



TRANSFORMATION

Enzyme Nutrition

SKELETAL SYSTEM HEALTH

The body is supported and protected by the skeletal system – a network of bones, cartilage, ligaments, and joints. The skeletal system has many functions that include providing the framework that supports the body and enables skeletal muscle movement, protection of our internal organs, formation of blood cells, and serves as a storage place for a variety of minerals and substances. The skeletal system of the human body is designed for balance, leverage, and movement, and maintaining this system is vital for overall health and optimal functioning of the entire body.

- A digestive enzyme formula with meals will help ensure proper assimilation and bio-availability of all nutrients, including minerals supporting skeletal health, function, and repair.*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.*
- A protease formula between meals will help promote optimal blood flow and efficient detoxification as well as help manage inflammation, supporting the health of the skeletal system.*

TPP DIGEST*	1 cap	with every meal or snack
TPP PROTEASE	1 cap	2 x day between meals
TPP PROBIOTIC	1 cap	at bedtime
MINERAL COMPLEX	1 cap	2 x day

Transformation offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME*	2 caps	with every meal or snack
PUREZYME	2 caps	2 x day between meals
PLANTADOPHILUS	3 caps	at bedtime
MINERAL COMPLEX	1 cap	2 x day

We have additional support formulas for cellular nutrition, tissue repair, and inflammation control.* Please see our catalog for synergistic formulas in the Skeletal System.

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