266-361	Total Body Detox				
266-82	VaccinoClenz				
CONSTITUTION					
250-300	CA Miasm				
250-149	Constitutional Enhancer				
250-284	Environmental Adaptation Cold/Damp				
250-283	Environmental Adaptation Cold/Dry				
250-286	Environmental Adaptation Hot/Dry				
250-285	Environmental Adaptation Hot/Humid				
250-287	Environmental Adaptation Weather Changes				
250-301	PSOR Miasm				
250-302	SYC Miasm				
250-303	SYP Miasm				
250-304	TUBR Miasm				
DIGESTION					
262-19	Constipation Relief				
262-20	Diarhea Relief				
262-319	Foul Bowel				
262-68	GallPlex				
262-22	Heartburn Relief				
262-23	Hemorrhoid Relief				
262-24	Indigestion Relief				
262-320	Lower GI Restoration				
262-55	Nausea & Motion Sickness				
262-16	ParaClenz				
262-74	UlcerPlex				
262-321	Upper GI Restoration				

Stock	ORDER DATES		

EYES				
256-164	Allergy & Red Eye Relief			
256-112	CataCure			
256-151	Eye Stress			
256-125	Stye Freee			
IMMUNE				
261-81	Acute Viro Reliever			
261-117	Bactero Reliever			
261-88	Chronic Viro Reliever			
261-182	Colds & Flu			
261-166	Cough Control			
261-160	Fever Reliever			
261-282	Head Colds Relief			
261-199	Influenza Multi-Strain Flu Medicine			
261-53	Lungs & Bronchial Relief			
261-69	LymePlex			
261-134	Sinus Relief			
261-58	Sore Throat & Laryngitis			
261-121	Swollen Glands Relief			
261-76	Yeast Freee...			
MEN/WOMEN				
253-7147	Anti-Aging & Wrinkles for Men			
251-6147	Anti-Aging & Wrinkles for Women			
251-02	Birth Ease			
251-70	Bone Strengtheners			
251-03	Breast Cyst/Discomforts			
251-131	Calcium Metabolizer			
251-115	Female Enhancer			
251-05	FertiCare			
251-07	GynePlex			
251-276	M3: Metabolic Mineral Modulator			
251-10	Male Strengtheners			
251-06	Menopause Relief			
251-04	Menstrual Cramps & Irregularities			
251-08	Morning Sickness			
251-09	PMS Relief			
251-11	Prostate Strengtheners			
251-72	Sugar Metabolizer			
ORAL HEALTH				
270-6301	Better Breath			
270-6370	Dental Plak (renamed from Plak Attak)			
270-73	Teeth & Gum Formula			
270-32	TMJ/Jaw Formula			
PAIN				
257-7303	Advanced Arnica			
257-7301	Advanced Arnica (topical cream)			
257-7302	Acute Pain Relief (topical cream)			
257-162	Arthritis & Joint Relief			
257-161	Back, Neck, Muscle & Joint Injuries			
257-157	Earache Formula			
257-21	Gout Symptom Relief			
257-113	Hangover Relief			
257-153	Headache Freee			
257-435	Leg Cramps & Spasms			
257-28	Migraine Freee			
257-445	Restless Leg Syndrome			
257-30	SciatiPlex			
257-275	Tinnitus Relief			
257-33	TremorPlex			
257-118	Wounds Recovery			

Stock	ORDER DATES		

SKIN				
255-41	Acne Clear			
255-129	Athletes Foot Fighter			
255-77	Bug Away			
255-165	Cold Sores & Herpes			
255-49	Hair & Nails Formula			
255-85	No Sweat/Anti-Perspirant			
255-130	Odor Freee...			
255-116	Poison Ivy & Oak Relief			
255-87	ScarCure			
255-7501	ShinglePlex			
255-168	Skin Irritations & Itch Relief			
255-59	Wart Freee...			
SLEEP				
271-126	Bio Reset/Jet Lag			
271-2639	Sleep Aid			
271-120	Snore Control			
SPORTS				
267-133	Muscle Maximizer			
267-31	Sporting Edge			
URINARY				
263-45	Bladder Incontinence			
263-52	Urinary Tract Infections			
WEIGHT				
258-2181	Appetite & Weight with P.H.A.T.			
258-128	Appetite Enhancer			
258-01	Eating Disorders			
258-278	Water Retention Control			

Mind & Body Formulas

259-HC3000	Addictaplex			
259-HC3020	Alcoholism			
259-HM1500	Apathy			
259-HA2800	Aversion to Change			
259-HA2790	Aversion to Exertion			
259-979	Burnout (New formula)			
259-HI2310	Calloused			
259-HE2040	Chagrined			
259-HSR1820	Claustrophobia			
259-HI2300	Complaining			
259-HT1080	Criticize & Contradict			
259-HI2270	Deceitful			
259-HT1020	Easily Angered			
259-HSI2510	Egotistical			
259-HSI2520	Envious			
259-HS1250	Expressed Sexual Issues			
259-HI2330	Extravagant			
259-HSR1810	Fears & Nightmares			
259-HSR1790	Fear & Phobia			
259-HSR1770	First Aid for Mind & Body			
259-HC3010	Gambling			
259-HE2080	Good Mood Enhancer			
259-HI2250	Gossipy			
259-HE2060	Grief			
259-HE2050	Guilt			
259-HE2030	Heart Ache			
259-HM1510	Hyperactive			



		Stock	ORDER DATES			
259-HSR1800	Hypochondria					
259-HI2290	Immature					
259-HA2770	Indecision					
259-HSI2560	Insecurity					
259-HSR1750	Intense Anxiety					
259-HE2000	Lonely					
259-HE2010	Melancholic					
259-HM1560	Mental Alertness for Seniors					
259-HE2020	Mood Changes					
259-HSI2550	Neglectful					
259-HA2780	Nostalgia					
259-HSR1830	Obsessions/Compulsions					
259-HE2070	Overly-Sensitive					
259-HI2260	Paranoid					
259-HSR1840	Perfectionism					
259-HT1050	Personality Changes					
259-HT1010	Physical Anger					
259-HI2320	Prejudiced					
259-HA2760	Procrastination					
259-HSI2540	Religious Issues					
259-HS1260	Repressed Sexual Issues					
259-HI2280	Reserved					
259-HM1530	Restless Mind					
259-HM1570	Seasonal Affective Disorder					
259-HT1070	Self-Abuse					
259-HSI2530	Self-Pity					
259-HM1550	Serious					
259-HS1270	Sexual Identity					
259-HA2750	Shy					
259-HM1520	Sluggish Mind					
259-HC3030	Smoke Control					
259-HM1540	Spaced-Out					
259-HSR1850	Stress Control					
259-HT1030	Stubborn & Contentious					
259-HT1060	Verbal Anger					
259-HT1040	Vindictive					

Aquaflora® Product Listing

06-8020	Candida High Potency 9™					
20-3321	Enzyme Restoration™					
20-2281	Heavy Metal Detox™					
20-3320	Probiotic Restoration™					

About Dr. King & King Bio®



Dr. Frank King is the founder and president of **King Bio®** in Asheville, North Carolina. **King Bio®** is an FDA-registered pharmaceutical manufacturing company dedicated to research, development, and education of safe, natural, homeopathic medicines. **Dr. King** is also a member of the prestigious Homeopathic Pharmacopoeia Convention of the United States HPCUS. The HPCUS works directly with the FDA as a governing authority of homeopathy in the United States.

Dr. King is a nationally recognized researcher, lecturer, and author in homeopathy. His passion to develop an innovative, highly efficient, and safe, natural medicine protocol launched him immediately into research following the establishment of his chiropractic practice. And for over two decades, he and his colleagues have researched to discover the most successful natural medicines and their procedures. **Dr. King** has developed over 500 natural homeopathic medicines along with new procedures to empower both the physician and consumer in their quest for optimal health.

As a contributing editor to many professional journals, **Dr. King's** articles have been published in *The American Chiropractor*, *Chiropractic Economics*, *Dynamic Chiropractic*, *In Practice Magazine*, *Chiropractic Products*, *The Chiropractic Journal*, *HealthKeepers*, *The Internist*, *Explore*, and *Healthy and Natural*.

As part of his ongoing effort to educate about the benefits of homeopathy, **Dr. King** frequently speaks at professional meetings and continuing education seminars. He is always well received; audience surveys include comments that **Dr. King's** presentations are "practical," "enlightening and to the point," "innovative," "entertaining," and "just what I needed!"

Dr. King, his wife, Suzie, and their children live on their farm near Asheville, North Carolina. The Kings are committed to restoring the genetic diversity of the great American Bison, and host one of the largest bison herds in the southeastern United States. The entire King family practices and promotes healthy lifestyle and living to its fullest potential.

To find out more information about any of **King Bio's®** other product lines, please contact our customer service department at the number below.

Curriculum Vitae: Frank J. King ND, DC

Education

- 1976 – Youngstown State University, A.B. and Pre-Med
- 1979 – Life Chiropractic College, DC Doctor of Chiropractic *Magna Cum Laude*
Honorary Member *Pi Tau Delta*
- 1979 – Georgia School of Naturopathy, ND Doctor of Naturopathy

- Continuing Education studies completed with Dr. Robin Murphy, Dr. George Vithoulkas, Dr. Don Mayfield, Dr. Francisco Eizayaga
- Additional training at Electro Acupuncture Institute, Occidental Institute of Chinese Medicine, British Institute of Homeopathy

Memberships

- Homeopathic Pharmacopoeia Convention of the United States HPCUS.
- International Foundation for Homeopathy
- National Center for Homeopathy
- American Association of Homeopathic Pharmacists AAHP
- North Carolina Chiropractic Association
- American Pet Products Manufacturer's Association APPMA
- American Herbal Products Association AHPA

Accomplishments

- 1979 – Established King Health Center, Inc. in Lowellville, Ohio. Launched team of 4 physicians and 13 support personnel for research into alternative medicine.
- 1989 – Founded King Bio Pharmaceuticals in Asheville, North Carolina and received Certificate of Training in Homeopathic Pharmaceutical Manufacturing Procedures.
- 1991 – Appointed to the Homeopathic Pharmacopoeia Convention of the United States HPCUS, The HPCUS works directly with the FDA as a governing authority of homeopathy in the U.S.
- 2000 – present. Author of various natural medicine guides, procedural manuals, videos, and audiocassettes for the chiropractic profession, the public, and healthcare professionals.
- 2001 – Produced Chiropractic Enhancement System CES as a homeopathic implementation system for the Chiropractic profession.
- 2003 – Won landmark court case, *National Council Against Health Fraud, Inc., v. King Bio Pharmaceuticals, Inc.* in stunning victory for homeopathy, chiropractic, and the alternative medicine community.
- 2004 – Guest speaker, Federation of Chiropractic Licensing Boards, 78th Annual Educational Conference, Denver
- 2006 – The American Chiropractor, 2006 Speaker, Panama City, Republic of Panama
- 2007 – The American Chiropractor, 2007 Speaker, Panama City, Republic of Panama
- 2009 – Guest speaker, American Holistic Veterinary Medical Association, Fitchburg, MA
- 2010 – Guest speaker, Florida Chiropractic Assoc. Nat'l. Convention & Expo, Kissimmee, FL
- 2010 – Guest speaker, 1st International BioEnergetic Congress, St. Petersburg, FL
- 2010 – Guest speaker, SOHO Expo, Kissimmee, FL

Present

- To date, has developed over 500 FDA-listed homeopathic medicines and clinical procedures for

numerous health problems using alternative medicines.

- Speaks weekly on the Robert Scott Bell - Natural News radio show.
- Continues to develop research, including an extensive library on homeopathy and natural healing.
- Lectures regularly to healthcare professionals and the public, encouraging and empowering them to take greater control of their health. Acts as homeopathic consultant to the chiropractic profession.
- Continues to author books and produce multi-media materials empowering people with the same health tools taught to doctors over the past decade.



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Customer Service: 866.298.2740

Corporate: 800.543.3245

Fax: 828.255.0940

safecarerx.com